

2011 Cross Country Advisory Committee  
November 28, 2011

Committee Members: Brad Lies, Bismarck Century; Jonathan Jahner, Bowman County; Aaron Walker, Fargo North; Richard Anderson, Griggs County

The committee continued their discussion concerning promotion of cross country with media outlets. It was felt progress is being made.

Recommendations:

1. Continue the race rotation plan for State Cross Country Meet with awards held immediately after each division. This has been well accepted by coaches.

Schedule:

2012: Div B – Boys 12:00 / Girls 12:45	2013: Div A – Boys 12:00 / Girl 12:30
Div A – Boys 2:15 / Girls 2:45	Div B – Boys 2:00 / Girls 2:45
2014: Div B – Girls 12:00 / Boys 12:45	2015: Div A – Girls 12:00 / Boys 12:30
Div A – Girls 2:15 / Boys 2:45	Div B – Girls 2:00 / Boys 2:45
2016: Div B – Boys 12:00 / Girls 12:45	2017: Div A – Boys 12:00 / Girl 12:30
Div A – Boys 2:15 / Girls 2:45	Div B – Boys 2:00 / Girls 2:45

2. Recommend site rotation to be East or West every four years with two central sites (East Central Valley City and West Central Jamestown) as alternate sites within the rotation. Beginning with the 2014 site:

2014 – West (Minot)  
2015 – East (Grand Forks)  
2016 – West Central (Jamestown)  
2017 – East Central (Valley City)  
2018 – West (Bismarck)  
2019 – East (Fargo)  
2020 – West Central (Jamestown)

3. Start a study of possibly setting the State Cross Country meet date on the last Saturday of October. The first year the last Saturday in October is the fifth Saturday would be the 2015 season.

4. For the State Meet course, in an effort to reduce spectator interference, avoid if possible placing switchbacks. Spectators crossing race paths to get to the next pass has caused difficulty for contestants.

5. State Meet suggestions:

- a. A double line on the course may help spectators to stay off the course.
- b. Sufficient course inspectors available to monitor the course.
- c. Avoid 90 degree turns.
- d. Each race start at time indicated on schedule