

VB Advisory 12-5-16

Discussion items

- Baymont Hotel issues with people in the bar and overall drunkenness – are there motels for athletes without bars
- All star notification – could a timeline be established as to when to expect materials as well as notifications
- Officials and the proper coin flip
- Should a pre-match protocol be established
- Number of set allowed in a night
- Adding two set to the allowable number of set in a season

Regulation changes

1. Change regulation #5 to read.

1. **“Individuals shall not compete in more than two matches against one opponent school team on any one calendar day except in tournament play.”**

Rationale: Allows students competing on both JV and Varsity to get the quality reps required to enhance their abilities. It seems the lower level and higher level kids are getting maximum playing time but these middle level kids are not getting the necessary live reps needed to grow as an athlete. VB is not basketball, VB is limited by sub limitations, no clock and the fact that athletes are not allowed to enter the set in any position like other sports. Administration of the rule would eliminate the violation sent to the NDHSAA board.

2. Strike regulation #6.

1. **Individual set limitation for the season is six times the number of allowable matches plus tournament play.**

Rationale: The limitations for individual sets by a player in a year can be regulated through regulation #5. The existing regulation is not necessary as it is nearly impossible to reach this limit.

3. Add two matches to existing season limit

1. Super-regions and Class A would receive 20 matches/2 tournaments, 18 matches/3 tournaments, and 16 matches/4 tournaments
2. District tourney teams would receive 18 matches/2 tournaments, 16 matches/3 tournaments, and 14 matches/4 tournaments

Rationale: Expand the ability of more teams being able to play a true home and away schedule in Class A. It also would be proactive with the growth of Class A teams that is inevitable. (Watford City). Scheduling flexibility for super regions and districts with a variety of week teams allowing them to find tougher matches out of conference.

4. Establish in regulation the following pre-match protocol

1. Teams will begin at the end line for anthem and line-ups.
2. Teams will stay on the end line for line-up introductions. Athletes will not shake hands with officials or opposing coaching staff.
3. The official will beckon teams for pre-match handshake.
4. Following the pre-match handshake, the 6 starters will stay on the floor and all other teammates will go to their assigned bench.
5. The R2 will begin line-up checks and libero replacement if necessary.

Rationale – To establish a uniform protocol for schools to follow regarding pre-match procedures.