

ND State Track & Field Meet 2019 - 5/24/2019 to 5/25/2019

MDU Resources Community Bowl

Bismarck, ND

Results

Girls 100 Meter Dash Div A

State: 11.97 ! 2010 Morgan Milbrath
 Overall: 11.97 * 2010 Morgan Milbrath
 Bowl: 11.97 B 2010 Morgan Milbrath

Name	Yr	School	Prelims
Preliminaries			
1	Brooklyn Buchholz	10 Century	12.34Q2.1
2	Cece Deebom	8 Fargo Davies	12.66Q1.7
3	Jasmine Williams	9 West Fargo	12.67Q1.3
4	MaLiah Burke	9 Minot	12.73Q2.0
5	Hannah Dschaak	11 Century	12.73q 1.3
6	Grace Emineth	11 Shanley	12.74q 1.7
7	Mady Mosolf	12 Bismarck High	12.79q 1.3
8	Kate Gallagher	11 Shanley	12.82q 2.1
9	Sally Korgho	11 Fargo Davies	12.83q 2.1
10	Avery Hauff	10 Mandan	12.94 1.7
10	Maddi Iverson	11 Bismarck High	12.94 1.3
12	Emily Lux	12 Williston	12.95 2.1
13	Emily Gerhardt	11 Bismarck Legacy	13.01 1.3
14	Abbi Kopp	11 Bis St.Mary's	13.02 2.1
14	Olivia Ryland	9 Fargo Davies	13.02 1.3
16	Annika McCarthy	8 Devils Lake	13.03 2.0
17	Hannah Herbel	8 Century	13.05 2.1
18	Emily Jahner	11 Fargo Davies	13.06 1.7
19	Anthonett Nabwe	9 Jamestown	13.07 2.0
20	Sierra Ramberg	11 West Fargo	13.11 1.7
21	Kendall Berg	9 Bismarck High	13.14 2.0
22	Taylor Baker	10 GF Central	13.17 2.0
23	Kenzie Moser	10 Bismarck High	13.20 1.3
24	Morgan Alexander	12 Minot	13.23 1.7
25	Leah Herbel	8 Century	13.40 2.1
26	Macey Perius	12 WF Sheyenne	14.72 2.0

Girls 100 Meter Dash Div A

State: 11.97 ! 2010 Morgan Milbrath
 Overall: 11.97 * 2010 Morgan Milbrath
 Bowl: 11.97 B 2010 Morgan Milbrath

Name	Yr	School	Finals
Finals			
1	Brooklyn Buchholz	10 Century	12.68 10
2	Jasmine Williams	9 West Fargo	12.74 8
3	Sally Korgho	11 Fargo Davies	12.82 6
4	Cece Deebom	8 Fargo Davies	12.84 5
5	MaLiah Burke	9 Minot	12.89 4
6	Hannah Dschaak	11 Century	12.92 3
7	Grace Emineth	11 Shanley	12.93 2
8	Kate Gallagher	11 Shanley	13.00 1
9	Mady Mosolf	12 Bismarck High	13.09 -1.7

Girls 200 Meter Dash Div A

State: 24.32 ! 2010 Morgan Milbrath
 Overall: 24.32 * 2010 Morgan Milbrath
 Bowl: 24.01 B 2010 Laura Roesler

Name	Yr	School	Prelims
Preliminaries			
1	Jasmine Williams	9 West Fargo	25.75Q1.7
2	Brooklyn Buchholz	10 Century	26.06Q0.1
3	Grace Emineth	11 Shanley	26.20Q1.7
4	Mackenzie Severson	12 GF Red River	26.35Q0.1
5	Emily Jahner	11 Fargo Davies	26.23Q1.7
6	Ellen Donat	10 Fargo Davies	26.57Q0.1
7	Hannah Dschaak	11 Century	26.27q 1.7
8	MaLiah Burke	9 Minot	26.71q 0.1
9	Autumn Ketterling	9 Century	26.72q 1.7
10	Taylor Baker	10 GF Central	26.77 1.7
11	Maddi Iverson	11 Bismarck High	26.99 1.7
12	Mady Mosolf	12 Bismarck High	27.01 1.7
13	Avery Hauff	10 Mandan	27.08 0.1
14	Anthonett Nabwe	9 Jamestown	27.12 0.1
15	Cece Deebom	8 Fargo Davies	27.34 0.1
15	Olivia McNichols	10 Century	27.34 0.1
17	Kendall Berg	9 Bismarck High	27.52 1.7
18	Annika McCarthy	8 Devils Lake	27.76 0.1

Girls 200 Meter Dash Div A

State: 24.32 ! 2010 Morgan Milbrath
 Overall: 24.32 * 2010 Morgan Milbrath
 Bowl: 24.01 B 2010 Laura Roesler

Name	Yr	School	Finals
Finals			
1	Jasmine Williams	9 West Fargo	25.70 10
2	Hannah Dschaak	11 Century	25.82 8
3	Mackenzie Severson	12 GF Red River	25.93 6
4	Brooklyn Buchholz	10 Century	26.22 5
5	MaLiah Burke	9 Minot	26.35 4
6	Grace Emineth	11 Shanley	26.40 3
7	Ellen Donat	10 Fargo Davies	26.45 2
8	Emily Jahner	11 Fargo Davies	26.47 1
9	Autumn Ketterling	9 Century	27.44 -2.4

Girls 400 Meter Dash Div A

State: 53.25 ! 2010 Laura Roesler
 Overall: 53.25 * 2010 Laura Roesler
 Bowl: 53.25 B 2010 Laura Roesler

Name	Yr	School	Prelims
Preliminaries			
1	Erin Palmer	9 Century	57.95Q
2	Kaydee Wescom	12 Bismarck Legacy	58.13Q
3	Kayla Ogle	12 Watford City	58.19Q
4	Autumn Ketterling	9 Century	59.39Q
5	Makenna Bares	10 Shanley	59.53Q
6	Jess Mertens	11 Devils Lake	1:00.30Q
7	Ryleigh Wacha	10 Fargo Davies	1:00.09q

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Preliminaries ... (Girls 400 Meter Dash Div A)

Name	Yr	School	Prelims
8 Claire Leach	11	GF Red River	1:00.39q
9 Allie Nelson	11	Minot	1:00.67q
10 Ava Marburger	10	Williston	1:01.29
11 Michaela Nesius	8	Fargo Davies	1:01.86
12 Hailey Bjerke	9	Fargo Davies	1:02.10
13 Anna Lien	9	Fargo North	1:02.47
14 Hannah Dschaak	11	Century	1:02.48
15 Melodie Letvin	11	WF Sheyenne	1:02.69
16 Carly Raap	10	Jamestown	1:03.02

Girls 400 Meter Dash Div A

State: 53.25 ! 2010 Laura Roesler
 Overall: 53.25 * 2010 Laura Roesler
 Bowl: 53.25 B 2010 Laura Roesler

Name	Yr	School	Finals
Finals			
1 Kayla Ogle	12	Watford City	56.22 10
2 Erin Palmer	9	Century	56.78 8
3 Kaydee Wescom	12	Bismarck Legacy	57.20 6
4 Makenna Bares	10	Shanley	58.73 5
5 Jess Mertens	11	Devils Lake	59.35 4
6 Autumn Ketterling	9	Century	59.47 3
7 Ryleigh Wacha	10	Fargo Davies	59.60 2
8 Allie Nelson	11	Minot	59.73 1
9 Claire Leach	11	GF Red River	1:00.23

Girls 800 Meter Run Div A

State: 2:10.78 ! 2008 Laura Roesler
 Overall: 2:10.78 * 2008 Laura Roesler
 Bowl: 2:10.78 B 2008 Laura Roesler

Name	Yr	School	Finals
Finals			
1 Erin Palmer	9	Century	2:12.63 10
2 Hayley Ogle	10	Watford City	2:13.40 8
3 Kaydee Wescom	12	Bismarck Legacy	2:15.30 6
4 Meghan Ford	10	Jamestown	2:15.99 5
5 McKenna Lovehaug	10	Fargo Davies	2:17.61 4
6 Emily Goldade	10	Century	2:18.64 3
7 Megan Lundstrom	12	Fargo Davies	2:18.82 2
8 Allie Wahlund	11	Minot	2:19.94 1
9 Jady Guidinger	10	Bismarck Legacy	2:21.21
10 Hailey Bjerke	9	Fargo Davies	2:21.22
11 Mikayla Weiss	11	GF Central	2:21.51
12 McKenzie Burian	12	Fargo Davies	2:22.01
13 Taylor Dietz	10	Fargo Davies	2:22.06
14 Emily Hansen	11	West Fargo	2:22.56
15 Lindsey Werner	12	Bismarck Legacy	2:24.65
16 Callie Clausnitzer	11	Bismarck High	2:29.09
17 Ryleigh Wacha	10	Fargo Davies	2:29.14
18 Bridget Henne	12	Fargo Davies	2:30.02
19 Jilee Golus	10	Bismarck High	2:32.60
20 Alexis Roehl	12	GF Central	2:33.57

Girls 1600 Meter Run Div A

State: 4:44.44 ! 1993 Becki Wells
 Overall: 4:44.44 * 1993 Becki Wells
 Bowl: 4:53.76 B 2016 Karly Ackley

Name	Yr	School	Finals
Finals			
1 Meghan Ford	10	Jamestown	4:55.24 10
2 Megan Lundstrom	12	Fargo Davies	4:55.79 8
3 Kayla Ogle	12	Watford City	5:11.13 6
4 Kelby Rinas	11	Mandan	5:11.78 5
5 Bridget Henne	12	Fargo Davies	5:14.59 4
6 Onnica Stansbury	10	WF Sheyenne	5:14.97 3
7 Jilee Golus	10	Bismarck High	5:18.07 2
8 Mikayla Weiss	11	GF Central	5:18.93 1
9 Emily Goldade	10	Century	5:19.00
10 Jady Guidinger	10	Bismarck Legacy	5:21.46
11 Alexis Roehl	12	GF Central	5:23.29
12 Eleni Lovgren	9	Williston	5:26.13
13 Payton Lane	11	Fargo Davies	5:26.38
14 Anna Lien	9	Fargo North	5:27.32
15 Jaelyn Ogle	8	Watford City	5:27.79
16 Claire Hynek	7	GF Central	5:31.91
17 Aislin Anderson	11	Century	5:34.95
18 Allie Wahlund	11	Minot	5:35.55
19 Brooke Everson	8	Fargo Davies	5:36.18
20 Avery Murray	10	Valley City	5:40.69
21 Ashton Safranski	7	Fargo Davies	5:44.16
22 Abbie Wahlund	11	Minot	5:46.32

Girls 3200 Meter Run Div A

State: 10:32.86 ! 2016 Karly Ackley
 Overall: 10:32.86 * 2016 Karly Ackley
 Bowl: 10:32.86 B 2016 Karly Ackley

Name	Yr	School	Finals
Finals			
1 Meghan Ford	10	Jamestown	10:52.36 10
2 Megan Lundstrom	12	Fargo Davies	10:54.06 8
3 Bridget Henne	12	Fargo Davies	11:07.19 6
4 Kelby Rinas	11	Mandan	11:19.98 5
5 Eleni Lovgren	9	Williston	11:23.21 4
6 Onnica Stansbury	10	WF Sheyenne	11:27.19 3
7 Hope Pringle	11	West Fargo	11:28.46 2
8 Jilee Golus	10	Bismarck High	11:31.02 1
9 Mikayla Weiss	11	GF Central	11:38.05
10 Payton Lane	11	Fargo Davies	11:43.50
11 Clare Boldingh	10	West Fargo	11:45.43
12 Brooke Everson	8	Fargo Davies	11:49.82
13 Anna Bernhardt	9	Shanley	11:57.64
14 Faith Wahl	12	Bismarck High	11:58.09
15 Aislin Anderson	11	Century	12:11.04
16 Trinity Jessen	8	Minot	12:13.29
17 Emma Compere	11	Minot	12:15.64
18 Kaelyn Berg	9	West Fargo	12:16.12
19 Lily-ana Campbell	8	Minot	12:19.73

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Finals ... (Girls 3200 Meter Run Div A)

Name	Yr	School	Finals
20 Alexis Roehl	12	GF Central	12:21.19
21 Brooke Neideffer	12	Bismarck High	12:30.73
22 Acey Elkins	8	Mandan	12:32.33
23 Abbie Wahlund	11	Minot	12:33.51

Girls 100 Meter Hurdles Div A

State: 14.56 ! 2005 McKenzie Mehlich
 Overall: 14.33 * 2005 Whitney Carlson
 Bowl: 14.48 B 2004 Adriana Friezen

Name	Yr	School	Prelims
Preliminaries			
1 Sally Korgho	11	Fargo Davies	15.03Q1.4
2 Merritt Beil	11	Fargo Davies	15.45Q0.2
3 Anna Rader	9	Century	15.84Q0.2
4 Morgan Sheldon	9	Mandan	16.10Q1.4
5 Olivia McNichols	10	Century	16.10Q1.4
6 Cece Deebom	8	Fargo Davies	16.21Q0.2
7 Annie Dennis	10	Watford City	16.14q 1.4
8 MaKensie Maher	12	Bismarck High	16.23q 0.2
9 Peyton Selle	11	Dickinson	16.25q 0.2
10 Allison Burud	12	Fargo Davies	16.80 1.4
11 Greta McLagan	12	Fargo South	16.95 0.2
12 Tyra Harris	10	GF Central	16.95 1.4
13 Taylor Haberlack	11	West Fargo	17.00 0.2
14 Harmony Hentschell	11	GF Red River	17.17 1.4
15 Mackenzie Severson	12	GF Red River	17.54 0.2
16 Ellie Such	11	WF Sheyenne	17.65 0.2
--- Grace Kaseman	11	Century	DNF 1.4

Girls 100 Meter Hurdles Div A

State: 14.56 ! 2005 McKenzie Mehlich
 Overall: 14.33 * 2005 Whitney Carlson
 Bowl: 14.48 B 2004 Adriana Friezen

Name	Yr	School	Finals
Finals			
1 Sally Korgho	11	Fargo Davies	15.20 10
2 Merritt Beil	11	Fargo Davies	15.66 8
3 Peyton Selle	11	Dickinson	15.82 6
4 Cece Deebom	8	Fargo Davies	15.93 5
5 Anna Rader	9	Century	16.08 4
6 MaKensie Maher	12	Bismarck High	16.35 3
7 Annie Dennis	10	Watford City	16.40 2
8 Morgan Sheldon	9	Mandan	16.47 1
9 Olivia McNichols	10	Century	16.84 -1.9

Girls 300 Meter Hurdles Div A

State: 42.51 ! 2010 Ellie Grooters
 Overall: 42.26 * 2006 Whitney Carlson
 Bowl: 42.26 B 2006 Whitney Carlson

Name	Yr	School	Prelims
Preliminaries			
1 Sally Korgho	11	Fargo Davies	46.43Q
2 Makenna Bares	10	Shanley	47.47Q

3 Mackenzie Severson	12	GF Red River	47.53Q
4 Olivia McNichols	10	Century	47.55Q
5 Allie Wendel	11	WF Sheyenne	47.96Q
6 Katrina Dietz	12	WF Sheyenne	49.24Q
7 Kameron Selvig	11	Jamestown	49.32q
8 Peyton Selle	11	Dickinson	49.45q
9 Greta McLagan	12	Fargo South	49.71q
10 Morgan Sheldon	9	Mandan	49.74
11 Shri Patel	10	GF Red River	50.08
12 Grace Kaseman	11	Century	50.17
13 Anna Rader	9	Century	50.27
14 Emily DeVries	11	Wahpeton	50.35
15 Abby Donarski	12	West Fargo	50.49
16 Hannah Dschaak	11	Century	51.00
17 Kyley Barnett	10	Watford City	52.31

Girls 300 Meter Hurdles Div A

State: 42.51 ! 2010 Ellie Grooters
 Overall: 42.26 * 2006 Whitney Carlson
 Bowl: 42.26 B 2006 Whitney Carlson

Name	Yr	School	Finals
Finals			
1 Sally Korgho	11	Fargo Davies	44.74 10
2 Olivia McNichols	10	Century	45.75 8
3 Mackenzie Severson	12	GF Red River	45.79 6
4 Makenna Bares	10	Shanley	46.12 5
5 Allie Wendel	11	WF Sheyenne	46.86 4
6 Peyton Selle	11	Dickinson	47.00 3
7 Katrina Dietz	12	WF Sheyenne	47.28 2
8 Kameron Selvig	11	Jamestown	48.26 1
9 Greta McLagan	12	Fargo South	49.50

Girls 4x100 Meter Relay Div A

State: 48.35 ! 2018 Fargo Davies

Team	Relay	Prelims
K Beil, S Korgho, M Beil, R Gaye		
Overall: 48.35 * 2018 Fargo Davies		
K Beil, S Korgho, M Beil, R Gaye		
Bowl: 48.41 B 2017		
K Beil, K Carlson, E Jahner, Roseline Gaye		
Preliminaries		
1 Shanley	A	49.86Q
1) Grace Emineth 11	2) Kate Gallagher 11	
3) Makenna Bares 10	4) Paige Renschler 7	
2 Fargo Davies	A	50.08Q
1) Olivia Ryland 9	2) Emily Jahner 11	
3) Merritt Beil 11	4) Cece Deebom 8	
3 Century	A	50.12Q
1) Shivani Shrestha 10	2) Hannah Herbel 8	
3) Gracyn Brennan 9	4) Brooklyn Buchholz 10	
4 Bismarck High	A	50.51Q
1) Kenzie Moser 10	2) Kierra Barth 11	
3) Maddi Iverson 11	4) Mady Mosolf 12	

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Preliminaries ... (Girls 4x100 Meter Relay Div A)		
Team	Relay	Prelims
5 Legacy	A	50.94Q
1) Machaela Pochant 8	2) Emily Gerhardt 11	
3) Taylor Weidner 11	4) Maddie Deics 9	
6 Valley City	A	51.38Q
1) Olivia Olson 10	2) Karina Olson 8	
3) Jocey Kriewald 10	4) VeVe Lee 11	
7 West Fargo Sheyenne	A	51.24q
1) Sydney Volesky 9	2) Betsy Shorma 11	
3) Anna Stroh 12	4) Erin Mueller 9	
8 Red River	A	51.49q
1) Nautica Ward 11	2) Alex Richards 12	
3) Leecia Flaten 11	4) Shri Patel 10	
9 Minot	A	51.49q
1) Morgan Alexander 12	2) Bella Price 9	
3) MaLiah Burke 9	4) Kierra Orr 9	
10 Mandan	A	51.51
1) Alexis Radke 12	2) Avery Hauff 10	
3) Teya Barrios 7	4) Cami Frey 7	
11 West Fargo	A	51.64
1) Laiken Sturm 10	2) Sierra Ramberg 11	
3) Brenna White 9	4) Alana Schafer 9	
12 Grand Forks Central	A	52.60
1) Hannah Hynek 9	2) Taylar Baker 10	
3) Jillian Riley 8	4) Lauren Hillman 10	
13 Fargo North	A	52.60
1) Brita Griffin 11	2) Grace Miller 9	
3) Taylor Tedford	4) Emily Skalicky 9	
14 Williston	A	53.23
1) Jocelyn Nass 9	2) Emily Lux 12	
3) Megan Shimko 10	4) Emma Solberg 9	
15 Jamestown	A	53.26
1) Mary Belzer 12	2) Carly Raap 10	
3) Kameron Selvig 11	4) Abby Kallenbach 12	
16 Fargo South	A	53.69
1) Char Clarke 12	2) Greta McLagan 12	
3) Brooke Thorsness 10	4) Kiernan Darling 10	

Girls 4x100 Meter Relay Div A

State: 48.35 ! 2018

Fargo Davies

K Beil, S Korgho, M Beil, R Gaye

Overall: 48.35 * 2018

Fargo Davies

K Beil, S Korgho, M Beil, R Gaye

Bowl: 48.41 B 2017

K Beil, K Carlson, E Jahner, Roseline Gaye

Team	Relay	Finals
1 Fargo Davies	A	49.09 10
1) Olivia Ryland 9	2) Emily Jahner 11	
3) Merritt Beil 11	4) Cece Deebom 8	
2 Century	A	49.23 8
1) Olivia McNichols 10	2) Hannah Herbel 8	
3) Gracyn Brennan 9	4) Brooklyn Buchholz 10	

3 Shanley	A	49.85 6
1) Grace Emineth 11	2) Kate Gallagher 11	
3) Makenna Bares 10	4) Paige Renschler 7	
4 Bismarck High	A	50.20 5
1) Kenzie Moser 10	2) Kierra Barth 11	
3) Maddi Iverson 11	4) Mady Mosolf 12	
5 Legacy	A	50.41 4
1) Machaela Pochant 8	2) Emily Gerhardt 11	
3) Taylor Weidner 11	4) Maddie Deics 9	
6 Minot	A	50.50 3
1) Morgan Alexander 12	2) Bella Price 9	
3) MaLiah Burke 9	4) Kierra Orr 9	
7 Red River	A	50.90 2
1) Nautica Ward 11	2) Alex Richards 12	
3) Leecia Flaten 11	4) Shri Patel 10	
8 Valley City	A	51.00 1
1) Olivia Olson 10	2) Karina Olson 8	
3) Jocey Kriewald 10	4) VeVe Lee 11	
9 West Fargo Sheyenne	A	51.29
1) Sydney Volesky 9	2) Betsy Shorma 11	
3) Anna Stroh 12	4) Erin Mueller 9	

Girls 4x200 Meter Relay Div A

State: 1:41.73 ! 2016

Fargo Davies

Roseline Gaye, K Carlson, E Jahner, Rose Gaye

Overall: 1:41.73 * 2016

R Gaye, K Carlson, E Jahner, R Gaye

Bowl: 1:41.73 B 2016

Gaye, Carlson, Jahner, Gaye

Team	Relay	Prelims
Preliminaries		
1 Fargo Davies	A	1:46.08Q
1) Olivia Ryland 9	2) Emily Jahner 11	
3) Ellen Donat 10	4) Michaela Nesius 8	
2 Century	A	1:47.45Q
1) Gracyn Brennan 9	2) Leah Herbel 8	
3) Eden Fridley 7	4) Brooklyn Buchholz 10	
3 Red River	A	1:46.08Q
1) Nautica Ward 11	2) Alex Richards 12	
3) Claire Leach 11	4) Mackenzie Severson 12	
4 Legacy	A	1:48.07Q
1) Emily Gerhardt 11	2) Maddie Deics 9	
3) Adison Sagaser	4) Taylor Weidner 11	
5 West Fargo	A	1:48.00Q
1) Sierra Ramberg 11	2) Laiken Sturm 10	
3) Abby Donarski 12	4) Jasmine Williams 9	
6 Mandan	A	1:49.17Q
1) Alexis Radke 12	2) Avery Hauff 10	
3) Kayla Wentz 11	4) Jaiden Horner 10	
7 Bismarck High	A	1:48.87q
1) Kenzie Moser 10	2) Kierra Barth 11	
3) Maddi Iverson 11	4) Mady Mosolf 12	
8 West Fargo Sheyenne	A	1:49.85q
1) Erin Mueller 9	2) Betsy Shorma 11	
3) Melodie Letvin 11	4) Sydney Volesky 9	

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Team	Relay	Prelims
9 Williston	A	1:50.76q
1) Emily Lux 12	2) Kimberly Neumann 10	
3) Emma Solberg 9	4) Ava Marburger 10	
10 Shanley	A	1:51.11
1) Paige Renschler 7	2) Kate Gallagher 11	
3) Brooklyn Kelsch 10	4) Sadey Koch 12	
11 Valley City	A	1:51.17
1) Olivia Olson 10	2) Karina Olson 8	
3) VeVe Lee 11	4) Jocey Kriewald 10	
12 Minot	A	1:51.36
1) Morgan Alexander 12	2) Tessa Olson 12	
3) MaLiah Burke 9	4) Kierra Orr 9	
13 Grand Forks Central	A	1:51.83
1) Hannah Hynek 9	2) Taylar Baker 10	
3) Jillian Riley 8	4) Lauren Hillman 10	
14 Dickinson	A	1:52.10
1) Peyton Selle 11	2) Mattilyn Biel 10	
3) Audrey Rodakowski 11	4) Brooke Ott 10	
15 Fargo North	A	1:54.33
1) Brita Griffin 11	2) Grace Miller 9	
3) Taylor Tedford	4) Emily Skalicky 9	
16 Jamestown	A	1:55.13
1) Mary Belzer 12	2) Kaelyn Nygaard	
3) Kameron Selvig 11	4) Taylor Williamson 10	
17 Devils Lake	A	1:58.00
1) Kerstyn Anderson 10	2) Ramsey Brown 10	
3) Olivia Elfman 11	4) Erica Nelson 9	
18 Wahpeton	A	2:00.17
1) Bailey Bernstein 10	2) Jordyn Kahler 11	
3) Emily DeVries 11	4) Magdalena Benton 11	

Girls 4x200 Meter Relay Div A

State: 1:41.73 ! 2016 Fargo Davies

Roseline Gaye, K Carlson, E Jahner, Rose Gaye

Overall: 1:41.73 * 2016

R Gaye, K Carlson, E Jahner, R Gaye

Bowl: 1:41.73 B 2016

Gaye, Carlson, Jahner, Gaye

Team	Relay	Finals
1 Century	A	1:44.55 10
1) Gracyn Brennan 9	2) Autumn Ketterling 9	
3) Eden Fridley 7	4) Brooklyn Buchholz 10	
2 Fargo Davies	A	1:44.64 8
1) Olivia Ryland 9	2) Emily Jahner 11	
3) Ellen Donat 10	4) Michaela Nesius 8	
3 Red River	A	1:44.99 6
1) Nautica Ward 11	2) Alex Richards 12	
3) Claire Leach 11	4) Mackenzie Severson 12	
4 West Fargo	A	1:45.10 5
1) Sierra Ramberg 11	2) Laiken Sturn 10	
3) Abby Donarski 12	4) Jasmine Williams 9	

5 Bismarck High	A	1:46.21 4
1) Kenzie Moser 10	2) Kierra Barth 11	
3) Maddi Iverson 11	4) Mady Mosolf 12	
6 Legacy	A	1:46.83 3
1) Emily Gerhardt 11	2) Adison Sagaser	
3) Maddie Deics 9	4) Taylor Weidner 11	
7 West Fargo Sheyenne	A	1:47.97 2
1) Erin Mueller 9	2) Betsy Shorma 11	
3) Melodie Letvin 11	4) Sydney Volesky 9	
8 Mandan	A	1:48.26 1
1) Alexis Radke 12	2) Avery Hauff 10	
3) Kayla Wentz 11	4) Jaiden Horner 10	
9 Williston	A	1:49.26
1) Emily Lux 12	2) Kimberly Neumann 10	
3) Emma Solberg 9	4) Ava Marburger 10	

Girls 4x400 Meter Relay Div A

State: 4:00.08 ! 2003 Mandan

M Luther, K Streyle, A Taylor, A Streyle

Overall: 4:00.08 * 2003

M Luther, K Streyle, A Taylor, A Streyle

Bowl: 3:59.05 B 2009

Lynch, Herauf, Beaudoin, Messer

Team	Relay	Finals
1 Century	A	3:58.40B 10
1) Leah Herbel 8	2) Gracie Grinsteiner 12	
3) Emily Goldade 10	4) Erin Palmer 9	
2 Watford City	A	4:02.25 8
1) Kyley Barnett 10	2) Jaelyn Ogle 8	
3) Hayley Ogle 10	4) Kayla Ogle 12	
3 Fargo Davies	A	4:03.24 6
1) Sally Korgo 11	2) Taylor Dietz 10	
3) Michaela Nesius 8	4) McKenna Lovehaug 10	
4 Shanley	A	4:04.27 5
1) Makenna Bares 10	2) Kate Gallagher 11	
3) Paige Renschler 7	4) Sadey Koch 12	
5 West Fargo	A	4:04.97 4
1) Brenna White 9	2) Jasmine Williams 9	
3) Sierra Ramberg 11	4) Emily Hansen 11	
6 Legacy	A	4:06.13 3
1) Emma Fricke 12	2) Jady Guidinger 10	
3) Lindsey Werner 12	4) Kaydee Wescom 12	
7 Red River	A	4:06.81 2
1) Shri Patel 10	2) Ella Fosse 10	
3) Alex Richards 12	4) Claire Leach 11	
8 Minot	A	4:07.20 1
1) Tessa Olson 12	2) Thais Borud 11	
3) Allie Wahlund 11	4) Allie Nelson 11	
9 West Fargo Sheyenne	A	4:07.60
1) Allie Wendel 11	2) Katrina Dietz 12	
3) Alexis Hoffner 12	4) Melodie Letvin 11	
10 Dickinson	A	4:09.26
1) Audrey Rodakowski 11	2) Mattilyn Biel 10	
3) Claire Kreidt 9	4) Symone Beld 10	

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Finals ... (Girls 4x400 Meter Relay Div A)

Team	Relay	Finals
11 Williston	A	4:11.66
1) Emily Lux 12	2) Kimberly Neumann 10	
3) Lauren Fearing 12	4) Ava Marburger 10	
12 Fargo North	A	4:12.09
1) Anna Lien 9	2) Emily Skalicky 9	
3) Gabby Kramer 11	4) Abigail Lovelace 8	
13 Jamestown	A	4:22.13
1) Grace Hegerle 10	2) Mary Belzer 12	
3) Bernadette Belzer 8	4) Carly Raap 10	
14 Devils Lake	A	4:28.96
1) Erica Nelson 9	2) Kiya McLaurin 9	
3) Ramsey Brown 10	4) Annika McCarthy 8	

Girls 4x800 Meter Relay Div A

State: 9:22.68 ! 2017 Bismarck Legacy

P Jensen, K Wescom, J Guidinger, L Werner

Overall: 9:22.68 * 2017

P Jensen, K Wescom, J Guidinger, L Werner

Bowl: 9:22.68 B 2017

Jensen, Wescom, Guidinger, Werner

Team	Relay	Finals
Finals		
1 Century	A	9:26.72 10
1) Peyton Jensen 11	2) Gracie Grinsteiner 12	
3) Erin Palmer 9	4) Emily Goldade 10	
2 Legacy	A	9:32.34 8
1) Emma Fricke 12	2) Jadyne Guidinger 10	
3) Lindsey Werner 12	4) Kaydee Wescom 12	
3 Fargo Davies	A	9:34.16 6
1) McKenna Lovehaug 10	2) Hailey Bjerke 9	
3) Taylor Dietz 10	4) Megan Lundstrom 12	
4 Bismarck High	A	9:41.56 5
1) Brooke Neideffer 12	2) Jilee Golus 10	
3) Mattie Shirley-Fairbairn 12	4) Callie Clausnitzer 11	
5 Shanley	A	9:45.68 4
1) Sadey Koch 12	2) Anna Bernhardt 9	
3) Kate Busek 10	4) Jordyn Stroup 12	
6 Minot	A	9:48.15 3
1) Allie Wahlund 11	2) Abbie Wahlund 11	
3) Emma Compere 11	4) Allie Nelson 11	
7 Watford City	A	9:53.28 2
1) Kyley Barnett 10	2) Jaelyn Ogle 8	
3) Hayley Ogle 10	4) Kayla Ogle 12	
8 Grand Forks Central	A	9:59.26 1
1) Alexis Roehl 12	2) Claire Hynek 7	
3) Aria Kindseth 7	4) Mikayla Weiss 11	
9 West Fargo Sheyenne	A	10:01.64
1) Katrina Dietz 12	2) Eden Smith 10	
3) Alexis Hoffner 12	4) Onnica Stansbury 10	
10 West Fargo	A	10:12.31
1) Taryn Troftgruben 11	2) Emily Hansen 11	
3) Hope Pringle 11	4) Kaelyn Berg 9	

11 Red River	A	10:20.47
1) Morgan Stenseth 10	2) Emily Nelson 8	
3) Campbell Dorsey	4) Ella Fosse 10	
12 Devils Lake	A	10:21.24
1) Annika McCarthy 8	2) Kiya McLaurin 9	
3) Ramsey Brown 10	4) Jess Mertens 11	
13 Mandan	A	10:25.92
1) Maria Moore	2) Jordan Toman 9	
3) Whitney McGee 8	4) Anna Bendish 8	
14 Fargo North	A	10:27.15
1) Gabby Kramer 11	2) Abigail Lovelace 8	
3) Addison Hammes 10	4) Hannah Johnson 10	
15 Dickinson	A	10:29.67
1) Macy Leiss 11	2) Symone Beld 10	
3) Delaynee Zubke 11	4) Raghyn Murphy 10	
16 Valley City	A	10:38.86
1) Sydnee Ingstad 8	2) Lexi Triebold 11	
3) Reagan Berg 7	4) Avery Murray 10	

Girls High Jump Div A

State: 5-09 ! 2013 Kira Larson

Overall: 5-10 * 2014 Lexy Wittmayer

Bowl: 5-10 B 2014 Lexi Wittmayer

Name	Yr	School	Finals
Finals			
1 Gabrielle Jung	12	Dickinson	5-04.00 10
2 Jenna Bergantine	11	Fargo Davies	5-03.00 8
3 Kaia Schneider	11	Fargo Davies	J5-03.00 6
4 Linnea Axtman	9	Fargo Davies	5-01.00 5
5 Elise Rue	12	Fargo Davies	J5-01.00 3.5
5 Allie Nelson	11	Minot	J5-01.00 3.5
7 Roxy Fish	10	GF Red River	4-11.00 2
8 Jess Mertens	11	Devils Lake	J4-11.00 1
9 Abby Kallenbach	12	Jamestown	J4-11.00
9 Lauryn Rydell	8	GF Red River	J4-11.00
9 Megan Henderson	12	Bismarck High	J4-11.00
12 Maddie Deics	9	Bismarck Legacy	4-09.00
12 MaKayla Anderson	10	Century	4-09.00
12 Jordan Weeks	12	Century	4-09.00
12 Grace Hegerle	10	Jamestown	4-09.00
12 Brittney Finseth	11	West Fargo	4-09.00
--- Ashley Holen	10	Watford City	NH
--- Laiken Sturn	10	West Fargo	NH
--- Ramsey Brown	10	Devils Lake	NH
--- Peyton Selle	11	Dickinson	NH

Girls Pole Vault Div A

State: 12-05 ! 2014 Lauren Gietzen

Overall: 12-05 * 2014 Lauren Gietzen

Bowl: 12-05 B 2014 Lauren Gietzen

Name	Yr	School	Finals
Finals			
1 Kenzie Gullickson	11	Century	11-00.00 10
2 Paige Davis	10	Bismarck Legacy	10-03.00 8
3 Mackenzie Johnson	12	Bismarck High	J10-03.00 6

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Finals ... (Girls Pole Vault Div A)

Name	Yr	School	Finals
4 Meghan Ackerman	12	Dickinson	10-00.00 4.5
4 Brooke Prochaska	12	WF Sheyenne	10-00.00 4.5
6 Taylor DeCoteau	10	Century	J10-00.00 3
7 Brailyn Betlaf	11	Dickinson	9-09.00 1.5
7 Kennedy Ohlhauser	11	Fargo Davies	9-09.00 1.5
9 Addie Kuehl	12	Dickinson	J9-09.00
9 Madison Daub	12	WF Sheyenne	J9-09.00
11 Lillian Joyce	11	WF Sheyenne	9-03.00
11 Amanda Sargeant	12	Jamestown	9-03.00
13 Savannah King	12	GF Central	8-09.00
13 Teandra Schneider	11	Dickinson	8-09.00
15 Megan Judge	11	West Fargo	8-03.00
--- Taylor Lee	10	West Fargo	NH

Girls Long Jump Div A

State: 19-03.25 ! 2005 McKenzie Mehlich
 Overall: 19-05.50 * 2006 Whitney Carlson
 Bowl: 19-05.50 B 2006 Whitney Carlson

Name	Yr	School	Finals
1 Ellen Donat	10	Fargo Davies	18-03.00 10
2 Grace Emineth	11	Shanley	17-09.75 8
3 Taylor Weidner	11	Bismarck Legacy	17-03.00 6
4 Kaitlyn Emmil	12	Bismarck Legacy	17-00.00 5
5 Kaia Schneider	11	Fargo Davies	16-10.00 4
6 Ella Fosse	10	GF Red River	16-08.25 3
7 Jaiden Horner	10	Mandan	16-07.25 2
8 Jill Engstrom	10	Fargo Davies	16-06.50 1
9 Hayley Ogle	10	Watford City	16-04.50 +0.0
10 Paige Davis	10	Bismarck Legacy	16-03.75 0.9
11 Breena Sand	9	Bismarck Legacy	16-01.50 0.5
12 Ryan Campbell	10	Dickinson	16-00.25 +0.0
13 Ashley Hulm	12	Bismarck Legacy	16-00.00 +0.0
14 Alison Theis	11	Minot	15-11.00 1.3
14 Abby Kallenbach	12	Jamestown	15-11.00 1.2
16 Jenna Bergantine	11	Fargo Davies	15-09.50 1.9
17 Jenna Anderson	11	Bismarck High	15-08.00 +0.0
17 Rachel Anderson	9	GF Red River	15-08.00 +0.0
19 Carly Raap	10	Jamestown	15-07.75 -0.5
20 Maddie Deics	9	Bismarck Legacy	15-07.00 +0.0
21 Meghan Ackerman	12	Dickinson	14-11.75 0.2
22 Machaela Pochant	8	Bismarck Legacy	14-11.50 1.1
22 Madison Lindley	11	Dickinson	14-11.50 0.9
24 Gabrielle Jung	12	Dickinson	14-10.00 0.7

Girls Triple Jump Div A

State: 39-04.25 ! 1998 Crystal Cummins
 Overall: 39-04.25 * 1998 Crystal Cummins
 Bowl: 39-08.25 B 2008 Kristen Killoran

Name	Yr	School	Finals
1 Kaitlyn Emmil	12	Bismarck Legacy	36-05.50 10
2 Hope Stein	9	Century	36-04.50 8

3 Ellen Donat	10	Fargo Davies	35-11.50 6
4 Kenzie Gullickson	11	Century	J35-11.50 5
5 Claire Leach	11	GF Red River	35-09.00 4
6 Meghan Ackerman	12	Dickinson	35-07.00 3
7 Leecia Flaten	11	GF Red River	J35-07.00 2
8 Paige Davis	10	Bismarck Legacy	35-04.50 1
9 Ashley Hulm	12	Bismarck Legacy	35-01.50 +0.0
10 Abby Kallenbach	12	Jamestown	35-01.00 +0.0
11 Jenna Bergantine	11	Fargo Davies	34-09.75 +0.0
12 Taylor Weidner	11	Bismarck Legacy	34-09.00 0.2
13 Jordan Weeks	12	Century	34-08.00 +0.0
14 Madaline Cooper	11	Fargo Davies	34-04.50 +0.0
15 Jenna Anderson	11	Bismarck High	34-03.00 +0.0
16 Ellie Such	11	WF Sheyenne	34-01.50 -0.4
17 Lauren Hillman	10	GF Central	34-00.75 -0.8
18 Hailey Fletcher	11	Century	34-00.00 0.8
19 Gabrielle Jung	12	Dickinson	33-10.50 +0.0
20 Cadee Rychman	11	Bismarck High	33-09.25 +0.0
21 Madison Lindley	11	Dickinson	33-09.00 +0.0
22 Lauren Carlson	9	Bismarck High	33-08.00 0.7
23 Mandie Picard	10	Bismarck High	33-03.00 -0.8
24 Ella Fosse	10	GF Red River	32-08.00 +0.0
25 Ryan Campbell	10	Dickinson	32-02.00 -0.8
26 Bella Price	9	Minot	31-05.25 -0.8

Girls Shot Put Div A

State: 48-06 ! 2017 Akealy Moton
 Overall: 48-06 * 2017 Akealy Moton
 Bowl: 48-06 B 2017 Akealy Moton

Name	Yr	School	Finals
1 Shelby Frank	11	GF Red River	42-02.25 10
2 Morgan Ohlhauser	11	Bismarck High	40-07.75 8
3 Jeanette Perez-Nelson	9	Bismarck Legacy	40-06.50 6
4 Alanta Tormaschy	12	Dickinson	40-02.25 5
5 Audrey Rodakowski	11	Dickinson	39-11.00 4
6 AJ Eberhardt	11	Fargo Davies	39-05.75 3
7 Anthonett Nabwe	9	Jamestown	39-02.00 2
8 Kelsie Fettig	11	Minot	38-04.50 1
9 McKenna Shelkey	11	Bismarck High	38-02.75
10 Jenna Hardy	10	Minot	38-00.00
11 Jessica Walter	11	Jamestown	37-09.25
12 Lindey Gullickson	10	Bismarck High	37-06.25
13 Jadyne Feist	10	WF Sheyenne	36-11.50
14 Mary Schnell	9	West Fargo	36-09.00
15 Kelly Christmann	11	Shanley	36-03.50
16 Alexandria Grosz	12	Century	35-05.50
17 Michaela Hjelseth	11	Fargo Davies	35-04.00
18 Nicole Perkins	11	Bismarck High	35-00.00
19 Jaiden Horner	10	Mandan	34-06.00
20 Moriku Hakim	10	Shanley	33-10.50
21 Abby Fletcher	9	Century	33-03.50
21 Madison Towers	10	GF Red River	33-03.50
23 Zoe Dallas	9	Williston	33-00.00
24 Danni Harrington	10	Bismarck High	32-10.50

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Finals ... (Girls Shot Put Div A)

Name	Yr	School	Finals
--- Logan Gronberg	9	Bismarck High	ND

Girls Discus Throw Div A

State: 172-00 ! 1999 Briona Reynolds
 Overall: 172-00 * 1999 Briona Reynolds
 Bowl: 173-10 B 1999 Brionna Reynolds

Name	Yr	School	Finals
Finals			
1 Shelby Frank	11	GF Red River	154-11 10
2 Kelly Christmann	11	Shanley	112-11 8
3 Tia McGorman	12	Watford City	110-03 6
4 Jenna Hardy	10	Minot	109-00 5
5 Jade Azure	10	GF Red River	108-09 4
6 Kaylynn Red Tomahawk	9	Bismarck High	108-05 3
7 McKenna Shelkey	11	Bismarck High	107-07 2
8 Maddysen Bring	11	Bismarck Legacy	106-04 1
9 Kayla Klemmer	11	West Fargo	106-01
10 Kiera Oukrop	9	Bis St.Mary's	105-10
11 AJ Eberhardt	11	Fargo Davies	105-05
12 Michaela Hjelseth	11	Fargo Davies	105-00
13 Alexandria Grosz	12	Century	102-01
14 Morgan Ohlhauser	11	Bismarck High	101-10
15 Kayley Schaeffer	11	West Fargo	101-08
16 Anabelle Neigum	12	Bismarck High	99-08
17 Bailee Schell	12	Bismarck High	97-04
18 Lauren McLean	11	Minot	97-02
19 Lindsey Gullickson	10	Bismarck High	89-06
20 Moriku Hakim	10	Shanley	85-03

Girls Javelin Throw Div A

State: 148-03 ! 2002 Katie Wilson
 Overall: 148-03 * 2002 Katie Wilson
 Bowl: 145-10 B 2001 Dana Olimb

Name	Yr	School	Finals
Finals			
1 Michaela Hjelseth	11	Fargo Davies	142-08 10
2 Nicole Perkins	11	Bismarck High	123-05 8
3 Jalyn Helstad	12	Williston	120-05 6
4 Taylor Leingang	10	Mandan	119-06 5
5 Hailey Fletcher	11	Century	117-05 4
6 Kaylee Lancaster	10	GF Red River	117-01 3
7 Brooklynn Koenig	10	Fargo Davies	116-09 2
8 Allysen Mathias	11	Valley City	112-08 1
9 Ryanna Becker	12	Fargo Davies	111-11
10 BreAnn Sullivan	12	Bismarck High	106-08
11 Kate Busek	10	Shanley	105-01
12 Mckenzie Newton	11	WF Sheyenne	104-11
13 Jessie Paulson	11	Jamestown	104-07
14 Anthonett Nabwe	9	Jamestown	104-04
15 Morgan Hall	11	Fargo Davies	102-08
16 Alex Page	10	GF Red River	101-00
17 Madison Towers	10	GF Red River	89-07
18 Breanna Knight	10	Dickinson	87-06

Women - Div A - Team Rankings - 19 Events Scored

1) Fargo Davies	171
2) Century	130
3) Legacy	67
4) Red River	60
5) Shanley	47
5) Bismarck High	47
7) Watford City	42
8) Dickinson	37
9) West Fargo	29
10) Jamestown	28
11) Minot	26.5
12) Mandan	19
13) West Fargo Sheyenne	18.5
14) Williston	10
15) Devils Lake	5
16) Valley City	2
16) Grand Forks Central	2

Women - Div B - Team Rankings - 19 Events Scored

1) Rugby	84.5
2) Thompson	67.5
3) Langdon Area/Edmore/Munich	40
4) Central Cass	38
5) Oakes	36.5
6) Hillsboro/Central Valley	33
7) Beulah	32
8) Milnor/Wyndmere/Lidgerwood	30
9) Parshall	29
10) Garrison/Max	25
11) Killdeer	23.5
12) Dickinson Trinity	20.5
13) Nelson County	20
13) Carrington	20
15) Kidder County	17.5
16) Harvey/Wells County	16
17) Kindred	13
17) Des Lacs-Burlington/L&C	13
17) Bowman County	13
20) Stanley	11
20) Edgeley/Kulm	11
22) South Border	10
22) Richardton-Taylor	10
24) Southern McLean	9
24) Benson County	9
26) Shiloh Christian	8.5
27) Grant County/Flasher	8
27) Center-Stanton	8
29) Griggs County Central	7
29) Rolette/Wolford	7
29) North Star	7
29) May-Port CG	7
33) Richland	6.5
34) Hankinson	6
35) New Rockford-Sheyenne	5
35) Bottineau	5

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35) Northern Lights	5
38) Lisbon	4
38) Mohall-Lansford-Sherwood	4
40) Pembina County North	3
40) Kenmare/Bowbells	3
40) Northern Cass	3
43) Enderlin/Maple Valley	2
43) Medina/Pingree-Buchanan	2
43) Mott-Regent/New England	2
43) Central McLean	2
47) Glen Ullin/Hebron	1
47) Park River/Fordville-Lankin	1
47) Hatton/Northwood	1
47) Hazen	1