PICTURED ABOVE: Members of the 2019 NDHSAA Class A Girls Basketball State Championship team from Bismarck Century.
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CHECK IT OUT!

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NDHSAA BULLETIN
Written by NDHSAA Staff
Editor: Tom Mix, NDHSAA Media Specialist
NDHSAA CONTACT INFORMATION

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Mailing Address: PO Box 817 Valley City, North Dakota 58072
Phone: (701) 845-3953
Fax: (701) 845-4935

NDHSAA ON THE WEB

WWW.NDHSAA.COM
WWW.NDHSAANOW.COM

NDHSAA NOW is where you will find news and current information about NDHSAA and our member schools. This is the site where you will find current teams, districts and region placement, team schedules, pictures, and rosters. Basketball standings, human-interest stories, twitter feed and much more! This is also the site where you will access video from the NFHS Network and video streams from member schools. Check it out NOW!!!
www.ndhsaanow.com

NDHSAA ON SOCIAL MEDIA

The NDHSAA is on Twitter (@NDHSAA), Instagram (profile name: ndhsaa) and Facebook. Be sure to follow NDHSAA on these platforms for updates on statewide activities.
Winter/Spring Region Sites Chosen at March 31 Board Meeting

- Anyone wishing to submit an invitation to host a 2020-21 winter or spring regional tournament may download invitation forms from our website at www.ndhsaa.com. Click on Administrators & Coaches and Forms. Please complete and send those forms to the NDHSAA office for placement on the March 31 Board Meeting agenda.
- The policy used to set sites is as follows: basketball and volleyball chairpersons meet with the other district representatives in their region to mutually agree on regional sites.

State Fine Arts Sites Chosen at March 31 Board Meeting

State Fine Arts sites are determined at the March 31 Board meeting. Please contact Brian Bubach (brian.bubach@ndhsaa.org) with questions regarding invite process and timeline.

Girls Tennis Important Dates and Regulations

There is one new tennis regulation for the 2019/20 school year.
- For team matches at region and state, once the team match has been decided the remaining individual match or matches that have not started a third set will play a super tiebreak in lieu of the full third set.

Online Rules Clinic: March 2-23, 2020
Opening Date: March 30, 2020
First Contest: April 10, 2020
Roster, Picture, Cutline and Schedule due on NDHSAA website: April 20, 2020
Deadline for electronic submission of region entries May 13, 2020 (Noon CDT)
Deadline Team Play-In May 18, 2020
Region Tournament (Fargo & Jamestown): May 21, 22, 23, 2020
State (Grand Forks): May 28-30, 2020

Complete tennis regulations may be found under the Girls Tennis menu on the Athletics tab on the NDHSAA website. https://ndhsaa.com/regulations/tennis-girls

General tennis information may be found on the main girls tennis page on the NDHSAA website: http://www.ndhsaa.com/athletics/tennis-girls

Online Rules Clinic for Girls Soccer and Girls Tennis Coaches

Officials and head coaches/activity advisors must complete rules clinics in sports or activities where clinics are offered. These clinics will be available online only and must be completed within the three week clinic window. The clinic will be available through a link within NDHSAA. You must have an NDHSAA account in order to complete the rules clinic. Please note all clinics are available online only.

There is a second window for coaches of sports that are held in two different seasons. Specifically for Spring are Girls Soccer and Girls Tennis. If the clinic was completed by the coach in the fall, it need not be completed again. However, if the clinic was not completed in the fall by coaches of the above named sports, they must complete the clinic within the window shown below.

A school must pay a $50 fine for non-completion of the clinic by a coach. Schools are not eligible for postseason play until all fines have been paid.

2019-20 NDHSAA Rules Clinic Dates for Girls Soccer & Girls Tennis Coaches are: March 2-23, 2020
### 2020 Baseball Workshops

<table>
<thead>
<tr>
<th>Site</th>
<th>Supervisor</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Devils Lake Sports Center</td>
<td>Justin Klein</td>
<td>Wed. March 25</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Fargo Youth Baseball Facility</td>
<td>Reggie Jackson</td>
<td>Wed. March 25</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>Dickinson High School</td>
<td>Todd Fisher</td>
<td>Wed. April 1</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Grand Forks Red River High School</td>
<td>Ryan Ingeman</td>
<td>Wed. April 1</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Jamestown High School</td>
<td>Brad Nold</td>
<td>Wed. April 1</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Minot- Magic City Campus Theater</td>
<td>Brian Hornecker</td>
<td>Wed. April 1</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Watford City High School</td>
<td>Randy Cranston</td>
<td>Wed. April 1</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Bismarck BSC Career Academy</td>
<td>Kevin Kerr</td>
<td>Wed. April 1</td>
<td>7:30 p.m.</td>
</tr>
</tbody>
</table>

### 2020 Softball Workshops

<table>
<thead>
<tr>
<th>Site</th>
<th>Supervisor</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Devils Lake Sports Center</td>
<td>Jay Schneider</td>
<td>Wed. March 25</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Fargo Youth Baseball Facility</td>
<td>Ryan Gellner</td>
<td>Wed. March 25</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Dickinson High School</td>
<td>Todd Fisher</td>
<td>Wed. April 1</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Grand Forks Red River High School</td>
<td>Donald Doyle</td>
<td>Wed. April 1</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Jamestown High School</td>
<td>Trev Zerr</td>
<td>Wed. April 1</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Minot- Magic City Campus Theater</td>
<td>Tom Lawson</td>
<td>Wed. April 1</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Watford City High School</td>
<td>Randy Cranston</td>
<td>Wed. April 1</td>
<td>6:00 p.m.</td>
</tr>
<tr>
<td>Bismarck BSC Career Academy</td>
<td>Elliot Gerhardt</td>
<td>Wed. April 1</td>
<td>6:00 p.m.</td>
</tr>
</tbody>
</table>

### Class B Boys Basketball Hotel Information

Information on reserving hotel rooms for the Class B Boys Basketball State Tournament, March 19-21 in Bismarck can be found at [https://noboundariesnd.com/](https://noboundariesnd.com/)

### 2019-20 NDHSAA Parade of Champions

Approximately 350 individual and team champions will be on the floor of the Bismarck Event Center on Saturday night, March 21, to be recognized by the crowd and statewide television coverage for the NDHSAA Parade of Champions.

To be a part of the parade a student must have been an individual or member of a team champion in an NDHSAA sponsored activity which will include the 2019 boys basketball champions through the 2020 girls basketball champions. In music, a student must have received the Outstanding Performance Award as a soloist or member of an ensemble.

Two representatives from each team or ensemble need to meet with Brian Bubach concerning placement in the Parade.

Passes are good for participants only. All participants are to dress in school issued warm-ups, jackets, or in dress clothes. We request students not wear blue jeans.

Parade participants may pick up their tickets at the main south entrance of the Bismarck Event Center and must arrive between 5:15 - 5:45 p.m.

If you have any questions, please email Brian Bubach ([brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)) or call (701) 845-3953.
NDHSAA FACTS: Grafton defeated Bismarck High 80-67 in the 1964 NDHSAA Class A boys basketball state championship game.

NFHS Network Consumer Help

For all questions regarding difficulty viewing, inability to find a specific event link, technical issues within a broadcast, trouble subscribing, billing questions, etc., callers may contact memberadmin@nfhsnetwork.com or 877-978-2311.

There are customer representatives standing by at all times to respond to issues and get fans set-up to view their events as quickly as possible. The NFHS Network is happy to issue refunds for accidental double subscribing as well as issues such as experiencing technical difficulties while viewing a game. www.nfhsnetwork.com/associations/ndhsaa

Changing Email Addresses in NDHSAA Account

Users are reminded if their email addresses have changed, they must edit their NDHSAA account with the new email address. Editing accounts will allow user history and all existing roles to remain connected to NDHSAA accounts. Users should not create new accounts, they should edit their existing accounts.

To edit your NDHSAA email address/login:

1) Log in to your NDHSAA account
2) Click on “My Profile” on the bottom left portion of the page
3) Click the Edit Button on the Profile page
4) Click the “Account” tab on the grey menu bar that goes across the page
5) Enter your new email address
6) Confirm your new email address
7) Click the blue SAVE button

This is also where you change your password, if you so desire. Editing your email address on your NDHSAA account assures you receive the proper information from the NDHSAA office.

Online Rules Clinics for Activity Advisors, Coaches & Officials

Officials and head coaches/activity advisors must complete rules clinics in sports or activities where clinics are offered. These clinics will be available online only and must be completed within the three week clinic window. The clinic will be available through a link within NDHSAA.

You must have an NDHSAA account in order to complete the rules clinic. Please note all clinics are available online only for the 2019/20 school year.

Following are the test windows:

SPRING SPORTS
February 10-March 2, 2020
Track and Field
March 2-23, 2020
Baseball, Boys Golf, Class B Girls
Golf and Softball

NDHSAA FACTS: Grafton defeated Bismarck High 80-67 in the 1964 NDHSAA Class A boys basketball state championship game.
**NDHSAA Postseason Video Broadcasting**

All postseason (regional play-in games, regional and state) video rights have been sold to Forum Communications, BEK Sports Network and the NFHS Network. Some postseason contests and tournaments are available for stream/broadcast as declined events with applicable rate card fee.

Any declined event stream/broadcast must have prior approval from NDHSAA or will be subject to twice the applicable fee. Please contact Tom Mix or Brian Bubach for further information at 701-845-3953 or tom.mix@ndhsaa.org/brian.bubach@ndhsaa.org

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**NDHSAA Coaches Education - Permit Submission Form**

Beginning in the fall of 2013 all coaches who work with student athletes in grades 9-12 must be certified. To become certified a coach must complete the requirements for an NDHSAA Coaching Permit. Member schools submit their coaching rosters through the NDHSAA Coaching Permit Submission Form. This form is in a new format this year. Submit this form only. No other forms or formats will be accepted. Forms must be submitted by April 1st to: brenda.schell@ndhsaa.org

ALL NDHSAA member schools are required to submit the NDHSAA Coaches Education Permit Submission Form annually. The form is due APRIL 1st. This form is per SCHOOL, not per coop.

All coaches must be submitted each year. Only certified coaches not certified in a prior year will be mailed coaching permits. Coaching permits will be issued by the North Dakota High School Coaches Association. The due date for the Coaches Education Permit Submission form is April 1st each year.

Failure to submit your form will result in a $300 fine and your school will be ineligible for postseason events until the fine is paid and the form is submitted.

This form has been emailed to main school contacts and is available on the NDHSAA website under Forms. Please contact NDHSAA for any questions concerning this form.

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**2019-20 NDHSAA Board Meetings**

Following is a list of NDHSAA regularly scheduled Board meeting dates. Agendas, Board minutes, special meeting information and other Board documents may be found on the NDHSAA website by clicking the Board Agendas and Minutes link under the Boards & Committees across the top of every page on the NDHSAA website.

http://www.ndhsaa.com/board/meetings

**2019-20 NDHSAA BOARD MEETINGS**

- March 31, 2020 - Valley City
- June 8-9, 2020 - Devils Lake
- June 28 - July 2, 2020 - NFHS Summer Meeting - Denver, CO

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**Class B Boys Basketball State Tournament Bracket Release Date**

This year’s Class B Boys Basketball State Tournament bracket will be announced on Friday, March 13. The five seeded teams in each tournament will be announced and their first-round opponents randomly drawn. Details on the bracket release are listed below:

**Boys Bracket** – Friday, March 13 – approximately 2:45 p.m. in conjunction with the State Class A Basketball Tournament on WDAY and ABC affiliates.
**Entering Team Scholars**

NDHSAA recognizes teams that have met a cumulative 3.20 Grade Point Average as Team Scholars. Team Scholars may be submitted by school administrators through the NDHSAA website. Team Scholars submitted by the 15th of each month are published monthly in the NDHSAA BULLETIN the following month.

To submit team scholars to NDHSAA:

- Log in to NDHSAA
- Click the Admin Bell for your school on the top left side of the page
- Click the Team Tab on the grey menu bar
- Complete form - including checking the eligibility box
- Click the blue Submit
- Your Team Scholar submission will be emailed to Brian Bubach

**Coaches and Officials Mandatory Online Testing**

Officials and head coaches of spring sports (baseball and softball) must take an open book test in the sport(s) in which he/she is a head coach/official. The test will be available online only and must be completed and submitted within the applicable window. The test will be available by following the Online Testing link on the main page of the NDHSAA website. ([www.ndhsaa.com](http://www.ndhsaa.com))

The NDHSAA office will assess a penalty of $25 for non-completion of any mandatory online exam by a head coach. Officials non-completion of a mandatory online exam will result in a lower classification the following year. If an official is certified, they will drop to probationary for one year in that sport. If an official is probationary they will drop to ineligible for one year in that sport.

**Baseball and Softball Spring sports testing window:**
March 31-April 9, 2020

**ACT/SAT National Test Dates**

Administrators, activities directors and coaches should remind their students of the following 2019-20 dates so they may avoid conflicts. Please have them contact their school counselor for deadline registration dates and further details.

**ACT NATIONAL TEST DATES**
- April 4, 2020
- June 13, 2020
- July 18, 2020

**SAT NATIONAL TEST DATES**
- March 14, 2020
- May 2, 2020
- June 6, 2020

**NFHS Learning Center - The Parent Seat**

“The Parent Seat” has been designed for coaches and athletic directors to use during their pre-season parent meetings. It explains the role of a parent during game day and provides suggestions on how they can cope with the roller coaster of emotions that they will feel. Feel free to download the video and use it in your presentation! It may take a take a minute or two to download.

[LINK: NFHS LEARNING CENTER THE PARENT SEAT](#)
Spring sport rosters/pictures/cutlines and schedules are soon due. Schools are required to have information for all spring sports uploaded to NDHSAA three weeks into each season. Failure to upload required information will result in a $50 late fee. Schools have the ability to edit this information as rosters change throughout the season. NDHSAA member schools are required to upload a team picture, cutline, which identifies the lineup on the team photo, team roster and schedule/record for all sports.

This process allows invitational, district, regional and state tournament managers the ability to download and prepare tournament programs. For additional information on uploading team information to NDHSAA, please contact Brenda Schell at the NDHSAA office.

**Sport/Activity Deadlines:**

- **April 6, 2020**
  - Softball
  - Baseball

- **April 13, 2020**
  - Girls Soccer
  - B Boys Golf
  - B Girls Golf

- **April 15, 2020**
  - Boys & Girls Track & Field

- **April 20, 2020**
  - Girls Tennis

- **April 27, 2020**
  - A Boys Golf
Reserved tickets to the general public for the 2020 State B Girls Basketball Tournament will go on sale Wednesday, January 15, 2020 at noon central time (all purchases are final and nonrefundable). All other tickets, including student season general admission, will go on sale Thursday, February 27 at 12:00 p.m. Tickets may be purchased in the following ways:

Online at www.ticketmaster.com
By calling Ticketmaster at 1-800-745-3000
Ralph Engelstad Arena Box Office; 10:00 am – 6:00 pm, Monday-Friday (beginning on January 16, 2020)

*Special Notice: There is a limit of 8 tickets per individual and all purchases are final and nonrefundable.

**TICKET PRICES**

| Reserved (all three days – ages 3 and up) | $42 + $6 Facility Fee = $48.00 |
| Single Session Reserved (ages 3 and up)  | $11 + $1 Facility Fee = $12.00 |
| Adult Single Session General Admission   | $10 + $1 Facility Fee = $11.00 |
| Student Season General Admission (all three days) | $15 + $6 Facility Fee = $21.00 |
| Student Single Session General Admission | $5 + $1 Facility Fee = $6.00 |

(Children 2 and under are free if in someone’s lap)

Sessions:
Thursday, March 5
1:00 pm and 6:30 pm

Friday, March 6
1:00 pm and 6:30 pm

Saturday, March 7
1:00 pm and 6:00 pm

*Doors will open 1 hour before each session.

For more information and to view a seating map, please log on to www.theralph.com/events/seating-chart or call Ticketmaster at 1-800-745-3000.

**NDHSAA FACTS:** Mayville-Portland defeated Granville 52-41 in the 1975 NDHSAA Class B girls basketball state championship game.
Season tickets for the general public for the 2020 State B Boys Basketball Tournament will go on sale Monday, February 3, 2020 at 11:30 a.m. central time (all purchases are final and nonrefundable).

All other tickets including student season general admission, will go on sale Monday, March 16 at 11:30 a.m. central time.

Season tickets may be purchased in the following ways:

1. Monday, February 3, 2020: Online at etix.com
2. Monday, February 3, 2020: By calling etix at 1-800-514-3849
3. Monday, February 3, 2020: By walk up starting at 11:30 a.m. central time. (and then available Monday-Friday from 11:30 a.m. to 5:00 p.m. at the Bismarck Event Center box office following the initial day of sale)

*Special Notice: There is a limit of eight (8) tickets per individual and all purchases are final and non-refundable

Ticket Prices:
Season Reserved (all three days – ages 3 and up) $42.00 + $6.00 Facility Fee = $48.00
Single Session Reserved (ages 3 and up) $11.00 + $1.50 Facility Fee = $12.50
Adult Single Session General Admission $10.00 + $1.50 Facility Fee = $11.50
Student Season General Admission (all three days) $15.00 + $3.50 Facility Fee = $19.50
Student Single Session General Admission $5.00 + $1.00 Facility Fee = $6.00
(Children 2 and under are free if in someone’s lap)

Sessions:
Thursday, March 19
1:00pm and 6:30pm
Friday, March 20
1:00pm and 6:30pm
Saturday, March 21
1:00pm and 6:00pm

*Doors will open 90 minutes before each session. For more information and to view a seating map, please log on to: https://www.bismarckeventcenter.com/events

Stay up to date with NDHSAA Basketball Tournaments on WWW.NDHSAAANOW.COM
School Registration: Each director must electronically register through NDHSAA. Instructions for roster and registration may be found under the Music Files section at: https://ndhsaa.com/fine-arts/music.

When the roster and registration are complete, directors will need to print their Registration Report for voucher attachment to their business managers. Please send a copy of your registration along with your check (payable to Region Music) to your Region Manager on or before the deadline.

Entries not registered by 11:59 p.m. CDT on the deadline date will be allowed to participate only under the 3-day late registration window (fee: $250) or late-late regulation (fee: $250 + $100/entry).

Once the initial deadline lapses, changes to entries, including change of category, may not be made unless under the late or late-late window regulation.

Reminders:
April 24-State A Vocal & Strings at Valley City State University
May 2-State B Music at Bismarck State College

Regional Recommendations:
1. The regional scheduler, contest manager, and site manager may be different individuals. Each regional treasurer should have a fee schedule with reference in Region meeting minutes.
2. Judge mileage is state rate ($0.575 cents per mile).
3. Piano tuners and piano rental/moving should be done by a bid process.
4. Regional Recommended Judge Fees: Minimum fee is $150.

Points of emphasis for 2020:
State A regional strings and vocal contests changed to a 33% (1 out of 3) advancement ratio.
Any photocopy at performance event without publisher permission, or, without proof of Public Domain, will be disqualified.

1. State A and B Music Contests will have a 9:00 a.m. start time.
2. Entries may not be changed after the region registration deadline. This includes changing the type of entry (e.g. Clarinet Ens) or the number within the group (e.g. 2-3, 4-6, 7-12). Entries that are not correct with registration will DQ.
3. PRINT, POST, and PROOF your registration report or portion of the manager’s report. Request students to VERIFY their entries are present and correctly listed.
4. Judges must be NDHSAA certified.
5. Festival manager must enforce the quota system.
6. Directors should inform parents state schedules are on the web at www.ndhsaa.com under Fine Arts>Music>Tournament.
7. Information. Managers are requested to submit region schedules as soon as they are developed.
8. Accompanists full names must be entered. Contests are primarily scheduled by accompanists. The fewer you have, the longer your day could be.
9. NDHSAA does not accept special requests for state music contest scheduling.
10. Award and critique sheets should be picked up at the conclusion of the festival. If you must leave early, you may request a manager to send awards and ballots if you pay postage. For state contests, $5 must be left with the contest management.
11. Directors are not allowed to read critiques on the festival premises. If you have a concern with a judge, talk to the manager. If you have a concern with a written critique, send a copy to NDHSAA.
12. Schools must participate in their assigned region. The Region chairperson must make the final decision on postponement because of weather or other concerns.
**NDHSAA Speech Region Information**

Up to date regional speech contest dates, sites, and deadlines may be accessed at: [https://ndhsaanow.com/regions-tournament-speech](https://ndhsaanow.com/regions-tournament-speech)

For more information on Speech Contests visit: [https://ndhsaanow.com/tournaments/speech](https://ndhsaanow.com/tournaments/speech)

**NDHSAA Music Region Information**

Up to date regional music contest dates, sites, and deadlines may be accessed at: [https://ndhsaa.com/region-schedule/music](https://ndhsaa.com/region-schedule/music)

For more information on Music Contests visit: [https://ndhsaa.com/tournaments/music](https://ndhsaa.com/tournaments/music)

**Farmers Union Insurance Distinguished Student Application Deadline**

NDHSAA/Farmers Union Insurance Distinguished Student Applications are available on the NDHSAA website under “Administrators and Coaches”, then “Forms”.

**Objectives & Goals:** To recognize deserving young people who are the “backbone” of interscholastic activities, not necessarily the leader, but the individual whose participation in high school activities strengthens the program for participants, the school and the community.

**Criteria:** Applicant must be a junior the year the application is submitted. Student must be a participant as a player, manager, statistician or other role in at least one NDHSAA sponsored activity in the current year. Note: Participation does not necessarily mean excellence, honors or even active play. Student must be a good citizen and role model to his/her peers as well as a contributor to the community. The committee will evaluate applicants’ essays on their demonstration of sportsmanship and citizenship and how the applicant feels these values derived from activities will provide them lifelong benefits.

**Selection Process:** One applicant per school is allowed. A pre-screening committee will narrow the applicants to six finalists. The final selection will be based upon an interview conducted by a Selection Committee. Immediately following the interviews, the results will be announced at an NDHSAA sponsored luncheon for finalists and their families. The student must be available for interviews the ENTIRE morning of April 29.

**Deadlines:** Completed application forms must be postmarked no later than April 1. Applications postmarked after April 1 will not be considered. Emailed PDF’s of the application are accepted. Finalists will be notified by mid-April. Interviews and the luncheon announcing the results will be held April 29.

**Awards:** All applicants of the NDHSAA Distinguished Student Program will receive a certificate suitable for framing. A press release naming all applicants will be sent statewide. Finalists will be featured in the September issue of the NDHSAA Bulletin. They will also be invited to participate in other functions connected with NDHSAA events. Farmers Union Insurance has graciously funded scholarships for the finalists. The NDHSAA Distinguished Student recipient will receive a $2,000 scholarship to the college of his/her choice. The runner-up will receive a $1,000 scholarship. The other four finalists will receive a $500 scholarship to the college of his/her choice. The Distinguished Student will be invited to be the Grand Marshall of the NDHSAA Parade of Champions and, along with the other finalists, participate in other activities such as serving as the NDHSAA spokesperson for High School Activities Month, promoting the values of activity programs and participating in awarding of trophies at NDHSAA state contests.

**FOLLOW NDHSAA ON INSTAGRAM, TWITTER & FACEBOOK**
The 2020 Boys Swimming & Diving State Meet will be held in West Fargo, at the Hulbert Aquatic Center, March 6-7, Jay DeCann, Manager.

**Schedule Friday:**
- 11:00 AM - Coaches Meeting
- 11:00 AM - Diving Warm-Ups Begin
- 11:15 AM - Diving Sheets Due
- 12:30 PM - Diving Preliminaries
- 2:15 PM - Swim Warm-Ups Begin
- 3:15 PM - Clear Pool
- 3:30 PM - Swimming preliminaries

**Saturday:**
- 9:30 AM - Diving warm-ups
- 10:30 AM - Diving semi-finals
- 11:30 AM - Coaches and Officials Meeting
- 12:00 PM - Swimming warm-ups
- 1:00 PM - Clear pool
- 1:15 PM - All Finals

Note: There will be a 5 minute break immediately following the Medley Relay

The meet finals will operate under the current National Federation Swimming and Diving Rules Order of events: Rule 5, Section 1, Article 1.

**Finals:**
Eight contestants will qualify for the finals and eight contestants will qualify for the consolation finals in individual swimming events. The twenty highest scoring divers through the preliminaries advance to the semi-final round. (Rule 9-4-3). The sixteen highest scoring divers, through the semi-finals will advance to the final round (Rule 9-4-4). There will be no preliminaries for relays. Finals will be seeded by their regular season time and will be held on Saturday.

**Scoring for finals:**
Individual events (16 places): 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.
Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.
Each team shall be permitted a maximum of four entries in an individual event. Qualifying times are mandatory, using 107% of the 20th place cumulative time from the three previous State Meets.

**The following 2019-20 standards are:**
- 200 Free: 2:05.58
- 200 IM: 2:23.59
- 50 Free: 25.46
- 100 Fly: 1:03.49
- 100 Free: 56.45
- 500 Free: 5:43.49
- 100 Back: 1:05.95
- 100 Breast: 1:11.59

The above times must have been achieved in a sanctioned swim meet during the current season. These times are 107% of the average of the fastest 20th place times from the three previous State Meets. Consideration times will no longer be used. The lead-off swimmer of each relay shall be eligible to qualify for state in that particular stroke and distance. Times from this event will not stand as a pool record, conference record or a state record.

Diving:
Diving will be conducted in accordance with Rule 9. Divers shall qualify for the state with a total of 275 points in eleven dives or a score of 170 in a six dive format as long as the competitor has completed an 11 dive program. This scoring must be during a regular season meet with a minimum of three judges scoring. In the event that there are less than 32 qualified divers, consideration divers will be added to fill the field of 32, using the 250 point-11 dive and 150 point-6 dive consideration divers in that order.
It is the responsibility of the coach to see that no competitor is entered in more than two individual events and that each athlete’s full name, grade and seed time appears on the entry list. The entry form is to be electronically commlinked using the HyTek program to the NDHSAA office (jeriann.everson@ndhsaa.org) in Valley City, no later than 5:00 p.m. on Sunday before the State Meet.

**DO NOT FAX OR SEND SWIM ENTRY THROUGH THE MAIL. ENTRIES SUBMITTED AFTER 5:00 PM. SUNDAY WILL BE ACCEPTED ONLY IF ACCOMPANIED WITH A $25 LATE ENTRY FEE. NO ENTRIES WILL BE ACCEPTED SUNDAY AFTER 6:00 P.M. THESE ENTRIES ARE FINAL.**

Diving sheets must be emailed to jeriann.everson@ndhsaa.org by 5:00 p.m. on the same day. A diving form will be emailed to each coach the Monday prior to entry deadline.

There will be a scratch meeting at 11:00 a.m. Friday, of the state meet and at 11:45 a.m. Saturday of the state meet. No changes or additional entries are allowed at this time.

**Diving Entry Sheets:**
Double check the previously submitted diving sheets and return to the Diving Referee, before the deadline of 11:15 a.m. Friday of the state meet. Changes shall be permitted until the specified time on Friday, prior to the start of the diving competition. Correction of errors noted by the diving referee shall be permitted until the start of the diving competition. Interscholastic Championships (Rule 9: Section 3, Article 4):

- **Number of Contestants:** 1-32
- **Preliminaries:** Any two required and three optional
- **Semi-Finals:** Two required and one optional
- **Finals:** One required and two optional

The 20 highest scoring divers through the prelims qualify for the semi-finals. The 16 highest scoring divers through the semi-finals qualify for the finals. **NOTE:** When there are more than 32 contestants, the first 3 dives listed on the written description for preliminaries shall be performed to reduce the field to 32.

Eight or 10 lanes are to be used for preliminaries in the State Meet. Electronic timing with touch pads and horn start will be used, along with a back-up timing system. For safety purposes, the following will be enforced concerning activity at the conclusion of the State Meet:

- A. The pool will be cleared immediately following the 400 yard freestyle relay.
- B. The entire pool area will be cleared of all swimmers and spectators immediately following the awards ceremony.

Three team trophies and eight individual plaques for each event will be awarded (except relays in which only the first, second, third and fourth place teams will receive individual plaques). Competing members of the first and second place teams will receive individual team plaques.

**Admission:**
1 Day Tournament Ticket (Unreserved)
Adults - $10.00, Students - $5.00 + $1.00 facility fee.
2 Day Reserved Tournament Ticket
All tickets - $26.00 + $4.00 facility fee = $30.00
Note: Reserved tickets do not come with separate adult/student pricing.

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2020 NDHSAA Spring Golf Region/State Information

Boys Class A
Begin practice - April 6
First Allowable Meet - April 10
Roster, Picture, Cutline and Schedule due on NDHSAA website - April 27
Deadline for Regional Meets - May 27
State A Meet - June 2, 3 - Hawktree Golf Club, Bismarck, Dave Zittleman, Mgr.

Girls and Boys Class B
Begin practice - March 23
First Allowable meet - March 27
Roster, Picture, Cutline and Schedule due on NDHSAA website - April 13
Deadline for Regional Meets - May 19
State B Meets - May 26 - May 27
Boys at Crossroads Golf Club, Carrington, Karla Michaelson, Carrington AD, Mgr.
Girls at Jamestown Country Club, Jim Roaldson, Jamestown AD, Mgr.

2020 NDHSAA Spring Golf New Regulation

New - All Classes:
1. A golfer is able to replace a broken club, if not broken in disgust, and if it does not interrupt play.

For complete boys golf regulations go to:
https://ndhsaa.com/regulations/golf-boys
For complete girls class B golf regulations go to:
https://ndhsaa.com/regulations/golf-girls-b

2020 NDHSAA Class A State Basketball Tournament Schedule

The State A Girls’ and Boys’ Basketball Tournament will be held on March 12, 13, 14, 2020 in Fargo at the Scheels Center in the Sanford Health Athletic Complex, Todd Olson, Manager.

Thursday, March 12th
Fargodome
Girls Quarterfinal #1 - 1:00 p.m.
Girls Quarterfinal #2- 20 min. after #1
Girls Quarterfinal #3- 5:00 p.m.
Girls Quarterfinal #4- 20 min. after #3
Scheels Center in the Sanford Health Athletic Complex
Boys Quarterfinal #1- 2:00 p.m.
Boys Quarterfinal #2- 20 min. after #1
Boys Quarterfinal #3- 6:00 p.m.
Boys Quarterfinal #4- 20 min. after #3

Girls Consolation #1 - 4:00 p.m.
Girls Consolation #2 - 20 min. after #1
Scheels Center in the Sanford Health Athletic Complex
Girls Semifinal #1 - 1:00 p.m.
Girls Semifinal #2 - 20 min. after #1
Boys Semifinal #1 - 6:30 p.m.
Boys Semifinal #2 - 20 min. after #1

Friday, March 13th
Fargodome
Boys Consolation #1 - Noon
Boys Consolation #2 - 20 min. after #1

Saturday, March 14th
Scheels Center in the Sanford Health Athletic Complex
Girls 5th Place - 9:30 a.m.
Boys 5th Place - 20 min. after
Girls 3rd Place - 1:30 p.m.
Boys 3rd Place - 20 min. after Girls 3rd
Girls Championship - 6:00 p.m.
Boys Championship - 30 min. after Girls Championship
The 107th Annual North Dakota High School Activities Association Debate Tournament was held at Fargo Davies High School on Friday and Saturday, February 7-8, 2020. Fargo Davies was crowned champion with 55 points. Shanley/Oak Grove received Runner-Up award with 33 points.

The CSTAND coach of the year as elected by her peers was Annette Bender, coach at Mandan High School.

**Individual place winners in each division are as follows:**

**Division I Lincoln-Douglas Debate:** 1st Place – Galilee Mengesha, Mandan; 2nd Place – Forrest Weintraub, Fargo Davies; Semi-finalists – Gabrielle McGarvey, Fargo South; Oliver Dalmi, Grand Forks Central; Quarterfinalists – Joshua Gronneberg, Fargo Davies; Allen Wu, Fargo Davies; Anika Arifin, Fargo North, Jacob Dosch, Shanley/Oak Grove.

**Division II Lincoln-Douglas Debate:** 1st Place – Yaoyi Ma, Fargo North; 2nd Place – Daniel Buol, Bismarck Public Schools; Semi-finalists – Athalia Haughton, Bismarck Public Schools; Sadie Bovkoon, West Fargo Sheyenne; Quarterfinalists – Rachel Day, Fargo Davies; Lauren Michel, Mandan; Sameer Colbert, Fargo Davies; Zachary Peterson, Fargo Davies.

**Division III Lincoln-Douglas Debate:** 1st Place – Riley Meester, West Fargo Sheyenne; 2nd Place – Hannah Heidenrech, Fargo Davies; Semi-finalists – Bruce Lin, Fargo Davies; Sarah Cai, Fargo Davies; Quarterfinalists – Katie Uhler, Grand Forks Central; Hannah Sleath, West Fargo; Sheridan Hagen, West Fargo; Kaylie Beito, West Fargo.

**Division I Public Forum Debate:** 1st Place Team – Rose Grimestad/Lexi Ochsner, Shanley/Oak Grove; 2nd Place Team – Josh Ward/Mitchell Krings, Shanley/Oak Grove; Semi-finalists – Jacob Angus/Aryaman Sharma, West Fargo Sheyenne; Tate Schloesser/Philip Dowdell, Fargo North; Quarterfinalists – Josephine Bowden/Mason Winkelman, Shanley/Oak Grove; Teegan Nordstrom/Cindy Wang, Fargo North; Laila Kantarevic/Madeline Robinson, Fargo South; Ryan Pruszak/ Collin Polasky, Grand Forks Red River.

**Division II Public Forum Debate:** 1st Place Team – Gabrielle Linder/Sarah Hong, Red River; 2nd Place Team – Hannah Oberg/Caelan Randall, Fargo Davies; Semi-finalists – Eric Bender/Reagan Spomer, Bismarck Public Schools; Erika Spanjer/Aarya Panwalkar, Fargo North; Quarterfinalists – James Lin/Pablo Nunez-Perez, Fargo Davies; Hieu Le / Abrar Sharfi, Fargo South; Quincy Ochsner/Jeremiah Moore, Fargo Shanley; Om Panda/Curtis-John Masa, Grand Forks Red River.

**Division III Public Forum Debate:** 1st Place Team – Jordan Sievert/Navisha Soni, Bismarck Public Schools; 2nd Place Team – Carter Schmisek/Dylan Kiley, Grand Forks Central; Semi-finalists – Korbin Flynn/Shelby Hagel, Mandan; Cooper Gray/Elijah Hedahl, Fargo Davies; Quarterfinalists – Melody Jiang/Amanda Li, Fargo Davies; Neesa Phadke/Lydia Picotte, Fargo Davies; Anusha Yadav/Cady Wang, Fargo Davies; Nyssa Haslerud/Victoria Dorscher, West Fargo.

**Participating schools included:** Bismarck Public Schools, Fargo Davies, Fargo North, Fargo South, Grand Forks Central, Grand Forks Red River, Mandan, Minto, Shanley/Oak Grove, West Fargo and West Fargo Sheyenne.

Visit NDHSAA NOW for scores, stories and more! www.ndhsaanow.com
No new regulations for the 2020 season.

For complete baseball regulations go to: https://ndhsaa.com/regulations/baseball

Important Dates:
Opening day of practice: March 16, 2020
First Game: March 27, 2020
Picture, Cutline, Roster, Schedule due on NDHSAA website: April 6, 2020
State Tournament: May 28-30, 2020 – Class B – Jamestown, Class A – Mandan

No New Regulations for the 2020 season.

For complete Softball regulations go to: https://ndhsaa.com/regulations/softball

Important Dates:
Opening day of practice: March 16, 2020
First Game: March 27, 2020
Picture, Cutline, Roster, Schedule due on NDHSAA website: April 6, 2020
State Tournament: May 28-30, 2020 – Class B – Jamestown, Class A – Mandan
2020 Track Information:

The 2020 State Combined Class A and B Girls and Boys Track & Field Meets will be held at the Bismarck Bowl with Dave Zittleman as manager. The meet will be held on Friday and Saturday, May 22-23.

The Class A and B regional meet order of events can be found in the complete regulations. The top three place winners of each Class B regional track meet will automatically qualify for the State Meet.

- Southeast - Kindred - Matt Crane, Mgr.
- South Central - Bismarck (Shiloh) - Marcus Wagner, Mgr.
- Southwest - Dickinson - Gregg Grinnsteinner, Mgr.
- Northwest - Minot - Lyall Krueger, Mgr.
- North Central - Rugby - Scott Grochow, Mgr.
- Northeast - Hillsboro - Dave Nelson, Mgr.

In addition to these qualifiers, any contestant who has equalled or bested the state qualifying standard will also qualify for the state meet.

Class A schools may qualify entrants for the State Meet from their assigned region:
East Region – Grand Forks - Mark Rerick, Mgr.
West Region – Bismarck - Dave Zittleman, Mgr.

The top six Class A finishers in each event, including the relays, with the possible exception of the high jump and pole vault events as outlined in item 13, qualify for the State Meet from each region. In addition to these qualifiers, any contestant who can equal or better the qualifying standards listed in item 9 of regulations may also qualify for the State Meet.

Track Information New Regulations:
- The deadline for completing region meets is the Saturday prior to the state meet.
- The addition of a wheelchair division has been added for regular season meets. See the files tab on the NDHSAA track webpage for implementation of rules for wheelchair athletes.

Important Dates:

Opening Date: February 24

Picture, roster, schedule, cutline due on NDHSAA website: April 15

A & B Regionals: Deadline May 16

A & B State: May 22 and 23

For complete boys track and field regulations:
www.ndhsaa.com/regulations/track-boys

For complete girls track and field regulations:
www.ndhsaa.com/regulations/track-girls
The Class B Regionals are organized as follows (Region Meet Sites and Managers):

Southeast Region – Kindred - Matt Crane
Barnes County North, Central Cass, Edgeley/Kulm, Ellendale, Enderlin/Maple Valley, Hankinson, Kindred, LaMoure/Litchville-Marion, Lisbon, Wyndmere/Lidgerwood, Montpelier, Northern Cass, Oak Grove, Oakes, Richland, Sargent County (Milnor/North Sargent/Sargent Central) [Northeast Region – Hillsboro - Dave Nelson]
Drayton/Valley-Edinburg, Finley-Sharon/Hope-Page, Grafton (Grafton/St. Thomas), Griggs County Central, Hatton/Northwood, Hillsboro/Central Valley, Langdon Area/Edmore/Munich, Larimore, May-Port CG, Midway/Minto, Nelson County (Dakota Prairie/Lakota), Park River/Fordville-Lankin, Pembina County North (North Border - Pembina & Walhalla/Cavalier), Thompson

North Central Region – Rugby - Scott Grochow
Benson County, Bottineau, Dunseith, Four Winds, Glenburn, Harvey/Wells County, New Rockford-Sheyenne, North Star, Northern Lights, Rolette/Wolford, Rugby, Velva/Drake-Anamoose, Warwick, Westhope/Newburg

South Central Region – Bismarck - Marcus Wagner
Carrington, Center-Stanton, Central McLean, Hazen, Kidder County/Napoleon/Gackle-Streeter, Linton/Hazleton-Moffit-Braddock, Medina/Pingree-Buchanan, Midkota, Shiloh Christian, South Border, Southern McLean, Standing Rock, Strasburg, Zeeland

Southwest Region – Dickinson - Gregg Grinnsteinner
Beach, Beulah, Bowman County, Dickinson Trinity, Glen Ullin/Hebron, Grant County/Flasher, Heart River (Belfield/South Heart), Hettinger/Scranton, Killdeer, Mott-Regent/New England, New Salem-Almont, Richardson-Taylor

Northwest Region - Minot - Lyall Krueger
Bishop Ryan, Burke Central, Des Lacs-Burlington/Lewis & Clark, Divide County, Garrison/Max, Kenmare/Bowbells, Mandaree, Mohall-Lansford-Sherwood, Nedrose, New Town, Parshall, Powers Lake, South Prairie, Stanley, Surrey/TGU Granville, Trenton, White Shield, Williams County, Williston Trinity Christian

Principal and coaches are reminded that Team Scholar Award applications may be submitted as soon as your school has reached the first grading period. It is requested the school principal identify all fall and winter teams that have met the cumulative 3.20 Grade Point Average and submit those all at one time. If you have questions, please contact brian.bubach@ndhsaa.org or (701) 845-3953.

Boys Basketball
Carrington, 3.41; Langdon Area/Edmore/Munich, 3.63; Wilton-Wing, 3.26.

Boys Cross Country
Bismarck Century, 3.45; Killdeer 3.26

Boys Soccer
Bismarck Century, 3.39

Boys Tennis
Bismarck Century, 3.87

Football
Bismarck Century, 3.31

Girls Basketball
Carrington, 3.88; Langdon Area/Edmore/Munich, 3.87; Wilton-Wing, 3.69

Girls Cross Country
Bismarck Century, 3.86; Killdeer, 3.68

Class A Girls Golf
Bismarck Century, 3.65

Girls Swimming & Diving
Bismarck Century, 3.75

Play
Milnor, 3.32; North Sargent, 3.40

Volleyball
Bismarck Century, 3.89; Milnor/North Sargent, 3.74

Wrestling
Carrington, 3.21; Devils Lake, 3.23

Speech
Carrington, 3.40
NDHSSAA Help

NDHSSAA Admins – Reporting Scores

- Log in to your NDHSSAA account.
- Click the Admin Portal for your school (Bell on top left).

- Click the Results tab on the school admin menu bar that goes across the page.
  - There will be a red box with a number inside if you are missing any scores.
  - If all scores are entered, the box beside your results tab will be green with a “0” inside.

- Click Enter beside the contest that is missing a score

- Enter your score – Final score is all that is needed.

- Click the Blue SAVE button at the bottom of the page.

Notes:
- When results are entered by one school, they will appear as results for both/all schools.
- On an iPhone, iPad or Android device GoogleChrome is recommended as your browser.
- The NDHSSAA admin website is mobile friendly, however, viewing your phone landscape (sideways) rather than portrait (up and down) makes the site easier to maneuver.
- When you log in to the NDHSSAA Admin website, bookmark your admin portal page for easy recall.
NDHSAA Help
NDHSAA Coaches – Reporting Scores

- Log in to your NDHSAA account.
- Under “Your Teams” – Click the team for which you would like to enter scores.
- Click the Varsity tab.
- Click the Schedule tab beside contest.
- Click the Scores tab.

Enter your score – Final score is all that is needed.

Notes:
- When results are entered by one school, they will appear as results for both/all schools.
- On an iPhone, iPad or Android device Google Chrome is recommended as your browser.
- The NDHSAA admin website is mobile friendly, however, viewing your phone landscape (sideways) rather than portrait (up and down) makes the site easier to maneuver.
- When you log in to the NDHSAA Admin website, bookmark your admin portal page for easy recall.

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### NDHSAA March Calendar

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<th>Date</th>
<th>Event</th>
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<td>Deadline for Submitting State Boys Swimming/Diving Entries, 5:00 p.m.</td>
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<tr>
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<td>Baseball Rules Clinic, Online Only, March 2-23</td>
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<td>Softball Rules Clinic, Online Only, March 2-23</td>
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<td>3/2/20</td>
<td>Spring Golf Rules Clinic, Online Only, March 2-23</td>
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<td>3/3/20</td>
<td>A Boys Basketball East Regional Tournament</td>
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<td>3/3/20</td>
<td>A Girls Basketball East Regional Tournament</td>
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<td>3/3/20</td>
<td>B Boys Basketball Deadline For District Tournaments</td>
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<td>A Boys &amp; Girls Basketball West Regional Tournament, Mar. 5-7</td>
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<td>A Boys Basketball East Regional Tournament</td>
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<td>3/19/20</td>
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<td>3/21/20</td>
<td>District Chairpersons Meeting, Bismarck</td>
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<td>NDMEA All State Band/Choir/Orchestra, Bismarck, Mar. 22-24</td>
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<td>3/23/20</td>
<td>Girls Soccer Opening Date</td>
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<td>3/25/20</td>
<td>NDASSP Mid-Winter Conference, Mandan Baymont, Mar. 25-27</td>
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<td>NDOA Board of Directors Meeting, Conference Call 7:00 PM</td>
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<tr>
<td>3/31/20</td>
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<tr>
<td>3/31/20</td>
<td>NDHSAA Board of Directors Meeting, Valley City</td>
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### NDHSAA Calendar Correction

The North Dakota High School Coaches Association State Convention this summer is July 27 through July 30 in Fargo at the Ramada Hotel.