

**NDHSAA Track Advisory Meeting
5-30-19**

Discussion items

1 - State track

- 1- Relay declaration for state meets – no
- 2- Declaration slide(s) for state track on the online rules clinic
- 3- Regional coaches meeting agenda
 - a. Kevin to send out information regarding declaration etc.
- 4- State coaches seating area – someone to ensure it is actually reserved
- 5- Spectators on the railing
- 6- Jumps – waiting for kids from other events and awards
 - a. Is the 10 minute rule for after the event or the awards
 - b. Jump officials to ensure kids are not leaving early at first call- hold athletes as long as possible
 - c. Have a time frame for each Class and gender – a breakdown of approximate times so officials in field events know when to send an athlete to run
 - d. When checking in athletes ask for conflicts
 - e. Hand out awards during longer races on the track
- 7- Field event protocol
 - a. Have a list of to do items in the packets for coaches – when and how to weigh in equipment – When and how an athlete reports to an event etc.
- 8- Run hurdles with the wind
 - a. Kevin will look to see what other states are doing and at what point do they run the other direction
- 9- Move 3200 to Saturday morning at 9:30
 - a. Adjusted schedule is below
 - b. Have Dave Zittleman look over and give input
 - i. Saturday event schedule
 1. 8:45 - National Anthem
 2. 9:30 – 3200 meter run
 3. 11:00 – 300 meter hurdles
 4. 11:30 – 4 x 200 meter relay
 5. 12:00 – Break (HOF ceremony?)
 6. 1:00 – 100 meter dash
 7. 1:30 – 400 meter dash
 8. 2:00 – High hurdles
 9. 2:30 – 200 meter dash
 10. 3:00 – 800 meter run
 11. 3:30 – 4 x 100 meter relay
 12. 4:00 – 4 x 400 meter relay

2. Discussion items

- a. 9 practice rule – regarding athletes who are cut and come out for a different sport – can that number be reduced

b. Not an advisory issue

Regulation changes

1 - Regulation 6d – eliminate wording “Exceptions will be made for scratches required because of injury or illness of a member of a relay. Meet management will make the above determination.” Also add state event at the beginning of the NOTE. Also add the specific deadlines to the regulation for scratches and declarations

2 – Regulation 18a – add “If more than 16 are competing,”

3 – Regulation 18 b – add “If more than 20 are competing”

4 – Utilize athletic.net as the mandatory state qualifying reporting site

5 – Adjust the following standards

a. Class B boys discus – 135”

b. Class A and B boys 300 hurdles – 42.44

6 – Class A

a. Provisional – Olympic style qualifying standards

a. See below for specifics and rationale

For running events of 400 or less and in the following field events: triple jump, long jump, discus, shot put, and javelin the following proposal is requested:

In the case when less than 18 competitors have qualified for an event at the state track and field meet, a provisional qualifying standard will be used to select additional competitors to fill a maximum of two heats or flights which is equivalent to 18 competitors. Only athletes who have met the provisional standard during the outdoor season would be selected.

Attached are the provisional qualifying standards which were determined by a multiplier of the state qualifying standard.

When coaches declare participants for the state track meet, they will also declare those provisional standard meeting athletes. Athletes would be selected in order of performance.

Rationale:

1. The state competition should include the top 18 competitors in each event. Some seasons provide weather challenges that make meeting the state standards prior to the regional competitions extremely difficult and other years the weather plays into fantastic performances. Allowing for a provisional qualifying standard guarantees a full competitive field at the state meet.

2. The provisional standard would maintain the level of competition at the state meet.

Scenario:

1. Athlete A has the fastest provisional standard in the 100 meter hurdles and has been declared by Coach A. Athlete B and Athlete C are tied with the second fastest provisional standard and have been declared by their respective coaches. In the 100 meter hurdles 16 athletes have qualified for the state meet and have declared to run the event. Athlete A will be entered under the provisional standard to make the total number of contestants 17. Athletes B and C will not be entered because that would make the total number of contestants over 18.

2. In the 200 meter dash, 19 athletes have qualified for the state meet, and 3 have declared they will NOT run the 200 for a total of 16 in the event. Athlete A and B have the two fastest provisional qualifying standards and have declared they would run the 200. Both athletes would be added to the state meet to make for a total field of 18.

3. In the 300 hurdles, 15 athletes have qualified for the state meet and all 15 have declared to run in the event. No athlete has met the provisional standard. No athletes would be added to the event.