

## 2015 Girls Tennis Advisory Meeting

**Coaches Present:** Dan Keith, Wade Stueve, Kendra Kudrna, Matt Nielson, Paul Kolesar, Greg LaDouceur, Scott DeLorme, Sam Burns, Erik Hanson, Jason Thiner, Steve Saville, Chad Anderson, Amanda Lunsetter, Tammy Martian

**Coaches Not Presents:** Max Weiser, Ben Ballwebber, Pat Mallowney, Paul Christen

### Recommendations:

#1 Change number of practices required before competition from 9 to 8.

Rational:

Maundy Thursday and Good Friday land during girls tennis frequently. If Holy Week lands in tennis, these are two potential practices we can't have to get to 9.

Tennis is not a contact sport and does not need 9 practices.

No health risk to less practices. Also, practices are tougher than matches.

Season is only eight weeks. Only four weeks of competition. Shorter season should mean fewer practices.

First match is conference match on 10<sup>th</sup> day. What other season does this?

Vote of the Coaches:

Yes - 14

No - 0

Not Present - 4

#2 Extend the season one week from 8 weeks to 9 weeks using current starting date and then ending one week later for both girls and boys seasons.

Rational:

We have eight conference matches for the WDA and nine conference matches for the EDC in a four-week regular season. Then, add in non-conference matches and the West Fargo Invite in those four weeks. With adding teams, this is too much.

In the compact time, athletes miss school frequently. Adding a week could prevent double-headers and spread out the time missed. Also, rescheduling would be easier.

Now, four matches in one week are common with make-ups. We could spread out matches and make-ups if we went to nine weeks.

Players' bodies do break down with the current rigorous schedule.

Vote of the coaches:

Yes - 9

No - 0

Abstained - 5 (Indifferent on 8 week versus 9 week season)

Not Present - 4

#3 Shift the season back one week.

Rational:

Better weather.

Less shoveling of courts.

Counter Rational:

Summer schools start before state.

School is out for summer for some schools.

It is not worth it to shift the season, but would be worth it if we added a week to the season to go from an 8-week to a 9-week season.

Vote of the coaches:

Yes - 2 (Valley City and Wahpeton because of lack of indoor tennis courts)

No - 12

Not Present - 4

### **Discussion:**

Kudos to Minot for an excellent tournament with an excellent venue!

Dan Keith from Bismarck Century is the new girls west rep as Kendra is moving.

If the NDHSAA Board will not change from 9 practices, please give us an explanation. If its liability or because we are following the NFHS, we want to know why we can't change this. Thank you.

The following are ideas for presenters and topics for the NDHSCA Coaching Clinic:

Brian Pederson - Bismarck

Rod Morasch - Bismarck

Lee Nagle - Veteran Retired Coach from Wahpeton

Setting policy on sportsmanship, line calls, accountability.

North Dakota Tennis Coaching 101 (Dealing with coaches, players, parents.

Educating our parents on sportsmanship. How ND tennis works.)

Matt Nielson and Chad Anderson are planning to attend the NDHSAA board meeting in Valley City.

As coaches, we must get our Athletic Directors involved. If we want to see changes, our Athletic Directors must be on board and they MUST contact their region and at-large board representatives about these recommendations.

Notes taken by Matt Nielson