

## 6/4/19 Track Advisory Meeting

Member present – Lyall Kruegar, Jon Jahner, Heidi Eckart, Matt Quintus, Tim Kolsrud, Tracey Heisler

### Agenda

1. Track and Field standards (adjustments)
  - a. Discussion on girls pole vault – no action taken
  - b. Discussion to eliminate pole vault as it may provide an unfair advantage to schools. – No action

### Class A

1. Create a regulation to determine when the 100 and 110 hurdles will be turned to run with the wind.
  - a. State track meet – run the 100/110 hurdles with the wind provided that
    - i. There is a sustained wind at 8mph, directly in the face of the competitors and at the discretion of meet management.
    - ii. Change, if necessary, will be made 15 minutes prior to the scheduled start of the first hurdle event.
2. Change state meet schedule
  - a. Move the 3200 meter run to Saturday morning and then celebrate the HOF and scholarship winners at 12:00. – No action
  - b. Education on this proposal to move to summer meeting.
  - c. Decision to develop a contingency plan to be able to run the 3200 meter race on Saturday morning if the forecast would be an issue for those athletes. Decision would be made no later than Friday evening.
3. Set a completion date for region meets. Note: already on the June board agenda
  - a. Note that advisory and coaches strongly support this regulation change.
4. Move the season back two weeks
  - a. For the 2020-21 season
  - b. Break from winter to spring sports
  - c. Potentially better weather for late season meets
  - d. Separate from the indoor season
  - e. Class B – opposed
  - f. No action taken
5. From Bismarck Legacy – Finding a way to streamline the coaches meeting. He claims it is becoming a cluster and is not at all an efficient or productive meeting.
  - a. Coaches meeting issues
  - b. Send out survey prior to meeting so there is concrete data for support or non-support
  - c. Only head coaches allowed – or allowed to speak

- d. Class A issue
- e. Move the coaches meeting to 7:00 on Thursday

## Class B

1. From Rugby – Consider changing the meet schedule regarding Class B Triple and High Jump from 2 hours to 4 hours between events.
  - a. No easy answer
  - b. Advisory will review to attempt to find a solution
  - c. Jump officials need to do a better job of holding jumpers until their race begins. I.E. boys need not go to marshaling area during girls races.
  - d. Coaches need to do a better job educating and assisting these athletes
2. Region meet deadline See #3 above
3. Removal of requirement for picture roster cutline on NDHSAA website
  - a. Support a regulation change to not be required to post picture, roster and cutline on the NDHSAA site. If not feasible can athletic.net and the NDHSAA website work get rosters and schedules to be placed in only one place.
4. Lock entry marks for regional tournaments
  - a. Have athletic.net lock performances prior to the region meet
    - i. This would eliminate coaches from inflating times and distances when entering performances for the region meet.
5. Change state meet schedule
6. Athletic.net
  - a. Athletic.net will need to improve the administrative side of the state meet in order to continue being the state qualifying reporting site.
  - b. NDHSAA will work with athletic.net to fix concerns
7. Turning hurdles and possible 100 m for state meet if wind is an issue
8. Parade of athletes
  - a. Athletic review will re-visit during June meeting
9. Selection of regional starters
  - a. Region managers will have the ability to choose
  - b. Starter must have worked at least two meets during the year.
10. Eliminate 5 participant per event rule
  - a. Not in favor
11. Assisting new coaches
  - a. Ideas for assisting new coaches
    - i. A check list that could be stored on the NDHSAA website to assist new coaches with all the responsibilities and deadlines. Advisory will compile the list
    - ii. A list of track coaches willing to be mentors on the NDHSAA website so new track coaches would have a way to get in contact with experienced coaches.
12. Pole vault weigh in for regular season meets
  - a. No regulation desired – will recommend on a per meet basis.

### Advisory recommendations

1. State meet changes will not require regulation change nor board approval. They will be implemented upon discussion with tournament management.
  - a. Hurdle races with the wind.
  - b. Contingency plan for 3200 m run.
  - c. Locking region entries.

### Regulation change

1. Eliminate the requirement for schools to have to place roster, cutline and photo on the NDHSAA track webpage