

Girls' State Swimming & Diving 2016

Results

Event 1 Girls 200 Yard Medley Relay

State: 1:44.81 * 11/12/2016 Century

B Rittenbach, V Herrmann, C Palmer, A Duchsherer

US National: 1:43.16 ! 2004 Hartland Arrowhead, WI

Boritzke, Zblewski, Landisch, Fisher

US Pub HS NT: 1:41.68 # 2009

Team	Relay	Finals Time	
1 CHS		1:44.81*	40
1) Briana Rittenbach 10	2) Vanessa Herrmann 11		
3) Carly Palmer 10	4) Lexi Duchsherer 8		
2 FN		1:53.05	34
1) Olivia Roche 12	2) Alex Rasmussen 11		
3) Anna Astrup 11	4) Lydia Smith 10		
3 MHS		1:54.09	32
1) Maddy Makeeff 12	2) Mayson Sheldon 9		
3) Cara Weigel 12	4) Mykenzie Clausen 11		
4 FD		1:54.45	30
1) Gracie Lingle 9	2) Jada Crane 11		
3) Morgan Vareberg 11	4) Grace Geffre 11		
5 JHS		1:54.64	28
1) Noelle Thompson 11	2) Taylor Bradley 10		
3) Maddy Mandan 12	4) Jenny Allmer 12		
6 SHEY		1:55.09	26
1) Breanna Lund 8	2) Madison Yonke 9		
3) Paulina Bekkum 10	4) Johanna Jones 11		
7 WF		1:55.79	24
1) Tatum Brooks 8	2) Sophie Weisz 10		
3) Mariah Heise 11	4) Olivia Hettinger 7		
8 WHS		1:57.41	22
1) Torgun Knudsen 9	2) Ellie Schmit 9		
3) Demi Peterson 8	4) Shannon Semenko 12		
9 MINOT		1:57.74	18
1) Iris Jessen 9	2) Carlie Rudser 10		
3) Kelsie Fettig 9	4) Bella Brooks 10		
10 FS		1:59.09	14
1) Katie Iverson 7	2) Kacie Iverson 11		
3) Lauren Ostlie 11	4) Katie Morrau 11		
11 BHS		2:00.39	12
1) Maddie Blasl 11	2) Katie Brodersen 10		
3) Ellie Eggl 9	4) Tayler Pollert 10		
12 GFC		2:00.79	10
1) Zoie Frattin 8	2) Kate Woidtk 9		
3) Clare Goodwin 12	4) Emily Grosz 8		
13 LHS		2:01.70	8
1) Becca Pennington 9	2) Olivia Schuchard 7		
3) Gabrielle Schuchard 9	4) Emma Wiedmeier 10		
14 GFRR		2:02.82	6
1) Audrey Chan 10	2) Kaitlin Watson 10		
3) Madelynn Behm 9	4) Elise Johnson 9		
15 DHS		2:03.44	4
1) Hannah Rathgeber 10	2) Brianna Ashworth 10		
3) Kara Wanner 8	4) Haley Rodakowski 12		
16 SHS		2:06.97	2
1) Liz Dabbert 8	2) Isabell Dabbert 12		
3) Alex Melting 9	4) Alexis Doeling 8		

Event 2 Girls 200 Yard Freestyle

State: 1:42.81 * 2008 Dagny Knutson

US National: 1:45.49 ! 11/24/2002 Rhiannon Jeffrey

US Pub HS NT: 1:42.81 # 2008 Dagne Knutson

Name	YrSchool	Finals Time	
A - Final			
1 Emma Hepper	12 BHS	1:54.97	20
2 Hannah Zaderaka	10 MINOT	1:59.61	17
3 Ellie Pulkrabek	9 GFC	1:59.64	16
4 Amy Warren	12 CHS	2:00.18	15
5 Paige Hennebry	11 FD	2:00.61	14
6 Andrea Smith	12 SHEY	2:01.18	13
7 Jordyn Danielson	9 GFRR	2:02.16	12
8 Lauryn MacLeod	11 GFRR	2:03.14	11
B - Final			
9 Gracie Zottnick	10 CHS	2:02.99	9
10 Kayla White	11 WF	2:03.32	7
*11 Sydney Quibell	8 FS	2:03.51	5.5
*11 Kaitlyne Haag	9 MHS	2:03.51	5.5
13 Quinn Wrigley	10 CHS	2:04.21	4
14 Korie Riely	9 DHS	2:04.47	3
15 Torgun Knudsen	9 WHS	2:05.24	2
16 Kelby Anderson	12 CHS	2:05.39	1

Event 2 Girls 200 Yard Freestyle

State: 1:42.81 * 2008 Dagny Knutson

US National: 1:45.49 ! 11/24/2002 Rhiannon Jeffrey

US Pub HS NT: 1:42.81 # 2008 Dagne Knutson

Name	YrSchool	Prelim Time	
Preliminaries			
1 Emma Hepper	12 BHS	1:53.88	q
2 Hannah Zaderaka	10 MINOT	1:58.95	q
3 Jordyn Danielson	9 GFRR	1:59.01	q
4 Ellie Pulkrabek	9 GFC	2:00.09	q
5 Paige Hennebry	11 FD	2:00.53	q
6 Lauryn MacLeod	11 GFRR	2:01.01	q
7 Andrea Smith	12 SHEY	2:01.39	q
8 Amy Warren	12 CHS	2:01.77	q
9 Gracie Zottnick	10 CHS	2:03.23	q
10 Kayla White	11 WF	2:03.68	q
11 Korie Riely	9 DHS	2:04.17	q
12 Sydney Quibell	8 FS	2:04.21	q
13 Kaitlyne Haag	9 MHS	2:04.99	q
14 Torgun Knudsen	9 WHS	2:05.31	q
15 Kelby Anderson	12 CHS	2:05.84	q
16 Quinn Wrigley	10 CHS	2:05.85	q
17 Rebecca Biffert	11 FD	2:06.99	
18 Lexie Keller	10 MHS	2:07.02	
19 Teegan Nordstrom	9 FN	2:07.03	
20 Alonna Narum	9 FD	2:07.13	
21 Greta Bellas	7 SHEY	2:07.23	
22 Jenny Allmer	12 JHS	2:07.39	
23 Vivianne Soforenko	9 FD	2:07.48	
24 Emily Grosz	8 GFC	2:07.59	
25 Rebecca Boen	10 MINOT	2:07.71	
26 Hannah Rathgeber	10 DHS	2:08.16	

Girls' State Swimming & Diving 2016

Results

Preliminaries ... (Event 2 Girls 200 Yard Freestyle)

Name	YrSchool	Prelim Time
27 Jaelyn Lardy	12 WF	2:08.41
28 Anna Montplaisir	7 WF	2:09.13
29 Ashley Chabot	10 MINOT	2:09.26
30 Bella Vilhauer	9 LHS	2:10.05
31 Alexandria Elliot	9 MINOT	2:10.17
32 Kiana Haug	10 MHS	2:10.82
33 Abby Tykwinski	9 WF	2:13.00
34 Danielle Heckaman	8 SHS	2:13.37
35 Alex Melting	9 SHS	2:13.77
36 Grace Kuntz	11 MHS	2:18.24

Event 3 Girls 200 Yard IM

State: **1:53.82 * 2009** Dagny Knutson
 US National: **1:57.41 ! 2007** Mary Beck
 US Pub HS NT: **1:53.82 # 2009** Dagne Knutson

Name	YrSchool	Finals Time
A - Final		
1 Vanessa Herrmann	11 CHS	2:02.77 20
2 Rylie Webb	10 MINOT	2:10.41 17
3 Abby Bourgois	12 CHS	2:12.75 16
4 Anna Astrup	11 FN	2:13.15 15
5 Mayson Sheldon	9 MHS	2:16.69 14
6 Liddy Ohe	9 GFRR	2:17.27 13
7 Tess Sether	11 CHS	2:19.34 12
8 Olyvia Bender	10 CHS	2:22.21 11
B - Final		
9 Brooklyn Filler	9 MINOT	2:18.68 9
10 Regan Wical	9 FD	2:20.50 7
11 Zoie Frattin	8 GFC	2:21.05 6
12 Hana Nilles	10 GFC	2:21.26 5
13 Brianna Ashworth	10 DHS	2:21.51 4
14 Tatiana Walker-Rozo	12 MINOT	2:22.59 3
15 Katelynn Smith-Sjurseth	11 FD	2:22.89 2
16 Maddy Makeeff	12 MHS	2:25.55 1

Event 3 Girls 200 Yard IM

State: **1:53.82 * 2009** Dagny Knutson
 US National: **1:57.41 ! 2007** Mary Beck
 US Pub HS NT: **1:53.82 # 2009** Dagne Knutson

Name	YrSchool	Prelim Time
Preliminaries		
1 Vanessa Herrmann	11 CHS	2:03.59 q
2 Rylie Webb	10 MINOT	2:10.36 q
3 Abby Bourgois	12 CHS	2:10.63 q
4 Anna Astrup	11 FN	2:14.73 q
5 Mayson Sheldon	9 MHS	2:16.40 q
6 Liddy Ohe	9 GFRR	2:17.26 q
7 Tess Sether	11 CHS	2:17.86 q
8 Olyvia Bender	10 CHS	2:19.43 q
9 Regan Wical	9 FD	2:20.11 q
10 Brianna Ashworth	10 DHS	2:20.38 q
11 Brooklyn Filler	9 MINOT	2:20.62 q
12 Zoie Frattin	8 GFC	2:21.19 q
13 Katelynn Smith-Sjurseth	11 FD	2:21.83 q
14 Tatiana Walker-Rozo	12 MINOT	2:22.00 q

15 Hana Nilles	10 GFC	2:22.03 q
16 Maddy Makeeff	12 MHS	2:22.76 q
17 Katie Brodersen	10 BHS	2:23.19
18 Megan Manly	10 FN	2:23.28
19 Katie Iverson	7 FS	2:23.78
20 Sophie Weisz	10 WF	2:23.97
21 Becca Pennington	9 LHS	2:24.18
22 Breanna Lund	8 SHEY	2:25.22
23 Abby Aberle	11 FD	2:25.93
24 Kaitlin Watson	10 GFRR	2:26.35
25 Abby Triplett	8 SHEY	2:27.15
26 Hanna Nelson	12 WF	2:27.51
27 Iris Jessen	9 MINOT	2:27.57
28 Ella Walen	9 FN	2:27.65
29 Emily Bradley	9 JHS	2:29.21

Event 4 Girls 50 Yard Freestyle

State: **23.36 * 2011** Courtney Funk
 US National: **22.30 ! 2001** Christina Swindle
 US Pub HS NT: **22.04 # 2002** Kara Lynn Joyce

Name	YrSchool	Finals Time
A - Final		
1 Gracie Lingle	9 FD	23.94 20
2 Lexi Duchsherer	8 CHS	24.60 17
3 Johanna Jones	11 SHEY	24.95 16
4 Shannon Semenko	12 WHS	25.48 15
5 Maddy Mandan	12 JHS	25.70 14
6 Shayla Heger	12 BHS	25.83 13
7 Demi Peterson	8 WHS	25.84 12
8 Grace Geffre	11 FD	25.85 11
B - Final		
9 Paige Keller	8 CHS	25.81 9
10 MaKenna Kuhn	11 BHS	25.87 7
11 Mykenzie Clausen	11 MHS	25.95 6
12 Alex Rasmussen	11 FN	25.97 5
13 Mariah Heise	11 WF	26.03 4
14 Jada Crane	11 FD	26.22 3
15 Olivia Hettinger	7 WF	26.29 2
16 Molly Steinkopf	11 WF	26.49 1

Event 4 Girls 50 Yard Freestyle

State: **23.36 * 2011** Courtney Funk
 US National: **22.30 ! 2001** Christina Swindle
 US Pub HS NT: **22.04 # 2002** Kara Lynn Joyce

Name	YrSchool	Prelim Time
Preliminaries		
1 Gracie Lingle	9 FD	23.90 q
2 Lexi Duchsherer	8 CHS	24.62 q
3 Johanna Jones	11 SHEY	24.79 q
4 Shannon Semenko	12 WHS	25.33 q
5 Maddy Mandan	12 JHS	25.74 q
6 Grace Geffre	11 FD	25.79 q
7 Shayla Heger	12 BHS	25.85 q
8 Demi Peterson	8 WHS	25.87 q
9 MaKenna Kuhn	11 BHS	25.88 q
10 Paige Keller	8 CHS	25.95 q
11 Alex Rasmussen	11 FN	25.97 q

Girls' State Swimming & Diving 2016

Results

Preliminaries ... (Event 4 Girls 50 Yard Freestyle)

Name	YrSchool	Prelim Time
12 Mykenzie Clausen	11 MHS	26.04 q
13 Olivia Hettinger	7 WF	26.06 q
14 Jada Crane	11 FD	26.10 q
15 Mariah Heise	11 WF	26.15 q
16 Molly Steinkopf	11 WF	26.17 q
17 Bella Brooks	10 MINOT	26.44
18 Abby McCall	10 WHS	J26.44
19 Lexie Pulkrabek	10 GFC	J26.44
*20 Sophia Munns	12 MHS	26.54
*20 Mikaya Owens	9 FS	26.54
22 Kenzie Carlson	9 JHS	26.66
23 Olivia Schuchard	7 LHS	26.74
24 Libby Brock	10 SHS	26.78
25 Abby Bueling	9 SHEY	26.83
26 Maggie Krank	11 FD	26.90
27 Paulina Bekkum	10 SHEY	27.01
28 Haylee Johnson	11 WF	27.07
29 Kennedy Koch	10 JHS	27.19
30 Avery Meyhoff	9 CHS	27.31
31 Haley Rodakowski	12 DHS	27.40
32 Kara Wanner	8 DHS	27.44
33 Katie Morrau	11 FS	27.55
34 Alexis Doeling	8 SHS	27.58
35 Courtnay Kiecker	11 JHS	27.65
--- Casi Boehm	12 CHS	DQ

Event 5 Girls 1 mtr Diving

State: 479.05 * 1996 Molly McDonald

Name	YrSchool	Finals Score
Finals		
1 Isabelle Chambers	9 FD	391.35 20
2 Haley Pederson	12 WF	390.10 17
3 Quincee Simonson	12 FS	388.70 16
4 McKenna Quintus	12 MHS	386.35 15
5 Mya Winjum	9 FD	383.85 14
6 Olivia Lacher	10 MHS	380.45 13
7 Kaelee Werder	12 FN	372.45 12
8 Peyton Ekman	11 SHS	363.80 11
9 Meg Osowski	12 FD	360.30 9
10 Bailey Riehl	11 WF	353.00 7
11 Madison Hischer	7 FD	346.85 6
12 Addisyn Widdel	10 MINOT	345.95 5
13 Olivia Schoffstall	10 MINOT	325.25 4
14 Morgan Mewes	12 JHS	324.20 3
15 Nadia Netolicky	10 JHS	317.90 2
16 Bethanie Pippin	12 WHS	305.00 1

Event 5 Girls 1 mtr Diving

State: 479.05 * 1996 Molly McDonald

Name	YrSchool	Semis Score
Semi-Finals		
1 Mya Winjum	9 FD	279.45 q
2 Isabelle Chambers	9 FD	275.70 q
3 Quincee Simonson	12 FS	272.75 q
4 Haley Pederson	12 WF	271.55 q

5 Addisyn Widdel	10 MINOT	271.40 q
6 McKenna Quintus	12 MHS	269.25 q
7 Kaelee Werder	12 FN	266.60 q
8 Olivia Lacher	10 MHS	263.75 q
9 Peyton Ekman	11 SHS	262.10 q
10 Meg Osowski	12 FD	259.20 q
11 Bailey Riehl	11 WF	256.00 q
12 Madison Hischer	7 FD	255.10 q
13 Olivia Schoffstall	10 MINOT	240.60 q
14 Nadia Netolicky	10 JHS	236.40 q
15 Morgan Mewes	12 JHS	235.85 q
16 Bethanie Pippin	12 WHS	230.95 q
17 Abbie Hoffman	12 GFC	229.45
18 Olivia Weisberg	10 MINOT	221.60
19 Brekkyn Sundahl	12 MINOT	219.25
20 Kenzie Gullickson	9 CHS	219.15

Event 5 Girls 1 mtr Diving

State: 479.05 * 1996 Molly McDonald

Name	YrSchool	Prelim Score
Preliminaries		
1 McKenna Quintus	12 MHS	174.45 q
2 Kaelee Werder	12 FN	173.80 q
3 Addisyn Widdel	10 MINOT	172.00 q
4 Quincee Simonson	12 FS	170.95 q
5 Bailey Riehl	11 WF	169.85 q
6 Isabelle Chambers	9 FD	167.65 q
7 Mya Winjum	9 FD	167.60 q
8 Olivia Lacher	10 MHS	167.30 q
9 Haley Pederson	12 WF	162.80 q
10 Meg Osowski	12 FD	162.15 q
11 Abbie Hoffman	12 GFC	161.45 q
12 Peyton Ekman	11 SHS	159.75 q
13 Morgan Mewes	12 JHS	159.20 q
14 Olivia Schoffstall	10 MINOT	158.15 q
15 Madison Hischer	7 FD	153.15 q
16 Nadia Netolicky	10 JHS	153.05 q
17 Bethanie Pippin	12 WHS	149.80 q
18 Kenzie Gullickson	9 CHS	144.20 q
19 Brekkyn Sundahl	12 MINOT	143.50 q
20 Olivia Weisberg	10 MINOT	143.05 q
21 Madison Fagerland	8 WHS	142.40
22 Cailey Swanson	9 FN	140.30
23 Mackenzie Rhode	9 FS	139.40
24 Allison Sterling	8 SHEY	137.75
25 Savana Schauer	11 MHS	136.00
26 Morgan Anderson	11 MHS	134.90
27 Emily Stueland	8 SHS	134.10
28 Paige Davis	8 LHS	126.15
29 Kessa Thompson	8 FN	121.00
30 Lizzie Noel	8 SHS	118.80
31 Catlyn Raap	8 JHS	116.95
32 Jaydin Decker	8 DHS	114.45

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Results

Event 6 Girls 100 Yard Butterfly

State: 55.60 * 2006 Dagny Knutson
 US National: 52.41 ! 11/9/1996 Misty Hyman
 US Pub HS NT: 52.41 # 1996 Misty Hyman

Name	YrSchool	Finals Time
A - Final		
1 Anna Astrup	11 FN	58.46 20
2 Carly Palmer	10 CHS	59.87 17
3 Demi Peterson	8 WHS	1:00.90 16
4 Andrea Smith	12 SHEY	1:01.89 15
5 Taylor Bradley	10 JHS	1:02.18 14
6 Olyvia Bender	10 CHS	1:02.21 13
7 Tess Sether	11 CHS	1:03.04 12
8 Morgan Vareberg	11 FD	1:03.66 11
B - Final		
9 Tatum Brooks	8 WF	1:04.03 9
10 Gracie Zottnick	10 CHS	1:04.08 7
11 LaMae Turk	12 JHS	1:04.09 6
12 Mariah Heise	11 WF	1:04.20 5
13 Lauren Ostlie	11 FS	1:04.81 4
14 Rebecca Biffert	11 FD	1:05.78 3
15 Greta Ivesdal	9 FD	1:05.99 2
16 Kelsie Fettig	9 MINOT	1:06.45 1

Event 6 Girls 100 Yard Butterfly

State: 55.60 * 2006 Dagny Knutson
 US National: 52.41 ! 11/9/1996 Misty Hyman
 US Pub HS NT: 52.41 # 1996 Misty Hyman

Name	YrSchool	Prelim Time
Preliminaries		
1 Anna Astrup	11 FN	59.36 q
2 Demi Peterson	8 WHS	1:00.69 q
3 Taylor Bradley	10 JHS	1:01.74 q
4 Olyvia Bender	10 CHS	1:02.02 q
5 Carly Palmer	10 CHS	1:02.11 q
6 Andrea Smith	12 SHEY	1:02.39 q
7 Morgan Vareberg	11 FD	1:02.46 q
8 Tess Sether	11 CHS	1:02.51 q
9 LaMae Turk	12 JHS	1:03.23 q
10 Lauren Ostlie	11 FS	1:03.80 q
11 Tatum Brooks	8 WF	1:04.43 q
12 Gracie Zottnick	10 CHS	1:04.73 q
13 Mariah Heise	11 WF	1:04.90 q
14 Rebecca Biffert	11 FD	1:05.48 q
15 Greta Ivesdal	9 FD	1:05.54 q
16 Kelsie Fettig	9 MINOT	1:05.57 q
17 Abby Aberle	11 FD	1:06.37
18 Paulina Bekkum	10 SHEY	1:06.38
19 Ellie Schmit	9 WHS	1:06.41
20 Brooklyn Filler	9 MINOT	1:06.43
21 Ellie Egl	9 BHS	1:06.46
22 Ally Durbin	9 SHEY	1:06.48
23 Cara Weigel	12 MHS	1:06.56
24 Carlie Rudser	10 MINOT	1:06.63
25 Hannah Rathgeber	10 DHS	1:06.78
26 Kaytlyn Salter	10 WF	1:06.86

27 Clare Goodwin	12 GFC	1:07.81
28 Madelynn Behm	9 GFRR	1:08.44
29 Jadyv Iverson	8 WF	1:08.65
30 Alex Melting	9 SHS	1:08.70
31 Ali Merritt	9 BHS	1:08.95
32 Gabrielle Schuchard	9 LHS	1:09.31
33 Katie Morrau	11 FS	1:10.98

Event 7 Girls 100 Yard Freestyle

State: 48.15 * 2009 Dagny Knutson
 US National: 48.59 ! 11/23/2002 Kara Lynn Joyce
 US Pub HS NT: 48.15 # 2009 Dagny Knutson

Name	YrSchool	Finals Time
A - Final		
1 Gracie Lingle	9 FD	52.12 20
2 Briana Rittenbach	10 CHS	52.23 17
3 Lexi Duchsherer	8 CHS	53.16 16
4 Olivia Roche	12 FN	55.06 15
5 Hannah Zaderaka	10 MINOT	55.35 14
6 Lauryn MacLeod	11 GFRR	55.41 13
7 Katie Jankowski	10 DHS	56.18 12
8 Maddy Mandan	12 JHS	56.27 11
B - Final		
9 Madison Yonke	9 SHEY	56.45 9
10 Johanna Jones	11 SHEY	56.63 7
11 Katelynn Smith-Sjurseth	11 FD	56.64 6
12 Grace Geffre	11 FD	57.02 5
13 Shayla Heger	12 BHS	57.21 4
14 Lexie Pulkrabek	10 GFC	57.47 3
15 Andrea Frank	9 CHS	57.48 2
16 McKenna Matt	8 CHS	57.57 1

Event 7 Girls 100 Yard Freestyle

State: 48.15 * 2009 Dagny Knutson
 US National: 48.59 ! 11/23/2002 Kara Lynn Joyce
 US Pub HS NT: 48.15 # 2009 Dagny Knutson

Name	YrSchool	Prelim Time
Preliminaries		
1 Gracie Lingle	9 FD	51.96 q
2 Briana Rittenbach	10 CHS	52.40 q
3 Lexi Duchsherer	8 CHS	54.06 q
4 Hannah Zaderaka	10 MINOT	54.72 q
5 Olivia Roche	12 FN	54.84 q
6 Lauryn MacLeod	11 GFRR	55.34 q
*7 Maddy Mandan	12 JHS	56.04 q
*7 Katie Jankowski	10 DHS	56.04 q
9 Madison Yonke	9 SHEY	56.08 q
10 Katelynn Smith-Sjurseth	11 FD	56.58 q
11 Grace Geffre	11 FD	56.62 q
12 Johanna Jones	11 SHEY	56.72 q
13 Lexie Pulkrabek	10 GFC	56.87 q
14 McKenna Matt	8 CHS	57.08 q
15 Shayla Heger	12 BHS	57.15 q
16 Andrea Frank	9 CHS	57.40 q
17 Molly Steinkopf	11 WF	57.77
18 Emily Grosz	8 GFC	57.93
19 MaKenna Kuhn	11 BHS	58.15

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Preliminaries ... (Event 7 Girls 100 Yard Freestyle)

Name	YrSchool	Prelim Time
20 Abby Bueling	9 SHEY	58.43
21 Abby McCall	10 WHS	58.55
22 Bella Brooks	10 MINOT	58.62
23 Mikaya Owens	9 FS	58.78
24 Anna Montplaisir	7 WF	58.97
25 Hannah Zeien	8 LHS	59.14
26 Kara Wanner	8 DHS	59.18
*27 Alonna Narum	9 FD	59.36
*27 Elise Johnson	9 GFRR	59.36
29 Lexie Keller	10 MHS	59.43
*30 Haley Rodakowski	12 DHS	59.78
*30 Mykenzie Clausen	11 MHS	59.78

Event 8 Girls 500 Yard Freestyle

State: 4:34.78 * 2008 Dagny Knutson
 US National: 4:37.30 ! 5/14/1988 Janet Evans
 US Pub HS NT: 4:34.78 # 2008 Dagny Knutson

Name	YrSchool	Finals Time
A - Final		
1 Emma Hepper	12 BHS	5:12.82 20
2 Jordyn Danielson	9 GFRR	5:15.35 17
3 Hana Nilles	10 GFC	5:19.53 16
4 Abby Bourgois	12 CHS	5:19.64 15
5 Rylie Webb	10 MINOT	5:24.23 14
6 Ellie Pulkrabek	9 GFC	5:26.33 13
7 Paige Hennebry	11 FD	5:31.42 12
8 Morgan Vareberg	11 FD	5:32.35 11

B - Final

9 Amy Warren	12 CHS	5:27.17 9
10 Kelby Anderson	12 CHS	5:31.10 7
11 Sydney Quibell	8 FS	5:32.26 6
12 Quinn Wrigley	10 CHS	5:32.38 5
13 Korie Riely	9 DHS	5:34.80 4
14 Torgun Knudsen	9 WHS	5:35.93 3
15 Lydia Smith	10 FN	5:37.88 2
16 Tatiana Walker-Rozo	12 MINOT	5:42.17 1

Event 8 Girls 500 Yard Freestyle

State: 4:34.78 * 2008 Dagny Knutson
 US National: 4:37.30 ! 5/14/1988 Janet Evans
 US Pub HS NT: 4:34.78 # 2008 Dagny Knutson

Name	YrSchool	Prelim Time
Preliminaries		
1 Emma Hepper	12 BHS	5:16.68 q
2 Jordyn Danielson	9 GFRR	5:16.96 q
3 Abby Bourgois	12 CHS	5:20.84 q
4 Rylie Webb	10 MINOT	5:22.06 q
5 Hana Nilles	10 GFC	5:23.54 q
6 Ellie Pulkrabek	9 GFC	5:25.37 q
7 Paige Hennebry	11 FD	5:25.80 q
8 Morgan Vareberg	11 FD	5:28.45 q
9 Amy Warren	12 CHS	5:29.84 q
10 Sydney Quibell	8 FS	5:31.00 q
11 Kelby Anderson	12 CHS	5:32.57 q
12 Torgun Knudsen	9 WHS	5:34.61 q

13 Korie Riely	9 DHS	5:34.74 q
14 Lydia Smith	10 FN	5:35.31 q
15 Quinn Wrigley	10 CHS	5:37.21 q
16 Tatiana Walker-Rozo	12 MINOT	5:37.39 q
17 Kaitlyne Haag	9 MHS	5:38.76
18 Victoria Derby	12 FN	5:39.86
19 Kayla White	11 WF	5:40.70
20 Ella Walen	9 FN	5:40.83
21 Greta Bellas	7 SHEY	5:42.26
22 Rebecca Boen	10 MINOT	5:43.00
23 Ellie Schmit	9 WHS	5:43.42
24 Ellie Eggl	9 BHS	5:44.79
25 Tayler Pollert	10 BHS	5:45.63
26 Vivianne Soforenko	9 FD	5:46.67
27 Taylor Bjerke	7 SHEY	5:47.52
28 Jenny Allmer	12 JHS	5:47.62
29 Morgan Staffne	11 FD	5:49.03
30 JaeLyn Lardy	12 WF	5:52.81
31 Alexandria Elliot	9 MINOT	5:53.09
32 Bella Vilhauer	9 LHS	5:54.65
33 Danielle Heckaman	8 SHS	5:58.63
34 Emma Modin	9 LHS	5:58.65
35 Sydne Beld	10 DHS	5:59.48
36 Emily Bradley	9 JHS	6:00.58
37 Olivia Olson	7 GFRR	6:02.01
38 Kiana Haug	10 MHS	6:03.05
39 Natalie Becker	7 BHS	6:04.27
40 Olivia Johnson	7 SHS	6:10.62

Event 9 Girls 200 Yard Freestyle Relay

State: 1:38.21 * 2013 Minot

M Brown, J Gillund, F Walker-Rozo, E Hamel

US National: 1:33.71 ! 11/23/2002 Pioneer H. S., MI

Joyce, Cole, Merte, Kelly

US Pub HS NT: 1:32.75 # 2009

Team	Relay	Finals Time
1 CHS		1:39.66 40
1) Abby Bourgois 12	2) Lexi Duchsherer 8	
3) Amy Warren 12	4) Carly Palmer 10	
2 BHS		1:40.98 34
1) MaKenna Kuhn 11	2) Katie Brodersen 10	
3) Shayla Heger 12	4) Emma Hepper 12	
3 MINOT		1:42.80 32
1) Brooklyn Filler 9	2) Rylie Webb 10	
3) Bella Brooks 10	4) Hannah Zaderaka 10	
4 FD		1:42.98 30
1) Grace Geffre 11	2) Jada Crane 11	
3) Katelynn Smith-Sjurseth 11	4) Paige Hennebry 11	
5 MHS		1:43.85 28
1) Sophia Munns 12	2) Mayson Sheldon 9	
3) Kaitlyne Haag 9	4) Mykenzie Clausen 11	
6 GFRR		1:43.88 26
1) Lauryn MacLeod 11	2) Elise Johnson 9	
3) Kaitlin Watson 10	4) Jordyn Danielson 9	
7 SHEY		1:45.31 24
1) Greta Bellas 7	2) Abby Bueling 9	
3) Paulina Bekkum 10	4) Andrea Smith 12	

Girls' State Swimming & Diving 2016

Results

(Event 9 Girls 200 Yard Freestyle Relay)

Team	Relay	Finals Time	
8 JHS		1:45.84	22
1) Courtney Kiecker 11	2) Maddy Mandan 12		
3) Taylor Bradley 10	4) Jenny Allmer 12		
9 FN		1:45.99	18
1) Alex Rasmussen 11	2) Teegan Nordstrom 9		
3) Megan Manly 10	4) Lydia Smith 10		
10 WF		1:46.08	14
1) Olivia Hettinger 7	2) Bailey Riehl 11		
3) Haylee Johnson 11	4) Molly Steinkopf 11		
11 GFC		1:48.33	12
1) Lexie Pulkrabek 10	2) Hana Nilles 10		
3) Kaitlyn Danielson 12	4) Ellie Pulkrabek 9		
12 FS		1:48.83	10
1) Mikaya Owens 9	2) Kacie Iverson 11		
3) Sydney Quibell 8	4) Katie Morrau 11		
13 WHS		1:49.86	8
1) Abby McCall 10	2) Mandy Tibor 9		
3) Jessica Parker 9	4) Ellie Schmit 9		
14 LHS		1:50.13	6
1) Emma Wiedmeier 10	2) Hannah Zeien 8		
3) Olivia Schuchard 7	4) Bella Vilhauer 9		
15 SHS		1:52.18	4
1) Leah Madson 12	2) Abby Conrad 9		
3) Isabell Dabbert 12	4) Libby Brock 10		
--- DHS			DQ
1) Katie Jankowski 10	2) Korie Riely 9		
3) Haley Rodakowski 12	4) Brianna Ashworth 10		

Event 10 Girls 100 Yard Backstroke

Name	YrSchool	Finals Time	
State: 55.67 * 11/12/2016 Briana Rittenbach			
US National: 52.86 ! 1998 Natalie Coughlin			
US Pub HS NT: 53.03 # 2009 Mary Beck			
Name	YrSchool	Finals Time	
A - Final			
1 Briana Rittenbach	10 CHS	55.67*	20
2 Becca Pennington	9 LHS	1:00.95	17
3 Olivia Roche	12 FN	1:01.00	16
4 Shannon Semenko	12 WHS	1:01.49	15
5 Liddy Ohe	9 GFRR	1:01.59	14
6 Maddy Makeeff	12 MHS	1:02.79	13
7 Zoie Frattin	8 GFC	1:03.17	12
8 McKenna Matt	8 CHS	1:03.41	11
B - Final			
9 Breanna Lund	8 SHEY	1:03.60	9
10 Katie Iverson	7 FS	1:04.12	7
11 Regan Wical	9 FD	1:04.55	6
12 Casi Boehm	12 CHS	1:04.76	5
13 Erin Palmer	7 CHS	1:05.93	4
14 Olivia Hettinger	7 WF	1:06.14	3
15 Tatum Brooks	8 WF	1:06.44	2
16 Katie Jankowski	10 DHS	1:06.47	1

Event 10 Girls 100 Yard Backstroke

Name	YrSchool	Prelim Time	
State: 55.67 * 11/12/2016 Briana Rittenbach			
US National: 52.86 ! 1998 Natalie Coughlin			
US Pub HS NT: 53.03 # 2009 Mary Beck			
Name	YrSchool	Prelim Time	
Preliminaries			
1 Briana Rittenbach	10 CHS	55.80	q
2 Olivia Roche	12 FN	1:00.92	q
3 Shannon Semenko	12 WHS	1:01.75	q
4 Liddy Ohe	9 GFRR	1:01.84	q
5 Becca Pennington	9 LHS	1:02.17	q
6 Maddy Makeeff	12 MHS	1:02.55	q
7 Zoie Frattin	8 GFC	1:02.71	q
8 McKenna Matt	8 CHS	1:03.16	q
9 Casi Boehm	12 CHS	1:03.53	q
10 Regan Wical	9 FD	1:03.57	q
11 Katie Iverson	7 FS	1:04.16	q
12 Breanna Lund	8 SHEY	1:04.53	q
13 Tatum Brooks	8 WF	1:05.23	q
14 Erin Palmer	7 CHS	1:05.28	q
15 Katie Jankowski	10 DHS	1:05.44	q
16 Olivia Hettinger	7 WF	1:05.58	q
17 Iris Jessen	9 MINOT	1:05.88	
18 Noelle Thompson	11 JHS	1:06.07	
19 Victoria Derby	12 FN	1:06.28	
20 Megan Manly	10 FN	1:06.42	
21 Megan Bender	11 MINOT	1:07.07	
22 Alexandra Reinke	8 FD	1:07.34	
23 Audrey Chan	10 GFRR	1:08.09	
24 Cami Birrenkott	9 WF	1:08.33	
25 Katie Erickson	9 SHEY	1:08.35	
26 Liz Dabbert	8 SHS	1:08.39	
27 Greta Ivesdal	9 FD	1:08.64	
28 Maddie Blasl	11 BHS	1:08.77	
29 Gabrielle Schuchard	9 LHS	1:09.10	
30 Hanna Nelson	12 WF	1:09.28	
31 Grace Kuntz	11 MHS	1:09.79	

Event 11 Girls 100 Yard Breaststroke

Name	YrSchool	Finals Time	
State: 1:02.75 * 11/11/2016 Vanessa Herrmann			
US National: 59.20 ! 2005 Jessica Hardy			
US Pub HS NT: 58.75 # 2009 Kasey Carlson			
Name	YrSchool	Finals Time	
A - Final			
1 Vanessa Herrmann	11 CHS	1:02.96	20
2 Mayson Sheldon	9 MHS	1:06.94	17
3 Carly Palmer	10 CHS	1:07.32	16
4 Taylor Bradley	10 JHS	1:07.69	15
5 Avery Meyhoff	9 CHS	1:10.55	14
6 Andrea Frank	9 CHS	1:11.39	13
7 Alex Rasmussen	11 FN	1:11.98	12
8 Kaitlin Watson	10 GFRR	1:12.76	11
B - Final			
9 Brianna Ashworth	10 DHS	1:11.50	9
10 Sophie Weisz	10 WF	1:11.64	7
11 Carlie Rudser	10 MINOT	1:12.25	6

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Results

B - Final ... (Event 11 Girls 100 Yard Breaststroke)

Name	YrSchool	Finals Time
12 Kacie Iverson	11 FS	1:12.76 5
13 Jada Crane	11 FD	1:12.91 4
14 Alexis Sjurseth	10 FD	1:12.93 3
15 Kate Woidtk	9 GFC	1:13.97 2
16 Lauren Ostlie	11 FS	1:14.05 1

Event 11 Girls 100 Yard Breaststroke
State: 1:02.75 * 11/11/2016 Vanessa Herrmann
US National: 59.20 ! 2005 Jessica Hardy
US Pub HS NT: 58.75 # 2009 Kasey Carlson

Name	YrSchool	Prelim Time
Preliminaries		
1 Vanessa Herrmann	11 CHS	1:02.75* q
2 Mayson Sheldon	9 MHS	1:06.88 q
3 Taylor Bradley	10 JHS	1:07.61 q
4 Carly Palmer	10 CHS	1:09.99 q
5 Alex Rasmussen	11 FN	1:10.21 q
6 Avery Meyhoff	9 CHS	1:10.85 q
7 Andrea Frank	9 CHS	1:11.70 q
8 Kaitlin Watson	10 GFRR	1:11.85 q
9 Brianna Ashworth	10 DHS	1:11.91 q
10 Kacie Iverson	11 FS	1:12.31 q
11 Sophie Weisz	10 WF	1:12.42 q
12 Alexis Sjurseth	10 FD	1:12.44 q
13 Carlie Rudser	10 MINOT	1:12.51 q
14 Jada Crane	11 FD	1:12.88 q
15 Kate Woidtk	9 GFC	1:13.25 q
16 Lauren Ostlie	11 FS	1:13.33 q
17 Madison Yonke	9 SHEY	1:13.54
18 Katie Brodersen	10 BHS	1:13.84
19 Sophia Munns	12 MHS	1:13.95
20 Jillian Hjelden	10 WF	1:14.96
21 Haylee Johnson	11 WF	1:15.16
22 Avery Myers	9 FS	1:15.42
*23 Libby Brock	10 SHS	1:15.52
*23 Alyssa Ege	12 FD	1:15.52
25 Winter Martin	12 WF	1:16.89
26 Abby Triplett	8 SHEY	1:17.05
27 Olivia Schuchard	7 LHS	1:17.13
28 Ali Merritt	9 BHS	1:17.14

Event 12 Girls 400 Yard Freestyle Relay
State: 3:31.81 * 2014 Fargo North

B Anderson,O Roche,L Mengelkoch,E Roche
US National: 3:24.08 ! 1996 Jacksonville Bolles

Ellis, Cail, Whitney, Berquist
US Pub HS NT: 3:23.10 # 2008

Team	Relay	Finals Time
1 CHS		3:34.83 40
1) Amy Warren 12	2) Abby Bourgois 12	
3) Vanessa Herrmann 11	4) Briana Rittenbach 10	
2 MINOT		3:44.09 34
1) Brooklyn Filler 9	2) Rylie Webb 10	
3) Carlie Rudser 10	4) Hannah Zaderaka 10	

3 SHEY		3:45.60 32
1) Johanna Jones 11	2) Madison Yonke 9	
3) Greta Bellas 7	4) Andrea Smith 12	
4 BHS		3:45.86 30
1) Emma Hepper 12	2) Shayla Heger 12	
3) MaKenna Kuhn 11	4) Ellie Eggl 9	
5 GFRR		3:46.78 28
1) Jordyn Danielson 9	2) Liddy Ohe 9	
3) Elise Johnson 9	4) Lauryn MacLeod 11	
6 DHS		3:50.97 26
1) Kara Wanner 8	2) Hannah Rathgeber 10	
3) Katie Jankowski 10	4) Korie Riely 9	
7 WHS		3:51.49 24
1) Demi Peterson 8	2) Abby McCall 10	
3) Torgun Knudsen 9	4) Shannon Semenko 12	
8 WF		3:53.17 22
1) Anna Montplaisir 7	2) Tatum Brooks 8	
3) Mariah Heise 11	4) Molly Steinkopf 11	
9 GFC		3:53.72 18
1) Hana Nilles 10	2) Lexie Pulkrabek 10	
3) Emily Grosz 8	4) Ellie Pulkrabek 9	
10 MHS		3:54.09 14
1) Lexie Keller 10	2) Cara Weigel 12	
3) Kaitlyne Haag 9	4) Maddy Makeeff 12	
11 FS		3:56.45 12
1) Lauren Ostlie 11	2) Sydney Quibell 8	
3) Katie Iverson 7	4) Mikaya Owens 9	
12 JHS		4:02.31 10
1) Kenzie Carlson 9	2) Emily Bradley 9	
3) Noelle Thompson 11	4) LaMae Turk 12	
13 LHS		4:03.04 8
1) Emma Wiedmeier 10	2) Becca Pennington 9	
3) Hannah Zeien 8	4) Bella Vilhauer 9	
--- FD		DQ
1) Gracie Lingle 9	2) Katelynn Smith-Sjurseth 11	
3) Morgan Vareberg 11	4) Paige Hennebry 11	
--- SHS		DQ
1) Alex Melting 9	2) Leah Madson 12	
3) Abby Conrad 9	4) Libby Brock 10	
--- FN		DQ
1) Anna Astrup 11	2) Teegan Nordstrom 9	
3) Olivia Roche 12	4) Lydia Smith 10	

Event 104 Girls 50 Yard Freestyle Swim-off
State: 26.24 * 11/11/2016 Bella Brooks

Name	YrSchool	Finals Time
- Swim-off		
1 Bella Brooks	10 MINOT	26.24*
2 Abby McCall	10 WHS	26.32
3 Lexie Pulkrabek	10 GFC	26.62

Scores - Women

Women - Team Rankings - Through Event 104	
1. Century	458
2. Fargo Davies	249
3. Minot	175
4. Mandan	158.5

Girls' State Swimming & Diving 2016**Results**

(Scores - Women)

5. West Fargo Sheyenne	151
5. GF Red River	151
7. Fargo North	149
8. Bismarck	140
9. Jamestown	125
10. West Fargo	124
11. Williston	118
12. GF Central	113
13. Fargo South	80.5
14. Dickinson	63
15. Legacy	39
16. Shanley	17