

**2019 NDHSAA STATE TRACK MEET SCHEDULE**

<b><u>FRIDAY</u></b>		
9:30 AM	National Anthem	
9:45 AM	300 Meter Hurdles – Prelims	
10:30 AM	4 x 200 Meter Relay – Prelims	
11:30 AM	1600 Meter Run – Final	
12:30 PM	100 Meter Dash – Prelims	
1:15 PM	400 Meter Dash – Prelims	
2:00 PM	High Hurdles – Prelims	
2:45 PM	200 Meter Dash – Prelims	
3:30 PM	Class A 4 X 800 Meter Relay – Final	
4:15 PM	4 x 100 Meter Relay – Prelims	
5:00 PM	Class B 4 X 800 Meter Relay – Final	
<b><u>SATURDAY</u></b>		
<b><u>ALL FINALS</u></b>		
8:45 AM	National Anthem	
11:00 AM	300 Meter Hurdles	
11:30 AM	4 x 200 Meter Relay	
12 NOON	3200 Meter Run	
1:00 PM	100 Meter Dash	
1:30 PM	400 Meter Dash	
2:00 PM	High Hurdles	
2:30 PM	200 Meter Dash	
3:00 PM	800 Meter Run	
3:30 PM	4 x 100 Meter Relay	
4:00 PM	4 X 400 Meter Relay	
<b>NOTE: Events to be run in this order: B Girls, A Girls, B Boys, A Boys</b>		
<b><u>FIELD EVENTS</u></b>		
<b><u>FRIDAY</u></b>	<b><u>SATURDAY</u></b>	<b><u>SATURDAY</u></b>
<b><u>9:45 AM</u></b>	<b><u>8:45 AM– National Anthem</u></b>	<b><u>3:00 PM</u></b>
B Boys Long Jump		A Boys Shot Put
A Boys Discus	<b><u>9:00 AM</u></b>	B Girls Javelin
B Girls Pole Vault	B Boys Shot Put	A Girls Long Jump
	A Boys Javelin	B Boys High Jump
	B Girls Triple Jump	
<b><u>11:45 AM</u></b>		
A Girls Triple Jump	<b><u>10:00 AM</u></b>	
B Boys Discus	A Girls Pole Vault	
A Boys High Jump		
	<b><u>11:00 AM</u></b>	
	A Girls Shot Put	
<b><u>1:45 PM</u></b>	B Boys Javelin	
B Girls Long Jump	A Boys Long Jump	
A Girls Discus	B Girls High Jump	
B Boys Pole Vault		
	<b><u>1:00 PM</u></b>	
	B Girls Shot Put	
<b><u>3:45 PM</u></b>	A Girls Javelin	
A Boys Triple Jump	B Boys Triple Jump	
B Girls Discus		
A Girls High Jump	<b><u>2:00 PM</u></b>	
	A Boys Pole Vault	<b>Updated 6/25/18</b>