

Results**Event 2 Girls 100 Meter Dash Div A**

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Overall: *		11.97	5/28/2010	Morgan Milbrath, Minot		
State: !		11.97	5/28/2010	Morgan Milbrath, Minot		
Name	Year	School	Seed	Prelims	Wind	H#
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Preliminaries						
1	Morgan Milbrath	9	Minot	12.32	! 11.97Q	1.5 1
2	Ellie Grooters	12	West Fargo	12.14	12.10Q	1.9 2
3	Laura Roesler	12	Fargo South	12.01	! 11.97Q	1.5 1
4	Frances Conlin	11	Fargo South	12.44	12.39Q	1.9 2
5	Carolyn Shabb	11	GF Red River	12.69	12.56Q	1.5 1
5	Bailey Reiner	8	Bismarck	12.73	12.56Q	1.9 2
7	Brittney Bolstad	12	Fargo South	12.70	12.67q	1.9 2
8	Amity Lantz	11	Dickinson	12.76	12.70q	1.5 1
9	Morgan Ihmels	12	Minot	12.83	12.79q	1.9 2
10	Hadley Steffen	9	GF Red River	12.79	12.81	1.9 2
11	Vera Gaylah	10	Fargo South	12.94	12.82	1.9 2
11	Lily Obrigewitch	8	Bismarck St. Mary's	12.82	12.82	1.5 1
13	Teresa Vetter	11	Minot	12.94	12.89	1.5 1
14	Lexi Ely	10	Century	12.94	12.98	1.5 1
15	Alex Day	9	Shanley	13.03	13.28	1.9 2

Event 2 Girls 100 Meter Dash Div A

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Overall: *		11.97	5/28/2010	Morgan Milbrath, Minot		
State: !		11.97	5/28/2010	Morgan Milbrath, Minot		
Name	Year	School	Prelims	Finals	Wind	Points
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Finals						
1	Morgan Milbrath	9	Minot	11.97	12.35	+0.0 10
2	Laura Roesler	12	Fargo South	11.97	12.38	+0.0 8
3	Ellie Grooters	12	West Fargo	12.10	12.75	+0.0 6
4	Carolyn Shabb	11	GF Red River	12.56	12.99	+0.0 5
5	Brittney Bolstad	12	Fargo South	12.67	13.14	+0.0 4
6	Amity Lantz	11	Dickinson	12.70	13.15	+0.0 3
7	Bailey Reiner	8	Bismarck	12.56	13.32	+0.0 2
8	Morgan Ihmels	12	Minot	12.79	13.33	+0.0 1
--	Frances Conlin	11	Fargo South	12.39	DQ	+0.0

Event 6 Girls 200 Meter Dash Div A

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Overall: *		24.32	5/28/2010	Morgan Milbrath, Minot		
State: !		24.32	5/28/2010	Morgan Milbrath, Minot		
Name	Year	School	Seed	Prelims	Wind	H#
=====						
Preliminaries						
1	Morgan Milbrath	9	Minot	24.94	! 24.32Q	1.6 2
2	Laura Roesler	12	Fargo South	24.01	24.51Q	0.5 1
3	Frances Conlin	11	Fargo South	25.34	25.35Q	1.6 2
4	Amanda Levin	8	West Fargo	26.04	25.69Q	0.5 1
5	Carolyn Shabb	11	GF Red River	26.17	25.72Q	1.6 2
6	Twila Moser	12	Bismarck	25.87	26.00Q	0.5 1
7	Brittney Bolstad	12	Fargo South	26.54	25.91q	1.6 2
8	Lily Obrigewitch	8	Bismarck St. Mary's	26.70	26.24q	1.6 2
9	Brie Lynch	11	Dickinson	26.52	26.28q	0.5 1
10	Morgan Ihmels	12	Minot	26.44	26.30	0.5 1
11	Amity Lantz	11	Dickinson	26.24	26.56	1.6 2
11	Taylor Miller	11	Mandan	26.74	26.56	0.5 1

Results**....Event 6 Girls 200 Meter Dash Div A**

13 McKenzie Enderson	10 Bismarck	27.15	26.69	1.6	2
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Event 6 Girls 200 Meter Dash Div A

Overall: * 24.32 5/28/2010 Morgan Milbrath, Minot

State: ! 24.32 5/28/2010 Morgan Milbrath, Minot

Name	Year	School	Prelims	Finals	Wind	Points
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Finals

1 Laura Roesler	12	Fargo South	24.51	24.90	+0.0	10
2 Morgan Milbrath	9	Minot	24.32	25.07	+0.0	8
3 Frances Conlin	11	Fargo South	25.35	26.20	+0.0	6
4 Carolyn Shabb	11	GF Red River	25.72	26.69	+0.0	5
5 Amanda Levin	8	West Fargo	25.69	26.74	+0.0	4
6 Brittney Bolstad	12	Fargo South	25.91	26.94	+0.0	3
7 Brie Lynch	11	Dickinson	26.28	27.25	+0.0	2
8 Twila Moser	12	Bismarck	26.00	27.32	+0.0	1
9 Lily Obrigewitch	8	Bismarck St. Mary's	26.24	27.78	+0.0	

Event 10 Girls 400 Meter Dash Div A

Overall: * 55.10 5/22/2009 Laura Roesler, Fargo South

State: ! 55.10 5/22/2009 Laura Roesler, Fargo South

Name	Year	School	Seed	Prelims	H#
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Preliminaries

1 Morgan Milbrath	9	Minot	56.27	55.45Q	2
2 Laura Roesler	12	Fargo South	54.34	56.02Q	1
3 Frances Conlin	11	Fargo South	58.74	58.50Q	2
4 Regina Nyanfor	9	Fargo North	1:00.14	59.94Q	1
5 Brie Lynch	11	Dickinson	1:00.46	59.60Q	2
6 Chelsea Peterson	8	Mandan	59.88	1:00.45Q	1
7 Erin Valenti	11	Fargo South	1:01.25	1:00.05q	2
8 Caitlyn Carlson	9	Bismarck	1:00.51	1:00.06q	2
9 Kelsey Braunberger	12	Minot	1:00.61	1:00.69q	1
10 Erin Wysocki	11	GF Red River	1:00.94	1:01.31	1
11 Keana Karnopp	9	West Fargo	1:01.33	1:01.56	1
12 Paige Rygg	12	Fargo South	1:03.58	1:01.72	1
13 Jaime VanderVorste	10	Minot	1:01.72	1:01.76	2
14 Jessica Lindsay	11	GF Central	1:00.97	1:02.54	2
15 Ariel Edwards	12	Wahpeton	1:01.45	1:03.09	2
16 MacKayla Feeney	9	Bismarck	1:02.08	1:04.18	1

Event 10 Girls 400 Meter Dash Div A

Overall: * 55.10 5/22/2009 Laura Roesler, Fargo South

State: ! 55.10 5/22/2009 Laura Roesler, Fargo South

Name	Year	School	Prelims	Finals	Points
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Finals

1 Laura Roesler	12	Fargo South	56.02	53.25!	10
2 Morgan Milbrath	9	Minot	55.45	53.31!	8
3 Frances Conlin	11	Fargo South	58.50	58.56	6
4 Regina Nyanfor	9	Fargo North	59.94	59.41	5
5 Erin Valenti	11	Fargo South	1:00.05	59.61	4
6 Brie Lynch	11	Dickinson	59.60	59.85	3
7 Caitlyn Carlson	9	Bismarck	1:00.06	1:00.22	2

Results**....Event 10 Girls 400 Meter Dash Div A**

8	Chelsea Peterson	8	Mandan	1:00.45	1:00.87	1
9	Kelsey Braunberger	12	Minot	1:00.69	1:00.97	

Event 14 Girls 800 Meter Run Div A

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Overall: *		2:10.78	2008	Laura Roesler, Fargo South		
State: !		2:10.78	2008	Laura Roesler, Fargo South		
Name	Year	School	Seed	Finals	Points	
=====						
1	Laura Roesler	12	Fargo South	2:05.76	2:17.64	10
2	Ellie Grooters	12	West Fargo	2:17.96	2:21.97	8
3	Jessica Lindsay	11	GF Central	2:19.72	2:22.50	6
4	Kayla Schuh	12	Bismarck	2:20.58	2:23.27	5
5	Erin Valenti	11	Fargo South	2:20.07	2:24.25	4
6	Alison Allmer	9	Jamestown	2:22.14	2:24.76	3
7	Nikki Huelsman	12	Century	2:23.50	2:25.21	2
8	Taylor Baumler	8	Shanley	2:23.50	2:25.24	1
9	Brecca Wahlund	11	Minot	2:20.82	2:25.29	
10	Maggi Ferry	11	GF Red River	2:25.06	2:25.80	
11	Andie Sarafolean	8	Fargo North	2:22.31	2:26.78	
12	Sam Huether	9	Minot	2:23.47	2:26.79	
13	Christine Baltezare	9	West Fargo	2:23.14	2:28.01	
14	Jaime VanderVorste	10	Minot	2:23.99	2:28.03	
15	Sydney Pladson	8	Fargo North	2:28.78	2:28.21	
16	Zoe Schreiner	9	GF Red River	2:22.75	2:29.51	
17	Ashley Brey	12	Minot	2:24.07	2:32.69	
18	Alissa Mears	10	West Fargo	2:19.04	2:36.88	

Event 18 Girls 1600 Meter Run Div A

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Overall: *		4:44.44	1993	Becki Wells, Dickinson		
State: !		4:44.44	1993	Becki Wells, Dickinson		
Name	Year	School	Seed	Finals	Points	
=====						
1	Brecca Wahlund	11	Minot	5:04.56	5:10.71	10
2	Tarin Lachowitz	10	Fargo South	5:15.70	5:14.70	8
3	Alex Backlund	8	Shanley	5:15.06	5:16.71	6
4	Tessa Haussler	10	Bismarck	5:15.72	5:17.33	5
5	Christine Baltezare	9	West Fargo	5:23.59	5:17.43	4
6	Jessica Lindsay	11	GF Central	5:25.94	5:21.10	3
7	Alison Allmer	9	Jamestown	5:15.99	5:23.31	2
8	Brooklyn Beehler	11	Bismarck	5:25.26	5:26.75	1
9	Alicia Fettig	10	Century	5:22.35	5:31.39	
10	Megan Sanford	11	Century	5:27.47	5:33.04	
11	Keisha Schock	9	Century	5:27.14	5:34.55	
12	Christa Lysne	9	Devils Lake	5:31.23	5:34.62	
13	Taylor Pintar	12	Bismarck	5:23.32	5:35.08	
14	Jessica Rosenau	9	West Fargo	5:21.14	5:36.04	
15	Alana Fischer	11	Bismarck St. Mary's	5:25.86	5:39.51	
16	Melissa Uhrich	10	Century	5:26.24	5:41.73	
17	Whitney Harrison	12	Williston	5:23.64	5:42.50	
18	Jessica Mastel	8	Wahpeton	5:32.12	5:43.76	
19	Rachel Wingenbach	10	Mandan	5:25.84	5:51.70	
20	Alissa Mears	10	West Fargo	5:21.90	5:52.07	

Results**Event 22 Girls 3200 Meter Run Div A**

Overall: * 10:36.95 2004 Krista Anderson, Benson County
 State: ! 10:37.14 2000 Carly Emil, Mandan

Name	Year	School	Seed	Finals	Points
1 Brecca Wahlund	11	Minot	11:08.84	11:07.65	10
2 Tarin Lachowitz	10	Fargo South	11:34.01	11:20.04	8
3 Alex Backlund	8	Shanley	11:25.56	11:21.11	6
4 Christine Baltezare	9	West Fargo	11:34.75	11:22.00	5
5 Alicia Fettig	10	Century	11:42.75	11:37.90	4
6 Tessa Haussler	10	Bismarck	11:33.55	11:39.91	3
7 Jessica Rosenau	9	West Fargo	11:45.19	11:45.32	2
8 Brooklyn Beehler	11	Bismarck	11:45.40	11:49.20	1
9 Alana Fischer	11	Bismarck St. Mary's	11:48.56	12:02.50	
10 Megan Sanford	11	Century	12:09.81	12:06.04	
11 Samantha Swenson	8	Fargo North	12:00.28	12:08.63	
12 Keisha Schock	9	Century	12:03.88	12:09.48	
13 Andrea Markwart	11	Century	12:03.97	12:14.30	
14 Melissa Uhrich	10	Century	12:00.94	12:19.85	
15 Brooke Grooters	9	West Fargo	11:53.08	12:26.21	
16 Kayla Wald	9	Bismarck	12:15.06	12:47.01	
17 Alicia Swenson	8	Fargo North	12:01.84	13:18.81	
-- Taylor Pintar	12	Bismarck	11:43.90	DNF	

Event 25 Girls 100 Meter Hurdles Div A

Overall: * 14.33 2005 Whitney Carlson, Carrington
 State: ! 14.56 2005 McKenzie Mehlich, Fargo South

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Ellie Grooters	12	West Fargo	14.71	14.67Q	3.2	2
2 Twila Moser	12	Bismarck	14.92	14.87Q	1.5	1
3 Greta Zietz	12	Fargo South	15.63	15.63Q	1.5	1
4 Chelsey Yantzer	12	Bismarck	16.04	16.01Q	3.2	2
5 Taylor Vasichek	11	Mandan	15.82	16.10Q	1.5	1
6 Kara Froelich	11	Dickinson	15.64	16.31Q	3.2	2
7 Lindsey Klug	9	Fargo South	16.17	16.50q	3.2	2
8 Murphi Goodall	12	Dickinson	16.54	16.51q	3.2	2
9 Jill Gustafson	11	West Fargo	16.34	16.58q	1.5	1
10 DelRay Audet	10	Minot	16.48	16.82	1.5	1
11 Tessa Delzer	10	Century	16.64	16.94	3.2	2
12 Sydney Bork	10	Fargo South	17.25	17.20	1.5	1
13 Rachel Todhunter	10	GF Red River	17.32	17.99	1.5	1

Event 25 Girls 100 Meter Hurdles Div A

Overall: * 14.33 2005 Whitney Carlson, Carrington
 State: ! 14.56 2005 McKenzie Mehlich, Fargo South

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Ellie Grooters	12	West Fargo	14.67	14.92	+0.0	10
2 Twila Moser	12	Bismarck	14.87	15.10	+0.0	8
3 Chelsey Yantzer	12	Bismarck	16.01	16.38	+0.0	6
4 Kara Froelich	11	Dickinson	16.31	16.82	+0.0	5
5 Taylor Vasichek	11	Mandan	16.10	16.96	+0.0	4
6 Greta Zietz	12	Fargo South	15.63	17.03	+0.0	3

Results

....Event 25 Girls 100 Meter Hurdles Div A

7	Jill Gustafson	11	West Fargo	16.58	17.06	+0.0	2
8	Murphi Goodall	12	Dickinson	16.51	17.08	+0.0	1
9	Lindsey Klug	9	Fargo South	16.50	17.23	+0.0	

Event 30 Girls 300 Meter Hurdles Div A

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 Overall: * 42.26 2006 Whitney Carlson, Carrington
 State: ! 42.51 5/28/2010 Ellie Grooters, West Fargo
 Name Year School Seed Prelims H#
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Preliminaries

1	Ellie Grooters	12	West Fargo	43.82	43.32Q	1
2	Twila Moser	12	Bismarck	44.71	45.46Q	2
3	Jess Herauf	11	Dickinson	45.21	45.54Q	2
4	Chelsea Peterson	8	Mandan	45.87	46.31Q	1
5	Kara Froelich	11	Dickinson	46.98	46.89Q	1
6	Chelsey Yantzer	12	Bismarck	47.75	47.34Q	2
7	Taylor Vasichek	11	Mandan	48.16	47.22q	1
8	Jessica Dirk	11	Mandan	47.68	47.87q	2
9	Sam Huether	9	Minot	48.06	48.09q	2
10	DelRay Audet	10	Minot	47.73	48.31	1
11	Rachel Todhunter	10	GF Red River	48.20	48.72	1
12	Sophi Simonson	9	Fargo North	49.88	48.74	2
13	Sydney Bork	10	Fargo South	50.47	48.78	1
14	Julia Jordan	8	Shanley	49.46	48.97	1
15	Jill Gustafson	11	West Fargo	49.81	49.36	2
16	Kaitlyn Bowers	8	Mandan	48.77	50.57	2

Event 30 Girls 300 Meter Hurdles Div A

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 Overall: * 42.26 2006 Whitney Carlson, Carrington
 State: ! 42.51 5/28/2010 Ellie Grooters, West Fargo
 Name Year School Prelims Finals Points
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Finals

1	Ellie Grooters	12	West Fargo	43.32	42.51!	10
2	Twila Moser	12	Bismarck	45.46	45.35	8
3	Jess Herauf	11	Dickinson	45.54	45.76	6
4	Kara Froelich	11	Dickinson	46.89	46.16	5
5	Chelsea Peterson	8	Mandan	46.31	46.23	4
6	Chelsey Yantzer	12	Bismarck	47.34	46.53	3
7	Sam Huether	9	Minot	48.09	47.19	2
8	Taylor Vasichek	11	Mandan	47.22	47.22	1
9	Jessica Dirk	11	Mandan	47.87	47.44	

Event 34 Girls 4x100 Meter Relay Div A

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 Overall: * 48.76 5/28/2010 Bismarck, Bismarck
 K Friedt, A Bennes, T Moser, B Reiner
 State: ! 48.76 5/28/2010 Bismarck, Bismarck
 K Friedt, A Bennes, T Moser, B Reiner
 School Seed Prelims H#
 =====

Preliminaries

1	Bismarck 'A'	49.17	! 48.76Q	1
	1) Kaitlyn Friedt 11		2) Amanda Bennes 12	
	3) Twila Moser 12		4) Bailey Reiner 8	

Results

....Event 34 Girls 4x100 Meter Relay Div A

2 Fargo South 'A'	49.98	49.60Q	2
1) Vera Gaylah 10	2) Katie Dockter 12		
3) Greta Zietz 12	4) Brittney Bolstad 12		
3 Dickinson 'A'	49.95	49.64Q	2
1) Kara Froelich 11	2) Leslie Beaudoin 10		
3) Brie Lynch 11	4) Amity Lantz 11		
4 Minot 'A'	50.63	50.25Q	1
1) Loni Bryantt 9	2) Teresa Vetter 11		
3) Kelsey Braunberger 12	4) Morgan Ihmels 12		
5 West Fargo 'A'	51.11	50.47Q	1
1) Christina Bruenjes 9	2) Courtney Suppa 8		
3) Amanda Levin 8	4) Tessa Krueger 10		
6 GF Red River 'A'	51.34	50.51Q	2
1) Emily Wong 12	2) Hadley Steffen 9		
3) Caitlin Knoell 11	4) Erin Wysocki 11		
7 Fargo North 'A'	51.91	51.00q	1
1) Regina Nyanfor 9	2) Toni Rodriguez 8		
3) Leslie Rasmussen 12	4) Kira Larson 9		
8 Century 'A'	51.85	51.20q	1
1) Maria Hoff 10	2) Lexi Ely 10		
3) Macy Egeland 12	4) Myranda Merkel 8		
9 Mandan 'A'	51.59	51.46q	2
1) Kayla Helbling 8	2) Taylor Miller 11		
3) Micaela Longtin 10	4) Brandy Roehrich 11		
10 Jamestown 'A'	52.94	52.85	2
1) Kayla Schumacher 12	2) Ally Ova 9		
3) McKayla Orr 8	4) Nikki Iverson 12		
11 GF Central 'A'	54.37	53.40	2
1) Abby Osowski 9	2) Sydney Lund 10		
3) Taylor Peterson 10	4) Alicia Smith 11		
12 Williston 'A'	55.30	54.25	1
1) Hailey Horob 10	2) Victoria Douglas 10		
3) Kinsi Olson 12	4) Amanda Nelson 7		
-- Shanley 'A'	55.81	DQ	1
1) Danae Hoffart 10	2) Julia Jordan 8		
3) Lauren Sandy 8	4) Alex Day 9		

Event 34 Girls 4x100 Meter Relay Div A

Overall: * 48.76 5/28/2010 Bismarck, Bismarck
 K Friedt, A Bennes, T Moser, B Reiner
 State: ! 48.76 5/28/2010 Bismarck, Bismarck
 K Friedt, A Bennes, T Moser, B Reiner

School	Prelims	Finals	Points
=====			
Finals			
1 Bismarck 'A'	48.76	49.86	10
1) Kaitlyn Friedt 11	2) Amanda Bennes 12		
3) Twila Moser 12	4) Bailey Reiner 8		
2 Fargo South 'A'	49.60	49.96	8
1) Vera Gaylah 10	2) Katie Dockter 12		
3) Greta Zietz 12	4) Brittney Bolstad 12		
3 Dickinson 'A'	49.64	50.14	6
1) Kara Froelich 11	2) Leslie Beaudoin 10		
3) Brie Lynch 11	4) Amity Lantz 11		
4 Minot 'A'	50.25	51.06	5
1) Loni Bryantt 9	2) Teresa Vetter 11		

Results

....Event 34 Girls 4x100 Meter Relay Div A

3) Kelsey Braunberger 12	4) Morgan Ihmels 12			
5 West Fargo 'A'		50.47	51.41	4
1) Christina Bruenjes 9	2) Courtney Suppa 8			
3) Amanda Levin 8	4) Tessa Krueger 10			
6 GF Red River 'A'		50.51	51.58	3
1) Emily Wong 12	2) Hadley Steffen 9			
3) Caitlin Knoell 11	4) Erin Wysocki 11			
7 Century 'A'		51.20	52.14	2
1) Maria Hoff 10	2) Madi Buck 12			
3) Macy Egeland 12	4) Lexi Ely 10			
8 Fargo North 'A'		51.00	52.19	1
1) Regina Nyanfor 9	2) Toni Rodriguez 8			
3) Leslie Rasmussen 12	4) Kira Larson 9			
9 Mandan 'A'		51.46	56.01	
1) Kayla Helbling 8	2) Taylor Miller 11			
3) Micaela Longtin 10	4) Brandy Roehrich 11			

Event 38 Girls 4x200 Meter Relay Div A

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Overall: *	1:43.41	2006	Milnor/Wynd/Lidg, Milnor/Wynd/Lidg		
			C Boyer, J Ellefson, T Mauch, K Stark		
State: !	1:43.51	2004	Bismarck, Bismarck		
			Kelsey Reimnitz, Devon Wentz, Shalee Schoch, Kacie Sweep		
School			Seed	Prelims	H#
=====					
Preliminaries					
1 GF Red River 'A'			1:46.67	1:44.02Q	1
1) Hadley Steffen 9	2) Erin Wysocki 11				
3) Caitlin Knoell 11	4) Carolyn Shabb 11				
2 Fargo South 'A'			1:47.83	1:45.06Q	2
1) Brittney Bolstad 12	2) Greta Zietz 12				
3) Vera Gaylah 10	4) Tia Miller 10				
3 Minot 'A'			1:45.42	1:44.02Q	1
1) Loni Bryantt 9	2) Teresa Vetter 11				
3) Kelsey Braunberger 12	4) Morgan Ihmels 12				
4 West Fargo 'A'			1:45.88	1:45.33Q	2
1) Christina Bruenjes 9	2) Courtney Suppa 8				
3) Amanda Levin 8	4) Tessa Krueger 10				
5 Fargo North 'A'			1:48.94	1:46.05Q	1
1) Regina Nyanfor 9	2) Carmen Ross 7				
3) Shaina Pfau 8	4) Kira Larson 9				
6 Bismarck 'A'			1:45.67	1:46.53Q	2
1) Kayla Schuh 12	2) Caitlyn Carlson 9				
3) McKenzie Enderson 10	4) Shantel Schuh 12				
7 Dickinson 'A'			1:47.31	1:46.11q	1
1) Kara Froelich 11	2) Leslie Beaudoin 10				
3) Stormie Sickler 11	4) Amity Lantz 11				
8 Century 'A'			1:47.73	1:46.59q	2
1) Lexi Ely 10	2) Madi Buck 12				
3) Jessie Steinwand 11	4) Macy Egeland 12				
9 Mandan 'A'			1:49.24	1:47.49q	1
1) Kayla Helbling 8	2) Taylor Miller 11				
3) Micaela Longtin 10	4) Chelsea Peterson 8				
10 Wahpeton 'A'			1:51.19	1:50.15	2
1) Jordyn Braun 11	2) Kasey Lasch 11				
3) Ariel Edwards 12	4) Molly Wynn 9				
11 GF Central 'A'			1:54.33	1:53.32	2

Results

....Event 38 Girls 4x200 Meter Relay Div A

1) Taylor Peterson 10	2) Ali Lindsay 9			
3) Alicia Smith 11	4) Sydney Lund 10			
12 Jamestown 'A'		1:54.82	1:56.86	1
1) Bre Carlson 9	2) Ally Ova 9			
3) Mikaela Walker 11	4) Chelsea Schwind 12			

Event 38 Girls 4x200 Meter Relay Div A

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Overall: *	1:43.41	2006	Milnor/Wynd/Lidg, Milnor/Wynd/Lidg
			C Boyer, J Ellefson, T Mauch, K Stark
State: !	1:43.51	2004	Bismarck, Bismarck
			Kelsey Reimnitz, Devon Wentz, Shalee Schoch, Kacie Sweep

School	Prelims	Finals	Points
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Finals

1 GF Red River 'A'		1:44.02	1:43.91	10
1) Hadley Steffen 9	2) Erin Wysocki 11			
3) Caitlin Knoell 11	4) Carolyn Shabb 11			
2 Minot 'A'		1:44.02	1:44.52	8
1) Loni Bryantt 9	2) Teresa Vetter 11			
3) Kelsey Braunberger 12	4) Morgan Ihmels 12			
3 Fargo South 'A'		1:45.06	1:45.10	6
1) Brittney Bolstad 12	2) Katie Dockter 12			
3) Vera Gaylah 10	4) Tia Miller 10			
4 Bismarck 'A'		1:46.53	1:45.26	5
1) Kayla Schuh 12	2) Caitlyn Carlson 9			
3) McKenzie Enderson 10	4) Bailey Reiner 8			
5 West Fargo 'A'		1:45.33	1:46.53	4
1) Christina Bruenjes 9	2) Courtney Suppa 8			
3) Amanda Levin 8	4) Tessa Krueger 10			
6 Mandan 'A'		1:47.49	1:47.42	3
1) Kayla Helbling 8	2) Taylor Miller 11			
3) Micaela Longtin 10	4) Chelsea Peterson 8			
7 Century 'A'		1:46.59	1:48.09	2
1) Lexi Ely 10	2) Madi Buck 12			
3) Jessie Steinwand 11	4) Macy Egeland 12			
8 Fargo North 'A'		1:46.05	1:49.68	1
1) Regina Nyanfor 9	2) Carmen Ross 7			
3) Shaina Pfau 8	4) Sophi Simonson 9			
-- Dickinson 'A'		1:46.11	DQ	
1) Kara Froelich 11	2) Leslie Beaudoin 10			
3) Stormie Sickler 11	4) Amity Lantz 11			

Event 42 Girls 4x400 Meter Relay Div A

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Overall: *	4:00.08	2003	Mandan, Mandan
			M Luther, K Streyle, A Taylor, A Streyle
State: !	4:00.08	2003	, Mandan
			M. Luther, K. Streyle, A. Taylor, A. Streyle

School	Seed	Finals	H#	Points
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1 GF Red River 'A'		4:03.50	4:04.65	2	10
1) Rachel Todhunter 10	2) Erin Wysocki 11				
3) Maggi Ferry 11	4) Carolyn Shabb 11				
2 Dickinson 'A'		4:07.63	4:05.05	2	8
1) Brie Lynch 11	2) Ally Hoffmann 11				
3) Leslie Beaudoin 10	4) Jess Herauf 11				

Results

....Event 42 Girls 4x400 Meter Relay Div A

3	Fargo South 'A'		3:53.61	4:06.38	2	6
	1) Paige Rygg 12	2) Tarin Lachowitz 10				
	3) Erin Valenti 11	4) Frances Conlin 11				
4	Minot 'A'		4:08.66	4:07.29	2	5
	1) Kelsey Braunberger 12	2) Teresa Vetter 11				
	3) DelRay Audet 10	4) Morgan Milbrath 9				
5	Century 'A'		4:05.12	4:09.23	2	4
	1) Jessie Steinwand 11	2) Madi Buck 12				
	3) Hannah Jeske 10	4) Nikki Huelsman 12				
6	Bismarck 'A'		4:03.42	4:11.36	2	3
	1) McKenzie Enderson 10	2) Caitlyn Carlson 9				
	3) MacKayla Feeney 9	4) Kayla Schuh 12				
7	West Fargo 'A'		4:05.09	4:12.22	2	2
	1) Amanda Levin 8	2) Jaeden Metcalf 7				
	3) Keana Karnopp 9	4) Jessica Rosenau 9				
8	Fargo North 'A'		4:04.57	4:12.63	2	1
	1) Regina Nyanfor 9	2) Carmen Ross 7				
	3) Andie Sarafolean 8	4) Kira Larson 9				
9	Mandan 'A'		4:11.01	4:12.76	2	
	1) Taylor Miller 11	2) Chelsea Peterson 8				
	3) Shelby Peterson 9	4) Jessica Dirk 11				
10	Wahpeton 'A'		4:18.20	4:17.93	1	
	1) Ariel Edwards 12	2) Kasey Lasch 11				
	3) Jordain Formanek 8	4) Amy Elliot 11				
11	GF Central 'A'		4:18.71	4:21.13	1	
	1) Sydney Lund 10	2) Hanna Brown 10				
	3) Jessica Lindsay 11	4) Ali Lindsay 9				
12	Williston 'A'		4:20.35	4:28.54	1	
	1) Whitney Harrison 12	2) Moriah Juhl 11				
	3) Riley Ceglowski 9	4) Brooke McNary 11				

Event 46 Girls 4x800 Meter Relay Div A

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Overall:	*	9:29.79	1999			
						, Bismarck Century
						J. Kindschi, M. Jacobson, Katie Reim, Beth Hoge
State:	!	9:29.79	1999			, Bismarck Century
						J. Kindschi, M. Jacobson, K. Reim, B. Hoge
School				Seed	Finals	Points
=====						
1	Fargo South 'A'			9:55.76	9:35.78	10
	1) Tarin Lachowitz 10	2) Katie Bostrom 8				
	3) Paige Rygg 12	4) Erin Valenti 11				
2	Century 'A'			9:59.24	9:37.15	8
	1) Chelsea Boger 11	2) Andrea Markwart 11				
	3) Nikki Huelsman 12	4) Jessie Steinwand 11				
3	West Fargo 'A'			9:45.25	9:39.62	6
	1) Christine Baltezare 9	2) Keana Karnopp 9				
	3) Brooke Grooters 9	4) Alissa Mears 10				
4	Minot 'A'			9:39.44	9:43.39	5
	1) Jaime VanderVorste 10	2) Sam Huether 9				
	3) Ashley Brey 12	4) Brecca Wahlund 11				
5	Bismarck 'A'			9:54.38	9:50.70	4
	1) Brooklyn Beehler 11	2) Libby Fontenot 8				
	3) Tessa Haussler 10	4) Kayla Schuh 12				
6	GF Red River 'A'			9:59.26	9:52.46	3
	1) Zoe Schreiner 9	2) Maggi Ferry 11				
	3) Megan Stoley 12	4) Katie Ronkowski 11				

Results

....Event 46 Girls 4x800 Meter Relay Div A

7	Shanley 'A'		10:02.54	9:55.91	2
	1) Alex Backlund 8	2) Nicole Carew 11			
	3) Sadie Rivard 11	4) Taylor Baumler 8			
8	Dickinson 'A'		10:06.60	10:10.01	1
	1) Ally Hoffmann 11	2) Maleah Leiss 9			
	3) Lynae Messer 10	4) Stormie Sickler 11			
9	Williston 'A'		10:21.27	10:20.63	
	1) Whitney Harrison 12	2) Moriah Juhl 11			
	3) Cayli Slette 7	4) Sierra Wetzel 7			
10	Mandan 'A'		10:09.04	10:26.44	
	1) Rachel Wingenbach 10	2) Shelby Peterson 9			
	3) Nicole Trenda 9	4) Courtney Goetz 9			
11	Fargo North 'A'		9:48.69	10:50.26	
	1) Sydney Pladson 8	2) Emily Roche 9			
	3) Andie Sarafolean 8	4) Abby Roche 11			
12	Wahpeton 'A'		10:56.66	10:50.30	
	1) Tawny Irwin 10	2) Ashley Edwardson 10			
	3) Morgan Glines 10	4) Amy Elliot 11			

Event 50 Girls High Jump Div A

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Overall: *	5-09.25	2003	Halley Odegaard, Kindred
State: !	5-08.25	1993	Cindy Leingang, Mandan

Name	Year	School	Seed	Finals	Points
1	Hannah Larson	9 Century	5-06.00	5-06.00	10
2	Amanda Bennes	12 Bismarck	5-06.00	5-05.00	8
3	Kira Larson	9 Fargo North	5-09.00	5-03.00	6
4	Ann Govig	10 Century	5-05.00	J5-03.00	5
5	Greta Zietz	12 Fargo South	5-06.00	5-01.00	4
6	Jasmine Moffett	10 Fargo South	5-01.00	J5-01.00	3
7	Madi Buck	12 Century	5-01.00	4-11.00	2
8	Anna Hruby	12 Bismarck	5-01.00	J4-11.00	1
9	Kara Nygaard	12 Jamestown	5-01.00	J4-11.00	
9	Kelsey Conneran	11 GF Red River	5-01.00	J4-11.00	
9	Katie Ronkowski	11 GF Red River	4-11.00	J4-11.00	
12	Shelby Gustafson	8 West Fargo	5-01.00	4-09.00	
12	Ashley Sebelius	12 Devils Lake	4-09.00	4-09.00	
12	Jordan Hahn	11 Century	4-11.00	4-09.00	
12	Ali Moody	9 Dickinson	5-03.00	4-09.00	

Event 54 Girls Long Jump Div A

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Overall: *	19-05.50	2006	Whitney Carlson, Carrington
State: !	19-03.25	2005	McKenzie Mehlisch, Fargo South

Name	Year	School	Seed	Finals	Wind	Points
1	Amanda Bennes	12 Bismarck	18-03.50	18-08.25	NWI	10
2	Bailey Reiner	8 Bismarck	17-09.00	18-00.00	NWI	8
3	Hadley Steffen	9 GF Red River	16-11.75	17-11.75	NWI	6
4	Hannah Jeske	10 Century	17-11.00	17-11.25	NWI	5
5	Chelsey Yantzer	12 Bismarck	17-05.50	17-07.50	NWI	4
6	Katie Dockter	12 Fargo South	17-05.50	17-07.00	NWI	3
7	Christina Bruenjes	9 West Fargo	17-04.25	17-02.00	NWI	2
8	Taylor Vasichek	11 Mandan	16-10.00	16-10.00	NWI	1
9	Lexi Ely	10 Century	16-11.00	16-08.00	NWI	
10	Nikki Iverson	12 Jamestown	17-00.50	16-06.50	NWI	

Results**....Event 54 Girls Long Jump Div A**

10 Colie Sabol	10 GF Red River	15-01.25	16-06.50	NWI
12 Jordyn Braun	11 Wahpeton	16-09.00	15-10.75	NWI
-- Vera Gaylah	10 Fargo South	15-02.00	ND	NWI

Event 58 Girls Triple Jump Div A

Overall: * 39-04.25 1998 Crystal Cummins, Fargo South

State: ! 39-04.25 1998 Crystal Cummins, Fargo South

Name	Year	School	Seed	Finals	Wind	Points
1 Christina Bruenjes	9	West Fargo	36-07.75	36-10.00	NWI	10
2 Katie Dockter	12	Fargo South	36-08.00	36-08.00	NWI	8
3 Nikki Iverson	12	Jamestown	36-04.75	J36-08.00	NWI	6
4 Brianna Dufault	12	GF Red River	34-10.00	35-08.00	NWI	5
5 Chelsey Yantzer	12	Bismarck	35-10.00	35-07.00	NWI	4
6 Emily Wong	12	GF Red River	34-03.25	34-10.50	NWI	3
7 Taylor Vasichek	11	Mandan	35-09.00	34-09.00	NWI	2
8 Amanda Bennes	12	Bismarck	35-08.00	34-08.00	NWI	1
9 Leslie Beaudoin	10	Dickinson	34-10.00	34-02.00	NWI	
10 Kathryn Pomeroy	10	Bismarck	34-02.00	34-01.25	NWI	
11 Jill Gustafson	11	West Fargo	34-05.25	34-00.00	NWI	
12 Colie Sabol	10	GF Red River	34-00.50	33-05.50	NWI	
13 Hannah Larson	9	Century	34-02.00	33-04.75	NWI	
14 Alexis Goldade	9	Mandan	34-05.00	33-04.00	NWI	
14 Hannah Jeske	10	Century	35-04.00	33-04.00	NWI	
16 Katelyn Friedt	11	Bismarck	35-00.50	33-02.50	NWI	
17 Ashley Bohrer	9	Century	34-03.00	33-01.00	NWI	

Event 62 Girls Shot Put Div A

Overall: * 48-02.75 2001 Briona Reynolds, GF Red River

State: ! 48-02.75 2001 Briona Reynolds, GF Red River

Name	Year	School	Seed	Finals	Points
1 Katie Weigel	11	Bismarck	41-05.50	41-05.00	10
2 Mia Lopez	11	Fargo North	40-09.00	40-03.00	8
3 Cherae Reeves	11	West Fargo	39-08.00	37-06.00	6
4 Kayla Simpson	11	GF Central	37-02.00	36-11.00	5
5 Briana Bergrud	10	Bismarck	35-07.00	35-11.00	4
6 Emily Evers	12	GF Red River	34-03.75	J35-11.00	3
7 Naomi Rust	9	Bismarck	38-00.50	35-09.00	2
8 Lexi Bolstad	8	Fargo South	37-02.25	J35-09.00	1
9 Kate Reich	11	GF Red River	36-04.00	35-08.50	
10 Jennifer Brandt	10	Devils Lake	36-01.00	34-08.00	
11 Danielle Smith	11	Century	39-05.00	34-01.00	
11 Sam Engel	10	Minot	35-06.00	34-01.00	
13 Allie Kollman	11	Fargo South	36-02.00	33-09.00	
14 Kelsey Urquhart	10	Jamestown	36-01.00	33-06.00	
15 Kallie Holmen	12	Minot	36-09.00	33-04.00	
16 Leshay Flye	10	Minot	36-04.00	31-09.00	
-- Jessica Dolechek	11	Dickinson	37-01.00	ND	

Results**Event 66 Girls Discus Throw Div A**

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Overall: *		172-00	1999	Briona Reynolds, GF Red River	
State: !		172-00	1999	Briona Reynolds, GF Red River	
Name	Year	School	Seed	Finals	Points
=====					
1	Katie Weigel	11	Bismarck	126-04	128-08 10
2	Danielle Smith	11	Century	126-07	128-07 8
3	Danielle Clarke	10	Williston	124-11	128-06 6
4	Jess Herauf	11	Dickinson	121-06	127-10 5
5	Jayd Eggert	10	Minot	131-09	124-00 4
6	Maria Brekkestran	12	West Fargo	119-00	113-06 3
7	Kayla Simpson	11	GF Central	110-02	109-11 2
8	Kallie Holmen	12	Minot	113-00	107-00 1
9	Rachael Wessman	12	Fargo North	100-10	99-04
10	Mia Lopez	11	Fargo North	107-10	97-03
11	Sarah Schafer	10	Devils Lake	101-10	88-10
--	Casie Holzwarth	12	Fargo South	102-05	ND

Event 70 Girls Javelin Throw Div A

=====					
Overall: *		148-03	2002	Katie Wilson, GF Red River	
State: !		148-03	2002	Katie Wilson, GF Red River	
Name	Year	School	Seed	Finals	Points
=====					
1	Jess Herauf	11	Dickinson	135-04	139-06 10
2	Jayd Eggert	10	Minot	117-05	120-00 8
3	Anna Hruby	12	Bismarck	115-08	117-02 6
4	Amber Riopelle	11	Mandan	114-08	117-00 5
5	Jordyn Steffen	12	GF Red River	127-06	116-09 4
6	Katie Weigel	11	Bismarck	117-11	114-03 3
7	Kara Nygaard	12	Jamestown	113-04	113-05 2
8	Ashley Zeitvogel	11	GF Red River	112-02	113-02 1
9	Emily Evers	12	GF Red River	110-00	112-07
10	Danielle Clarke	10	Williston	107-05	107-09
11	Kaycee Gustafson	12	Mandan	115-00	106-11
12	Mia Lopez	11	Fargo North	108-02	105-03
13	Elizabeth Meyer	10	Mandan	117-09	105-01
14	Morgan Burrer	11	Wahpeton	113-04	102-08
15	Amanda Schultz	12	Fargo South	98-11	96-04

Event 74 Girls Pole Vault Div A

=====					
Overall: *		12-04	2006	Kelsey Aide, Bottineau	
State: !		12-00	2003	Julie Strenkowski, GF Central	
Name	Year	School	Seed	Finals	Points
=====					
1	Ashley Zeitvogel	11	GF Red River	11-06.00	11-00.00 10
2	Ann Govig	10	Century	10-06.00	10-03.00 8
3	Hailey Horob	10	Williston	10-00.00	10-00.00 6
4	Nikki Helstad	12	Williston	10-00.00	J10-00.00 5
5	Ashley Kramer	12	Bismarck	10-00.00	9-06.00 3.50
5	Kristen Ceglowski	11	Williston	9-00.00	9-06.00 3.50
7	Laura Maleckar	12	Williston	9-00.00	9-00.00 2
8	Mckenzie Mcmillan	11	Century	9-00.00	8-06.00 1
9	Jenny Zetocha	12	Shanley	8-06.00	J8-06.00
9	Kaycee Gustafson	12	Mandan	9-00.00	J8-06.00
9	Kelsey Helland	11	Fargo South	8-06.00	J8-06.00
12	Hanna Berg	8	Fargo North	8-06.00	8-00.00

Results

....Event 74 Girls Pole Vault Div A

12 Sophi Simonson	9 Fargo North	8-06.00	8-00.00
12 Megan Sather	12 West Fargo	9-00.00	8-00.00