PICTURED ABOVE: Members of the 2018 NDHSAA Class A Girls Basketball State Championship team from Bismarck Century.
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NDHSAA ON THE WEB

WWW.NDHSAA.COM
WWW.NDHSAANOW.COM

NDHSAA NOW is where you will find news and current information about NDHSAA and our member schools. This is the site where you will find current teams, districts and region placement, team schedules, pictures, and rosters. Basketball standings, human-interest stories, twitter feed and much more! This is also the site where you will access video from the NFHS Network and video streams from member schools. Check it out NOW!!!
www.ndhsaanow.com

NDHSAA ON SOCIAL MEDIA

The NDHSAA is on Twitter (@NDHSAA), Instagram (profile name: ndhsaa) and Facebook. Be sure to follow NDHSAA on these platforms for updates on statewide activities.
Winter/Spring Region Sites Chosen at April Board Meeting

- Anyone wishing to submit an invitation to host a 2019-20 winter or spring regional tournament may download invitation forms from our website at www.ndhsaa.com. Click on Administrators & Coaches and Forms. Please complete and send those forms to the NDHSAA office for placement on the April Board agenda.
- The policy used to set sites is as follows: basketball and volleyball chairpersons meet with the other district representatives in their region to mutually agree on regional sites.

State Fine Arts Sites Chosen at April Board Meeting

State Fine Arts sites are determined at the April Board meeting. Please contact Brian Bubach (brian.bubach@ndhsaa.org) with questions regarding invite process and timeline.

Girls Tennis Important Dates and Regulations

There is one new tennis regulations for the 2018/19 school year.
- If a regular season or play-in match line-up is disputed, the NDHSAA office shall be notified of the protest within 24 hours of the completion of said match. NDHSAA will provide the line-up in question to coaches within the region, with the exception of the coach of the disputed line-up. Coaches will vote on the protest and if upheld by a majority, the offending team will forfeit all matches in question. This will be reflected in the seeding for team day. Records of challenge matches may be used to verify line-ups and shall supersede the protest leaving the line-up to stand as originally listed.

Online Rules Clinic: March 4-25, 2019
Opening Date: April 1, 2019
First Contest: April 12, 2019
Roster, Picture, Cutline and Schedule due on NDHSAA website: April 22, 2019
Deadline for electronic submission of region entries May 15, 2019 (Noon CDT)
Deadline Team Play-In May 20, 2019
Region Tournament (Fargo & Minot): May 23, 24, 25, 2019
State (Grand Forks): May 30-31, June 1, 2019

Complete tennis regulations may be found under the Girls Tennis menu on the Athletics tab on the NDHSAA website. https://ndhsaa.com/regulations/tennis-girls

Online Rules Clinic for Girls Soccer and Girls Tennis Coaches

Officials and head coaches/activity advisors must complete rules clinics in sports or activities where clinics are offered. These clinics will be available online only and must be completed within the three week clinic window. The clinic will be available through a link within NDHSAA. You must have an NDHSAA account in order to complete the rules clinic. Please note all clinics are available online only.

There is a second window for coaches of sports that are held in two different seasons. Specifically for Spring are Girls Soccer and Girls Tennis. If the clinic was completed by the coach in the fall, it need not be completed again. However, if the clinic was not completed in the fall by coaches of the above named sports, they must complete the clinic within the window shown below.

A school must pay a $50 fine for non-completion of the clinic by a coach. Schools are not eligible for postseason play until all fines have been paid.

2018-19 NDHSAA Rules Clinic Dates for Girls Soccer & Girls Tennis are: March 4-25, 2019
### 2019 Baseball Workshops

<table>
<thead>
<tr>
<th>Site</th>
<th>Supervisor</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Devils Lake Sports Center</td>
<td>Justin Klein</td>
<td>Wed. March 27</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Fargo Youth Baseball Facility</td>
<td>Reggie Jackson</td>
<td>Wed. March 27</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>Bismarck BSC Career Academy</td>
<td>Kevin Kerr</td>
<td>Wed. April 3</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Dickinson High School</td>
<td>Todd Fisher</td>
<td>Wed. April 3</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Grand Forks Red River High School</td>
<td>Ryan Ingeman</td>
<td>Wed. April 3</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Jamestown High School</td>
<td>Brad Nold</td>
<td>Wed. April 3</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Minot- Magic City Campus Theater</td>
<td>Brian Hornecker</td>
<td>Wed. April 3</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Williston Area Recreation Center</td>
<td>Mike Amundson</td>
<td>Wed. April 3</td>
<td>7:30 p.m.</td>
</tr>
</tbody>
</table>

### 2019 Softball Workshops

<table>
<thead>
<tr>
<th>Site</th>
<th>Supervisor</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Devils Lake Sports Center</td>
<td>Jay Schneider</td>
<td>Wed. March 27</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Fargo Youth Baseball Facility</td>
<td>Ryan Gellner</td>
<td>Wed. March 27</td>
<td>6:00 p.m.</td>
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<tr>
<td>Bismarck BSC Career Academy</td>
<td>Elliot Gerhardt</td>
<td>Wed. April 3</td>
<td>6:00 p.m.</td>
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<tr>
<td>Dickinson High School</td>
<td>Todd Fisher</td>
<td>Wed. April 3</td>
<td>6:00 p.m.</td>
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<tr>
<td>Grand Forks Red River High School</td>
<td>Donald Doyle</td>
<td>Wed. April 3</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Jamestown High School</td>
<td>Trev Zerr</td>
<td>Wed. April 3</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Minot- Magic City Campus Theater</td>
<td>Tom Lawson</td>
<td>Wed. April 3</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Williston Area Recreation Center</td>
<td>Mike Amundson</td>
<td>Wed. April 3</td>
<td>6:00 p.m.</td>
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### Class B Boys Basketball Hotel Information

Information on reserving hotel rooms for the State Class B Boys Basketball Tournament, March 14-16, 2019 in Minot can be found at [http://visitminot.org/](http://visitminot.org/) or by calling the Minot Convention & Visitors Bureau at 701-857-8206. Please reserve your rooms early.

### 2018-19 NDHSAA Parade of Champions

Approximately 350 individual and team champions will be on the floor of the Minot State University Dome on Saturday night, March 16, to be recognized by the crowd and statewide television coverage for the NDHSAA Parade of Champions.

To be a part of the parade a student must have been an individual or member of a team champion in an NDHSAA sponsored activity which will include the 2018 boys basketball champions through the 2019 girls basketball champions. In music, a student must have received the Outstanding Performance Award as a soloist or member of an ensemble.

Two representatives from each team or ensemble need to meet with Brian Bubach concerning placement in the Parade.

Passes are good for participants only. All participants are to dress in school issued warm-ups, jackets, or in dress clothes. We request that students not wear blue jeans.

Parade participants may pick up their tickets at the main north entrance of the Minot State University Dome and should arrive before 5:45 p.m. If you have any questions, please email Brian Bubach ([brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)) or call NDHSAA (701) 845-3953.
NFHS Network Consumer Help

For all questions regarding difficulty viewing, inability to find a specific event link, technical issues within a broadcast, trouble subscribing, billing questions, etc., callers may contact memberadmin@nfhsnetwork.com or 877-978-2311.

There are customer representatives standing by at all times to respond to issues and get fans set-up to view their events as quickly as possible. The NFHS Network is happy to issue refunds for accidental double subscribing as well as issues such as experiencing technical difficulties while viewing a game.

www.nfhsnetwork.com/associations/ndhsaa

Changing Email Addresses in NDHSAA Account

Users are reminded if their email addresses have changed, they must edit their NDHSAA account with the new email address. Editing accounts will allow user history and all existing roles to remain connected to NDHSAA accounts. Users should not create new accounts, they should edit their existing accounts.

To edit your NDHSAA email address/login:
1) Log in to your NDHSAA account
2) Click on “My Profile” on the bottom left portion of the page
3) Click the Edit Button on the Profile page
4) Click the “Account” tab on the grey menu bar that goes across the page
5) Enter your new email address
6) Confirm your new email address
7) Click the blue SAVE button

This is also where you would change your password, if you so desire. Editing your email address on your NDHSAA account assures you receive the proper information from the NDHSAA office.

Online Rules Clinics for Activity Advisors, Coaches & Officials

Officials and head coaches/activity advisors must complete rules clinics in sports or activities where clinics are offered. These clinics will be available online only and must be completed within the three week clinic window. The clinic will be available through a link within NDHSAA.

You must have an NDHSAA account in order to complete the rules clinic. Please note all clinics are available online only for the 2018/19 school year.

Following are the clinic windows:

SPRING SPORTS
February 11-March 4, 2019
Track and Field
March 4-25, 2019
Baseball, Boys Golf, Class B Girls
Golf and Softball

NDHSAA FACTS: Bishop Ryan defeated Central Cass 54-50 in the 2013 NDHSAA Class B girls basketball state championship game.
**NDHSAA Postseason Video Broadcasting**

All postseason (playoff, district, regional and state) video rights have been sold to Forum Communications, BEK Sports Network and the NFHS Network. Some postseason contests and tournaments are available for stream/broadcast as declined events with applicable rate card fee.

Any declined event stream/broadcast must have prior approval from NDHSAA or will be subject to twice the applicable fee. Please contact Tom Mix or Brian Bubach for further information at 701-845-3953 or tom.mix@ndhsaa.org / brian.bubach@ndhsaa.org

**NDHSAA Coaches Education - Permit Submission Form**

Beginning in the fall of 2013 all coaches who work with student athletes in grades 9-12 must be certified. To become certified a coach must complete the requirements for a NDHSAA Coaching Permit. Member schools submit their coaching rosters through the NDHSAA Coaching Permit Submission Form. This form is in a new format this year. Submit this form only. No other forms or formats will be accepted. Forms must be submitted by April 1st to: brenda.schell@ndhsaa.org

ALL NDHSAA member schools are required to submit the NDHSAA Coaches Education Permit Submission Form annually. The form is due APRIL 1st. This form is per SCHOOL, not per coop.

All coaches must be submitted each year. Only certified coaches not certified in a prior year will be mailed coaching permits. Coaching permits will be issued by the North Dakota High School Coaches Association. The due date for the Coaches Education Permit Submission form is April 1st each year.

Failure to submit your form will result in a $300 fine and your school will be ineligible for post-season events until the fine is paid and the form is submitted.

This form has been emailed to main school contacts and is available on the NDHSAA website under Forms. Please contact NDHSAA for any questions concerning this form.

**2018-19 NDHSAA Board Meetings**

Following is a list of NDHSAA regularly scheduled Board meeting dates. Agendas, Board minutes, special meeting information and other Board documents may be found on the NDHSAA website by clicking the Board Agendas and Minutes link under the Boards & Committees across the top of every page on the NDHSAA website. [http://www.ndhsaa.com/board/meetings](http://www.ndhsaa.com/board/meetings)

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<th>2018-19 NDHSAA BOARD MEETINGS</th>
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<tr>
<td>April 2, 2019 - Valley City</td>
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<tr>
<td>June 10-11, 2019 - Valley City</td>
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<tr>
<td>June 28 - July 2, 2019 - NFHS Summer Meeting - Indianapolis, IN</td>
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**Entering Team Scholars**

NDHSAA recognizes teams that have met a cumulative 3.20 Grade Point Average as Team Scholars. Team Scholars may be submitted by school administrators through the NDHSAA website. Team Scholars submitted by the 15th of each month are published monthly in the NDHSAA BULLETIN the following month.

To submit team scholars to NDHSAA:

- Log in to NDHSAA
- Click the Admin Bell for your school on the top left side of the page
- Click the Team Tab on the grey menu bar
- Complete form - including checking the eligibility box
- Click the blue Submit
- Your Team Scholar submission will be emailed to Brian Bubach
Coaches and Officials Mandatory Online Testing

Officials and head coaches of spring sports (baseball and softball) must take an open book test in the sport(s) in which he/she is a head coach/official. The test will be available online only and must be completed and submitted within the applicable window. The test will be available by following the Online Testing link on the main page of the NDHSAA website. ([www.ndhsaa.com](http://www.ndhsaa.com))

The NDHSAA office will assess a penalty of $25 for non-completion of any mandatory online exam by a head coach. Officials non-completion of a mandatory online exam will result in a lower classification the following year. If an official is certified, they will drop to probationary for one year in that sport. If an official is probationary they will drop to ineligible for one year in that sport.

Baseball and Softball Spring sports testing window:
April 2-11, 2019

ACT/SAT National Test Dates

Administrators, activities directors and coaches should remind their students of the following 2018-19 dates so they may avoid conflicts. Please have them contact their school counselor for deadline registration dates and further details.

<table>
<thead>
<tr>
<th>ACT NATIONAL TEST DATES</th>
<th>SAT NATIONAL TEST DATES</th>
</tr>
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<tbody>
<tr>
<td>April 13, 2019</td>
<td>March 9, 2019</td>
</tr>
<tr>
<td>June 8, 2019</td>
<td>May 4, 2019</td>
</tr>
<tr>
<td>July 13, 2019</td>
<td>June 1, 2019</td>
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Spring NDHSAA Website Requirements

Spring sport rosters/pictures/cutlines and schedules are soon due. Schools are required to have information for all spring sports uploaded to NDHSAA three weeks into each season. Failure to upload required information will result in a $50 late fee. Schools have the ability to edit this information as rosters change throughout the season. NDHSAA member schools are required to upload a team picture, cutline, which identifies the lineup on the team photo, team roster and schedule/record for all sports.

This process allows invitational, district, regional and state tournament managers the ability to download and prepare tournament programs. For additional information on uploading team information to NDHSAA, please contact Brenda Schell at the NDHSAA office.

Sport/Activity Deadlines:

April 15, 2019
Softball
Baseball
Boys & Girls Track & Field
Girls Soccer
B Boys Golf
B Girls Golf

April 22, 2019
Girls Tennis

April 29, 2019
A Boys Golf
The 2019 NDHSAA State B Girls Basketball will be held Feb. 28, March 1-2 at the Grand Forks Betty Engelstad Arena.

Reserved tickets to the general public for the 2019 State B Girls Basketball Tournament will go on sale Wednesday, January 16, 2019 at noon central time (all purchases are final and nonrefundable). All other tickets, including student season general admission, will go on sale Thursday, February 28 at 12:00 p.m.

**Tickets may be purchased in the following ways:**
1) Online at www.ticketmaster.com
2) By calling Ticketmaster at 1-800-745-3000
3) Ralph Engelstad Arena Box Office; 10:00 am – 6:00 pm, Monday-Friday (beginning on January 16, 2019)

*Special Notice:* There is a limit of 8 tickets per individual and all purchases are final and nonrefundable.

**TICKET PRICES**
- Season Reserved (all three days – ages 3 and up) $42 + $6 Facility Fee = $48.00
- Single Session Reserved (ages 3 and up) $11 + $1 Facility Fee = $12.00
- Adult Single Session General Admission $10 + $1 Facility Fee = $11.00
- Student Season General Admission (all three days) $15 + $6 Facility Fee = $21.00
- Student Single Session General Admission $5 + $1 Facility Fee = $6.00

(Children 2 and under are free if in someone’s lap)

**Sessions:**
- Thursday, February 28
  1:00 pm and 6:30 pm
- Friday, March 1
  1:00 pm and 6:30 pm
- Saturday, March 2
  1:00 pm and 6:00 pm

*Doors will open 1 hour before each session.

For more information and to view a seating map, please log on to www.theralph.com/events/seating-chart or call Ticketmaster at 1-800-745-3000.

**Class B Boys Basketball State Tournament Release Dates**

This year’s Class B Boys Basketball State Tournament bracket will be announced on Friday, March 8. The five seeded teams in each tournament will be announced and their first-round opponents randomly drawn. Details on the bracket release are listed below:

**Boys Bracket** – Friday, March 8 – approximately 2:45 p.m. in conjunction with the State Class A Basketball Tournament on WDAY and ABC affiliates.

[Visit NDHSAA NOW for scores, stories and more! www.ndhsaanow.com](http://www.ndhsaanow.com)
The 2019 NDHSAA State B Boys Basketball will be held March 14-16 at the Minot State University Dome.

Season tickets for the general public for the 2019 State B Boys Basketball Tournament will go on sale Wednesday, January 30, 2019 at 11:00 a.m. at the MSU Dome South Lobby; online sales will begin Wednesday, January 30 at 5:00 p.m. (all purchases are final and nonrefundable).

All other tickets including student season general admission will go on sale Thursday, March 14th at 11:30am central time.

**Tickets may be purchased in the following ways:**
1) Online at www.msubeavertickets.com
2) Online at www.msudome.com
3) By walk up starting at 11am on Wednesday, January 30th (and then available Monday-Friday from 9:00am to 4:30pm at the MSU Athletic office following the initial day of sale)

*SPECIAL NOTICE: There is a limit of eight (8) tickets per individual and all purchases are final and non-refundable

**TICKET PRICES**

<table>
<thead>
<tr>
<th>Type</th>
<th>Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Season Reserved (all three days – ages 3 and up)</td>
<td>$42 + $6 facility fee = $48.00</td>
<td></td>
</tr>
<tr>
<td>Single Session Reserved (ages 3 and up)</td>
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</tr>
<tr>
<td>Adult Single Session General Admission</td>
<td>$10 + $1 facility fee = $11.00</td>
<td></td>
</tr>
<tr>
<td>Student Season General Admission (all three days)</td>
<td>$15 + $6 facility fee = $21.00</td>
<td></td>
</tr>
</tbody>
</table>
| Student Single Session General Admission | $5 + $1 facility fee = $6.00 | (Children 2 and under are free if in someone’s lap)

**Sessions:**

- Thursday, March 14
  1:00 p.m. and 6:30 p.m.

- Friday, March 15
  1:00 p.m. and 6:30 p.m.

- Saturday, March 16
  1:00 p.m. and 6:00 p.m.

*Doors will open 90 minutes before each session. For more information and to view a seating map, please log on to www.msudome.com (Seating Map will be made available soon).

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**Stay up to date with NDHSAA Basketball Tournaments on WWW.NDHSAANOW.COM**
School Registration: Each director must electronically register through NDHSAA. Instructions for roster and registration may be found under the Music Files section at: https://ndhsaa.com/fine-arts/music.

When the roster and registration are complete, directors will need to print their Registration Report for voucher attachment to their business managers. Please send a copy of your registration along with your check (payable to Region Music) to your Region Manager on or before the deadline.

Entries not registered by 11:59 p.m. CDT on the deadline date will be allowed to participate only under the 3 day late registration window (fee: $250) or late-late regulation (fee: $250 + $100/entry).

Once the initial deadline lapses, changes to entries, including change of category, may not be made unless under the late or late-late window regulation.

Reminders:
April 26-State A Vocal & Strings at Valley City State University
May 4-State B Music at Bismarck State College

Regional Recommendations:
1. The regional scheduler, contest manager, and site manager may be different individuals. Each regional treasurer should have a fee schedule with reference in Region meeting minutes.
2. Judge mileage is state rate ($0.58 cents per mile).
3. Piano tuners and piano rental/moving should be done by a bid process.
4. Regional Recommended Judge Fees: Minimum fee is $150.

Points of emphasis for 2019:
**Any photocopy at performance event without publisher permission, or, without proof of Public Domain, will be disqualified.

1. State A and B Music Contests will have a 9:00 a.m. start time.
2. Entries may not be changed after the region registration deadline. This includes changing the type of entry (e.g. Clarinet Ens) or the number within the group (e.g. 2-3, 4-6, 7-12). Entries that are not correct with registration will DQ. PRINT, POST, and PROOF your registration report or portion of the manager’s report. Request students to VERIFY their entries are present and correctly listed.
3. Judges must be NDHSAA certified.
4. Festival manager must enforce the quota system.
5. Directors should inform parents state schedules are on the web at www.ndhsaa.com under Fine Arts>Music>Tournament.
6. Information. Managers are requested to submit region schedules as soon as they are developed.
7. Accompanists full names must be entered. Contests are primarily scheduled by accompanists. The fewer you have, the longer your day could be.
8. NDHSAA does not accept special requests for state music contest scheduling.
9. Awards and critique sheets should be picked up at the conclusion of the festival. If you must leave early, you may request a manager to send awards and ballots if you pay postage. For state contests, $5 must be left with the contest management.
10. Directors are not allowed to read critiques on the festival premises. If you have a concern with a judge, talk to the manager. If you have a concern with a written critique, send a copy to NDHSAA.
11. Schools must participate in their assigned region. The Region chairperson must make the final decision on postponement because of weather or other concerns.
## NDHSAA Music Region Information

<table>
<thead>
<tr>
<th>Region</th>
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<td>WDA</td>
<td>Woodwinds</td>
<td>Erik Stordalen</td>
<td><a href="mailto:erik_stordalen@bismarckschools.org">erik_stordalen@bismarckschools.org</a></td>
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<td>Wind/Perc. Ensembles</td>
<td>Keith Eider</td>
<td><a href="mailto:Eiderk@fargoschools.org">Eiderk@fargoschools.org</a></td>
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<td>Randy Hall</td>
<td><a href="mailto:ranhall60@gmail.com">ranhall60@gmail.com</a></td>
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<tr>
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<td>Vocal Small/Large</td>
<td>Kathy Brenna</td>
<td><a href="mailto:Kathy.Brenna@outlook.com">Kathy.Brenna@outlook.com</a></td>
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<td>Jana Schweigert</td>
<td><a href="mailto:jana.schweigert@k12.nd.us">jana.schweigert@k12.nd.us</a></td>
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<td>Jeremy Marquardt</td>
<td><a href="mailto:jeremy.marquardt@may-portcg.com">jeremy.marquardt@may-portcg.com</a></td>
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<td><a href="mailto:neil_tafelmeyer@bismarckschools.org">neil_tafelmeyer@bismarckschools.org</a></td>
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<td><a href="mailto:kathie.hay@k12.nd.us">kathie.hay@k12.nd.us</a></td>
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<td>Mark Brown</td>
<td><a href="mailto:mark.brown@k12.nd.us">mark.brown@k12.nd.us</a></td>
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<td>Jenny Michalenko</td>
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<td>Jamestown</td>
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<td>Al Kary</td>
<td><a href="mailto:Al3303@outlook.com">Al3303@outlook.com</a></td>
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<td>Deb Wald</td>
<td><a href="mailto:msdeboraehwald@gmail.com">msdeboraehwald@gmail.com</a></td>
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<td>Jessica Stoppleworth</td>
<td><a href="mailto:Jessica.Blair@k12.nd.us">Jessica.Blair@k12.nd.us</a></td>
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<td>Chris Redfern</td>
<td><a href="mailto:christopher.redfern@vcsu.edu">christopher.redfern@vcsu.edu</a></td>
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<td>Tami Kramlich</td>
<td><a href="mailto:Tami.Kramlich@k12.nd.us">Tami.Kramlich@k12.nd.us</a></td>
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## NDHSAA Speech Region Information

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<td>Region 1</td>
<td>Gayle Hyde</td>
<td><a href="mailto:hydeg@fargo.k12.nd.us">hydeg@fargo.k12.nd.us</a></td>
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<td>Nancy Reimer</td>
<td><a href="mailto:Nancy.Reimer@k12.nd.us">Nancy.Reimer@k12.nd.us</a></td>
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<td>Sue Anderson</td>
<td><a href="mailto:susanl.anderson@yahoo.com">susanl.anderson@yahoo.com</a></td>
<td>Dickinson</td>
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<td>Sue Anderson</td>
<td><a href="mailto:susanl.anderson@yahoo.com">susanl.anderson@yahoo.com</a></td>
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<td>Vickie Mayer</td>
<td><a href="mailto:Vickie.Mayer@k12.nd.us">Vickie.Mayer@k12.nd.us</a></td>
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<td>Cheryl Nilsen</td>
<td><a href="mailto:Cheryl.Nilsen@minotstateu.edu">Cheryl.Nilsen@minotstateu.edu</a></td>
<td>Our Redeemer’s</td>
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Visit NDHSAA NOW for scores, stories and more! www.ndhsaanow.com
NDHSAA /Farmers Union Insurance Distinguished Student Applications are available on the NDHSAA website under “Administrators and Coaches”, then “Forms”.

**Objectives & Goals:** To recognize deserving young people who are the “backbone” of interscholastic activities, not necessarily the leader, but the individual whose participation in high school activities strengthens the program for participants, the school and the community.

**Criteria:** Applicant must be a junior the year the application is submitted. Student must be a participant as a player, manager, statistician or other role in at least one NDHSAA sponsored activity in the current year. Note: Participation does not necessarily mean excellence, honors or even active play. Student must be a good citizen and role model to his/her peers as well as a contributor to the community. The committee will evaluate applicants’ essays on their demonstration of sportsmanship and citizenship and how the applicant feels these values derived from activities will provide them lifelong benefits.

**Selection Process:** One applicant per school is allowed. A pre-screening committee will narrow the applicants to six finalists. The final selection will be based upon an interview conducted by a Selection Committee. Immediately following the interviews, the results will be announced at an NDHSAA sponsored luncheon for finalists and their families. Student must be available for interviews the ENTIRE morning of May 1st.

**Deadlines:** Completed application forms must be postmarked no later than April 1. Applications postmarked after April 1 will not be considered. Emailed PDF’s of the application are accepted. Finalists will be notified by mid-April. Interviews and the luncheon announcing the results will be held on May 1st.

**Awards:** All applicants of the NDHSAA Distinguished Student Program will receive a certificate suitable for framing. A press release naming all applicants will be sent statewide. Finalists will be featured in the September issue of the NDHSAA Bulletin. They will also be invited to participate in other functions connected with NDHSAA events. Farmers Union Insurance has graciously funded scholarships for the finalists. The NDHSAA Distinguished Student recipient will receive a $2,000 scholarship to the college of his/her choice. The runner-up will receive a $1,000 scholarship. The other four finalists will receive a $500 scholarship to the college of his/her choice. The Distinguished Student will be invited to be the Grand Marshall of the NDHSAA Parade of Champions and, along with the other finalists, participate in other activities such as serving as the NDHSAA spokesperson for High School Activities Month, promoting the values of activity programs and participating in awarding of trophies at NDHSAA state contests.

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**2019 NDHSAA Spring Golf Region/State Information**

**Boys Class A**
- Begin practice - April 8
- First Allowable Meet - April 12
- Roster, Picture, Cutline and Schedule due on NDHSAA website - April 29
- Deadline for Regional Meets - May 29
- State A Meet - June 4, 5 - Edgewood Golf Course, Fargo, Todd Olson, Mgr.

**Girls and Boys Class B**
- Begin practice - March 25
- First Allowable meet - March 29
- Roster, Picture, Cutline and Schedule due on NDHSAA website - April 15
- Deadline for Regional Meets - May 21
- State B Meets - May 28 - May 29
- Girls @ Crossroads Golf Club, Carrington, Karla Michaelson, Carrington AD, Mgr.
- Boys @ Jamestown Country Club, Jim Roaldson, Jamestown AD, Mgr.
2019 NDHSAA Spring Golf New Regulation

New - All Classes:
1. Remove the regulation requiring all players in each group to sign all score cards in the group. Each golfer will mark one competitor during the round.

For complete boys golf regulations go to: https://ndhsaa.com/regulations/golf-boys
For complete girls class B golf regulations go to: https://ndhsaa.com/regulations/golf-girls-b

2018 NDHSAA Class A State Basketball Tournament Schedule

The 2019 State A Boys & Girls Basketball Tournament will be held at the Bismarck Events Center, March 7-9, 2019.

Thursday, March 7th

Exhibit Hall
Girls Quarterfinal #1- 1:00 p.m.
Girls Quarterfinal #2- 20 min. after #1
Girls Quarterfinal #3- 5:00 p.m.
Girls Quarterfinal #4- 20 min. after #3

Main Arena
Boys Quarterfinal #1- 2:00 p.m.
Boys Quarterfinal #2- 20 min. after #1
Boys Quarterfinal #3- 6:00 p.m.
Boys Quarterfinal #4- 20 min. after #3

Friday, March 8th

Exhibit Hall
Boys Consolation #1 - Noon
Boys Consolation #2 - 20 min. after #1
Girls Consolation #1 - 4:00 p.m.
Girls Consolation #2 - 20 min. after #1

Main Arena
Girls Semifinal #1 - 1:00 p.m.
Girls Semifinal #2 - 20 min. after #1
Boys Semifinal #1 - 6:30 p.m.
Boys Semifinal #2 - 20 min. after #1

Saturday, March 9th

Main Arena
Girls 5th Place - 9:30 a.m.
Boys 5th Place - 20 min. after
Girls 3rd Place - 1:30 p.m.
Boys 3rd Place - 20 min. after Girls 3rd
Girls Championship - 6:00 p.m.
Boys Championship - 30 min. after Girls Championship
The 2019 Boys Swimming & Diving State Meet will be held in Bismarck, at the BSC Aquatic Center, March 1-2, Dave Zittleman, Manager.

**Schedule Friday:**
11:00 AM - Coaches Meeting
11:00 AM - Diving Warm-Ups Begin
11:15 AM - Diving Preliminaries
12:30 PM - Diving Sheets Due
2:15 PM - Swim Warm-Ups Begin
3:15 PM - Clear Pool
3:30 PM - Swimming preliminaries

**Saturday:**
9:30 AM - Diving warm-ups
10:30 AM - Diving semi-finals
11:45 AM - Coaches and Officials Meeting
12:00 PM - Swimming warm-ups
1:00 PM - Clear pool
1:15 PM - All Finals

**Note:** There will be a 5 minute break immediately following the Medley Relay
The meet finals will operate under the current National Federation Swimming and Diving Rules Order of events: Rule 5, Section 1, Article 1.

**Finals:**
Eight contestants will qualify for the finals and eight contestants will qualify for the consolation finals in individual swimming events. The twenty highest scoring divers through the preliminaries advance to the semi-final round. (Rule 9-4-3). The sixteen highest scoring divers, through the semi-finals will advance to the final round (Rule 9-4-4). There will be no preliminaries for relays. Finals will be seeded by their regular season time and will be held on Saturday.

**Scoring for finals:**
Individual events (16 places): 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.
Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.
Each team shall be permitted a maximum of four entries in an individual event. Qualifying times are mandatory, using 107% of the 20th place cumulative time from the three previous State Meets.
The following 2019 standards are:

- 200 Free: 2:05.15
- 200 IM: 2:22.95
- 50 Free: 25.44
- 100 Fly: 1:03.45
- 100 Free: 56.23
- 500 Free: 5:43.09
- 100 Back: 1:05.91
- 100 Breast: 1:12.14

The above times must have been achieved in a sanctioned swim meet during the current season. These times are 107% of the average of the fastest 20th place times from the three previous State Meets. Consideration times will no longer be used. The lead-off swimmer of each relay shall be eligible to qualify for state in that particular stroke and distance. Times from this event will not stand as a pool record, conference record or a state record. A competitor shall be permitted to enter a maximum of four events, no more than two of which shall be individual events. Being designated as a member of a relay team does not count as an entry unless the swimmer actually competes in a relay event. Heats will be drawn as prescribed in the current National Federation Swimming and Diving Rules Book in Rule 5 of Section 3 by using the swimmer’s best time as reported during the season.

**Diving:**
Diving will be conducted in accordance with Rule 9. Divers shall qualify for the state with a total of 275 points in eleven dives. This scoring must be during a regular season meet with a minimum of three judges scoring. In the event that there are less than 32 qualified divers, consideration divers will be added to fill the field of 32, using the 250 point-11 dive and 150 point-6 dive consideration divers in that order.
It is the responsibility of the coach to see that no competitor is entered in more than two individual events and that each athlete’s full name, grade and seed time appears on the entry list. The entry form is to be electronically commlinked using the HyTek program to the NDHSAA office (sue.carlsrud@ndhsaa.org) in Valley City, no later than 5:00 p.m. on Sunday before the State Meet. DO NOT FAX OR SEND SWIM ENTRY THROUGH THE MAIL. ENTRIES SUBMITTED AFTER 5:00 PM. SUNDAY WILL BE ACCEPTED ONLY IF ACCOMPANIED WITH A $25 LATE ENTRY FEE. NO ENTRIES WILL BE ACCEPTED SUNDAY AFTER 6:00 P.M. THESE ENTRIES ARE FINAL. Diving sheets must be emailed to sue.carlsrud@ndhsaa.org by 5:00 p.m. on the same day. A diving form will be emailed to each coach the Monday prior to entry deadline.

There will be a scratch meeting at 11:00 a.m. Friday, of the state meet and at 11:45 a.m. Saturday of the state meet. No changes or additional entries are allowed at this time.

Diving Entry Sheets:
Double check the previously submitted diving sheets and return to the Diving Referee, before the deadline of 11:15 a.m. Friday of the state meet. Changes shall be permitted until the specified time on Friday, prior to the start of the diving competition. Correction of errors noted by the diving referee shall be permitted until the start of the diving competition.

Interscholastic Championships (Rule 9: Section 3, Article 4):
Number of Contestants: 1-32
Preliminaries: Any two required and three optional
SemiFinals: Two required and one optional
Finals: One required and two optional

The 20 highest scoring divers through the prelims qualify for the semi-finals. The 16 highest scoring divers through the semi-finals qualify for the finals. NOTE: When there are more than 32 contestants, the first 3 dives listed on the written description for preliminaries shall be performed to reduce the field to 32.

Eight lanes are to be used for preliminaries in the State Meet. Electronic timing with touch pads and horn start will be used, along with a back-up timing system. For safety purposes, the following will be enforced concerning activity at the conclusion of the State Meet:

A. The pool will be cleared immediately following the 400 yard freestyle relay.

B. The entire pool area will be cleared of all swimmers and spectators immediately following the awards ceremony.

Three team trophies and eight individual plaques for each event will be awarded (except relays in which only the first, second, third and fourth place teams will receive individual plaques). Competing members of the first and second place teams will receive individual team plaques.

Admission:
1 Day Tournament Ticket (Unreserved)
Adults - $10.00, Students - $5.00

2 Day Reserved Tournament Ticket
All tickets - $26.00

Note: Reserved tickets do not come with separate adult/student pricing.
Farmers Union Insurance Distinguished Student: Annah Greenmyer

Editorial note: We will be publishing a series of articles on getting to know this year’s distinguished student finalists.

Annah Greenmyer from North Sargent High School is this year’s NDHSAA/Farmers Union Insurance Distinguished Student finalist. Her friends know her as Ann. This 18 year old is the daughter of Chelie and Ron Greenmyer. Annah enjoys working out, reading, hanging with friends and family, babysitting, and being outside “especially at the lake.”

While attending North Sargent HS, Annah has selected English as her favorite class. She is very involved in extracurricular activities, where she participates in basketball, volleyball, football statistician, drama, choir, band, FCCLA, SADD, and NHS. With Annah’s busy schedule she still finds time to give back to her community. These activities include: being a Sunday school teacher, a host in special education room, a volunteer at Head Start, food pantry volunteer, and tournament volunteer.

Upon graduation, Annah plans to study occupational therapy at UND. “I hope to use this degree to work with the special needs population, and in 10 years hopes to be “working in an out-patient facility with special needs kids. I would like to be living in a small town and have my children go to a Class B school.”

When asked, “What is the first thing you would do if you were elected President?” Annah’s response would be to start funding programs for families with special needs, especially in rural areas.

Outside of her parents, Ananh admires all her brothers because, “Individually they have each taught me so many different life skills. They have shown me what it takes to be a true leader in every type of environment.”

Annah points out that the ability to express positivity is the most important characteristic of a leader.

We asked Annah several unique questions to get to know her better. She stated her pet peeve is “people not trying their hardest.” Her perfect vacation would be renting a house on the beach and relaxing in the sand and sun. She could not go a day without her iced coffee. Her favorite holiday is Christmas because “all my brothers come home and visit me and my entire family goes to church together.”

Her response to the question of whom she would like to have a meal with living or dead included the following: Dwight Schrute, Pam Beasley, Jim Halpert, and Michael Scott. If we made a movie of Annah’s life, Jenna Fischer would play the role of Annah. Annah’s favorite family tradition is at the end of Thanksgiving weekend her family goes out to buy a real Christmas tree that they decorate together. Finally, Annah wanted to add, “Being a distinguished student has brought me so many amazing people into my life. I am so thankful to have had this opportunity.”

Congratulations to Annah Greenmyer, this year’s NDHSAA/Farmer Union Insurance Distinguished Student finalist and best of luck in her future endeavors.

NFHS Sportsmanship Course

Editor’s Note: The NFHS Sportsmanship course is free!

Course preview and login may be accessed at http://nfhslearn.com/courses/37000

The National Federation of State High School Associations (NFHS) developed this complementary course to give you a better understanding of sportsmanship, how it impacts the educational process and your specific role in modeling it at all interscholastic athletic events. Insight is shared throughout the course from fans, players, parents, teachers, coaches and officials. Coaches can complete a course immediately and will have up to one year to review and access all printable resources.
The 106th Annual North Dakota High School Activities Association Debate Tournament was held at Fargo Davies High School on Friday and Saturday, February 1-2, 2019. Fargo Davies was crowned champion with 49 points. Shanley/Oak Grove received Runner-Up award with 41 points.

The CSTAND coach of the year as elected by his peers was Nathan Kurtti, coach at West Fargo Sheyenne High School.

Individual place winners in each division are as follows:

**Division I Lincoln-Douglas Debate** -- 1st Place – Kristie Qiu, Fargo North; 2nd Place – Ishika Gupta, Fargo Davies; Semi-finalists – Galilee Mengesha, Mandan; Forrest Weintraub, Fargo Davies; Quarterfinalists – Dyuti Dawn, Fargo Davies; Nicholas Korom, Bismarck Public Schools; Oliver Dalmi, Grand Forks Central; Cindy Wang, Fargo North.

**Division II Lincoln-Douglas Debate** -- 1st Place – Claire Bailly, Shanley/Oak Grove; 2nd Place – Allen Wu, Fargo Davies; Semi-finalists – Shinjini Chakraborty, West Fargo Sheyenne; Alexander Heiser, Bismarck Public Schools; Quarterfinalists – Anika Arifin, Fargo North; Michal Kolb, Grand Forks Central; Sameer Colbert, Fargo Davies; Joshua Gronneberg, Fargo Davies.

**Division III Lincoln-Douglas Debate** -- 1st Place – Philip Dowdell, Fargo North; 2nd Place – Jacob Dosch, Shanley/Oak Grove; Semi-finalists – Addison Fell, West Fargo Sheyenne; Adam Swartz, Grand Forks Central; Quarterfinalists – Sadi Bovkoon, West Fargo Sheyenne; Morgan Downs, West Fargo Sheyenne; Jacob Nistler, Bismarck Public Schools; Amro Heshmat, Fargo Davies.

**Division I Public Forum Debate** -- 1st Place Team – Mitchell Krings/Joshua Ward, Shanley/Oak Grove; 2nd Place Team – Caelan Randall/Clara Conner, Fargo Davies; Semi-finalists – Lexi Ochsner/Rose Grimestad, Shanley/Oak Grove; Teegan Nordstrom/Sienna Voglewede, Fargo North; Quarterfinalists – Ryan Prusak/Collin Polasky, Grand Forks Red River; Abrar Sharfi/Madeline Robinson, Fargo South; Josephine Bowden/Mason Winkelman, Shanley/Oak Grove; Brandon Prichard/Luke Miller, Bismarck Public Schools.

**Division II Public Forum Debate** -- 1st Place Team – Ryan Livdahl/Gabrielle McGarvey, Fargo South; 2nd Place Team – Sumaya Ali/Kaha Mohamud, West Fargo; Semi-finalists – Solveigh Barney/Megha Bharadwaj, Bismarck Public Schools; Erika Spanjer/Aarya Panwalkar, Fargo North; Quarterfinalists – Jacob Angus/Aryaman Sharma, West Fargo Sheyenne; Jeremiah Moore/Quincy Ochsner, Shanley/Oak Grove; Amy Hong/Xuan Le, Fargo South; Abigail Surdez/Rachel Roehrich, Bismarck Public Schools.

**Division III Public Forum Debate** -- 1st Place Team – Keona Munowenyu/Ritu Bajwa, West Fargo Sheyenne; 2nd Place Team – Bronwyn Gaebe/Reagan Spomer, Bismarck Public Schools; Semi-finalists – Sydney Ebach/Sana Kathawala, Bismarck Public Schools; Hannah Heidenreich/Elijah Hedahl, Fargo Davies; Quarterfinalists – Melody Jiang/Amanda Li, Fargo Davies; Neesa Phadke/Lydia Picotte, Fargo Davies; Christine Nwaigwe/Olivia Jones, Shanley/Oak Grove; Eric Bender/William Dobrzelecki, Bismarck Public Schools.

**Participating schools included:** Bismarck Public Schools, Fargo Davies, Fargo North, Fargo South, Grand Forks Central, Grand Forks Red River, Mandan, Minto, Shanley/Oak Grove, West Fargo and West Fargo Sheyenne.

Congratulations to all NDHSAA State Debate Participants!
2019 NDHSAA Baseball Information

No new regulations for the 2019.

For complete baseball regulations go to:
https://ndhsaa.com/regulations/baseball

Important Dates:
Opening day of practice: March 18, 2019
First Game: March 29, 2019
Picture, Cutline, Roster, Schedule due on NDHSAA website: April 8, 2019
State Tournament: May 30-31, June 1, 2019 – Class B – Fargo, Class A – Minot

2019 NDHSAA Softball Information

No New Regulations.

For complete Softball regulations go to:
https://ndhsaa.com/regulations/softball

Important Dates:
Opening day of practice: March 18, 2019

First Game: March 29, 2019

Picture, Cutline, Roster, Schedule due on NDHSAA website: April 8, 2019

State Tournament: May 30-31, June 1, 2019 – Class B – Fargo, Class A – Minot
The Class B Regionals are organized as follows (Region Meet Sites and Managers):

**Southeast Region – Casselton - Travis Lemar**
Barnes County North, Central Cass, Edgeley/Kulm, Ellendale, Enderlin/Maple Valley, Hankinson, Kindred, LaMoure/Litchville-Marion, Lisbon, Milnor/Wyndmere/Lidgerwood, Montpelier, Northern Cass, Oak Grove, Oakes, Richland, Sargent County (North Sargent/Sargent Central)

**Northeast Region – Larimore - Patti Aanenson**
Drayton/Valley-Edinburg, Finley-Sharon/Hope-Page, Grafton (Grafton/St. Thomas), Griggs County Central, Hatton/Northwood, Hillsboro/Central Valley, Langdon Area/Edmore/Munich, Larimore, May-Port CG, Midway/Minto, Nelson County (Dakota Prairie/Lakota), Park River/Fordville-Lankin, Pembina County North (North Border - Pembina & Wahalla/Cavalier), Thompson

**North Central Region – Rugby - Scott Grochow**
Benson County (Leeds/Maddock), Bottineau, Dunseith, Four Winds, Glenburn, Harvey/Wells County, New Rockford-Sheyenne, North Star (North Star/Starkweather), Northern Lights (St. John/Rolla), Rolette/Wolford, Rugby (Rugby/TGU Towner), Velva/Drake-Anamoose, Warwick, Westhope/Newburg

**South Central Region – Bismarck - Dave Zittleman**
Carrington, Center-Stanton, Central McLean (Underwood/Turtle Lake-Mercer/McClusky), Hazen, Kidder County/Napoleon/Gackle-Screeter, Linton/Hazleton-Moffit-Braddock, Medina/Pingree-Buchanan, Midkota, Shiloh Christian, South Border (Ashley/Wishek), Southern McLean (Washburn/Wilton/Wing), Standing Rock (Standing Rock/Selfridge/Solen), Strasburg, Zealand

**Southwest Region – Bowman - Tyler Senn**
Beach, Beulah, Bowman County, Dickinson Trinity, Glen Ullin/Hebron, Grant County/Flasher, Heart River (Belfield/South Heart), Hettinger/Scranton, Killdeer, Mott-Regent/New England, New Salem-Almont, Richardson-Taylor

**Northwest Region - Minot - Lyall Krueger**
Bishop Ryan, Burke Central, Des Lacs-Burlington/Lewis & Clark (Berthold/North Shore), Divide County, Garrison/Max, Kenmare/Bowbells, Mandaree, Mohall-Lansford-Sherwood, Nedrose, New Town, Parshall, Powers Lake, South Prairie, Stanley, Surrey/TGU Granville, Trenton, White Shield, Williams County (Tioga/Ray), Williston Trinity

**Track and Field Regulations and Information**

The 2019 State Combined Class A and B Girls and Boys Track & Field Meets will be held at the Bismarck Bowl with Dave Zittleman as manager. The meet will be held on Friday and Saturday, May 24-25. The Regionals are scheduled for May 17 after 2:00 CDT or May 18.

The Class A and B regional meet order of events can be found in the complete regulations. The top three place winners of each Class B regional track meet will automatically qualify for the State Meet.

- **Southeast - Casselton - Travis Lemar, Mgr.**
- **South Central - Bismarck - Dave Zittleman, Mgr.**
- **Southwest - Bowman - Tyler Senn, Mgr.**
- **Northwest - Minot - Lyall Krueger, Mgr.**
- **North Central - Rugby - Scott Grochow, Mgr.**
- **Northeast - Larimore - Patti Aanenson, Mgr.**

In addition to these qualifiers, any contestant who has equalled or bested the state qualifying standard will also qualify for the state meet.

Class A schools may qualify entrants for the State Meet from their assigned region:

- **East Region – Fargo South - Mike Beaton, Mgr.**
- **West Region – Dickinson - Guy Fridley, Mgr.**

The top six Class A finishers in each event, including the relays, with the possible exception of the high jump and pole vault events as outlined in item 13, qualify for the State Meet from each region. In addition to these qualifiers, any contestant who can equal or better the qualifying standards listed in item 9 of regulations may also qualify for the State Meet.
2019 Track Information New Regulations:

1. Class A - Provisional Standard to fill at least two heats in all races 400 meters or less and all flighted field events at the state meet. The provisional standards are listed in the track regulation page under standards. Athletes will be added to events if necessary utilizing the fastest times that have met the provisional standard.

2. Changes to Class B boys discus and Class A and B boys 300 hurdles have been adjusted. See item #9 of regulations.

3. Editorial additions to items 18 a. and 18 b. of regulations.

4. Athletic.net will be utilized to report all state qualifiers. The site http://tf.bismarck.k12.nd.us/index.php will no longer be utilized. All track schools will need to establish a free account on the athletic.net website.

5. Language clean up on regulation 6. The addition of state meet not just regional meet. Also the addition of language to clear up declaration and scratches. The elimination of relay language as well as injury language.

Important Dates:
Opening Date: February 25
Picture, roster, schedule, cutline due on NDHSAA website: April 15
A & B Regionals: May 17 or 18
A & B State: May 24 and 25

For complete boys track and field regulations:
www.ndhsaa.com/regulations/track-boys
For complete girls track and field regulations:
www.ndhsaa.com/regulations/track-girls

Team Scholar Recipients

Principals and coaches are reminded that Team Scholar Award applications may be submitted as soon as your school has reached the first grading period. It is requested the school principal identify all fall and winter teams that have met the cumulative 3.20 Grade Point Average and submit those all at one time. If you have questions, please contact brian.bubach@ndhsaa.org or (701) 845-3953.

Boys Basketball
Bismarck Century, 3.53; Grand Forks Red River, 3.20; Oakes, 3.48.

Boys Cross Country
Dickinson, 3.43; Griggs County, 3.49; Richland, 3.50.

Boys Ice Hockey
Grand Forks Red River, 3.30.

Boys Swimming & Diving
Bismarck Century, 3.69.

Girls Basketball
Bismarck Century, 3.79; Dakota Prairie, 3.73; Grand Forks Red River, 3.55; Hazen, 3.68; Langdon Area/Edmore/Munich, 3.83; Oakes, 3.80; Sargent Central, 3.54; Trenton, 3.24.

Girls Cross Country
Dickinson, 3.49; Griggs County, 3.54; Richland, 4.00.

Girls Ice Hockey
Grand Forks Central/Grand Forks Red River, 3.23.

Girls Swimming & Diving
Dickinson, 3.66.

Gymnastics
Bismarck Century, 3.83; Grand Forks Central/Grand Forks Red River, 3.56.

Girls Cross Country
Dickinson, 3.49; Griggs County, 3.54; Richland, 4.00.

Girls Swim & Dive
Dickinson, 3.66.

Play
Larimore, 3.45

Volleyball
Dickinson, 3.86; Griggs County Central, 3.69; Larimore, 3.72; Milnor/North Sargent, 3.90; Richland, 3.85; Oakes, 3.60.
NDHSAA Help - NDHSAA Admins Reporting Scores

Log in to your NDHSAA account.
Click the Admin Portal for your school (Bell on top left).

Click the Results tab on the school admin menu bar that goes across the page.
- There will be a red box with a number inside if you are missing any scores.
- If all scores are entered, the box beside your results tab will be green with a “0” inside.

Enter beside the contest that is missing a score

Enter your score – Final score is all that is needed.

Notes:
- When results are entered by one school, they will appear as results for both/all schools.
- On an iPhone, iPad or Android device Google Chrome is recommended as your browser.
- The NDHSAA admin website is mobile friendly, however, viewing your phone landscape (sideways) rather than portrait (up and down) makes the site easier to maneuver.
- When you log in to the NDHSAA Admin website, bookmark your admin portal page for easy recall.
NDHSAA Help
NDHSAA Coaches – Reporting Scores

- Log in to your NDHSAA account.
- Under “Your Teams” – Click the team for which you would like to enter scores.

- Click the Varsity tab:

- Click the Schedule tab beside contest

- Click the Scores tab

- Enter your score – Final score is all that is needed.

- Click the Blue SAVE button at the bottom of the page.

Notes:
- When results are entered by one school, they will appear as results for both/all schools.
- On an iPhone, iPad or Android device GoogleChrome is recommended as your browser.
- The NDHSAA admin website is mobile friendly, however, viewing your phone landscape (sideways) rather than portrait (up and down) makes the site easier to maneuver.
- When you log in to the NDHSAA Admin website, bookmark your admin portal page for easy recall.

Visit NDHSAA NOW for scores, stories and more! www.ndhsaanow.com
### NDHSAA March Calendar

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<td>A Girls Basketball East Regional Tournament</td>
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<tr>
<td>2/28/19</td>
<td>A Boys &amp; Girls Basketball West Regional Tournament, Feb. 28 &amp; Mar. 1-2</td>
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<tr>
<td>3/1/19</td>
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<td>3/31/19</td>
<td>FBLA State Conference, Bismarck, Mar. 31-Apr. 2</td>
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