

Wrestling Advisory – 3-30-2020

Class B

1. Photos of officials for coaches during the survey for post season
 - a. Kevin will encourage officials to post a photo on the NDHSAA website. On next years survey we can provide verbiage as to how to find the photos.
2. Parade of athletes
 - a. Bring it back – NDHSAA will find a proper time where it can be placed in the schedule
 - b. Track and wrestling are similar individual sports. With the return of the parade in track the option should be allowed for wrestling as well. Also is a very good time to recognize the academic all state team.
3. Utilization of a modified NCAA model for region qualifying tournament.
 - a. Top 3 from each region qualify for the state tournament
 - b. 8 region seeding reps will meet to discuss which regions will have the four remaining spots prior to the region tournament
 - c. State seeding criteria will be used to determine number of qualifiers per region.
 - d. Information would be sent out to coaches on Thursday so all participants would be aware of regional placing requirement needed to qualify to the state tournament
 - e. Rationale: This would assist in making the Class B state tournament a more competitive tournament as well as reduce the number of 0-5 win wrestlers qualifying for the state tournament simply because there are only 4 wrestlers in a regional bracket.

Class A and B

4. Add one event to the current event limit (16 – 17).
 - a. Rationale from coaches below
 - b. To Whom It May Concern:

In the state of North Dakota, we are currently restricted to a total of 16 events through the season. We are asking that this number gets changed. The reason we are asking for this change is due to the number of required duals we are expected to compete in within our conference. With the population growing here in the state of North Dakota, more teams are being added to each conference, and because of this we now have a higher number of conference duals we are expected to compete in before our season has ended. For example, in the WDA conference we currently have 11 teams competing within it – which then means each team has 10 conference duals that they have to participate in. We are now finding ourselves having to schedule triangulars to help prevent us from losing events that we normally participate in. Due to this,

teams in the WDA conference are losing home events. Losing home events/duals hurts all teams in the conference and takes away opportunities for our athletes to showcase their talents in their home gym in front of their peers/friends, families, teachers, and so on.

We have discussed ideas on how we would like the rule to be changed and here some of the ideas we have come up with:

Option 1: Increase the number of events allowed to compete in before the postseason from 16 total events to 17 – doing this would allow us to schedule less triangulars and be able to have more home duals in our own gym. This will also help with the fact that more teams have been added to both conferences in Class A wrestling here in the state of North Dakota – and from what we have heard, more teams may possibly be added in the future with growth throughout the state.

Option 2: Allow us to not have to count our conference duals (which are mandated and we have to participate in them) as part of our number of events we are allowed to compete in before postseason. You could then decrease the number of allotted events from 16 and go down to 8. We would then only be counting events outside of our conference duals towards our allotted number of events allowed to participate in before the postseason.

5. Girls wrestling
 - a. Update provided.
 - i. Hettinger letter
 - ii. List of schools who mentioned they would sanction if available
 - iii. Andrew Lehr of Napoleon is spearheading the effort.

Class A

6. Individual state meeting seeding (3 reps from each region to seed the individual state meet)
 - a. Streamline the seeding process
 - b. Only three reps – co-coaches would count as two reps
7. Modified state seeding criteria – get information to Kevin and Mandy
 - a. Information submitted
8. Dual tournament seeding – 1-5
 - a. Seed the Class A state dual tournament using the Class B model
 - i. Would increase the odds the best two teams are meeting in the state finals instead of the semi-final round.

From coaches

9. 5 match per day limit
 - a. Recommend that ND allows 6 matches in a day
 - i. South Dakota allows this and it works well
 - ii. Issue with WDA and EDC tournament each year
 - iii. With 9 schools in two Class B divisions, the potential to find a true second and the region dual tournament would be impossible in a one day event
10. Wrestling shorter periods in wrestle backs
 - a. No action
11. Difficulty with new out of bounds rules
 - a. Provide more education on stalling at the edge of the matt
12. Changing weight classes
 - a. Would prefer not change to the weight classes at this time

Other.

13. Proposed NFHS rules changes
 - a. See number 12 above.
14. Skin check each day of the state tournament
 - a. NFHS or NDHSAA rule
 - i. NFHS rule
15. Clear tape to cover skin infections
 - a. Is it possible to follow the US National wrestling rule and utilize clear tape whenever possible to cover and infection instead of disqualifying a wrestler
 - i. Kevin will contact the NFHS regarding their stance on the matter.

Proposed regulation changes

1. Reinstate the parade of athletes (Discussion item #2)
2. Increase the event limit total to 17 competitions (Discussion item #4)
3. Allow for an athlete to wrestle 6 matches in a day (Discussion item #9)
4. Class B – adjust individual state qualifying procedure (Discussion item #3)
5. Class A – adjust state seeding procedure (Discussion item #6)
6. Class A – seed the state dual tournament (Discussion item #8)