

## **2014-15 Boys' State Tennis Advisory Recommendations:**

1. On regulation #3 within Boys' Tennis Regulations, change 9 daily practice sessions to 7 daily practice sessions.

Rational:

- a) Coaches do not believe that any injuries are prevented because of 9 daily practice sessions. Players are playing a full singles match, a full doubles match, and a 2-hour practice all in one practice day. A team match is less likely to cause injury than practices.
- b) Our first match date is on the 10<sup>th</sup> weekday of the season. If families are on vacation for boys' season, a player is sick, (or we have storm days for the girls season,) the first match is not possible. Statewide, we had 42 boys not eligible for participation the first match.
- c) The coaches would like research based evidence that proves nine practices over a fewer number prevents injuries in tennis if the recommendation is not approved.

Vote: 12-0

2. Regulation #30: For team-day court assignments, the East's #1 seed shall be assigned the indoor courts if used in even years and the West's #1 seed shall be assigned the indoor courts if used in odd years.

Vote: 12-0

## **2014-15 Boys' State Tennis Advisory Notes & Discussion**

### **Individual Tournament:**

Coaches agreed that on Saturday of regional and state, two consolation matches will be played before the semifinals with an addendum of common sense.

### **All-State:**

Coaches agreed on all-state voting for the up to two coaches' selections. Coaches will make cases for their players for consideration of all-state during the Friday evening coaches' meeting. Coaches at the meeting will vote for all players they deem worthy of all-state at that meeting. A two-thirds vote is needed to make all-state. If more than two athletes meet the selection requirements, the highest two vote getters that do not make all-state by placing will make all-state as the coaches' selection.

### **Potential Regulation Change:**

Extending the season one week to nine weeks, adding the week to the end of the season. (Just discussion. The East is mostly onboard with it, but the East blindsided the West with this at the state meeting. If this is going to go to the board, we need overwhelming AD support and coaches' support.)

### **Rational:**

1. Adding Sheyenne to the East brings the East to ten teams meaning that no teams have byes where we play the first Friday after nine practices, every Tuesday, and every Thursday until regionals.
2. Rescheduling is a huge hassle usually leading to more missed school with double headers. Adding the week, we will not play on the opening Friday and we can schedule a bye for all teams near the end of the season for rescheduling.
3. Storm days at the beginning of the season, player absences, and family vacations would not affect participation.
4. If denied the 7 practices before the first match in our first recommendation, we would not play until the 11<sup>th</sup> weekday of the year resulting in maximum participation of student athletes in the first contest.