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Pictured Above:
2016 Class A Wrestling Team Champions - Bismarck High School

NDHSAA Premier Partner:

NDHSAA Supporting Sponsors

BUCKLE UP
Every Trip. Every Time.
**NDHSAA Media Specialist Job Opportunity**

**APPLICATION REQUIREMENTS FOR**

**Media Specialist**

**of**

**North Dakota High School Activities Association**

**Valley City, North Dakota**

Complete Application to include the following:
- Cover letter
- Completed application form supplied by NDHSAA
- Résumé
- Two current letters of recommendation with contact information

Timeline:
- Completed applications received in NDHSAA Office by 4:00 pm March 29, 2016
- Applications screened March 31, 2016
- Interviews conducted April 8, 2016 at NDHSAA office
- Successful candidate to be approved April 19, 2016 at the NDHSAA Board of Directors meeting
- Expected start date of July 1, 2016

Application packet will be available on the NDHSAA and North Dakota Job Service websites on February 1, 2016.

www.ndhsaa.com ~ www.jobsnd.com

Completed applications should be sent to:

Sharon Prosby, Business Manager
North Dakota High School Activities Association
350 2nd St NW
Valley City, ND 58072
Email: Sharon.prosby@ndhsaa.org

The North Dakota High School Activities Association is an equal opportunity employer and encourages all qualified individuals to apply.
Girls’ Tennis Important Dates and Regulations

There are two new tennis regulations for the 2015/16 school year.

- Each season begins on the date set by the Board and concludes with the State Tournament. Each season shall be no less than 8 weeks in length. Beginning in 2016/17 each boys’ and girls’ tennis season shall be no less than 9 weeks in length.
- For team-day court assignments, the East’s #1 seed shall be assigned the indoor courts, if used, in even years and the West’s #1 seed shall be assigned the indoor courts if used in odd years.
- Opening Date: April 4, 2016
- First Contest: April 15, 2016
- Roster, Picture, Cutline and Schedule due on NDHSAA website: April 25, 2016
- Deadline for electronic submission of region entries May 11, 2016 (NOON CDT)
- Deadline Team Play-In May 16, 2016
- Region Tournament (Grand Forks & Bismarck): May 19, 20, 21, 2016
- State (Grand Forks): May 26, 27, 28, 2016

Complete tennis regulations may be found under the Girls’ Tennis menu on the Athletics tab on the NDHSAA website. http://www.ndhsaa.com/regulations/tennis-girls

**Online Rules Clinic for Girls Soccer & Girls Tennis Coaches**

Officials and head coaches/activity advisors must complete rules clinics in sports or activities where clinics are offered. These clinics will be available online only and must be completed within the three week clinic window. The clinic will be available through a link within NDHSAA. You must have an NDHSAA account in order to complete the rules clinic. Please note all clinics are available online only. There is a second window for coaches of sports that are held in two different seasons. Specifically for Spring are Girls Soccer and Girls Tennis. If the clinic was completed by the coach in the fall, it need not be completed again. However, if the clinic was not completed in the fall by coaches of the above named sports, they must complete the clinic within the window shown below.

A school must pay $50 for non-attendance or non-completion for a coach at one of these clinics. Schools are not eligible for postseason play until all fines have been paid.

2015-16 NDHSAA Rules Clinic Dates for Girls Soccer & Girls Tennis are March 7-29, 2016

### 2016 Baseball Workshops

<table>
<thead>
<tr>
<th>Site</th>
<th>Supervisor</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bismarck BSC Career Academy</td>
<td>Kevin Kerr</td>
<td>Wednesday, March 30</td>
<td>7:30 pm</td>
</tr>
<tr>
<td>Devils Lake Sports Center</td>
<td>Tom Perius</td>
<td>Wednesday, March 30</td>
<td>7:30 pm</td>
</tr>
<tr>
<td>West Fargo Sheyenne High School</td>
<td>Reggie Jackson</td>
<td>Wednesday, March 30</td>
<td>7:30 pm</td>
</tr>
<tr>
<td>Dickinson High School</td>
<td>Mark Sandman</td>
<td>Wednesday, April 6</td>
<td>7:30 pm (MT)</td>
</tr>
<tr>
<td>Grand Forks</td>
<td>Ryan Ingeman</td>
<td>Wednesday, April 6</td>
<td>7:30 pm</td>
</tr>
<tr>
<td>Red River High School</td>
<td>Brad Nold</td>
<td>Wednesday, April 6</td>
<td>7:30 pm</td>
</tr>
<tr>
<td>Jamestown High School</td>
<td>Brian Hornecker</td>
<td>Wednesday, April 6</td>
<td>7:30 pm</td>
</tr>
<tr>
<td>Minot Auditorium</td>
<td>Darin Krueger</td>
<td>Wednesday, April 6</td>
<td>7:30 pm</td>
</tr>
</tbody>
</table>

### 2016 Softball Workshops

<table>
<thead>
<tr>
<th>Site</th>
<th>Supervisor</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bismarck BSC Career Academy</td>
<td>Elliot Gerhardt</td>
<td>Wednesday, March 30</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Devils Lake Sports Center</td>
<td>Jay Schneider</td>
<td>Wednesday, March 30</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>West Fargo Sheyenne High School</td>
<td>Ryan Gellner</td>
<td>Wednesday, March 30</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Dickinson High School</td>
<td>Mark Sandman</td>
<td>Wednesday, April 6</td>
<td>6:00 pm (MT)</td>
</tr>
<tr>
<td>Grand Forks</td>
<td>Donald Doyle</td>
<td>Wednesday, April 6</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Red River High School</td>
<td>Trev Zerr</td>
<td>Wednesday, April 6</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Jamestown High School</td>
<td>Tom Lawson</td>
<td>Wednesday, April 6</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Minot Auditorium</td>
<td>Darin Krueger</td>
<td>Wednesday, April 6</td>
<td>6:00 pm</td>
</tr>
<tr>
<td>Williston High School</td>
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<td></td>
</tr>
</tbody>
</table>

Class B Boys’ Basketball Hotel Information

Information on reserving hotel rooms for the State Class B Boys Basketball Tournament, March 17-19, 2015 in Minot can be found at http://visitminot.org/ or by calling the Minot Convention & Visitor’s Bureau at 701-857-8206. Please reserve your rooms early.
2015-16 NDHSAA Parade of Champions

Approximately 350 individual and team champions will be on the floor of the Minot State University Dome on Saturday night, March 19, to be recognized by the crowd and statewide television coverage for the NDHSAA Parade of Champions.

To be a part of the parade a student must have been an individual or member of a team champion in an NDHSAA sponsored activity which will include the 2015 boys’ basketball champions through the 2016 girls’ basketball champions. In music, a student must have received the Outstanding Performance Award as a soloist or member of an ensemble.

Two representatives from each team or ensemble need to meet with Brian Bubach concerning placement in the Parade.

Passes are good for participants only. All participants are to dress in school issued warm-ups, jackets, or in dress clothes. We request that students not wear blue jeans.

Parade participants may pick up their tickets at the north entrance of the Minot Dome and should arrive before 5:45 p.m. If you have any questions, please email Brian Bubach (brian.bubach@ndhsaa.org) or call NDHSAA (701) 845-3953.

NDHSAA/Farmers Union Insurance Distinguished Students - Keaton Erickson

Editorial note: We will be publishing a series of articles on getting to know this year’s distinguished student finalists.

Distinguished student, Keaton Erickson hales from Carrington High School. His friends know him as Franklin. This 17 year old has been an outstanding contributor to the NDHSAA distinguished student program, from presenting at the state student council convention to taking a leadership seminar in Indianapolis. At Carrington High School, Keaton participates in several activities. He excels in speech, one act play, FBLA, student council, National Honor Society, Band, Choir, Science Olympiad, Academic Pursuit, and Student Congress. A myriad of activities to keep him busy most definitely.

Keaton states that while at school his favorite subject is Math. Keaton also has an admiration for his speech teacher Mrs. Michele Seil. He states her impact on his life through her role as his speech coach and the wonderful example she continues to provide to students, make her a role model.

Keaton is the son of John Erickson and Shannon Alexander. He also has two brothers Jack Erickson and Trey Alexander along with a sister Lauryn Alexander. In what little spare time he does have, Keaton enjoys reading, hanging with friends and his Rubik’s Cube. Community service is also very important as you will see Keaton volunteer at the local food pantry, as well as congregational service.

Keaton plans on pursuing a medical degree so he will be able to have a practice upon graduation. He still sees himself in college in 10 years as medical degrees take a major time commitment. Keaton is obviously a young leader of today, he feels that being service orientated is the most important characteristic of a good leader.

The government needs to work on comprehensive education reform according to Keaton, and that would be his first task if he were president. Republican nominee? The perfect vacation would be in California with several of his friends would be ideal for Keaton. He also states he could not go a single day without singing. Keaton has little tolerance for people chewing with their mouths open and heavy breathers as he has listed those as his biggest pet peeves.

Christmas is Keaton’s favorite holiday because all of the family is gathered around and usually playing cribbage. Individuals living or dead that Keaton would like to share a meal with include: Mozart, Bach, Schubert, and Ben Carson. And finally, Ben Stiller would play Keaton in a role about his life.

Congratulations to Keaton Erickson, a NDHSAA/Farmers Union Insurance Distinguished Student!
2015/16 Online Rules Clinics for Coaches and Officials of Spring Sports

Officials and head coaches/activity advisors must complete online rules clinics in sports or activities where clinics are offered. These clinics are available online only and must be completed within the three week clinic window. The clinic will be available through a link when logged in to your NDHSAA account. You must have an NDHSAA account in order to complete the rules clinic. Please note all clinics are available online only for the 2015/16 school year.

Rules clinics attendance/completion is mandatory each year for all football, volleyball, soccer, tennis, cross country, softball, swimming, hockey, gymnastics, basketball, wrestling, baseball, track & field officials and head coaches. Officials and coaches may also fulfill attendance requirements by attending any official rules clinic conducted by any of the state associations and having their attendance card sent to the NDHSAA office for credit. There are no make-up rules clinics. A coach/official must attend/complete one of the camps/workshops per sport as required.

Penalty for a coach’s failure to fulfill a mandatory clinic requirement shall result in a $50 fine to the school for each offense. Fines must be paid prior to being permitted to participate in NDHSAA post season activities to which the fine applies.

Penalty for an official’s failure to fulfill a mandatory clinic requirement will result in a drop of a level of certification in that sport the following year. If certified, you will move to probationary the following year in that sport. If probationary, you will move to ineligible the following year in that sport.

Following are the remaining sports and activities online rules clinic windows for 2015/16.

**Spring Sports - February 15 - March 7, 2016**
- Track & Field

**Spring Sports: March 7 - 29, 2016**
- Baseball & Softball
- Boys’ Golf & Class B Girls’ Golf

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**Changing Email Addresses in NDHSAA Account**

As schools transition to the new email addresses, users are reminded they must edit email addresses in the NDHSAA system. Editing accounts will allow user history and all existing roles to remain connected to NDHSAA accounts. Users should not create new accounts, they should edit their existing accounts.

To edit your NDHSAA email address/login:
1) Log in to your NDHSAA account
2) Click on “My Profile” on the bottom left portion of the page
3) Click the Edit Button on the Profile page
4) Click the “Account” tab on the grey menu bar that goes across the page
5) Enter your new email address
6) Confirm your new email address
7) Click the blue SAVE button

This is also where you would change your password, if you so desire.

Editing your email address on your NDHSAA account assures you receive the proper information from the NDHSAA office.

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The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand.

- Vince Lombardi

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5 March BULLETIN 2016
**NDHSAA Coaches Education - Permit Submission Form**

Beginning in the fall of 2013 all coaches who work with student athletes in grades 9-12 must be certified. To become certified a coach must complete the requirements for a NDHSAA Coaching Permit. Member schools submit their coaching rosters through the NDHSAA Coaching Permit Submission Form. The NDHSAA Coaching Permit Submission Form allows tracking of all coaches through member schools. This is the only form that will be accepted and it must be emailed electronically as an excel file. If you find a need to track more coach information than listed on this form, please feel free to add columns AFTER (to the right of) column 10. Only columns 1-10 need be submitted to NDHSAA.

All coaches must be submitted each year. Only coaches not certified in a prior year will be mailed coaching permits. Coaching permits will be issued by the North Dakota High School Coaches Association. The due date for the Coaches Education Permit Submission form is April 1st each year.

This form has been emailed to main school contacts and is available on the NDHSAA website under Forms. Please contact NDHSAA for any questions concerning this form.

**NDHSAA Local (Sub-Varsity) Official Certification Available**

NDHSAA has a new process for certifying Local Sub-Varsity officials. Officials who complete all items needed to certify will be able to officiate at the sub-varsity level and below in the sport(s) in which they certify. This certification must be under the direction of an administrator of a NDHSAA member school.

**Requirements for Local Official include:**

1) Completion of the NFHS Learn “Concussion in Sports - What you Need to Know” course. Users must create an account on the NFHS Learn site and purchase the course, although the course is free. Instructions are available on the NDHSAA website at the Concussion Management Information link on the main NDHSAA webpage.

2) Creation of NDHSAA Account. If prospective official has an existing NDHSAA account, requirements must be completed using the existing NDHSAA account and email address.

3) Completion of the online Local Officiating Rules Clinic, available on the “Clinic” tab when logged in to NDHSAA account.

4) Completion and submission of LOCAL Officials’ Registration Form, available at end of Local Officiating Clinic.

5) Submission of payment to LOCAL school administrator for submission to NDHSAA for processing.

ALL 5 items must be complete BEFORE LOCAL officials are eligible to officiate contests. LOCAL Officials are able to officiate contests at the JV level and below only.

Please contact the NDHSAA office with any questions concerning the certification of local sub-varsity officials through this program.

**NDHSAA Contact Information**

Street Address:
350 2nd Street Northwest
Valley City, North Dakota 58072-0817

Mailing Address
PO Box 817
Valley City, North Dakota 58072-0817

Websites: www.ndhsaa.com - www.ndhsaanow.com

Phone: (701) 845-3953
Fax: (701) 845-4935

Staff Email:
Matt Fetsch: matt.fetsch@ndhsaa.org
Brian Bubach: brian.bubach@ndhsaa.org
Justin Fletschock: justin.fletschock@ndhsaa.org
Kevin Morast: kevin.morast@ndhsaa.org
Brenda Schell: brenda.schell@ndhsaa.org
By-Laws & Board of Directors Regulations Affecting Length of Season, Number of Events, General Regulations, Etc.

Pre-season, in season, and post-season participation rules:
1. A student may participate in non-school competition from the opening of the school term until the beginning of the high school season in a particular sport and from the close of the high school season in that sport until the end of the school term with no loss of eligibility in that sport or other sports for the school season.
2. Students may compete only on a school team during the high school season of that sport; also students may compete as unattached individuals in non-school contests until the first day of classes in their school for the current school year, or first contest, whichever comes first. Violation of the regulation results in loss of eligibility for six contests or remainder of season, whichever is less, for each violation in that sport. The only exception to the above rule is in the case of talented students involved in Olympic competition as explained under Section III of Part Two, Article XIV of the By-Laws.
3. No school sponsored teams for interscholastic competition are permitted in any sports during the summer months, nor may schools enter individual contestants in non-school meets; however, intramural school teams are permissible and students may participate as unattached individuals or as members of non-school teams in all sports. High school coaches may be employed as coaches of non-school teams.
4. A student participating in an activity “out of season” may not receive coaching or training from a salaried or non-salaried member of his/her high school’s coaching staff in that sport except under the following provisions:
   a. During June and July, coaches of team sports (basketball, football, hockey, soccer and volleyball) from a NDHSAA member school’s coaching staff in that sport (Boys’ and Girls’ Basketball, Boys’ and Girls’ Hockey and Boys’ and Girls’ Soccer are each interpreted as one sport) may instruct students in a summer contest or camp who have participated in a contest as members of their school team in that sport.
   b. Coaches of individual sports (cross country, golf, gymnastics, swimming & diving, tennis, track & field, and wrestling) from a NDHSAA member school’s coaching staff may coach students in that sport “out of season” provided that it is not under the supervision and operation of the member school. NOTE: Any non-salaried student teachers who were coaching while undergoing their supervised teaching experience are exempt.
   c. Baseball and softball are granted an exemption to the out-of-season coaching rule beginning with the 2012 season. This exemption is from the beginning of the season until Sept. 1 of that year.
   d. Boys’ and girls’ soccer are granted an exemption to the out-of-season coaching rule beginning with the 2012-13 season. This exemption is from the end of the girls’ state tournament until August 1 of that year.
      i. Students may participate in summer sports camps on their own. However, participation in such camps for fall team sports (football, boys’ soccer and volleyball) is not permitted after July 31.
      ii. Special training camps held during the season are not permitted.

Guidelines Relative to Out-of Season Practice and Use of Gymnasiums:
Schools may open their gymnasiums or facilities for recreational activities during out-of-season periods when in accord with the following guidelines:
1. The gymnasium is open to all students for participation.
2. A variety of activities is available to students and is not limited to one sport or activity on a given date.
3. There is no coaching or instruction in the skills and techniques in any sport that is “out-of-season” under NDHSAA regulations.
4. There shall be no group pre-conditioning exercise practice prior to the start of the season. However, an individual can do this by himself/herself, but not with the coach.
5. Participation is voluntary and is not required directly or indirectly for membership on a high school squad.
6. Comparable opportunities are afforded both sexes.
7. The school administration assumes the responsibility of making certain there is adherence to these guidelines.

Scrimmage Rule: (Team Sports)
The following conditions must be met in conducting scrimmages.
1. One scrimmage may be held prior to the first contest and will not count against allowable contests.
2. Scrimmages held after the first regular scheduled game count as contests.
3. When more than 2 teams are involved in a scrimmage no team should participate longer than what would constitute a regular contest.
Pre-Season Practice Sessions:

1. Pre-season practice sessions in all sports shall be held in the immediate environment of the city or school district in which the school is located. (Sept. 2007) Executive Secretary has authority to waive this regulation when appealed by a member school. (June 2014)

2. “Required pre-season practices, which are not attended by an athlete because that athlete is actively involved in practice for or participation in NDHSAA post season athletic competition held concurrently with such pre-season practices shall be waived”.

3. Two days of the 9 day practice rule may be waived due to Basic Military Training/AIT attendance, provided there is a conflict with the first contest.

4. Three days of non-pad football practice may be waived if practice is missed due to attending basic military training. Six days of pad practice is required.

5. Practices held the same day as a game/meet shall not count towards the required minimum practice rule.

6. Pre-season practice requirements shall apply to both teams and individuals. Though the requirement may have been met to number of team practices, individual students would not be eligible for the first contest scheduled if they had not personally met this requirement.

2016 Track Regions

The Class B Regionals are organized as follows (Region Meet Sites and Managers):

Southeast Region – Kindred - Perry Piatz
   Barnes County North, Central Cass, Edgeley/Kulm, Ellendale, Enderlin/Maple Valley, Hankinson/Fairmount, Kindred, LaMoure/Litchville-Marion, Lisbon, Milnor/Wyndmere/ Lidgerwood, Montpelier, Northern Cass, Oak Grove, Oakes, Richland, Sargent County (North Sargent/Sargent Central)

Northeast Region – Larimore - Patti Aanenson
   Drayton/Valley-Edinburg, Edmore, Finley-Sharon/Hope-Page, Grafton (Grafton/St. Thomas), Griggs County Central, Hatton/Northwood, Hillsboro/Central Valley, Langdon Area/Munich, Larimore, May-Port CG, Midway/Minto, Nelson County (Dakota Prairie/Lakota), Park River/ Fordville-Lankin, Pembina County North (North Border - Pembina & Walhalla/Cavalier), Thompson

North Central Region – Rugby - Scott Grochow
   Benson County (Leeds/Maddock), Bottineau, Dunseith, Four Winds, Glenburn, Harvey/Wells County, New Rockford-Sheyenne, North Star (North Star/Starkweather), Northern Lights (St. John/Rolla), Rolette/Wolford, Rugby (Rugby/TGU Towner), Velva/Drake/Anamoose/Sawyer, Warwick, Westhope/ Newburg

South Central Region – Bismarck - Dave Zittleman
   Carrington, Center-Stanton, Central McLean (Underwood/Turtle Lake-Mercer/McClusky), Hazen, Kidder County (Steele/Tappen)/Napoleon/Gackle-Streeter, Linton/H-M-B, Medina/Pingree-Buchanan, Midkota/Kensal, Prairie Learning Center (BTR), Shiloh Christian, South Border (Ashley/Wishek), Southern McLean (Washburn/Wilton/Wing), Strasburg, Zeeland

Southwest Region – Dickinson - Gregg Grinstein
   Beach, Beulah, Bowman County, Dickinson Trinity (Dickinson Trinity/New England), Glen Ullin/Hebron, Grant County (Elgin-New Leipzig)/Flasher, Heart River (Belfield/South Heart), Hettinger/Scranton, Killdeer (Killdeer/Halliday), Mott-Regent, New Salem Almont, Richardton-Taylor, Solen, Standing Rock/Selfridge

Northwest Region – Minot - Lyall Kruger
   Bishop Ryan, Burke Central, Des Lacs-Burlington/Lewis & Clark (Berthold/North Shore), Divide County, Garrison/Max, Kenmare/Bowbells, Mandaree, MLS-Mohall, New Town, Parshall, South Prairie, Stanley/Powers Lake, Surrey/TGU Granville, Trenton/Williston Trinity Christian, Watford City, White Shield, Williams County (Tioga/Ray)

Track Regulations and Information

2016 Track Information New Regulations
   Region Track meet may be scheduled on Friday after 3:00 or on Saturday

Important Dates:
- Opening Date: February 29
- Picture, roster, schedule, cutline: April 15
- A & B Regionals: May 20 or 21
- A & B State: May 27 and 28
The 2016 State Combined Class A and B Girls’ and Boys’ Track & Field Meets will be held at the Bismarck Bowl with Dave Zittleman as manager. The meet will be held on Friday and Saturday, May 27-28. The Regionals are scheduled for May 20 after 3:00 or May 21. The Class A and B regional meet order of events can be found in the complete regulations.

The top three place winners of each Class B regional track meet will automatically qualify for the State Meet.

- South East - Kindred - Perry Piatz, Mgr.
- South Central- Bismarck - Dave Zittleman, Mgr.
- South West - Dickinson - Gregg Grinsteinner, Mgr
- North West - Minot - Lyall Kruger, Mgr
- North Central - Rugby - Scott Grochow, Mgr
- North East - Larimore - Patti Aanenson, Mgr

In addition to these qualifiers, any contestant who has equalled or bested the state qualifying standard will also qualify for the state meet.

Class A schools may qualify entrants for the State Meet from their assigned region:
- East Region – West Fargo, Jay DeCann, Mgr.
- West Region – Dickinson, Guy Fridley, Mgr.

The top six Class A finishers in each event, including the relays, with the possible exception of the high jump and pole vault events as outlined in item 13, qualify for the State Meet from each region. In addition to these qualifiers, any contestant who can equal or better the qualifying standards listed in item 8 of regulations may also qualify for the State Meet.

### 2015-16 NFHS Outstanding Speech/Debate/Theatre Educator Award

El. J. Arntson, Bismarck St. Mary’s (retired), received the 2015-16 NFHS Outstanding Speech/Debate/Theatre Educator Award this February.

In 2002, Mr. Arntson began coaching the speech team at St. Mary’s and retired this past May with a 5-Peat State Class A Speech champion team of over 70 students. He has and continues to direct and appear in many theatre productions and was placed into the Communication, Speech and Theatre Association of North Dakota’s (CSTAND) Hall of Fame in 2015.

### NDHSAA Post-Season Video Broadcasting

All post-season (play-off, district, regional and state) video rights have been sold to Forum Communications and the NFHS Network. Some post-season contests and tournaments are available for stream/broadcast as declined events with applicable rate card fee.

Any declined event stream/broadcast must have prior approval from NDHSAA or will be subject to twice the applicable fee. Please contact Brian Bubach for further information at 701-845-3953 or brian.bubach@ndhsaa.org

### 2015/16 NDHSAA Board Meeting Dates

Following is a list of NDHSAA regularly scheduled Board meeting dates. Agendas, Board minutes, special meeting information and other Board documents may be found on the NDHSAA website by clicking the Board Agendas and Minutes link under the Boards & Committees across the top of every page on the NDHSAA website. http://www.ndhsaa.com/board/meetings

**2015/16 Meeting Dates**
- March 18 - District Chair & Board Meeting, Minot
- April 19 - Valley City
- June 8 - Athletic Review, Valley City
- June 13-14 Valley City
- June 28 - July 2 NFHS Summer Meeting—Reno, NV
REGULAR SEASON

Boys A
- Begin practice - April 11
- First allowable meet - April 15
- Deadline for Regional Meets - June 1
- State Meet - June 7-8, 2016 at Minot with Mitch Lunde as tournament manager.

Girls and Boys B
- Begin practice - March 28
- First Allowable meet - April 1
- Deadline for Regional Meets - May 24
- State Meet - May 31 and June 1, 2016 at Carrington (Girls’) with Greg Johnson as tournament manager and Jamestown (Boys) with Jim Roaldson as tournament manager.

2016 Spring Golf Regulations New:
*Class B Region Golf Deadline will now be on Tuesday, one week prior to the State Meet.

For complete boys golf regulations go to: http://www.ndhsaa.com/regulations/golf-boys
For complete girls class B golf regulations go to: http://www.ndhsaa.com/regulations/golf-girls-b

Coaches and Officials Mandatory Online Testing
Officials and head coaches of winter and spring sports basketball, gymnastics, hockey, wrestling, baseball and softball must take an open book test in the sport(s) in which he/she is a head coach/official. The test will be available online only and must be completed and submitted within the applicable window. The test will be available by following the Online Testing link on the main page of the NDHSAA website. (www.ndhsaa.com)

The NDHSAA office will assess a penalty of $25 for non-completion of any mandatory online exam by a head coach. Officials non completion of a mandatory online exam will result in a lower classification the following year. If an official is certified, they will drop to probationary for one year in that sport. If an official is probationary they will drop to ineligible for one year in that sport.

Spring sports testing window: Baseball & Softball - April 5 - April 12, 2016

2016 State Class A Basketball Schedule
The 2016 State A Boys & Girls Basketball Tournament will be held at the Bismarck Events Center March 10-12, 2016.

Thursday, March 10th
Exhibit Hall
- Girls Quarterfinal #1 - 1:00 pm
- Girls Quarterfinal #2 - 20 min. after #1
- Girls Quarterfinal #3 - 5:00 pm
- Girls Quarterfinal #4 - 20 min. after #3

Civic
- Boys Quarterfinal #1 - 2:00 pm
- Boys Quarterfinal #2 - 20 min. after #1
- Boys Quarterfinal #3 - 6:00 pm
- Boys Quarterfinal #4 - 20 min. after #3

Friday, March 11th
Exhibit Hall
- Boys Consolation #1 - Noon
- Boys Consolation #2 - 20 min. after #1
- Girls Consolation #1 - 4:00 pm
- Girls Consolation #2 - 20 min. after #1

Civic
- Girls Semifinal #1 - 1:00 pm
- Girls Semifinal #2 - 20 min. after #1
- Boys Semifinal #1 - 6:30 pm
- Boys Semifinal #2 - 20 min. after #1

Saturday, March 12th
Civic
- Girls 5th Place - 9:30 am
- Boys 5th Place - 20 min. after Girls 5th
- Girls 3rd Place - 1:30 pm
- Boys 3rd Place - 20 min. after Girls 3rd
- Girls Championship - 6:00 pm
- Boys Championship - 30 min. after Girls Champ.

Class B Boys Basketball State Tournament Bracket Release Televised
The NDHSAA and Forum Communications are proud to announce that this year’s State Class B Boys Basketball Tournament bracket will be announced live on statewide television. The four seeded teams will be announced and their first round opponents randomly drawn on ABC affiliates across the state on Fri. Mar. 11 at approximately 2:45 pm in conjunction with the State Class A Basketball Tournament.
Tickets to the general public for the 2016 State B Boys’ Basketball Tournament will go on sale Wednesday, February 3, 2016 at noon central time (all purchases are final and nonrefundable). Tickets may be purchased in the following ways:

1) On-line at www.msudome.com
2) By calling the MSU Athletic office at 701-858-3041
3) By walk up starting at noon on Wednesday, February 3rd (available Monday-Friday from 9:00am to 4:30pm at the MSU Athletic office following the initial day of sale)

*Special Notice: There is a limit of 8 tickets per individual and all purchases are final and nonrefundable.

**Ticket prices as are follows for the tournament:**

<table>
<thead>
<tr>
<th>Category</th>
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<tr>
<td>Adult Season Reserved (all three days)</td>
<td>$48</td>
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<tr>
<td>Adult Single Session Reserved</td>
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<td>Adult Single Session General Admission</td>
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*Children 2 years and under are free if in someone’s lap.

**Sessions:**

<table>
<thead>
<tr>
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<tr>
<td>Thursday, March 17th</td>
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<tr>
<td>Friday, March 18th</td>
<td>1:00 pm and 6:30 pm</td>
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<tr>
<td>Saturday, March 19th</td>
<td>1:00 pm and 6:00 pm</td>
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</tbody>
</table>

*Doors will open 1 hour before each session.

For more information and to view a seating map, please log on to www.msudome.com or call the MSU Athletic office at 701-858-3041.

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**State Class B Boys’ Basketball Ticket Order Policy for General Public Orders**

**State Class B Girls’ Basketball Ticket Policy for General Public Orders**

2016 NDHSAA State B Girls’ Basketball will be held March 3-5 at the Grand Forks Alerus Center.

Tickets to the general public for the 2016 State Girls’ Basketball Tournament will go on sale on Monday, January 25, 2016.

**Tickets may be purchased in the following ways:**

- On-line at www.aleruscenter.com
- By calling Ticketmaster at 1-800-745-3000
- Alerus Center Box Office 10:00 am – 5:30 pm Monday-Friday

**Ticket Prices:**

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<tr>
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<tr>
<td>Adult Session Reserved</td>
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<tr>
<td>Adult Session General Admission</td>
<td>$10.00 + $1.00 = $11.00</td>
</tr>
<tr>
<td>Student Season General Admission</td>
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</tr>
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<td>Student Session General Admission</td>
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**Sessions:**

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</thead>
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<tr>
<td>Friday, March 4th</td>
<td>1:00 pm Session</td>
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<td>Saturday, March 5th</td>
<td>1:00 pm Session</td>
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<table>
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<tr>
<td>6:30 pm Session</td>
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<th>Time</th>
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</thead>
<tbody>
<tr>
<td>6:00 pm Session</td>
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</tbody>
</table>

For more information and to view a seating map, go to www.aleruscenter.com

Note: There is a convenience charge for purchasing tickets on-line through Ticketmaster.

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**NDHSAA Website - Entering Team Scholars**

NDHSAA recognizes teams that have met a cumulative 3.20 Grade Point Average as Team Scholars. Team Scholars may be submitted by school administrators through the NDHSAA website. Team Scholars submitted by the 15th of each month are published monthly in the NDHSAA BULLETIN the following month.

**To submit team scholars to NDHSAA:**

- Log in to NDHSAA
- Click the Admin Bell for your school on the top left side of the page
- Click the Team Tab on the grey menu bar
- Click the Enter Team Scholars tab next to the team you would like to enter as a Team Scholar
- Complete form - including checking the eligibility box
- Click the blue Submit
- Your Team Scholar submission will be emailed to Brian Bubach
Celebrating 29 Years of Outstanding Student-Athletes

Editors Note: For more information about National STUDENT-Athlete Day and certificates, please visit http://ncasports.org/programs/national-student-athlete-day

April 6, 2016 will mark the 29th celebration of National STUDENT-Athlete Day. This special day will see high school and college student-athletes nationwide honored for their outstanding achievements in academics, athletics and service to their schools and communities. National STUDENT-Athlete Day is celebrated annually and has seen over 3.8 million student-athletes honored. It has become one of America’s strongest endeavors promoting the positive virtues of sport and student-athletes as a whole, and the positive affect they both have on society.

How can you celebrate?
Present your school’s outstanding student-athletes with National STUDENT-Athlete Day award certificates, provided to you at no cost, hold an event on campus and let your community know about the outstanding achievements of your student-athletes and how much they’re giving back to the community they represent.

Visit either the high school or college information pages to request award certificates and see what you can do on your campus to celebrate the day.

Team Scholar Recipients

Principals and coaches are reminded that Team Scholar Award applications may be submitted as soon as your school has reached the first grading period. It is requested the school principal identify all fall teams that have met the cumulative 3.20 Grade Point Average and submit those all at one time. If you have questions, please contact brian.bubach@ndhsaa.org or (701) 845-3953.

**Boys' Soccer**
Bismarck Century-3.40,

**Girls' Cross Country**
Bismarck Century-3.68

**Boys' Cross Country**
Bismarck Century-3.52

**Volleyball**
Bismarck Century-3.71, Fargo North-3.57, Wilton/Wing-3.88

**Student Congress**
Bismarck Century-3.65, Devils Lake-3.39, Fargo North-3.86

**Girls' Hockey**
Devils Lake-3.33

**Boys' Hockey**
Devils Lake-3.21

**Girls' Basketball**

**Boys' Basketball**

NFHS Sportsmanship Course

Editor’s Note: The NFHS Sportsmanship course is free! Course preview and login may be accessed at http://nfhslearn.com/courses/37000

The National Federation of State High School Associations (NFHS) developed this complementary course to give you a better understanding of sportsmanship, how it impacts the educational process and your specific role in modeling it at all interscholastic athletic events. Insight is shared throughout the course from fans, players, parents, teacher-coaches and officials. Coaches can complete a course immediately and will have up to one year to review and access all printable resources.

Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.

-Thom A. Edison
The 2016 Boys Swimming & Diving State Meet will be held in Bismarck, at the Bismarck Aquatic Center, March 4 and 5, Dave Zittleman, Manager.

Schedule Friday:
- 11:00 AM - Coaches Meeting
- 11:00 AM - Diving Warm-Ups Begin
- 11:15 AM - Diving Sheets Due
- 12:30 PM - Diving Preliminaries
- 2:15 PM - Swim Warm-Ups Begin
- 3:15 PM - Clear Pool
- 3:30 PM - Parade of Athletes
  - Swimming prelims following Parade of Athletes

Saturday:
- 9:30 AM - Diving warm-ups
- 10:30 AM - Diving semi-finals
- 11:45 AM - Coaches and Officials Meeting
- 12:15 PM - Swimming warm-ups
- 1:15 PM - Clear pool
- 1:30 PM - Parade of Athletes - All Finals
  Note: There will be a 5 minute break immediately following the Medley Relay

The meet finals will operate under the current National Federation Swimming and Diving Rules
Order of events: Rule 5, Section 1, Article 1.
Finals: Eight contestants will qualify for the finals and eight contestants will qualify for the consolation finals in individual swimming events. The twenty highest scoring divers through the preliminaries advance to the semi-final round. (Rule 9-4-3). The sixteen highest scoring divers, through the semi-finals will advance to the final round (Rule 9-4-4). There will be no preliminaries for relays. Finals will be seeded by their regular season time and will be held on Saturday.

Scoring for finals:
Individual events (16 places): 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.
Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.

Each team shall be permitted a maximum of four entries in an individual event. Qualifying times are mandatory, using 107% of the 20th place cumulative time from the three previous State Meets. The following 2016 standards are:

The above times must have been achieved in a sanctioned swim meet during the current season. These times are 107% of the average of the fastest 20th place times from the three previous State Meets. Consideration times will no longer be used. The lead-off swimmer of each relay shall be eligible to qualify for state in that particular stroke and distance. Times from this event will not stand as a pool record, conference record or a state record.

A competitor shall be permitted to enter a maximum of four events, no more than two of which shall be individual events. Being designated as a member of a relay team does not count as an entry unless the swimmer actually competes in a relay event.

Heats will be drawn as prescribed in the current National Federation Swimming and Diving Rules Book in Rule 5 of Section 3 by using the swimmer’s best time as reported during the season.

Diving:
Diving will be conducted in accordance with Rule 9. Divers shall qualify for the state with a total of 235 points in eleven dives. This scoring must be during a regular season meet with a minimum of three judges scoring. In the event that there are less than 32 qualified divers, consideration divers will be added to fill the field of 32, using the 220 point-11 dive and 135 point-6 dive consideration divers in that order.

It is the responsibility of the coach to see that no competitor is entered in more than two individual events and that each athlete’s full name, grade and seed time appears on the entry list.
The entry form is to be electronically commlinked using the HyTek program to the NDHSAA office (Sue.Carlsrud@ndhsaa.org) in Valley City, no later than 5:00 p.m. on Sunday before the State Meet. DO NOT FAX OR SEND SWIM ENTRY THROUGH THE MAIL. ENTRIES SUBMITTED AFTER 5:00 PM. SUNDAY WILL BE ACCEPTED ONLY IF ACCOMPANIED WITH A $25 LATE ENTRY FEE. NO ENTRIES WILL BE ACCEPTED SUNDAY AFTER 6:00 P.M. THESE ENTRIES ARE FINAL. Diving sheets must be emailed to sue.carlsrud@ndhsaa.org by 5:00 p.m. on the same day. A diving form will be emailed to each coach the Monday prior to entry deadline. There will be a scratch meeting at 11:00 a.m. Friday, of the state meet and at 11:45 a.m. Saturday of the state meet. No changes or additional entries are allowed at this time.

Diving Entry Sheets:
Double check the previously submitted diving sheets and return to the Diving Referee, before the deadline of 11:15 a.m. Friday of the state meet. Changes shall be permitted until the specified time on Friday, prior to the start of the diving competition. Correction of errors noted by the diving referee shall be permitted until the start of the diving competition. Interscholastic Championships (Rule 9: Section 3, Article 4):
Number of Contestants: 1-32
Preliminaries: Any two required and three optional, Semi-Finals: Two required and one optional, Finals: One required and two optional

The 20 highest scoring divers through the prelims qualify for the semi-finals. The 16 highest scoring divers through the semi-finals qualify for the finals.
NOTE: When there are more than 32 contestants, the first 3 dives listed on the written description for preliminaries shall be performed to reduce the field to 32.

Eight lanes are to be used for preliminaries in the State Meet.

Electronic timing with touch pads and horn start will be used, along with a back-up timing system.

For safety purposes, the following will be enforced concerning activity at the conclusion of the State Meet:
A. The pool will be cleared immediately following the 400 yard freestyle relay.
B. The entire pool area will be cleared of all swimmers and spectators immediately following the awards ceremony.

Three team trophies and eight individual plaques for each event will be awarded (except relays in which only the first, second, third and fourth place teams will receive individual plaques and places 5 through 8 will receive ribbons). Places 9 through 16 in each individual event will receive ribbons. Competing members of the first and second place teams will receive individual team plaques.

Admission: (Prices include facility fees)
1 Day Tournament Ticket (Unreserved)
Adults - $11.00, Students - $6.00
2 Day Tournament Ticket (Unreserved)
Adults $22.00, Students - $12.00
2 Day Reserved Tournament Ticket
All tickets - $28.00 ($2.00 venue fee included)

Note: Reserved tickets do not come with separate adult/student pricing.

Spring NDHSAA Website Requirements

Spring sport rosters/pictures/cutlines and schedules are soon due. Schools are required to have information for all spring sports uploaded to NDHSAA three weeks into each season. Failure to upload required information will result in a $50 late fee. Schools have the ability to edit this information as rosters change throughout the season. NDHSAA member schools are required to upload a team picture, cutline, which identifies the lineup on the team photo, team roster and schedule/record for all sports.

This process allows invitational, district, regional and state tournament managers the ability to download and prepare tournament programs. For additional information on uploading team information to NDHSAA, please contact Brenda Schell at the NDHSAA office.

Sport/Activity Deadlines
Softball: April 11, 2016
Baseball: April 11, 2016
Boys & Girls Track & Field: April 15, 2016
Girls Soccer: April 18, 2016
B Boys Golf: April 18, 2016
B Girls Golf: April 18, 2016
Girls Tennis: April 25, 2016
A Boys Golf: May 2, 2016
**NDHSAA Music Region Information**

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<tr>
<th>Region</th>
<th>Group</th>
<th>Manager</th>
<th>Email</th>
<th>Location</th>
<th>Date</th>
<th>Registration Deadline</th>
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<td>Region 7</td>
<td>Large Group Music</td>
<td>Randy Hall</td>
<td><a href="mailto:ranhall60@gmail.com">ranhall60@gmail.com</a></td>
<td>Washburn</td>
<td>3/8/16</td>
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<td>Grafton</td>
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<td>Jill Bergstedt</td>
<td><a href="mailto:jillbergstedt@yahoo.com">jillbergstedt@yahoo.com</a></td>
<td>VCSU</td>
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<td>Jana Schweigert</td>
<td><a href="mailto:jana.schweigert@k12.nd.us">jana.schweigert@k12.nd.us</a></td>
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<td>Griggs Co.</td>
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<td>Evan Meiers</td>
<td><a href="mailto:Evan.Meiers@k12.nd.us">Evan.Meiers@k12.nd.us</a></td>
<td>WSC</td>
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<td>WDA</td>
<td>Brass</td>
<td>Melinda Halverson</td>
<td><a href="mailto:melinda_halverson@bismarckschools.org">melinda_halverson@bismarckschools.org</a></td>
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<td>Wind/Perc. Ensembles</td>
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<td>Liz Haraseth</td>
<td><a href="mailto:Elizabeth.Haraseth@k12.nd.us">Elizabeth.Haraseth@k12.nd.us</a></td>
<td>Minnewaukan</td>
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<td><a href="mailto:mikerockne@wah.midco.net">mikerockne@wah.midco.net</a></td>
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<td><a href="mailto:christopher.redfeam@vcsu.edu">christopher.redfeam@vcsu.edu</a></td>
<td>VCSU</td>
<td>4/14/16</td>
<td>3/24/16</td>
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<tr>
<td>Region 5</td>
<td>Vocal</td>
<td>Chris Redfeam</td>
<td><a href="mailto:christopher.redfeam@vcsu.edu">christopher.redfeam@vcsu.edu</a></td>
<td>VCSU</td>
<td>4/14/16</td>
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<tr>
<td>Region 4</td>
<td>Instrumental</td>
<td>Liz Haraseth</td>
<td><a href="mailto:Elizabeth.Haraseth@k12.nd.us">Elizabeth.Haraseth@k12.nd.us</a></td>
<td>Langdon</td>
<td>4/15/16</td>
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<tr>
<td>Region 3</td>
<td>Vocal/Instrumental</td>
<td>Mike Bakken</td>
<td><a href="mailto:mike.r.bakken@mayvillesestate.edu">mike.r.bakken@mayvillesestate.edu</a></td>
<td>MaSU</td>
<td>4/15/16</td>
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**NDHSAA Speech Region Information**

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<thead>
<tr>
<th>Region</th>
<th>Manager</th>
<th>Email</th>
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<th>Registration Deadline</th>
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<tr>
<td>Region 1</td>
<td>Scott Streng</td>
<td><a href="mailto:Scott.Streng@k12.nd.us">Scott.Streng@k12.nd.us</a></td>
<td>Wyndmere</td>
<td>4/2/16</td>
<td>3/26/16</td>
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<tr>
<td>Region 3</td>
<td>Sarah Burger</td>
<td><a href="mailto:sarah.burger@northwoodk12.com">sarah.burger@northwoodk12.com</a></td>
<td>Finley</td>
<td>4/2/16</td>
<td>3/26/16</td>
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<tr>
<td>Region 5</td>
<td>Michele Seil</td>
<td><a href="mailto:Michele.Seil@k12.nd.us">Michele.Seil@k12.nd.us</a></td>
<td>Finley</td>
<td>4/2/16</td>
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<tr>
<td>Region 6</td>
<td>Sandra Meidinger</td>
<td><a href="mailto:Sandy.Meidinger@k12.nd.us">Sandy.Meidinger@k12.nd.us</a></td>
<td>Linton</td>
<td>4/2/16</td>
<td>3/26/16</td>
</tr>
<tr>
<td>Region 8</td>
<td>Cheryl Nilsen</td>
<td><a href="mailto:Cheryl.Nilsen@minotstate.edu">Cheryl.Nilsen@minotstate.edu</a></td>
<td>Surrey</td>
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<td>EDC</td>
<td>Gayle Hyde</td>
<td><a href="mailto:hydeg@fargo.k12.nd.us">hydeg@fargo.k12.nd.us</a></td>
<td>Fargo Davies</td>
<td>4/2/16</td>
<td>3/26/16</td>
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<tr>
<td>WDA</td>
<td>Annette Bender</td>
<td><a href="mailto:Annette.Bender@msd1.org">Annette.Bender@msd1.org</a></td>
<td>Mandan HS</td>
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<td>Region 10</td>
<td>Sue Anderson</td>
<td><a href="mailto:Susan.Anderson@k12.nd.us">Susan.Anderson@k12.nd.us</a></td>
<td>Richardton-Taylor</td>
<td>4/7/16</td>
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<td>Region 2</td>
<td>Gayle Hyde</td>
<td><a href="mailto:hydeg@fargo.k12.nd.us">hydeg@fargo.k12.nd.us</a></td>
<td>Central Cass</td>
<td>4/8/16</td>
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<td>Region 7</td>
<td>Vickie Mayer</td>
<td><a href="mailto:Vickie.Mayer@k12.nd.us">Vickie.Mayer@k12.nd.us</a></td>
<td>Washburn</td>
<td>4/8/16</td>
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<td>Region 4</td>
<td>Rebecca Kingsley</td>
<td><a href="mailto:Rebecca.Kingsley@k12.nd.us">Rebecca.Kingsley@k12.nd.us</a></td>
<td>North Star</td>
<td>4/9/16</td>
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<tr>
<td>Region 9</td>
<td>Katie Ledin</td>
<td><a href="mailto:Katherine.Ledin@k12.nd.us">Katherine.Ledin@k12.nd.us</a></td>
<td>Stanley</td>
<td>4/9/16</td>
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**ACT-SAT National Test Dates**

Administrators, activities directors and coaches should remind their students of the following 2015-16 dates so they may avoid conflicts. Please have them contact their school counselor for deadline registration dates and further details.

**ACT National Test Dates**
- April 9, 2016
- June 11, 2016

**SAT National Test Dates**
- March 5, 2016
- May 7, 2016
- June 4, 2016
NDHSA Music Contest Information

School Registration: Each director must electronically register through NDHSA. Instructions for roster and registration may be found under the Music Files section at http://www.ndhsaa.com/fine-arts/music.

When the roster and registration are complete, directors will need to print their Registration Report for voucher attachment to their business managers. Please send a copy of your registration along with your check (payable to Region Music) to your Region Manager on or before the deadline. Entries not registered by 11:59 p.m. CDT on the deadline date will be allowed to participate only under the 3 day late registration window (fee: $250). Once the deadline lapses, changes to entries, including change of category, may not be made unless under the 3 day late window.

Reminders:
April 22-State A Vocal & Strings at University of Jamestown
May 7-State B Music at Minot State University

Regional Recommendations:
1. The regional scheduler, contest manager, and site manager may be different individuals. Each regional treasurer should have a fee schedule with reference in Region meeting minutes.
2. Judge mileage is state rate (54 cents per mile).
3. Piano tuners and piano rental/moving should be done by a bid process.
4. Regional Recommended Judge Fees: Minimum fee is $150.

State Fees:
1. State A & B Judges receive $200 for a full day
2. A State Vocal/Strings Scheduler $300
3. A State Vocal/Strings Contest Manager $300
4. A State Vocal/Strings Site Manager $200
5. B State Music Scheduler $450
6. B State Music Contest Manager $450
7. B State Music Site Manager $600

Points of emphasis for 2016:
*State A and B Music Contests will have a 9:00 a.m. start time
1. Entries may not be changed after the region registration deadline. This includes changing the type of entry (e.g. Clarinet Ens) or the number within the group (e.g. 2-3, 4-6, 7-12). Entries that are not correct with registration will DQ. PRINT, POST, and PROOF your registration report or portion of the manager’s report. Request students to VERIFY their entries are present and correctly listed.
2. Judges must be NDHSA certified.
3. Festival manager must enforce the quota system.
4. Directors should inform parents that state schedules are on the web at www.ndhsaa.com under Fine Arts>Music>Tournament
5. Information. Managers are requested to submit region schedules as soon as they are developed.
6. Accompanists full names must be entered. Contests are primarily scheduled by accompanists. The fewer you have, the longer your day could be.
7. NDHSA does not receive special requests for state music contest scheduling.
8. Awards and critique sheets should be picked up at the conclusion of the festival. If you must leave early, you may request a manager to send awards and ballots if you pay postage. For state contests, $5 must be left with the contest management.
9. Directors are not allowed to read critiques on the festival premises. If you have a concern with a judge, talk to the manager. If you have a concern with a written critique, send a copy to NDHSA.
10. Schools must participate in their assigned region. The Region chairperson must make the final decision on postponement because of weather or other concerns.
NEW:
*New regulation clarifying that in the State Tournament, the higher seeded team is the home team (#1 is highest seed). If both teams are unseeded, a coin flip will determine home team.
Complete baseball regulations can be found here: http://www.ndhsaa.com/regulations/baseball

Regional Organization:
1. Each participating school has been assigned to a region.
2. Each regional chairman is to organize a meeting of all schools in the region.
3. The region tournament formats, game times and sites shall be determined by the schools involved.
4. Financial profits and losses belong to the regions.
5. Class B teams that did not sponsor a team the previous season must notify the NDHSAA office by Jan. 1 if they intend to sponsor a team. A team that declares on or after Jan. 1 will not be eligible for the post-season.
6. Team champion and runners-up trophies will NOT be provided by the NDHSAA.

A Region Assignments and Chairmen:
West Region – Lorell Jungling, Mandan
Schools: Bismarck, Bismarck Century, Bismarck Legacy, Bismarck St. Mary’s, Dickinson, Jamestown, Mandan, Minot, Turtle Mountain, Williston

East Region – Travis Christensen, Fargo
Schools: Devils Lake, Fargo Davies, Fargo North, Fargo South, Grand Forks Central, Grand Forks Red River, Shanley, Valley City, Wahpeton, West Fargo/Sheyerne

B Regional Assignments and Chairmen:
Region 1 – Brian Midthun, Enderlin
Schools: Central Cass, Enderlin/Maple Valley, Hankinson/Fairmount/Lidgerwood, Kindred/Richland, LaMoure/Litchville-Marion, Northern Cass, Oakes, Oak Grove

Region II – Nathan Walsh, Central Valley
Schools: Finley-Sharon/Hope-Page, Hatton/Northwood, Hillsboro/Central Valley, Larimore, May-Port-CG, Thompson

Region III – Chad Berger, Dakota Prairie
Schools: Carrington, Lakota/Edmore, Medina/Pingree-Buchanan, Midkota (Midkota/Dakota Prairie/Griggs County Central/ Kensal), New Rockford-Sheyerne

Region IV – Randy Rice, Grafton
Schools: Drayton/St. Thomas/Valley-Edinburg Grafton, Langdon Area/Munich, Minto/Midway, Park River/Fordville-Lankin, Pembina County North (North Border-Pembina & Wahalla.Cavalier

Region V – David Hoff, Bottineau
Schools: Bottineau, Dunseith, Harvey/Wells County, North Star, Northern Lights, Rugby

Region VI – Larry Sandy, Velva
Schools: Bishop Rya/South Prairie, Central McLean, Garrison/Max/White Shield, Surrey (Surrey/Our Redeemer’s/TGU Granville/ Nedrose), Velva/Drake-Anamoose/Sawyer

Region VII – Andy Lach, Des Lacs-Burlington
Schools: Des Lacs-Burlington, Lewis & Clark (Berthold/North Shore)/Parshall, MLS/Glenburn/Kenmare/Bowbells, New Town, Ray, Stanley, Watford City

Region VIII – Monty Mayer, Hazen
Schools: Beulah, Hazen, Hettinger/Scranton/Mott-Regent/New England, Kidder County/Napoleon/Gackle-Streeter, Shiloh Christian (Shiloh Christian/Linton/HMB), WWCS (Washburn/Wilton/Center-Stanton/Wing)

State Tournament Qualifying:
A & B teams will qualify eight teams for the tournament. Each A region will determine four qualifying teams and each B region one qualifying team on or before May 28th will not be extended.

State Tournament:
The formats are eight teams and single elimination with consolation brackets.

The State B will be played at Fargo’s Newman Outdoor Field, June 2, 3, 4 with Todd Olson as manager. The head coaches of the eight qualifying teams will use an electronic process to seed the top four teams for the state tournament. An NDHSAA-approved designee will randomly draw the opponents for the top four seeded teams. In the State Tournament, the higher seeded team is the home team (#1 is highest seed). If both teams are unseeded, a coin flip will determine home team.
The quarterfinal pairings are:

- #2 seed vs. Second Random Draw – 11:30 am
- #3 seed vs. Third Random Draw – 35 minutes after
- #1 seed vs. First Random Draw – 4:30 pm
- #4 seed vs. Fourth Random Draw – 35 minutes after

The State A will be played at Jack Brown Stadium in Jamestown with Jim Roaldson serving as manager. The quarterfinal pairings are:

- W-1 vs. E-4 – 11:30 am
- E-2 vs. W-3 – 35 minutes after
- E-1 vs. W-4 – 4:30 pm
- W-2 vs. E-3 – 35 minutes after

Class A: The “home team” or nearest team to the tournament site will play the last game of the state tournament’s first round. Consolation game times on Day 2 may be adjusted to avoid the Game 4 loser playing the morning game. If there are multiple teams from the tournament site, the highest seed will be the “home team”. The pairings will remain the same, but game times will be adjusted.

State Tournament Passes:
Up to thirty passes per school may be issued. All players, student managers, coaches, and school officials must present passes or tickets for admission to any and all sessions. * The cost for extra tickets will be deducted from the school’s team payment.

NDHSAA/Farmers Union Insurance Distinguished Student Application Deadline

NDHSAA/Farmers Union Insurance Distinguished Student Applications are available on the NDHSAA website under “Administrators and Coaches”, then “Forms”.

Objectives & Goals: To recognize deserving young people who are the “backbone” of interscholastic activities, not necessarily the leader, but the individual whose participation in high school activities strengthens the program for participants, the school and the community.

Criteria: Applicant must be a junior the year the application is submitted. Student must be a participant as a player, manager, statistician or other role in at least one NDHSAA sponsored activity in the current year. Note: Participation does not necessarily mean excellence, honors or even active play. Student must be a good citizen and role model to his/her peers as well as a contributor to the community. The committee will evaluate applicants’ essays on their demonstration of sportsmanship and citizenship and how the applicant feels these values derived from activities will provide them lifelong benefits.

Selection Process: One applicant per school is allowed. A pre-screening committee will narrow the applicants to six finalists. The final selection will be based upon an interview conducted by a Selection Committee. Immediately following the interviews, the results will be announced at an NDHSAA sponsored luncheon for finalists and their families. Student must be available for interviews the ENTIRE morning of May 4.

Deadlines: Completed application forms must be postmarked no later than April 1. Applications postmarked after April 1 will not be considered. Finalists will be notified by mid-April. Interviews and the luncheon announcing the results will be held on May 4th.

Awards: All applicants of the NDHSAA Distinguished Student Program will receive a certificate suitable for framing. A press release naming all applicants will be sent statewide. Finalists will be featured in the September issue of the NDHSAA Bulletin. They will also be invited to participate in other functions connected with NDHSAA events. Farmers Union Insurance has graciously funded scholarships for the finalists. The NDHSAA Distinguished Student recipient will receive a $2,000 scholarship to the college of his/her choice. The runner-up will receive a $1,000 scholarship. The other four finalists will receive a $500 scholarship to the college of his/her choice. The Distinguished Student will be invited to be the Grand Marshall of the NDHSAA Parade of Champions and, along with the other finalists, participate in other activities such as serving as the NDHSAA spokesperson for High School Activities Month, promoting the values of activity programs and participating in awarding of trophies at NDHSAA state contests.

We are what we repeatedly do.

Excellence, therefore, is not an act but a habit.

~ Aristotle
Softball Regulations, Regions and Tournament Information

No new regulations for 2016.

Complete Softball regulations can be found here: http://www.ndhsaa.com/regulations/softball

Calendar dates:
- Opening day of practice - March 21, 2016
- Regular season competition is to be concluded on or before the deadline, May 28, 2016 as set by the NDHSAA Board. It is suggested to schedule regular season while allowing for inclement weather that may otherwise cause teams to play past the deadline date.
- State Tournament - June 2, 3, 4, 2016
  Division A – Jamestown – Jim Roaldson, manager.
  Division B – Fargo – Todd Olson, manager.

Division B East Region (11): Central Cass, Dakota Prairie, Enderlin/Maple Valley, Grafton, Hankinson/Fairmount/Campbell-Tintah/Lidgerwood, Hillsboro/Central Valley, Kindred/Richland, May-Port CG/Hatton/Northwood, Northern Cass, Pembina County North (North Border/Cavalier), Thompson.

Division B West Region (11): Beulah, Central McLean (Turtle Lake-Mercer/Underwood/ Mcclusky), Des Lacs-Burlington/Lewis & Clark (Berthold/North Shore), Heart River, Kenmare-Bowbells-MLS, Ray, Stanley, Washburn, Watford City, Westhope/Newburg/Bottineau, Wilton/Wing

Division A East (9): Devils Lake, Fargo Davies, Fargo North, Fargo South, Grand Forks Central, Grand Forks Red River, Shanley, Valley City, West Fargo

Division A West (10): Bishop Ryan, Bismarck, Bismarck Century, Bismarck Legacy, Dickinson, Jamestown, Mandan, Minot, Turtle Mountain, Williston

Teams declaring after January 1, 2016 are not eligible for post-season until 2017.

In both Division A and Division B, eight teams will qualify for the state tournament, four from each region. Each region will be responsible to determine the teams that will advance to the state tournament. In the event a region schedules a season end region tournament, it shall count toward the regular season limitations (#4, #5 and #6 above).

State Tournament:
The “home team” or nearest team to the tournament site will play the last game of the state tournament’s first round. If there are multiple teams from the tournament site, the highest seed will be the “home team”. The pairings will remain the same, but game times will be adjusted.

2016 State Tournament Bracket:
Division A:
- Team 1 West vs. Team 4 East
- Team 2 East vs. Team 3 West
- Team 1 East vs. Team 4 West
- Team 2 West vs. Team 3 East

Division B:
- Team 1 West vs. Team 4 East
- Team 2 East vs. Team 3 West
- Team 1 East vs. Team 4 West
- Team 2 West vs. Team 3 East

“Twenty years from now you will be more disappointed by the things that you didn’t do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.”

~ H. Jackson Brown Jr.
Most of us serve our ideals by fits and starts. The person who makes a success of living is the one who sees his goal steadily and aims for it unswervingly. That is dedication.

~ Cecil B. DeMille