

2010 Cross Country Advisory Committee
November 29, 2010

Committee Members: Brad Lies, Bismarck Century; Jonathan Jahner, Bowman County; Aaron Walker, Fargo North; Rick Henry, Larimore

Recommendations:

The committee continued their discussion concerning promotion of cross country with media outlets. It was felt progress is being made. Also discussed the coaches' cross country poll and possible clarifications to make it more accurate.

The committee indicated the on-line rules clinics were well received by the coaches.

Emphasized course layouts need to be created to allow for a fair start and to avoid sharp turns/corners.

Discussed scoring for cross country results to be posted on the MVP website (highest points are currently considered first place).

1. Continue the race rotation plan for State Cross Country Meet with awards held immediately after each division.

Schedule:

2010: Div B – Girls 12:00 / Boys 12:45	2011: Div A – Girls 12:00 / Boys 12:30
Div A – Girls 2:15 / Boys 2:45	Div B – Girls 2:00 / Boys 2:45
2012: Div B – Boys 12:00 / Girls 12:45	2013: Div A – Boys 12:00 / Girl 12:30
Div A – Boys 2:15 / Girls 2:45	Div B – Boys 2:00 / Girls 2:45
2014: Div B – Girls 12:00 / Boys 12:45	2015: Div A – Girls 12:00 / Boys 12:30
Div A – Girls 2:15 / Boys 2:45	Div B – Girls 2:00 / Boys 2:45

2. Recommended site rotation to be East or West every four years with two central sites (East Central Valley City and West Central Jamestown) as alternate sites within the rotation. Beginning with the 2014 site:

2014 – West (Minot recommended)
2015 – East (Fargo or Grand Forks)
2016 – West Central (Jamestown)
2017 – East Central (Valley City)
2018 – West
2019 – East
2020 – West Central (Jamestown)