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NDHSAA ON THE WEB

WWW.NDHSAA.COM
WWW.NDHSAANOW.COM

NDHSAA NOW is where you will find news and current information about NDHSAA and our member schools. This is the site where you will find current teams, districts and region placement, team schedules, pictures, and rosters. Basketball standings, human-interest stories, twitter feed and much more! This is also the site where you will access video from the NFHS Network and video streams from member schools. Check it out NOW!!!
www.ndhsaanow.com

NDHSAA ON SOCIAL MEDIA

The NDHSAA is on Twitter (@NDHSAANow), Instagram (profile name: ndhsaa) and Facebook. Be sure to follow NDHSAA on these platforms for updates on statewide activities.
Congratulations to 2019 Fall NDHSAA State Champions

Class B Boys Cross Country - New Town

Class B Girls Cross Country - Rugby

Class A Boys Cross Country - Bismarck Century

Class A Girls Cross Country - West Fargo High

9-man Football - Kidder County

Division A Football - Langdon Area/E/M

Division AA Football - Hillsboro/Central Valley

Division AAA Football - Bismarck Century
Congratulations to 2019 Fall NDHSAA State Champions

Class A Girls Golf - Bismarck Century

Girls Swimming and Diving - Bismarck Century

Class A Volleyball - Fargo Davies

Class B Volleyball - Langdon Area/E/M

Boys Soccer - Bismarck High

Boys Tennis - Fargo South

Student Congress - Fargo Davies

Class B Plays - Enderlin
NDHSAA Postseason Video Broadcasting

All postseason (playoff, regional and state) video rights have been sold to Forum Communications, BEK Sports Network and the NFHS Network. Some postseason contests and tournaments are available for stream/broadcast as declined events with applicable rate card fee.

Any declined event stream/broadcast must have prior approval from NDHSAA or will be subject to twice the applicable fee. Please contact Tom Mix or Brian Bubach for further information at 701-845-3953 or tom.mix@ndhsaa.org / brian.bubach@ndhsaa.org

National Anthem Performers

State tournaments are looking for high school students to perform the national anthem for each session of the 2020 Class B Girls and Boys State Basketball Tournaments. For audition/performance information, please email Mark Rerick (mrerick230@mygfschools.org), for the State B Girls Tournament and Nicole McGrady (nicole.mcgrady@bismarckschools.org), for the State B Boys Tournament.

ATTENTION: Class B Band Directors

We are looking to secure high school bands for the State Class B Girls and Boys Basketball Tournaments to be held in Grand Forks March 5-7 and Bismarck March 19-21 respectively.

If you would like to showcase your band, please email Mark Rerick (mrerick230@mygfschools.org), for the State B Girls Tournament and Nicole McGrady (nicole.mcgrady@bismarckschools.org), for the State B Boys Tournament.

Class B Boys Basketball Hotel Information

Information on reserving hotel rooms for the Class B Boys Basketball State Tournament, March 19-21 in Bismarck can be found at https://noboundariesnd.com/

Online Rules Clinics for Activity Advisors, Coaches & Officials

Officials and head coaches/activity advisors must complete rules clinics in sports or activities where clinics are offered. These clinics will be available online only and must be completed within the three week clinic window. The clinic will be available through a link within NDHSAA.

You must have an NDHSAA account in order to complete the rules clinic. Please note all clinics are available online only for the 2019/20 school year.

Following are the test windows:

SPRING SPORTS
February 10-March 2, 2020
Track and Field
March 2-23, 2020
Baseball, Boys Golf, Class B Girls
Golf and Softball
NDHSAA Information - Find Officials’ Information

Each month we post an NDHSAA Information article in our BULLETIN. This month the topic is finding officials’ information. In order to find contact information for officials in NDHSAA you must have administrative privileges. To view officials and their contact information:

• Log in to NDHSAA
• Click on the Officials tab on the left side of the page
• Click the Filter button on the right side of the page and choose a sport from the drop down menu
• You will see a list of all officials registered to officiate the sport you have selected for the current school year
• You may sort by clicking on the arrows on any column
• To show more than 10 officials on a page click a higher number than 10 from the Show Entries drop down menu
• You may view this information online or export to Excel by clicking on the Export icon on the top right side of the page.
• You may check for “LOCAL” (JV and below only) officials in the same manner.

NFHS Spirit of Sport and Heart of the Arts

Spirit of Sport and Heart of the Arts awards are National Federation programs to recognize students for exemplary actions. The Heart of the Arts award is similar to the Spirit of Sport and recognizes people involved in the performing arts. If you have something or someone worthy of recognition, please request a nomination form from NDHSAA.

Nomination forms must be submitted to the NDHSAA office before January 15, 2020. The NDHSAA nominee will be chosen and forwarded to Section 5 for selection of the Section 5 nominee to forward to the National Federation.

To receive a Spirit of Sport nomination form, email: brenda.schell@ndhsaa.org. To receive a Heart of the Arts nomination form, email: brian.bubach@ndhsaa.org.

ACT/SAT National Test Dates

Administrators, activities directors and coaches should remind their students of the following 2019-20 dates so they may avoid conflicts. Please have them contact their school counselor for deadline registration dates and further details.

<table>
<thead>
<tr>
<th>ACT NATIONAL TEST DATES</th>
<th>SAT NATIONAL TEST DATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 8, 2020</td>
<td>March 14, 2020</td>
</tr>
<tr>
<td>April 4, 2020</td>
<td>May 2, 2020</td>
</tr>
<tr>
<td>June 13, 2020</td>
<td>June 6, 2020</td>
</tr>
</tbody>
</table>

NFHS Network Consumer Help

For all questions regarding difficulty viewing, inability to find a specific event link, technical issues within a broadcast, trouble subscribing, billing questions, etc., callers may contact memberadmin@nfhsnetwork.com or 877-978-2311.

There are customer representatives standing by at all times to respond to issues and get fans set-up to view their events as quickly as possible. The NFHS Network is happy to issue refunds for accidental double subscribing as well as issues such as experiencing technical difficulties while viewing a game. www.nfhsnetwork.com/associations/ndhsaa
Beginning in the fall of 2013 all coaches who work with student athletes in grades 9-12 must be certified. To become certified a coach must complete the requirements for an NDHSAA Coaching Permit. Member schools submit their coaching rosters through the NDHSAA Coaching Permit Submission Form. The NDHSAA Coaching Permit Submission Form allows tracking of all coaches through member schools. This is the only form that will be accepted and it must be emailed electronically as an excel file. If you find a need to track more coach information than listed on this form, please feel free to add columns AFTER (to the right of) column 10. Only columns 1-10 need to be submitted to NDHSAA.

All coaches must be submitted each year. Only coaches not certified in a prior year will be mailed coaching permits. Coaching permits will be issued by the North Dakota High School Coaches Association. The due date for the Coaches Education Permit Submission form is April 1st each year.

This form has been emailed to main school contacts and is available on the NDHSAA website under Forms. Please contact NDHSAA for any questions concerning this form.

NDHSAA will offer a process to certify Local Sub-Varsity officials. Officials who complete all items needed to certify will be able to officiate at the sub-varsity level and below in the sport(s) in which they certify. This certification must be under the direction of an administrator of an NDHSAA member school.

NDHSAA Local (Sub-Varsity) Official Certification
 Officials must complete all items below to become eligible to officiate at the Local (Sub-Varsity) level in the sport(s) in which they register as Local officials.

Requirements for Local Official include:
1. Complete NFHS Learn Concussion Management Course (State Law)
   a. Create NFHS Learn account at www.nfhslearn.com if you do not have one and purchase (course is free, however you still need to purchase) and complete the Concussion Management course, Instructions available on the NDHSAA website at the Concussion Management Information link on the main NDHSAA webpage.

2. Create NDHSAA Account www.ndhsaa.com
   a. If user has NDHSAA account, complete requirements using same account and email address as used in current NDHSAA account.

3. Register Online Within NDHSAA Account
   a. Officials Registration tab
      i. My Profile -> Sport -> Choose Local -> Complete registration form

4. Pay Registration Fee
   a. Online or through mail. MUST be paid within 30 days or registration is cancelled.
      i. $20 registration fee plus $12 for first sport. ($32)
      ii. Additional sports: $12 each

5. Complete 2018-19 Local Officiating Rules Clinic
   a. Available on “Clinic” tab when logged in to NDHSAA account.

Note:
Item 1:
ND State Law requires officials complete concussion management training every two years.

Items 2-4:
Must complete BEFORE LOCAL officials will be approved eligible to officiate contests.

Item 5:
Failure to complete clinic will result in a drop of a level of certification the following year.
1) Certified Local will drop to Probationary at all levels. (Registered and Local)
2) Probationary Local will drop to Ineligible at all levels. (Registered and Local)

Please contact the NDHSAA office with any questions concerning the certification of local sub-varsity officials through this program.
Following is a list of NDHSAA regularly scheduled Board meeting dates. Agendas, Board minutes, special meeting information and other Board documents may be found on the NDHSAA website by clicking the Board Agendas and Minutes link under the Boards & Committees across the top of every page on the NDHSAA website.

http://www.ndhsaa.com/board/meetings

<table>
<thead>
<tr>
<th>2019-20 NDHSAA BOARD MEETINGS</th>
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<tbody>
<tr>
<td>January 16, 2020 - Valley City</td>
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<tr>
<td>March 31, 2020 - Valley City</td>
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<tr>
<td>June 8-9, 2020 - Devils Lake</td>
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<tr>
<td>June 28 - July 2, 2020 - NFHS Summer Meeting - Denver, CO</td>
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</tbody>
</table>

Changing Email Addresses in NDHSAA Account

Users are reminded if their email addresses have changed, they must edit their NDHSAA account with the new email address. Editing accounts will allow user history and all existing roles to remain connected to NDHSAA accounts. Users should not create new accounts, they should edit their existing accounts.

To edit your NDHSAA email address/login:

1) Log in to your NDHSAA account
2) Click on “My Profile” on the bottom left portion of the page
3) Click the Edit Button on the Profile page
4) Click the “Account” tab on the grey menu bar that goes across the page
5) Enter your new email address
6) Confirm your new email address
7) Click the blue SAVE button

This is also where you change your password, if you so desire. Editing your email address on your NDHSAA account assures you receive the proper information from the NDHSAA office.

NDHSAA Board of Directors Meeting - December Summary

The North Dakota High School Activities Association’s Board of Directors met Thursday, December 5.

Highlights of the meeting included the Board approving the Combined Tournament Committee’s State Tournament sites for the 2026-27 School Year on the NDHSAA 7-Year Site Calendar.

The Football Committee reported it will be sending out the guidelines to the 2021-2022 NDHSAA Football Plan to member schools in January.

The Board approved a tournament site change from the Tournament Committee. The Class B, Region 8 Girls Basketball Tournament will now be hosted at the New Town Event Center

MINUTES: DECEMBER 5, 2019 NDHSAA BOARD OF DIRECTORS MEETING
DISTRICT 1 (SUPER REGIONAL): Teams: Hankinson, Lisbon, Milnor/North Sargent, Sargent Central, Tri State (Fairmount/Campbell-Tintah/Rosholt), Wyndmere/Lidgerwood | Chairperson: Kent Dennis, Hankinson

DISTRICT 2 (SUPER REGIONAL): Teams: Central Cass, Enderlin, Kindred, Maple Valley, Northern Cass, Oak Grove, Richland | Chairperson: Calvin Kraft, Enderlin

DISTRICT 3 (SUPER REGIONAL): Teams: Finley-Sharon/Hope-Page, Griggs County Central, Hatton/Northwood, Hillsboro/Central Valley, Larimore, May-Port-CG, Thompson | Chairperson: Patti Aanenson, Larimore

DISTRICT 4 (SUPER REGIONAL): Teams: Cavalier, Drayton/Valley-Edinburg, Grafton/St. Thomas, Midway/Minto, North Border, Park River/Fordville-Lankin | Chairperson: Jon Koehmstedt, Grafton


DISTRICT 13 (SUPER REGIONAL): Teams: Beach, Bowman County, Heart River (South Heart/Belfield), Hettinger/Scranton, Mott-Regent, New England | Chairperson: Daryl Jung, New England

DISTRICT 14 (SUPER REGIONAL): Teams: Beulah, Dickinson Trinity, Glen Ullin/Hebron, Hazen, Killdeer, Richardton-Taylor | Chairperson: Jason Simpenderfer, Beulah


DISTRICT 1 (SUPER REGIONAL): Teams: Hankinson, Lisbon, Milnor/North Sargent, Sargent Central, Tri State (Fairmount/Campbell-Tintah/Rosholt), Wyndmere/Lidgerwood | Chairperson: Kent Dennis, Hankinson

DISTRICT 2 (SUPER REGIONAL): Teams: Central Cass, Enderlin, Kindred, Maple Valley, Northern Cass, Oak Grove, Richland | Chairperson: Calvin Kraft, Enderlin

DISTRICT 3 (SUPER REGIONAL): Teams: Finley-Sharon/Hope-Page, Griggs County Central, Hatton/Northwood, Hillsboro/Central Valley, Larimore, May-Port-CG, Thompson | Chairperson: Patti Aanenson, Larimore

DISTRICT 4 (SUPER REGIONAL): Teams: Cavalier, Drayton/Valley-Edinburg, Grafton/St. Thomas, Midway/Minto, North Border, Park River/Fordville-Lankin | Chairperson: Jon Koehmstedt, Grafton


DISTRICT 13 (SUPER REGIONAL): Teams: Beach, Bowman County, Heart River (South Heart/Belfield), Hettinger/Scranton, Mott-Regent, New England | Chairperson: Daryl Jung, New England.

DISTRICT 14 (SUPER REGIONAL): Teams: Beulah, Dickinson Trinity, Glen Ullin/Hebron, Hazen, Killdeer, Richardton-Taylor | Chairperson: Jason Simpenderfer, Beulah


**NDHSAA Class B Girls Basketball Ticket Policy - School Orders**

Four reserved seat tickets will be available for purchase by each Class B high school for the tournament. There is a limit of one set of tickets per co-op or consolidation per tournament. Orders for these four reserved seat school tournament tickets must be postmarked by January 3, 2020.

Send orders with a check made payable to the “ND State Girls BB Tournament” to:

**Mark Rerick, Athletic Director**  
**Grand Forks Public Schools**  
**PO Box 6000**  
**Grand Forks, ND  58206-6000**

Season Reserved Tickets: $42.00 + $6.00 facility fee for a total of $48.00 per ticket.

(Note: School orders not postmarked by the deadline date will be placed with orders from the general public.)

**NDHSAA Class B Girls Basketball Ticket Policy - General Public Orders**

Reserved tickets to the general public for the 2020 State B Girls Basketball Tournament will go on sale **Wednesday, January 15, 2020** at noon central time (all purchases are final and nonrefundable). All other tickets, including student season general admission, will go on sale Thursday, February 27 at 12:00 p.m. Tickets may be purchased in the following ways:

Online at [www.ticketmaster.com](http://www.ticketmaster.com)  
By calling Ticketmaster at 1-800-745-3000  
Ralph Engelstad Arena Box Office; 10:00 am – 6:00 pm, Monday-Friday (beginning on January 16, 2019)

*Special Notice:* There is a limit of 8 tickets per individual and all purchases are final and nonrefundable.

**TICKET PRICES**

<table>
<thead>
<tr>
<th>Category</th>
<th>Price Per Ticket</th>
</tr>
</thead>
<tbody>
<tr>
<td>Season Reserved (all three days – ages 3 and up)</td>
<td>$42 + $6 Facility Fee = $48.00</td>
</tr>
<tr>
<td>Single Session Reserved (ages 3 and up)</td>
<td>$11 + $1 Facility Fee = $12.00</td>
</tr>
<tr>
<td>Adult Single Session General Admission</td>
<td>$10 + $1 Facility Fee = $11.00</td>
</tr>
<tr>
<td>Student Season General Admission (all three days)</td>
<td>$15 + $6 Facility Fee = $21.00</td>
</tr>
<tr>
<td>Student Single Session General Admission</td>
<td>$5 + $1 Facility Fee = $6.00</td>
</tr>
</tbody>
</table>

(Children 2 and under are free if in someone’s lap)

Sessions:

**Thursday, March 5**  
1:00 pm and 6:30 pm

**Friday, March 6**  
1:00 pm and 6:30 pm

**Saturday, March 7**  
1:00 pm and 6:00 pm

*Doors will open 1 hour before each session.*

For more information and to view a seating map, please log on to [www.theralph.com/events/seating-chart](http://www.theralph.com/events/seating-chart) or call Ticketmaster at 1-800-745-3000.

**Visit NDHSAA NOW for scores, stories and more! [www.ndhsaanow.com](http://www.ndhsaanow.com)**
The 2020 NDHSAA State B Boys Basketball Tournament will be held March 19-21 at the Bismarck Event Center.

Four reserved seat tickets will be available for purchase by each Class B high school for the tournament. There is a limit of one set of tickets per co-op or consolidation per tournament. Orders for these four reserved seat school tournament tickets must be received by January 24, 2020. Orders exceeding four season tickets or without payment in full will not be processed. Please download and complete a 2020 NDHSAA Class B Boys Basketball School Order Form and mail it to the address listed on the Order Form. Link to Order Form is included below.

Season Reserved Tickets: $42 plus $6 venue/ticket charge for a $48 total per ticket. Schools may include a $2.50 mailing fee; otherwise, tickets will be held at Will Call. Photo ID is required on all Will Call orders.

NOTE: School orders not postmarked by the deadline date will be placed with orders from the general public.

2020 NDHSAA CLASS B BOYS BASKETBALL SCHOOL ORDER TICKET ORDER FORM

Season tickets for the general public for the 2020 State B Boys Basketball Tournament will go on sale Monday, February 3, 2020 at 11:30 a.m. central time (all purchases are final and nonrefundable).

All other tickets including student season general admission, will go on sale Monday, March 16 at 11:30 a.m. central time.

Season tickets may be purchased in the following ways:
1. Monday, February 3, 2020: Online at etix.com
2. Monday, February 3, 2020: By calling etix at 1-800-514-3849
3. Monday, February 3, 2020: By walk up starting at 11:30 a.m. central time. (and then available Monday-Friday from 11:30 a.m. to 5:00 p.m. at the Bismarck Event Center box office following the initial day of sale)

*Special Notice: There is a limit of eight (8) tickets per individual and all purchases are final and non-refundable

Ticket Prices:
Season Reserved (all three days – ages 3 and up) $42.00 + $6.00 Facility Fee = $48.00
Single Session Reserved (ages 3 and up) $11.00 + $1.50 Facility Fee = $12.50
Adult Single Session General Admission $10.00 + $1.50 Facility Fee = $11.50
Student Season General Admission (all three days) $15.00 + $3.50 Facility Fee = $19.50
Student Single Session General Admission $5.00 + $1.00 Facility Fee = $6.00
(Children 2 and under are free if in someone’s lap)

Sessions:
Thursday, March 19
1:00pm and 6:30pm
Friday, March 20
1:00pm and 6:30pm
Saturday, March 21
1:00pm and 6:00pm

*Doors will open 90 minutes before each session. For more information and to view a seating map, please log on to: https://www.bismarckeventcenter.com/events
State Wrestling Ticket Order Policy

The 2020 State Wrestling Tournament will be held February 20-22 at the FARGODOME. Reserved group tickets can be ordered no earlier than January 6th at 8:00 am CST. These orders will be processed beginning January 13th. Group ticket orders will be online only. Group orders (12 or more) will receive preference until January 17th. (See complete information below.)

All ticket purchases are non-refundable and only reserved season tickets may be purchased in advance. Daily tickets and general admission tickets can be purchased when the tournament begins. All orders will be filled with the best available seating at the time the order is processed. Please specify for Class A or Class B seating.

1. All ticket orders will be through the NDHSAA website. The link will be emailed to main school contacts only. Main school contacts will be responsible for issuing the link to proper personnel or appointed designee for ordering. The link will go live at 8:00 am CST on January 6th.
2. Only one reserved group ticket order per team will be allowed.
3. A credit card will be required to purchase reserved tickets
4. The online reserved group ticket order window will close on Jan. 17. After the deadline, no group ticket orders will be sold.

Note: If you would like your group tickets mailed to you there is a $7.00 shipping charge per order or they can be picked up at the ticket office. Photo ID is required to pick up tickets.

Individual Orders at the FARGODOME (In-Person Only)
1. On-Sale January 22, 2020 at 10:00 AM
2. If used, checks must be made payable to FARGODOME
3. Acceptable methods of payment for NDHSAA tournaments at FARGODOME: Cash, Check, Visa, Mastercard, Discover, American Express

Ticket Prices:
Adult Season Reserved
$42.00 + $3.00 venue charge = $45.00
Adult Season Unreserved
$32.00 + $3.00 venue charge = $35.00
Adult Daily Reserved
$14.00 + $1.00 venue charge = $15.00
Adult Daily Unreserved
$12.00 + $1.00 venue charge = $13.00
Student Season Unreserved
$15.00 + $3.00 venue charge = $18.00
Student Daily Unreserved
$6.00 + $1.00 venue charge = $7.00

Telephone orders: (Note: There is a convenience charge for purchasing tickets over the telephone).

Please call 855-694-6367 to order individual non-reserved tickets over the telephone.
## 2020 NDHSAA Winter Tournament Ticket Prices

### State Boys & Girls Hockey-Scheels Arena (Fargo)
- Adult Season General Admission: $32.00
- Adult Daily General Admission: $12.00
- Student Season General Admission: $15.00
- Student Daily General Admission: $6.00
* Venue Charges not included in ticket price total

### State B Boys Basketball @ Bismarck Event Center
- Season Reserved (all three days – ages 3 and up): $42.00
- Single Session Reserved (ages 3 and up): $11.00
- Adult Single Session General Admission: $10.00
- Student Season General Admission (all three days): $15.00
- Student Single Session General Admission: $5.00
  (Children 2 and under are free if in someone’s lap)
* Venue Charges not included in ticket price total

### State B Girls Basketball @ Betty Engelstad Arena (Grand Forks)
- Season Reserved (all three days-ages 3 and up): $42.00
- Single Session Reserved (ages 3 and up): $11.00
- Adult Single Session General Admission: $10.00
- Student Season General Admission (all three days): $15.00
- Student Single Session General Admission: $5.00
  (Children 2 years and under are free if in someone’s lap)
* Venue Charges not included in ticket price total

### Class A Basketball @ Scheels Center in the SHAC & FARGODOME
- Adult Season General Admission: $32.00
- Adult Daily General Admission: $12.00
- Student Season General Admission: $15.00
- Student Daily General Admission: $6.00
* Venue Charges not included in ticket price total

### West Region Boys & Girls Basketball @ Bismarck Event Center
- Adult Season General Admission: $26.00
- Adult Daily General Admission: $10.00
- Student Season General Admission: $13.00
- Student Daily General Admission: $5.00
  Play in games: (Adults - $7, Students - $5)
* Venue Charges not included in ticket price total

### East Region Boys & Girls Basketball @ Fargo
- Play in games and Quarterfinals
  - One game: (Adults - $7, Students - $5)
  - Two games: (Adults - $8, Students - $5)
  - March 5-7
  - (Adults - $10, Students - $5)

### West Region Boys Hockey @ Bismarck
- Adult Tournament (Unreserved): $26
- Adult Daily Pass: $10
- Student Tournament (Unreserved): $13
- Student Daily Pass: $5
  Play in games:
  - (Adults - $7, Students - $5)

### East Region Boys Hockey @ Grand Forks
- (Feb. 18 games at high seed)
  - Adult Daily Pass: $10
  - Adult Session (2 games): $8
  - Student Daily Pass: $5
  - Student Session (2 games): $5
  - Play in games:
    - (Adults - $7, Students - $5)

### Region B Boys & Girls Basketball
- Adult Tickets: $8.00
- Student Tickets: $5.00

### State Gymnastics @ Dickinson HS
- Adult Season General Admission: $18
- Adult Daily General Admission: $10
- Student Season General Admission: $8
- Student Daily General Admission: $5

### State Wrestling @ FARGODOME
- Adult Season Reserved: $42.00
- Adult Season Unreserved: $32.00
- Adult Daily Reserved: $14.00
- Adult Daily Unreserved: $12.00
- Student Season Unreserved: $15.00
- Student Daily Unreserved: $6.00
* Venue Charges not included in ticket price total

### State Boys & Girls Hockey-Scheels Arena (Fargo)
- Adult Season General Admission: $32.00
- Adult Daily General Admission: $12.00
- Student Season General Admission: $15.00
- Student Daily General Admission: $6.00
* Venue Charges not included in ticket price total

### State Boys Swimming & Diving @ Hulbert Aquatics Center
- Daily Ticket: Adults: $10; Students: $5
- Tournament Ticket (Two-Day)
  - Adults (reserved): $26
  - Adults (unreserved): $20
  - Students (unreserved): $10
* Venue Charges not included in ticket price total
Junior High Regulations on NDHSAA Website

All sport regulations, including Jr. High regulations, are available on the Administrators & Coaches section of the NDHSAA website.

Click on the Administrators & Coaches link on the menu bar above the pictures on every NDHSAA webpage: http://www.ndhsaa.com/administrators-coaches

Scroll down the page and you will find:
A link to all regulations for activities (Fine Arts) and sports including a specific link to Jr. High Regulations. Regulations are also available on each sport page. Jr. High regulations by sport are included in the sport regulations.

2019 State Class B One-Act Play Contest Results

The 2019 NDHSAA State Class B One-Act Play Contest was held Monday and Tuesday, November 25 and 26 in Jamestown.


Superior Actor Awards were presented
November 25 at Jamestown High School to:
Gabbi Hicks - Drake Anamoose
Jorgen Paulson - Edgeley
Destinee Hahn - Park River
Carissa Stroh - North Sargent
Salvatore O’Neill - Griggs County
Izabella Grenz - Maple Valley
Eden Bartz - Richardton-Taylor
Kayla Barral - Bowbells-Burke Central
Isabella Nolan – Hazen

Superior Actor Awards were presented
November 25 at University of Jamestown to:
Hannah Seefeld - Ellendale
Ariana Cook - Mohall-Lansford-Sherwood
Kiara Radke - Milnor
Cassie Rostver - Hatton-Northwood
Kate Heidlebaugh - Rugby
Madison Spencer - New England
Martin Bergstedt - Enderlin
Ensemble - Shiloh-Christian
Qwyntin Alcon - New Town

Schools qualified for State from one of 10 regions statewide with contests held in early to mid November. Participating were: Bowbells/Burke Central, Drake-Anamoose, Edgeley, Ellendale, Enderlin, Griggs County Central, Hatton/Northwood, Hazen, Maple Valley, Milnor, Mohall-Lansford-Sherwood, New England, New Town, North Sargent, Park River, Richardton-Taylor, Rugby, and Shiloh Christian.
The NDHSAA State Debate Tournament will be held on February 7-8, 2020 at Fargo Davies High School located at 7150 25th St. S. Fargo. Gayle Hyde will serve as tournament manager.

The state tournament registration is due through the NDHSAA online system on Friday, January 24, 2020 by 11:59 P.M. CDT. Email should be directed to brian.bubach@ndhsaa.org and hydeg@fargo.k12.nd.us.

The NSDA January Public Forum resolution will be used at the ND State Debate Tournament.

Please note Fargo Davies will be in session through 3:45 p.m. so teams should enter through the Main Entrance and proceed directly to Gym 1. Please do not arrive before 2:15 p.m. Students will be allowed to wait in Gym 1 while the coaches meet in Room B127. The coaches’ meeting must recess at 3:00 p.m. so the general meeting may start on time.

The following is the 2-day tournament schedule (times approximate based on rounds):

**Friday, Feb. 7**
10:00 AM Final Deadline for Substitutions/Drops
1:00 PM Tabulation Committee meets in Room B127
2:20 PM Coaches’ Meeting in Room B127
3:10 PM General Meeting for students and release of schedule for Round I in Gym 1
        Judges’ meeting in the Faculty Lounge
4:00 PM Round 1 All divisions PF; Division 3 LD
5:00 PM Round 1 Division 1 and 2 LD
        Round 2 Division 1 and 2 PF
6:00 PM Round 3 Division 1 and 2 PF
        Round 2 All divisions LD
7:00 PM Round 2 Division 3 PF
        Round 3 All Divisions LD

**Saturday, Feb. 8**
7:45 AM Schedule Released
8:00 AM Round 3 Division 3 PF
        Round 4 Divisions 1 and 2 PF
9:00 AM Round 4 Division 4 PF
        Round 4 All Divisions LD
        Elimination Rounds begin
10:30 AM Quarterfinals Division 2 PF and Division 3 LD
11:30 AM Quarterfinals Division 1 PF and Division 3 PF
12:30 PM Semifinals Division 3 LD; Quarterfinals Division 1 LD and Division 2 LD
1:30 PM Semifinals All divisions PF and Division 2 LD; Finals Division 3 LD
2:30 PM Semifinals Division 1 LD; Finals Division 2 PF, Division 3 PF, Division 2 LD
3:30 PM Finals Division 1 LD and Division 1 PF
5:00 PM Awards in the theater
National Girls and Women in Sports Day is a nationwide celebration which recognizes the accomplishments of individuals in the promotion and advancement of girls and women’s sports. The day also brings attention to the achievements of female athletes and to issues facing girls and women in sports.

**Coaches and Officials Mandatory Online Testing**

Officials and head coaches of spring sports (baseball and softball) must take an open book test in the sport(s) in which he/she is a head coach/official. The test will be available online only and must be completed and submitted within the applicable window. The test will be available by following the Online Testing link on the main page of the NDHSAA website. ([www.ndhsaa.com](http://www.ndhsaa.com))

The NDHSAA office will assess a penalty of $25 for non-completion of any mandatory online exam by a head coach. Officials non-completion of a mandatory online exam will result in a lower classification the following year. If an official is certified, they will drop to probationary for one year in that sport. If an official is probationary they will drop to ineligible for one year in that sport.

**Baseball and Softball Spring sports testing window:**
March 31-April 9, 2020

**Entering Team Scholars**

NDHSAA recognizes teams that have met a cumulative 3.20 Grade Point Average as Team Scholars. Team Scholars may be submitted by school administrators through the NDHSAA website. Team Scholars submitted by the 15th of each month are published monthly in the NDHSAA BULLETIN the following month.

To submit team scholars to NDHSAA:

- Log in to NDHSAA
- Click the Admin Bell for your school on the top left side of the page
- Click the Team Tab on the grey menu bar
- Complete form - including checking the eligibility box
- Click the blue Submit
- Your Team Scholar submission will be emailed to Brian Bubach

**Award of Excellence Nominations**

NDHSAA is requesting nominations for the Award of Excellence program any time during the upcoming activities seasons. This program honors those teams, individuals, coaches, administrators, or fans that show exemplary sportsmanship in competition.

Any administrator, game official, or coach may email a nomination to brian.bubach@ndhsaa.org with the pertinent information including the date of the contest or activity, those specially being nominated, circumstances that motivated nomination, and the name(s) of those proposing the nominations.

**NFHS Network Programming - 2020 NDHSAA Boys Swimming & Diving**

The 2020 North Dakota High School Activities Association Boys State Swimming and Diving Meet is being streamed on the NFHS Network. Below is what will be streamed:

**NDHSAA Boys State Swimming and Diving Meet – Saturday Finals**
(March 7 at Hulbert Aquatics Center in West Fargo)

Diving Semifinals at 10:30 a.m.
Final events are scheduled to begin at 1:00 p.m.

Fans can watch these events live online with a subscription at:

Subscribers can also watch on the go by downloading the NFHS Network app for iPhone and Android devices.

NFHS Network subscription fees are: $10.99 for the “NFHS All-Access Monthly Pass”, which provides subscribers unlimited monthly access from the date of purchase. Please Note: Monthly Subscriptions are automatically renewed unless subscriber cancels their subscription in account settings before that time.
BEK Sports Network is televising the NDHSAA Class A and Class B team dual wrestling state championship matches as well as the Class A and Class B individual championship matches during the 2020 NDHSAA State Wrestling Tournament set for February 20-22 at the FARGODOME.

Details on BEK Sports Network’s State Wrestling Tournament coverage are listed below:

FRIDAY, FEBRUARY 21

NDHSAA Class A Team Dual State Championship
Channel: BEK Sports Statewide
Class A Team Dual State Championship, 7 p.m.

NDHSAA Class B Team Dual State Championship
Channel: BEK Sports Plus+ Statewide
Class B Team Dual State Championship, 7 p.m.

SATURDAY, FEBRUARY 22

NDHSAA Class A Individual Championship Matches
Channel: BEK Sports Statewide
Class A Individual Championship Matches, 3 p.m.

NDHSAA Class B Individual Championship Matches
Channel: BEK Sports Plus+ Statewide
Class B Individual Championship Matches, 3 p.m.

BEK Sports Network

BEK Sports is available statewide on all cable and satellite providers and over-the-air via KNDB/M and KRDK. Visit https://www.bek.coop/bek-tv/bek-channel-finder/ for channel listings.

BEK Sports Plus+ is available throughout North Dakota on cable affiliates and over-the-air on KNDB/M and KRDK. Visit https://www.bek.coop/bek-tv/bek-channel-finder/ for channel listings.


DVD sales of these broadcasts will be available through BEK Sports Network. Order online at: https://www.bek.coop/bek-tv/bek-dvd-orders/#/
Farmers Union Insurance Distinguished Student: Emily Dinius

Editorial note: We will be publishing a series of articles on getting to know this year’s distinguished student finalists.

Distinguished student, Emily Dinius hails from New England High School. Her friends call her Em. She is the daughter of Julie and Shane Dinius and she has four younger siblings (Grace, Kallie, Hannah and Hank). This 17 year old has been an outstanding contributor to the NDHSAA distinguished student program.

At New England High School, Emily participates in several activities: She excels in volleyball, basketball, band, choir, FFA and NHS. A myriad of activities to keep her busy most definitely. Emily states that while at school her favorite subject is Math. Emily also has an admiration for Katy Dahl, a leader at a bible camp in CO. “She is a leader of the praise and worship band. Katy is so passionate in her music and strong in her faith. She comes out confident with the mindset to perform her best not for us but for the Lord.”

In what little spare time she does have, Emily enjoys playing the piano or singing but also enjoys baking. Community service is also very important as you will see Emily serving meals at church, assisting with vacation bible school and volunteering as a church fair worker.

Emily plans on pursuing a degree in nursing, has not yet decided on a college, but is leaning toward the University of Jamestown. With her degree she hopes to get out of college, have a career in nursing and have a family. As a young leader of today, Emily feels that communication skills are the most important characteristic of a good leader. “As a leader, you should be striving to do what is best for your group. While doing this, communication is necessary.”

The perfect vacation for Emily would be a cruise to someplace warm. She also stated that if elected President, her first plan would be to “address education costs, standardized testing and make sure everyone is getting the education they deserve, no matter where they live or who they are.”

Christmas is Emily’s favorite holiday because “I love the decorations, the lights and decorating the tree. Christmas music is amazing, there is such a variety and it brightens my day to listen to and hear it.”

Individuals living or dead that Emily would like to share a meal with include: her grandmother IdaMae, her friend Molly, Chad Michael Murray and Jesus.

Emily’s biggest pet peeve is unorganized people and her favorite tradition is setting up the Christmas tree after Thanksgiving. We asked Emily who she would want to play her in a movie about her life and she chose Bethany Joy Lenz. The one thing the Emily could not go a single day without, is music. Finally, we asked for any other interesting tidbits about Emily: She mentioned she has 23 goats and her favorite TV shows are One Tree Hill and Greys Anatomy.

Congratulations to Emily Dinius, an NDHSAA/ Farmers Union Insurance Distinguished Student!

2020 Class B Parade of Champions School Registration

The 2020 Class B Parade of Champions will be held Saturday, March 21 between the Third Place and Championship games of the State Class B Boys Basketball Tournament.

School Main Contacts with qualifying team and individual champions will receive a NDHSAA system email with registration link and information mid-January.

The parade is reserved for eligible students and qualifying 2019 alumni. Student General Admission tickets will be reserved for parade participants with registration between 5:15 – 5:45 p.m. the day of. For further information, please contact Brian Bubach at (701) 845-3953 or brian.bubach@ndhsaa.org
STATE MEET: February 28 and 29, 2020  
SITE: Dickinson, Guy Fridley, Dickinson AD, Manager

STATE MEET SCHEDULE EVENTS
A. Individual Events  
1. Vault  
2. Uneven Parallel Bars  
3. Balance Beam  
4. Floor Exercise

B. All-Around

REGISTRATION DEADLINE
State meet entries are to be submitted electronically to the NDHSAA office and to the meet manager, no later than 10:00 AM Tuesday prior to the State Meet. Entries submitted after the deadline up to 4:00 PM that Tuesday will be accepted only if accompanied with payment of $25.00 late entry fee. No entries will be accepted later than 4:00 PM the Tuesday prior to the State Meet.

EXPENSE ALLOWANCE
Team payments will be made following the end of the fiscal year according to the team payment schedule.

OFFICIAL RULES
The 2018-20 Girls Gymnastics Rules Book published by the National Federation is the official rule book.

UNIFORMS
Participants must appear in appropriate school identifying uniforms.

SCORING
In determining the Team Champion, scores are determined by totaling the best four scores for each team in each event.

STATE ENTRIES
Each school is allowed six gymnasts for team competition.

SUBSTITUTIONS
Team substitutions are permitted up to the time of the start of the event using the roster as submitted on the state entry form.

WARMUPS
Touch warm-up shall be:
Vault and Bars:
Team A: Gymnasts 1, 2, & 3 touch, then compete  
Team B: Gymnasts 1, 2, & 3 touch, then compete  
Team A: Gymnasts 4, 5, & 6 touch, then compete  
Team B: Gymnasts 4, 5, & 6 touch, then compete
The touch warm-up on vault consists of two vault attempts.
Beam:
First 3 competitors touch, then competition start  
Team A: Gymnasts 1&2 touches  
Team B: Gymnast 1 touches  
Team A: Gymnast 1 competes
Floor Exercise:
First 6 competitors touch (2 min.):  
Team A Gymnasts 1, 2 & 3, followed by Team B Gymnast 1, 2 & 3 touch  
Team A Gymnasts 1, 2 & 3 compete followed by Team B 1, 2 & 3 competes  
Team B Gymnast 1 competes  
Team A Gymnast 3 & Team B gymnast 3 touch (1 min.)  
Team A Gymnast 2 competes  
Team B Gymnast 2 competes  
Team A Gymnast 4 & Team B gymnast 4 touch (1 min.) and so on  
Team B: Gymnast 2 touches  
Team B: Gymnast 1 competes  
Team A: Gymnast 3 touches  
Team A: Gymnast 2 competes  
Team B: Gymnast 3 touches  
Team B: Gymnast 2 competes  
Team A: Gymnast 3 touches and so on
OFFICIAL RULES STATE TOURNAMENT QUALIFIERS TEAM QUALIFICATION

1. The top eight teams will advance to the State Meet using the top 5 team scores from the regular season, which includes the conference meet. There will be no NDHSAA sponsored regional meet.

2. Tie-breaker for team seeding (Start with number one and stop when the tie is broken):
   a. Head to head record where both teams competed
   b. Add team scores of meets where both teams competed
   c. Average top 4 scores (instead of 5) for tied teams
   d. Average top 3 scores for tied teams
   e. Average top 2 scores for tied teams
   f. Top score for tied teams
   g. Coin flip

3. There will be one (1) session.

4. The schedule will be:

**Friday:**
Introductions and anthem at 3:45 PM. Competition begins at 4:00 PM. All times are local time Friday (Team Day):
- 1:00 p.m. – Gym Opens
- 1:15 p.m. - Coaches’ meeting
- 1:45 – 3:45 p.m. – Timed Warm-ups (see note)
- 3:00 p.m. - Officials’ Meeting and video review for base score
- 3:45 p.m. - Opening Ceremony
- 4:00 p.m. - Begin Competition

NOTE: Timed Warm-ups may be adjusted by the host school. Previously 1.5 minutes per athlete x 6 competitors, 2 minute equipment change was used.

*** Teams will be seeded into the Team State Meet by use of simple ranking program. All host teams must report/submit team scores to Kent VanEills immediately after completion of competition, including Conference Meet. Final ranking will be simple average score of the top five regular season competitions in which the team participated.

Example:

<table>
<thead>
<tr>
<th>Date</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 19</td>
<td>135</td>
</tr>
<tr>
<td>January 6</td>
<td>132</td>
</tr>
<tr>
<td>January 13</td>
<td>133</td>
</tr>
<tr>
<td>January 20</td>
<td>136</td>
</tr>
<tr>
<td>January 28</td>
<td>137</td>
</tr>
<tr>
<td>February 3</td>
<td>137</td>
</tr>
<tr>
<td>February 10</td>
<td>138</td>
</tr>
</tbody>
</table>

• Total: 135+136+137+137+138 = 683 divided by 5 meets = 136.6 average.

Top ranked teams will meet on floor exercise last round, etc.

• See Regulations for Warm-up and Competition Rotations: http://www.ndhsaa.com/regulations/gymnastics • Coaches will declare the 6 Team Competition athletes per event by the Tuesday prior to the State Meet.

INDIVIDUAL QUALIFICATION

1. The top 3 regular season scores will be used to advance the top 40 individuals and top 30 all around to the state meet.

2. The top 3 scores for each athlete must be posted on the NDHSAA website plus any update when an athlete achieves a better score.

3. Conference meet may contribute to the 3 score average.

4. Coaches must submit updates on an individual’s score by noon Sunday prior to the State Meet.

5. Top 40 individuals and top 30 all around athletes statewide will qualify to Individual State Meet (no tie-break).

**Saturday (Individual Day):**
- 10:45 a.m. - Gym Opens
- 11:00 a.m. - Coaches’ Meeting
- 11:30 a.m. - Timed Warm-ups Begin
- 12:30 p.m. - Video review for base score (optional)
- 12:45 p.m. - Opening Ceremonies
- 1:00 p.m. - Begin Competition

NOTE:
1. Meet manager may view the field each day and adjust the warm-up if needed. Touch warm-ups will be used for team day and individual day.

2. It is recommended to use the individual athlete announcing format and drop back warm up to speed meet up and provide more spectator appeal.
OTHER REGULATIONS
1. Only high school teams are eligible to enter the State Meet. Junior high teams are not eligible, but junior high girls are eligible for the senior high team.
2. If a girl wishes to compete in the all-around, she must enter all four of the individual events.
3. The meet referee shall not be a high school coach of a competing team.

SPECIAL MEETING:
All judges and meet referees will meet one hour prior to the start of competition for video review prior to base scores. Prior to competition on both days of the State Meet, judges will review videos of routines of the event in which they are assigned. This will take place no later than 1/2 hour prior to the beginning of competition which is during the scheduled judges’ meeting.

STATE SCHEDULE
NOTE: Warm-up starting time will be reviewed by the meet manager for Friday for any necessary adjustments.

STATE ADMISSION PRICES
1 Day Ticket: Adults - $10.00, Students - $5.00
2 Tournament Ticket: Adults - $18.00, Students - $8.00

STATE AWARDS
The top four teams receive a team trophy. In addition, competing members of the championship and runner-up teams will receive individual plaques. In each event, the top six individuals receive plaques. Because of the number of ties, individual awards will be ordered following competition.

JUDGES
A Meet Referee plus twelve judges - three in each event will be contracted. Scoring shall be tabulated to the ten-thousandths and rounded off to the nearest thousandth.

State Gymnastics Information (Continued)

OTHER REGULATIONS
1. Only high school teams are eligible to enter the State Meet. Junior high teams are not eligible, but junior high girls are eligible for the senior high team.
2. If a girl wishes to compete in the all-around, she must enter all four of the individual events.
3. The meet referee shall not be a high school coach of a competing team.

SPECIAL MEETING:
All judges and meet referees will meet one hour prior to the start of competition for video review prior to base scores. Prior to competition on both days of the State Meet, judges will review videos of routines of the event in which they are assigned. This will take place no later than 1/2 hour prior to the beginning of competition which is during the scheduled judges’ meeting.

STATE SCHEDULE
NOTE: Warm-up starting time will be reviewed by the meet manager for Friday for any necessary adjustments.

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1 Day Ticket: Adults - $10.00, Students - $5.00
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JUDGES
A Meet Referee plus twelve judges - three in each event will be contracted. Scoring shall be tabulated to the ten-thousandths and rounded off to the nearest thousandth.

Team Scholars

Principals and coaches are reminded Team Scholar Award applications may be submitted as soon as your school has reached the first grading period. It is requested the school principal identify all fall teams that have met the cumulative 3.20 Grade Point Average and submit those all at one time.

If you have questions, please contact brian.bubach@ndhsaa.org or (701) 845-3953.

Boys Cross Country
Fargo Davies, 3.67; Grafton Spoilers, 3.39; Lisbon, 3.68; Sargent Central/Lidgerwood/Oakes, 3.38; Shiloh Christian, 3.49; Valley City, 3.77

Boys Soccer
Fargo Davies, 3.22; Mandan, 3.45

Boys Tennis
Fargo Davies, 3.72; Mandan, 3.25; Valley City, 3.62

Football
Bismarck St. Mary’s, 3.69; Ellendale/Edgeley/Kulm Thunder, 3.39; Fargo Davies, 3.48; Heart River, 3.30; Lisbon, 3.39; May-Port CG, 3.37; North Prairie Cougars, 3.35; North Star, 3.54; Valley City, 3.27; Westhope/Newburg/Glenburn, 3.41

Volleyball
Barnes County North, 3.87; Bismarck St. Mary’s, 3.86; Dakota Prairie, 3.83; Devils Lake Firebirds, 3.57; Dickinson Trinity, 3.88; Fargo Davies, 3.70; Fargo North, 3.68; Garrison/Max, 3.69; Grafton Spoilers, 3.72; Grand Forks Red River, 3.82; Heart River, 3.71; Lisbon, 3.62; Mandan, 3.87; May-Port CG, 3.83; Midway/Minto, 3.62; North Star, 3.93; Powers Lake, 3.81; Ray, 3.71; Rolla, 3.77; Sargent Central, 3.75; Shiloh Christian, 3.59; St. John, 3.51; Valley City, 3.80; West Fargo, 3.88; Wyndmere/Lidgerwood, 3.67

Girls Cross Country
Fargo Davies, 3.80; Grafton Spoilers, 3.65; Lisbon, 3.51; Mandan, 3.24; Sargent Central/Lidgerwood/Oakes, 3.92; Shiloh Christian, 3.47; Valley City, 3.86

Girls Golf (Class A)
Bismarck St. Mary’s, 3.68; Fargo Davies, 3.75; Valley City, 3.58

Girls Swimming & Diving
Fargo Davies, 3.59; GFRR Roughriders, 3.78; Mandan, 3.30

Plays
Central Valley, 3.73; Dakota Prairie, 3.60; Hettinger, 3.59; Lidgerwood, 3.68; Lisbon, 3.38; Wyndmere, 3.28

Student Congress
Valley City, 3.67
NDHSAA Help - NDHSAA Admins Reporting Scores

- Log in to your NDHSAA account.
- Click the Admin Portal for your school (Bell on top left).
- Click the Results tab on the school admin menu bar that goes across the page.
  - There will be a red box with a number inside if you are missing any scores.
  - If all scores are entered, the box beside your results tab will be green with a “0” inside.
- Click Enter beside the contest that is missing a score.
- Enter your score – Final score is all that is needed.
- Click the Blue SAVE button at the bottom of the page.

Notes:
- When results are entered by one school, they will appear as results for both/all schools.
- On an iPhone, iPad or Android device GoogleChrome is recommended as your browser.
- The NDHSAA admin website is mobile friendly, however, viewing your phone landscape (sideways) rather than portrait (up and down) makes the site easier to maneuver.
- When you log in to the NDHSAA Admin website, bookmark your admin portal page for easy recall.
NDHSAA Help
NDHSAA Coaches – Reporting Scores

1. Log in to your NDHSAA account.
2. Under “Your Teams” – Click the team for which you would like to enter scores.
3. Click the Varsity tab:
4. Click the Schedule tab beside contest
5. Click the Scores tab
6. Enter your score – Final score is all that is needed.
7. Click the Blue SAVE button at the bottom of the page.

Notes:
- When results are entered by one school, they will appear as results for both/all schools.
- On an iPhone, iPad or Android device Google Chrome is recommended as your browser.
- The NDHSAA admin website is mobile friendly, however, viewing your phone landscape (sideways) rather than portrait (up and down) makes the site easier to maneuver.
- When you log in to the NDHSAA Admin website, bookmark your admin portal page for easy recall.

Visit NDHSAA NOW for scores, stories and more! www.ndhsaanow.com
The Farmers Union Insurance Distinguished Student Application Deadline is January 27, 2020.

**Objectives & Goals:** To recognize deserving young people who are the “backbone” of interscholastic activities, not necessarily the leader, but the individual whose participation in high school activities strengthens the program for participants, the school and the community.

**Criteria:** Applicant must be a junior the year the application is submitted. Student must be a participant as a player, manager, statistician or other role in at least one NDHSAA sponsored activity in the current year. Note: Participation does not necessarily mean excellence, honors or even active play. Student must be a good citizen and role model to his/her peers as well as a contributor to the community. The committee will evaluate applicants’ essays on their demonstration of sportsmanship and citizenship and how the applicant feels these values derived from activities will provide them lifelong benefits.

**Selection Process:** One applicant per school is allowed. A pre-screening committee will narrow the applicants to six finalists. The final selection will be based upon an interview conducted by a Selection Committee. Immediately following the interviews, the results will be announced at an NDHSAA sponsored luncheon for finalists and their families. The student must be available for interviews the ENTIRE morning of April 29.

**Deadlines:** Completed application forms must be postmarked no later than April 1. Applications postmarked after April 1 will not be considered. Emailed PDF’s of the application are accepted. Finalists will be notified by mid-April. Interviews and the luncheon announcing the results will be held April 29.

**Awards:** All applicants of the NDHSAA Distinguished Student Program will receive a certificate suitable for framing. A press release naming all applicants will be sent statewide. Finalists will be featured in the September issue of the NDHSAA Bulletin. They will also be invited to participate in other functions connected with NDHSAA events. Farmers Union Insurance has graciously funded scholarships for the finalists. The NDHSAA Distinguished Student recipient will receive a $2,000 scholarship to the college of his/her choice. The runner-up will receive a $1,000 scholarship. The other four finalists will receive a $500 scholarship to the college of his/her choice. The Distinguished Student will be invited to be the Grand Marshall of the NDHSAA Parade of Champions and, along with the other finalists, participate in other activities such as serving as the NDHSAA spokesperson for High School Activities Month, promoting the values of activity programs and participating in awarding of trophies at NDHSAA state contests.

**January Calendar**

- 1/1/20 New Years Day
- 1/3/20 National Federation Winter Meeting, Austin, TX, Jan. 3-6
- 1/4/20 A Speech 1st Competition Date
- 1/5/20 B Speech 1st Competition Date
- 1/15/20 NDHSAA Athletic Review Committee Meeting, Valley City
- 1/15/20 NDIAAA Board Meeting, Valley City
- 1/16/20 NDHSAA Board of Directors Meeting, Valley City
- 1/20/20 Martin Luther King, Jr. Day
- 1/26/20 NDASA Midwinter Conference, Bismarck Ramkota, Jan. 26-28
- 1/29-1/31/20 NDASSP Midwinter Conference at the Bismarck Radisson Hotel, January 29-31

**NDHSAA Calendar Corrections**

NDASSP Midwinter Conference will be January 29-31, 2020 at the Bismarck Radisson Hotel.