PICTURED ABOVE: Members of the 2018 NDHSAA boys soccer state championship team from West Fargo High School hold up their trophy at Cushman Field in Grand Forks.

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NDHSAA ON THE WEB

WWW.NDHSAA.COM
WWW.NDHSAANOW.COM

NDHSAA NOW is where you will find news and current information about NDHSAA and our member schools. This is the site where you will find current teams, districts and region placement, team schedules, pictures, and rosters. Basketball standings, human-interest stories, twitter feed and much more! This is also the site where you will access video from the NFHS Network and video streams from member schools. Check it out NOW!!! www.ndhsaanow.com

NDHSAA ON SOCIAL MEDIA

The NDHSAA is on Twitter (@NDHSAA), Instagram (profile name: ndhsaa) and Facebook. Be sure to follow NDHSAA on these platforms for updates on statewide activities.
Annual October Membership Meeting

The Annual Meeting of the NDHSAA membership will be Friday, October 18 beginning at 8:30 a.m. at the Bismarck Ramkota. Agenda items will include but not be limited to the approval of the October 2018 minutes, proposed amendment votes, and nominating committee reports. The terms for three Board positions will expire in June 2020: Scott Privratsky, who represents Class A at large, Mitch Carlson, who represents Class B Southeast, and Michael Sorlie, who represents NDIAAA. Nominating committees representing Class A at large, Class B Southeast and NDIAAA will be called upon to nominate individuals to fill the three Board positions for the next four year terms. Letters to the various administrative groups requesting involvement in the nomination selection will be forthcoming. Information on electronic ballot voting for the NDHSAA Board positions will be sent to Member Schools following the nomination process at the October Membership meeting.

The NDHSAA Board of Directors proposes two Constitution & By-Laws amendments regarding seasons and semester eligibility. Complete amendments may be accessed at the following:

Part II, ARTICLE XIV SECTIONS II, IX and X
Part IV, Article III - Grades 7 & 8 Semesters

Article X of the Constitution and By-Laws explains the amendment process and may be found in Part I - Constitution of the North Dakota High School Activities Association, page 6 at: https://ndhsaa.com/files/Constitution_and_ByLaws.pdf

Please contact the Executive Director concerning timeline for amendment submission. If agenda items are amended, motion passage or failure will be determined by present representative votes. Updated information will be published in the October Bulletin and on the NDHSAA website.

Mandatory Administrator Meetings

Mandatory administrator meetings were held throughout North Dakota in September. The presentation has been uploaded to the NDHSAA site for member school convenience. The following page has links to the presentation .pdf along with links to forms discussed at each meeting. https://ndhsaa.com/fall-admin-mtg

School Music Trips

Out of state music trips of 600 miles or more must have NDHSAA approval. Out of state trips shall not exceed the loss of more than two school days. Groups shall also be limited to a maximum of two out of state trips in any one school year. Administrators must contact NDHSAA once planning begins for these trips, whether or not they involve competition. Requests for these trips should include information about dates, destination and administrative approval of the trip.

National Anthem Flag Decorum

The following announcement should be read before the playing/singing of the national anthem at various events: “Ladies and gentlemen, we are about to salute the flag of our nation. Please rise, remove your cap or hat, place your right hand over your heart, and stand at attention while the national anthem is being performed.”

Class B Boys Basketball Hotel Information

Information on reserving hotel rooms for the Class B Boys Basketball State Tournament, March 19-21 in Bismarck can be found at https://noboundariesnd.com/
Charitable Contest Guidelines

Schools may host a contest in recognition of a charitable cause under the following conditions:

• The contest or competition may be held during any one week, to be determined by each individual school, of the designated sport season.

• The NDHSAA is supportive of charitable initiatives and has developed guidelines in regards to an athletic competition being held in the name of a charitable cause. Each school participating must be in agreement to allow any of the modifications to the rules. Team members may be allowed to wear headbands or wristbands of a solid non-regulation color.

• Officials may be allowed to use a colored whistle.

• Colored game balls will not be allowed, however they may be used during any warm-up period prior to the contest.

• A commemorative ribbon may be worn, properly placed on the jersey or school-issued uniform. Uniforms must conform to National Federation rules, including colors. NDHSAA requests member schools provide NDHSAA a courtesy contact with the date of contest and charitable cause.

2019-20 NDHSAA Board Meetings

Following is a list of NDHSAA regularly scheduled Board meeting dates. Agendas, Board minutes, special meeting information and other Board documents may be found on the NDHSAA website by clicking the Board Agendas and Minutes link under the Boards & Committees across the top of every page on the NDHSAA website.

http://www.ndhsaa.com/board/meetings

2019-20 NDHSAA BOARD MEETINGS

October 18, 2019 - General Assembly Meeting, Bismarck
December 5, 2019 - Valley City
January 16, 2020 - Valley City
March 31, 2020 - Valley City

June 8-9, 2020 - Devils Lake (Site Change Approved)
June 28 - July 2, 2020 - NFHS Summer Meeting - Denver, CO

ACT/SAT National Test Dates

Administrators, activities directors and coaches should remind their students of the following 2019-20 dates so they may avoid conflicts. Please have them contact their school counselor for deadline registration dates and further details.

ACT NATIONAL TEST DATES

October 26, 2019
December 14, 2019
February 8, 2020
April 4, 2020
June 13, 2020
July 18, 2020

SAT NATIONAL TEST DATES

October 5, 2019
November 2, 2019
December 7, 2019
March 14, 2020
May 2, 2020
June 6, 2020

Visit NDHSAA NOW for scores, stories and more! www.ndhsaanow.com
**Tournament Information Links**

Upcoming regional and state tournament information will be posted on the sport/activity specific pages on the NDHSAA NOW website [<www.ndhsaanow.com>] site under Tournament Information. Links to tournament information pages and sites will also be accessible from the main NDHSAA website during all tournament seasons.

**Participants Must Be Accompanied**

Please be reminded all regional and state individual and team members must be accompanied by a coach or school official as noted in the NDHSAA By-Laws on page 4, Part Two, Article III-CONTESTS, Section V.

Managers of regional and state NDHSAA sponsored activities have been notified to strictly enforce this rule. No participant or team will be allowed to participate without a coach or faculty representative present at the contest.

**NDHSAA Minimal Behavior Expectations**

Passed by the NDHSAA Board of Directors for regular and postseason competitions and requires:

• Respect the American flag and the National Anthem.
• Contesting schools shall each have an authorized faculty representative present who shall be responsible for his/her school’s participants, students, and fans throughout the contest.
• Spectators must wear clothing that covers the entire torso. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the facility if they do not cooperate with this behavior expectation.
• The use of appropriate language is expected at all times. Profanity, negative chants, trash talk, name-calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school/tournament administrators.
• Any attendee ejected from a NDHSAA tournament venue will be banned from the venue(s) for the remainder of the event.
• Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
• Hand held signs and flags, which do not obstruct the view of others, are permitted provided they are in good taste. Signs or other similar items contest/tournament officials deem to be in poor taste will be removed. Message or “white” boards” are prohibited. The carrying of flags around the playing surface is NOT allowed.
• Artificial noisemakers of any kind (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed at any indoor events, including outdoor sports played at indoor venues. Exception – Megaphones appropriately used by cheerleaders are permitted if allowed by contest officials.
• Laser lights or any other lights deemed distracting to participants are strictly prohibited.
• Confetti is banned at all NDHSAA tournament venues. Tournament staff is instructed to confiscate such articles at the door.
• Objects shall not be thrown into the stands at any NDHSAA tournament venue.
• The use of unmanned aerial vehicles (UAV), also known as drones, is prohibited for any persons at NDHSAA tournament venues.

*Follow @NDHSAA on Twitter for latest news on NDHSAA activities!*
**NDHSAA Accounts and Roles**

**REMINDER TO SCHOOL ADMINISTRATORS:** New coaches should create NDHSAA accounts (if they do not already have an account) and request appropriate roles at your school as your coaching staff changes. Testing and online rules clinics are tied to NDHSAA accounts therefore all users must have appropriate roles with valid email addresses at your school. If you need a role removed from your school or have any comments, questions or concerns regarding our website, please contact Brenda Schell. brenda.schell@ndhsaa.org

**2019 Dakota Bowl Schedule**

The 2019 Dakota Bowl will be held Friday, November 15 at the FARGODOME with Todd Olson as manager.

**Friday, November 15, 2019**
- Game 1 - 9-man - 9:10 a.m.
- Game 2 - Division A - 20 minutes after Game 1
- Game 3 - Division AA - 20 minutes after Game 2
- Game 4 - Division AAA - 6:40 p.m.

**TICKET PRICES (All Day)**
- Adults: $14.50 + $0.50 venue charge ($15.00)
- Students: $6.50 + $0.50 venue charge ($7.00)

**Dakota Bowl Television Coverage**

Dakota Bowl, coverage will be aired on the following television stations:

- WDAY 6- Fargo
- WDAZ 8- Grand Forks
- KBMY 17- Bismarck
- KMCY 14- Minot

Webstream also available at [www.inforum.com](http://www.inforum.com)

**Coaches & Officials Mandatory Online Testing**

Officials and head coaches of baseball, basketball, football, gymnastics, hockey, soccer, softball, swimming & diving, volleyball and wrestling must take an open book test in the sport(s) in which he/she is a head coach/official.

The test will be available online only and must be completed and submitted within the applicable window. The test will be available by following the online testing link on the main page of the NDHSAA website: [http://www.ndhsaa.com](http://www.ndhsaa.com)

**NDHSAA FACTS:** Bismarck Century won back-to-back NDHSAA Division AAA football state championships in 2015 and 2016.
2019 Class B District Volleyball Tournaments

District 5     - Oct. 31, Nov. 1,4  - Carrington HS      - Karla Michaelson - Manager
District 6     - Nov. 1, Nov. 4,5   - Wishek HS          - Shawn Kuntz - Manager
District 11   - Oct. 31, Nov. 1,4  - Westhope HS      - Garrett Wible- Manager
District 12   - Oct. 31, Nov. 1,4  - Minot Auditorium    - Alton Nygaard - Manager
District 15   - Oct. 31, Nov. 1,4  - Watford City         - TBD
District 16   - Oct. 31, Nov. 1,4  - Stanley HS          - Brooks Stafslien - Manager

Changing Email Addresses in NDHSAA Account

Users are reminded if their email addresses have changed, they must edit their NDHSAA account with the new email address. Editing accounts will allow user history and all existing roles to remain connected to NDHSAA accounts. Users should not create new accounts, they should edit their existing accounts.

To edit your NDHSAA email address/login:

1) Log in to your NDHSAA account
2) Click on “My Profile” on the bottom left portion of the page
3) Click the Edit Button on the Profile page
4) Click the “Account” tab on the grey menu bar that goes across the page
5) Enter your new email address
6) Confirm your new email address
7) Click the blue SAVE button

This is also where you change your password, if you so desire. Editing your email address on your NDHSAA account assures you receive the proper information from the NDHSAA office.

NDHSA Boys Tennis Region & State Tournament Information

Boys regional tennis tournaments will be held on October 3, 4 & 5, 2019. The East Region Tournament will be held in Fargo with Todd Olson as manager and the West Region Tournament will be held in Bismarck with Dave Zittleman serving as manager. Coaches and ADs are reminded regional registrations are due to the NDHSAA office and tournament managers by NOON September 25, 2019. The deadline for team play-in is September 30, 2019. Entry form information will be emailed to coaches listed on the NDHSAA website. Additional tournament information may be found on the Boys Tennis page.

The 2019 Boys State Tennis Tournament will be held in Grand Forks on October 10, 11 & 12, 2019 with Mark Rerick serving as the tournament manager. All regulations for state and regional tournament play may be found on the Boys Tennis page of the NDHSAA website:

http://www.ndhsaa.com/regulations/tennis-boys

REGION/STATE INFORMATION:

<table>
<thead>
<tr>
<th>West Region - Bismarck</th>
<th>East Region – Fargo</th>
<th>State - Grand Forks</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 3-5 - Dave Zittleman, Mgr.</td>
<td>October 3-5 - Todd Olson, Mgr.</td>
<td>October 10-12 - Mark Rerick, Mgr.</td>
</tr>
</tbody>
</table>
The NDHSAA Boys State Soccer Tournament will be played October 10-12 in Mandan with Mark Weist as manager. The tournament is an 8-team single elimination tournament with a consolation round playing to 5th place.

**NDHSAA BOYS SOCCER STATE TOURNAMENT SCHEDULE**

**Thursday Games**
1) W1 vs. E4 at 12:00 p.m.
2) E2 vs. W3 at 2:15 p.m.
3) E1 vs. W4 at 4:30 p.m.
4) W2 vs. E3 at 6:45 p.m.

**Friday Games**
5) Cons. Semis at 12:00 p.m.
6) Cons. Semis at 2:15 p.m.
7) Semifinal at 4:30 p.m.
8) Semifinal at 6:45 p.m.

**Saturday Games**
9) 5th Place at 11:00 a.m.
10) 3rd Place at 1:15 p.m.
11) Championship at 3:30 p.m.

**NDHSAA HELP (FAQ)**

The NDHSAA website has a help link available: [https://ndhsaa.com/faq/help](https://ndhsaa.com/faq/help)

If you can’t find an answer to your question on the FAQs, please contact the NDHSAA.

Email: Brenda.Schell@ndhsaa.org
Phone: (701) 845-3953

**2019 Wrestling Officials Workshops**

Each wrestling official must attend one of the four workshops around the state. Failure to attend will cause the official to drop level of certification the following year.

**Date** | **City** | **Location** | **Time**
---|---|---|---
Nov. 3 | Fargo | Scheels Center | 12:00 p.m.
Nov. 6 | Bismarck | Century HS Rm. 134 | 7:00 p.m.
Nov. 6 | Minot | YMCA | 6:00 p.m.
Nov. 6 | Grand Forks | Red River HS | 7:00 p.m.
Nov. 13 | Jamestown | Jamestown HS | 7:00 p.m.

**NDHSAA Website Login Information**

The NDHSAA website includes a public portion for public viewing and a password protected portion for school and NDHSAA administration of sports and activities. All coaches and advisors must have NDHSAA accounts in order to input their rosters, pictures, cutlines, schedules, tournament entrants and results.

To create an NDHSAA account, go to our website [http://www.ndhsaa.com](http://www.ndhsaa.com) and locate the Sign In section on the top right side of the page. Click on the “Create an Account” link. You must enter your account information then request a role at your school. To request a role, select your role (coach (sports), activity advisor/coach (fine arts), staff, etc.) and click the blue “Request Role” button. Then select the school you are affiliated with from the drop down menu, choose your sport or activity from the drop down menu and Click the “Request Role” button. Repeat the role selection process until you have requested all of your roles in your school. After submission, the main user at your school will approve your role(s) and you will be able to enter information concerning your sport or activity.

Any comments, questions or concerns regarding our website, please contact Brenda Schell at the NDHSAA office.

EMAIL: brenda.schell@ndhsaa.org
Officials and head coaches/activity advisors must complete rules clinics in sports or activities where clinics are offered. These clinics will be available online only and must be completed within the three week clinic window. The clinic will be available through a link within NDHSAA.

You must have an NDHSAA account in order to complete the rules clinic. Please note all clinics are available online only for the 2019/20 school year.

Following are the test windows:

**WINTER SPORTS**
October 28 - November 18, 2019
Basketball, Gymnastics, Hockey and Wrestling

**WINTER FINE ARTS**
October 28 - November 18, 2019
Debate and Speech

**SPRING SPORTS**
February 10 - March 2, 2020
Track and Field
March 2 - 23, 2020
Baseball, Boys Golf, Class B Girls Golf and Softball

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**2019 NDHSAA State Cross Country Meet**

The 41st Annual Girls State Cross Country Meet and the 59th Annual Boys State Cross Country Meet will be held on Saturday, October 26th at Souris Valley Golf Course in Minot with Mitch Lunde, Minot AD as manager.

Separate meets will be held for the Class B girls’ and boys’ teams as well as the Class A girls’ and boys’ teams. The Class A Boys event will begin at 11:00 a.m., the Class A Girls event will begin at 11:45 a.m. Awards will immediately follow the completion of the Class A races. The Class B Boys event will start at 2:00 p.m. and the Class B Girls event will start at 2:45 p.m. with awards ceremony for the Class B races immediately following the two races. Both the boys and the girls will run a 5000 meter course. Provisions will be made to walk the course at 9:00 a.m. for those wishing to do so. There will be no practice on the course the day or evening prior to the competition.

The meet is open to any Cross Country Class A or B school submitting an entry form which will be electronically provided to the school administration. Submit this registration form no later than Monday at 10:00 a.m. prior to the state event. Both the boys team and the girls team may be submitted on the same entry form. Entries submitted after deadline date up to Noon Monday prior to the State Meet must be accompanied by a $25.00 late entry fee. **NO ENTRIES WILL BE ACCEPTED BEYOND THAT TIME.**

Through the use of the adjusted score procedure, those schools who enter or compete with fewer than 5 on a team will still post a team score. If fewer than five members of a team finish a race, the score of the remaining slots up to five will be a score of one more (plus two more, etc.) than the field that finishes. Schools with more than five members finishing the race shall have their five highest finishers’ scores count toward the team championship. Ties in team scoring shall be resolved by comparing the sixth runner’s score from each team. Uniform rules as set by the National Federation shall be enforced at the State Meet.

**STARTING LINE:** Each space recommended be a minimum of 2 meters wide. At the starting line, lanes will be left vacant when there are more lanes available than teams. Example: Lane spots available = 24 / Teams Competing = 20. Prior to drawing for team starting positions, the meet manager will pull out 4 positions such as lanes 4, 8, 12 and 16. Starting assignments would then be drawn and assigned in lanes 1-3 (lane 4 open), 5-7 (lane 8 open), 9-11 (lane 12 open), 13-15 (lane 16 open), 17-20. **USE OF GOLF CARTS, BICYCLES AND OTHER MEANS OF TRANSPORTATION AT THE COURSE shall be limited to officials and workers of the State Meet. Pets are not allowed on the state tournament course except for documented service animals.**

**AWARDS:** Trophies will be given to the top 5 teams in each of the four divisions. Individual plaques will be given to the top twenty runners in each of the four divisions plus individual plaques will be given to each member of the runner-up and championship team in each of the four divisions.

**ADMISSION:** Adults - $8.00 / Students - $5.00

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Debate & Speech Clinics Online

For 2019/20, debate and speech clinics will be online within the designated window. Clinic completion is mandatory for head speech coaches and head debate coaches. You must have an NDHSAA account in order to complete the online rules clinic. Following are the 2019/20 clinic windows:

WINTER FINE ARTS: October 28 - November 18
Debate
Speech

Music Judge Certification

College or high school personnel with a B.S. in Music Education and 5 years experience (recommended) may judge NDHSAA sponsored Music Festivals if they successfully complete the online rules test. If you have questions regarding music certification, please contact Brian Bubach at: brian.bubach@ndhsaa.org

2019 State Student Congress

The 2019 State Student Congress will be held at the Bismarck State Capitol on Thursday and Friday, November 7 and 8. Sue Anderson will serve as manager.

Registrations must be filed on the NDHSAA website at www.ndhsaa.com through our online system. All registrations must be complete before 11:59 p.m. CDT October 24.

State Congress resolutions are currently posted under Student Congress Files at https://ndhsaa.com/fine-arts/student-congress. The State Congress schedule will be posted on our website and sent to school coaches following West Student Congress October 14.

Class B Play Contest

Regional qualifiers will participate at Jamestown High School and the University of Jamestown on Monday, November 25.

The top 4 plays from each preliminary site will advance to the Finals at the University of Jamestown on Tuesday, November 26. A complete schedule for State B Plays will be posted at http://www.ndhsaanow.com/tournaments/play as soon as it is finalized.

NFHS World Book’s Learning Pro

Learning Pro: Simple Ways to Improve Study Habits and Promote Learning, a new suite of online courses designed specifically for students, is available at www.nfhslearn.com. The Learning Pro program, developed by World Book, Inc. delivers practical advice on improving study skills and grades through four courses: Homework Helper, Reading and Learning Strategies, Research Skills and Testing Tips.

Learning Pro is led by an on-camera host while peer correspondents file reports from the field for an entertaining spin on study skills. Interactive exercises allow students to learn about and practice their new skills and printable resources are available for future reference.

Learning Pro enables students and parents to focus on specific skills and add more courses based upon their skill-building needs. Each course is now free.
Coaching Sports in Middle School is now available online through the National Federation of State High School Associations (NFHS) at www.nfhslearn.com.

Coaching Sports in Middle School focuses on middle school issues and how to address them. All NFHS coaching education courses are applicable to the middle school/junior high level, but this one has been tailored to the unique characteristics of that level. It factors that middle school athletes aren’t young adults yet and are at a different skill level.

Coaching Sports in Middle School takes approximately one hour to complete and costs $20.

Fall Tournament Ticket Prices

**GIRLS SWIMMING & DIVING**
State Meet at Bismarck, N.D.
Daily Ticket
Adults: $10.00 Students: $5.00
Tournament Ticket
Adults: (reserved): $26.00
Students : $10.00

**FOOTBALL**
Pre-Quarterfinals, Quarterfinals and Semifinals
Adults: $8.00 Students: $5.00
Dakota Bowl at FARGODOME
Adults: $15 Students: $7
* Venue Charge included

**CROSS COUNTRY**
State Meet at Minot, N.D.
Adults: $8.00 Students: $5.00

**CLASS A GIRLS GOLF**
State Tournament at Wahpeton, N.D.
Daily Ticket
Adults: $8.00 Students: $5.00

**VOLLEYBALL**
Region Play-In Games Adults: $7.00
Students: $5.00
Regional Play Daily Ticket
Adults: $8.00 Students: $5.00
State Tournament at FARGODOME
Daily Ticket (includes $1 venue charge) Adults: $13.00 Students: $7.00
Tournament Ticket
Adults: $35.00 Students: $18.00

**BOYS SOCCER**
State Tournament at Mandan, N.D.
Daily Ticket
Adults: $10.00 Students: $5.00
Tournament Ticket
Adults: $24.00 Students: $12.00

**BOYS TENNIS**
Region & State
State at Grand Forks, N.D.
Daily Ticket
Adults: $8.00 Students: $5.00

**CROSS COUNTRY**
State Meet at Minot, N.D.
Adults: $8.00 Students: $5.00

Award of Excellence Nominations

NDHSAA is honoring the recipients of the National Federation Award of Excellence for displays of great sportsmanship.

Those teams, individuals, coaches, fans, and administrators that have shown exemplary sportsmanship in the midst of competition may be nominated by emailing Matt Fetsch or Brian Bubach. A nominator may be a game official, parent fan, coach, or school administrator.

NDHSAA FACTS: Bismarck St. Mary’s defeated Wahpeton 24-22 in the 2013 NDHSAA Division AA football state championship game.
2019 NDHSAA sponsored State A Girls Golf Tournament will be held September 30-October 1 at the Bois de Sioux Golf Club in Wahpeton, ND. Mike McCall, AD of Wahpeton High School, will be the tournament manager. Tee-off begins at 9 a.m. on both days.

Qualifiers will play 18 holes each day of the tournament with awards being presented at the conclusion of Tuesday’s play. Team trophies will be awarded to the top 3 teams. Awards will be presented to the 6 members of the first and second place teams. In addition, awards will be presented to the medalist and 9 all-state recipients.

The top six teams from the East and West Region will qualify. Golfers also qualify from regions to the state tournament through top ten region placing plus any individual scoring less than 15 strokes above the region medalist. The top ten all-conference selections from regular season play in their respective regions advance to the State Tournament. Also, each regional site designates one invitational tournament which will allow individuals to qualify for state. Qualifying marks for that designated tournament will be 15 strokes above medalist or fifteen above par, whichever is higher.

For more information, please visit http://www.ndhsaanow.com/tournaments/golf-girls-a

**NDOA Board Meeting**

NDOA Board Meeting – September 11, 2019 (Mandan, N.D.)

Attending: Mark Ukestad, Paul Mellum, Jeremy Mehlhoff-phone, Todd Fisher, Kevin Sundre, Reggie Jackson, Dean Klier, Justin Flestshock-phone, Chad Bjornson-absent

1. Call to order
2. Approved agenda - motion by Sundre, 2nd by Fisher
3. Approval of minutes - motion by Klier, 2nd by Jackson
4. Selection of nomination committee

5. Reviewed Action Items from 2018 (all passed)
6. **Select State Active Official Awards:**
   - Baseball: Nate Sele
   - Boys Basketball: Chris Heise
   - Girls Basketball: Jeremy Mehlhoff
   - Football: Brad Kline
   - Softball: Mark Sandman
   - Hockey: Eric Steele
   - Soccer: Paul Dahlberg
   - Swimming: William Siders
   - Volleyball: Mary Rotenberger
   - Wrestling: Branden Nielson

7. **2019 Hall of Fame Inductees:**
   - Scott Collins
   - Stuart Dolan
   - Rod Heisler
   - Tim Kilgore
   - Greg Selbo
   - Kevin Sundre

8. Secretary’s Report - Justin Flestshock
   - Total Number of Officials= 1,466
   - Basketball Video Training Update: (Mellum)
   - A training video will be out after the holidays, similar format, new material.
   - Arbiter for postseason assignments and pay - Justin
   - Honigs was added to the NDHSAA site, along with the other officiating apparel websites.
   - Online ejection reporting form: Justin reported a form will be created to help/speed up this process.

9. Date and Time for Next Meeting-March 25, 2020 -Conf. Call 7:00 pm CDT
10. Meeting Adjourned at 4:13 pm CDT motion by Sundre, 2nd by Klier

Respectfully submitted,
Justin Flestshock
Regional Tournaments will be held at the following sites:

- **East Region** – November 12 at site of higher seeded team, rounds 2 and 3 at Fargo South HS November 15 and 16, Mike Beaton, Mgr.
- **West Region** – Jamestown HS, November 14-16, Jim Roaldson, Mgr.

First, second, third and fourth place winners advance to the state tournament. Third and fourth places will be determined using a cross-bracketing of semi-final losers to the consolation brackets semi-final round. All regional matches are to be played to conclusion. Failure to complete a match will cause a team to be ineligible for further competition. The West and East regions will set their own time and format for their regional tournaments.

Warm-up shall consist of 8 minutes teams share the court, no balls hit over the net. The remainder of the warm-up time will be: 4 minutes full court for the visitor team, 4 minutes full court for the home team, 4 minutes full court for the visitor team, and 4 minutes full court for the home team. During a team’s time on the court, they may choose the option of serving practice.

### B REGIONAL PAIRINGS

**November 11, 12, 14**

First round matches on November 11 will be in one session. Start time is determined by each individual region. Each subsequent match will begin 25 minutes after completion of the previous match. Warm-up shall consist of 8 minutes teams share the court, no balls hit over the net. The remainder of the warm-up time will be: 4 minutes full court for the visitor team, 4 minutes full court for the home team, 4 minutes full court for the visitor team, and 4 minutes full court for the home team. During a team’s time on the court, they may choose the option of serving practice.

**Pairings are as follows:**

**Region 1 – Fargo Civic Center - Brent Wolf, Manager**

- #1 seed vs. winner of #8 seed and #9 seed
- #2 seed vs. winner of #7 seed and #10 seed
- #3 seed vs. winner of #6 seed and #11 seed
- Winner of #4 seed and #13 seed vs. winner of #5 seed and #12 seed

**Region 2 – Grafton HS - Jon Koehmstedt, Manager**

- #1 seed vs. winner of #8 seed and #9 seed
- #2 seed vs. winner of #7 seed and #10 seed
- #3 seed vs. winner of #6 seed and #11 seed
- Winner #4 seed and #13 seed vs. winner of #5 seed and #12 seed

**Region 3 – Linton HS - Paul Keeney, Manager**

- District 5 - Team 1 vs. District 6 - Team 4
- District 6 - Team 2 vs. District 5 - Team 3
- District 6 - Team 1 vs. District 5 - Team 4
- District 5 - Team 2 vs. District 6 - Team 3

**Region 4 - Devils Lake, Jason Wiberg, Manager**

- #1 seed vs. winner of #8 seed and #9 seed
- #2 seed vs. winner of #7 seed and #10 seed
- #3 seed vs. winner of #6 seed and #11 seed
- #4 seed vs. winner of #5 seed and #12 seed

**Region 5 - New Salem HS - Jerome Slag, Manager**

- #1 seed vs. winner of #8 and #9 seed
- #2 seed vs. winner of #7 seed and #10
- #3 seed vs. winner of #6 seed and #11
- #4 seed vs. #5 seed

**Region 6 - Minot Auditorium, Alton Nygaard, Manager**

- District 11 - Team 1 vs. District 12 - Team 4
- District 12 - Team 2 vs. District 11 - Team 4
- District 12 - Team 1 vs. District 11 - Team 4
- District 11 - Team 2 vs. District 12 - Team 3

**Region 7 – Dickinson Trinity, Gregg Grinsteinner, Manager**

- #1 seed vs. winner of #8 seed and #9 seed
- #2 seed vs. winner of #7 seed and #10 seed
- #3 seed vs. winner of #6 seed and #11 seed
- #4 seed vs. winner of #5 seed and #12 seed

**Region 8 – Stanely HS - Brooks Stafslien, Manager**

- District 15 - Team 1 vs. District 16 - Team 4
- District 16 - Team 2 vs. District 15 - Team 3
- District 16 - Team 1 vs. District 15 - Team 4
- District 15 - Team 2 vs. District 16 - Team 3

### STATE TOURNAMENT

The State Volleyball Tournament will be held on November 21-23, 2019 in Fargo at the FARGODOME. Todd Olson, athletic administrator of the Fargo Public Schools will serve as tournament manager.

**State B**

The head coaches of the eight qualifying teams will use an electronic process to seed the top five teams for the state tournament. An NDHSAA-approved designee will randomly draw the opponents for the top three seeded teams.

The quarterfinal pairings are:

- #2 seed vs. Second Random Draw
- #3 seed vs. Third Random Draw
- #1 seed vs. First Random Draw
- #4 seed vs. #5 seed
2019 STATE VOLLEYBALL TOURNAMENT SCHEDULE

NOTE, THE SCHEDULE WILL BE DOUBLE COURT FOR ALL BUT THE CHAMPIONSHIP MATCHES.

After the first match of a session, the next match will begin 25 minutes after the completion of matches but not earlier than the scheduled time.

Thursday, Nov. 21 (Double Court):

A-Court
- 1:00 #1 East vs #4 West
- 3:00 #2 West vs #3 East
- 5:00 #1 West vs #4 East
- 7:00 East vs #3 West

B-Court
- 1:00 #2 Seed vs. Random Draw
- 3:00 #3 Seed vs. Random Draw
- 5:00 #1 Seed vs. Random Draw
- 7:00 #4 Seed vs. #5 Seed

Friday, Nov. 22 (Double Court):

CONSOLATION PLAY
- 1:00 P.M. Consolation Semi-Final (Upper Bracket)
- 3:00 P.M. Consolation Semi-Final (Lower Bracket)

CHAMPIONSHIP SEMIFINALS
- 5:00 P.M. Championship Semi-Final Matches (Upper Bracket)
- 7:00 P.M. Championship Semi-Final Matches (Lower Bracket)

Saturday, Nov. 23 (Double Court):

- 10:00 A.M. 7th Place Matches
- 12:00 P.M. Consolation Championships
- 2:00 P.M. Third Place Matches
- 5:00 P.M. B Championship
- 7:00 P.M. A Championship

All State Tournament matches must be played to conclusion. Matches will be played on double court or main court as indicated in the schedule. Only the championship matches will go on main court.

MATCHES
- All Regional and State play will be best-of-five-set matches with rally scoring.

COACHES
- Coaches with teams entered in the State Tournament will meet with the tournament manager on Thursday prior to their scheduled pre-match to go over any questions they might have and for a briefing on the operation of the tournament.

OFFICIALS
- Officials will be contracted by the NDHSAA. Assignment of officials for regional matches may be made by the NDHSAA or the tournament manager. Officials for regional play will be selected via coaches survey and NDHSAA liaison input.
- Officials working the State A Tournament will be the top three selections from each region. Officials working the State B Tournament will be the top selection statewide from Regions 2,4,6, and 8 plus two at-large officials. The sit-out rule is in effect.
- Assignments of these officials for State Tournament matches are made by the NDHSAA office at least one week prior to the tournament and officials will then be notified of their specific assignments. Only NDOA and reciprocity officials are eligible to work regional tournaments and only NDOA officials are eligible to work the state tournament.
- A floor captain, statisticians, desk officials, ball return workers, ticket takers and sellers, ushers, etc., are to be obtained by the tournament manager. Desk officials are required to wear distinguishing uniforms so they can be readily identified.
- It is recommended that registered officials be used as line judges. The NDHSAA will attempt to contract registered officials. If registered officials cannot be obtained, qualified line judges will be utilized. No mileage or per diem will be paid. These officials will receive two tournament passes plus a per-match fee.

PRACTICE SESSIONS - Regional and State Tournament
- No practice will be allowed at the Regional site from the time the brackets are set to once the tournament has begun.
- Class A & B hit-arounds will be utilized at the state tournament.
- The schedule for hit around will be sent out to tournament management and participating schools once regional tournament play has been completed.

WARM-UP
- A scheduled 25-minute warm-up period on the playing court will be provided prior to each Regional and State match. While using double court, warm-up on court may begin immediately following the previous match. Warm-up shall consist of 8 minutes teams share the court, no balls hit over the net. The remainder of the warm-up time will be: 4 minutes full court for the visitor team, 4 minutes full court for the home team, 4 minutes full court for the visitor team, and 4 minutes full court for the home team. During a team’s time on the court, they may choose the option of serving practice.
VOLLEYBALLS
• Practice Balls - Each participating team will furnish its own practice balls at regional sites unless otherwise stated by regional management. Practice balls will be furnished by the management at the state tournament site.
• Game Balls - Game balls are furnished through the NDHSAA office and sent to all A and B regional and state tournament managers. Upon completion of the tournament, balls may be awarded to the schools at no cost (one per school) with first chance going to the first place team, second to the second place team, etc.

PLAYERS IN UNIFORM
• In Regional and State Tournaments, schools may have a 15 player roster and the maximum number of players dressed for a match is also 15.

PASSES
• A maximum of twenty-eight passes shall be given to competing schools in regional and state tournaments, plus cheerleader passes (maximum of 8 which includes the mascot). Schools are to notify the tournament manager as to the number of passes needed. Each player, student manager, coach and school official must present a pass or ticket for admission to any and all sessions. Additional passes must be requested from the tournament manager, who will bill the school accordingly.

SCHOOL RESPONSIBILITY
• PART TWO, SECTION V of the NDHSAA Constitution & By-Laws states: “Contesting schools shall each have present an authorized faculty representative who shall be responsible to his/her school for the conduct of its participants and students throughout the contest and the visiting team’s stay away from home.”
• The NDHSAA Board of Directors, in response to a recommendation of the District Chairpersons, adopted the following policy: “An appropriate shirt is required at all NDHSAA sponsored district, region and state events”. An appropriate shirt is to be determined as per local school policy. Also, there shall be no body paint. Face paint is allowed.

TEAM ALLOWANCE
• Regional Tournament and State Tournaments only.
• Team payments will be distributed at the end of the school year.

HOUSING
• State Tournament managers will make motel/hotel arrangements for the out-of-town schools.
2019 Region/State Volleyball Information (Continued)

PROTESTS
• Protests as to eligibility status of individual contestants will be considered by the Board of Directors prior to or after the completion of a tournament, but not while said tournament is in progress.

SOLICITATIONS
• No solicitations for any purpose shall be permitted at any Association-sponsored tournament regardless of the merit of such a venture.

CONCESSIONS, PROGRAMS, HOSPITALITY WILL BE THE HOST CITY’S RESPONSIBILITY. TROPHIES AND AWARDS
• Regional: Team awards are provided for 1st and 2nd place winners for Class A and 1st, 2nd, 3rd, and 4th place winners for Class B.
• State:
- Team awards are provided for 1st, 2nd, 3rd, 4th, 5th, 6th, 7th and participation. Only trophies provided by the NDHSAA or an approved affiliated organization will be presented at the tournaments.
- Individual awards are also provided for the State Tournament. Eighteen individual plaques will be provided for each 1st and 2nd place team members. Places 3 through 8 shall each be provided with 18 participation medals.
- The NDHSAA will not be announcing all-state team at this year’s state tournament.

VIDEOTAPING OR FILMING
• Regulations prohibit the use of video equipment by schools except for the match they are playing. This does not prohibit stations that have contracted for the televising of tournaments from videotaping or filming for delayed telecasts.
• Private individuals may use video recorders at NDHSAA-sponsored events provided they do not interfere with other people’s view of the match. Tournament managers will determine if individuals are causing any viewing problems. No webcasting is allowed for private individuals.

INSURANCE
• Each tournament will be protected by a Master Personal Liability and Property Damage Insurance Policy.
• All tournaments will be protected against Inside Robbery and Outside Messenger Service and Burglary Insurance to a maximum of $2,000 for each tournament.
• All Regional Tournament managers are bonded with a $10,000 Fidelity Bond and State Managers with a $75,000 bond.

ADMISSION PRICES
Regional:
Daily Individual Session Adult - $8.00 / Student - $5.00
A Pre-Quarters:
Adult - $7.00 / Student - $5.00
Note: All regional and state tickets are unreserved.
State Weekend Tournament Pass:
Adult: $32 + venue charge, Student: $15 + venue charge
Daily Pass:
Adult: $12.00 + venue charge, Student: $6.00 + venue charge

NDHSAA FACTS: The first NDHSAA Volleyball State Tournament was played February 18, 1984 at Fargo North High School.
OP/ED: Vaping has reached a crisis stage and must be stopped

By Dr. Karissa L. Niehoff, Executive Director of the National Federation of State High School Associations (NFHS)

The issue of vaping has reached a crisis stage across the United States, and leaders in our nation’s schools must take immediate steps to stop the use of these electronic cigarette products by our nation’s youth - particularly the more than 12 million participants in high school athletics and performing arts programs.

Earlier this fall, CBS News reported that Kansas health officials confirmed the first death in that state linked to vaping. The CBS News release stated that last week, officials in Indiana, California and Minnesota reported deaths in their states linked to vaping. Previous deaths had been reported in Illinois and Oregon.

The Associated Press reported that public health officials confirmed two people in Idaho had developed a serious lung disease linked to vaping. The outbreak of vaping-related lung disease has sickened about 450 people in at least 33 states, according to the Centers for Disease Control and Prevention (CDC), causing the CDC to urge people to consider stopping vaping as the number of cases of severe lung illnesses continues to rise.

In February 2019, the CDC reported a 78 percent increase in high school students vaping from 2017 to 2018. Youth e-cigarette use has been called an epidemic by major public health officials.

Students in our nation’s schools have been sold a false bill of goods that vaping is a safe alternative to cigarette smoking - particularly by industry giant JUUL, which held a 76 percent share of the e-cigarette market at the end of 2018 and has wooed the youth market with its products that contain flavors such as cotton candy, chocolate, gummy bear, strawberry and many others.

While the U.S. Food and Drug Administration (FDA) is giving e-cigarette companies until sometime next year to demonstrate that their products can help people stop smoking cigarettes, leaders in our nation’s school activities programs must do everything possible to stop the use of these products by our nation’s youth now - not in 2020.

One educational tool that schools can use immediately is the online course “Understanding Vaping and E-Cigarettes” created by the NFHS with support from the Office of the U.S. Surgeon General. The free course is available on the NFHS Learning Center at www.NFHSLearn.com

Several articles related to vaping will appear in the September issue of High School Today, which will be posted this week on the NFHS website www.NFHS.org
NDHSAA will offer a process to certify Local Sub-Varsity officials. Officials who complete all items needed to certify will be able to officiate at the sub-varsity level and below in the sport(s) in which they certify. This certification must be under the direction of an administrator of an NDHSAA member school.

NDHSAA Local (Sub-Varsity) Official Certification
Officials must complete all items below to become eligible to officiate at the Local (Sub-Varsity) level in the sport(s) in which they register as Local officials.

Requirements for Local Official include:
1. Complete NFHS Learn Concussion Management Course (State Law)
   a. Create NFHS Learn account at www.nfhslearn.com if you do not have one and purchase (course is free, however you still need to purchase) and complete the Concussion Management course, Instructions available on the NDHSAA website at the Concussion Management Information link on the main NDHSAA webpage.

2. Create NDHSAA Account www.ndhsaa.com
   a. If user has NDHSAA account, complete requirements using same account and email address as used in current NDHSAA account.

3. Register Online Within NDHSAA Account
   a. Officials Registration tab
      i. My Profile -> Sport -> Choose Local -> Complete registration form

4. Pay Registration Fee
   a. Online or through mail. MUST be paid within 30 days or registration is cancelled.
      i. $20 registration fee plus $12 for first sport. ($32)
      ii. Additional sports: $12 each

5. Complete 2018-19 Local Officiating Rules Clinic
   a. Available on “Clinic” tab when logged in to NDHSAA account.

Note:
Item 1:
ND State Law requires officials complete concussion management training every two years.
Items 2-4:
Must complete BEFORE LOCAL officials will be approved eligible to officiate contests.
Item 5:
Failure to complete clinic will result in a drop of a level of certification the following year.
1) Certified Local will drop to Probationary at all levels. (Registered and Local)
2) Probationary Local will drop to Ineligible at all levels. (Registered and Local)

Please contact the NDHSAA office with any questions concerning the certification of local sub-varsity officials through this program.

NDHSAA Postseason Video Broadcasting
All postseason (playoff, district, regional and state) video rights have been sold to Forum Communications, BEK Sports Network and the NFHS Network. Some postseason contests and tournaments are available for stream/broadcast as declined events with applicable rate card fee.

Any declined event stream/broadcast must have prior approval from NDHSAA or will be subject to twice the applicable fee. Please contact Tom Mix or Brian Bubach for further information at 701-845-3953 or tom.mix@ndhsaa.org / brian.bubach@ndhsaa.org

NDHSAA FACTS: May-Port-CG defeated Hazen 3-0 (15-9, 16-14, 15-11) in the 1999 NDHSAA Class B volleyball state championship match.
NDHSAA Help

NDHSAA Admins – Reporting Scores

- Log in to your NDHSAA account.
- Click the Admin Portal for your school (Bell on top left).
- Click the Results tab on the school admin menu bar that goes across the page.
  - There will be a red box with a number inside if you are missing any scores.
  - If all scores are entered, the box beside your results tab will be green with a “0” inside.
- Click Enter beside the contest that is missing a score

Missing Results

<table>
<thead>
<tr>
<th>Date</th>
<th>Teams</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Bismarck St. Mary’s</td>
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</tr>
<tr>
<td>April 25, 2017, 4:33pm</td>
<td>Bismarck St. Mary’s Karsity</td>
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</tr>
<tr>
<td>April 22, 2017, 1:08pm</td>
<td>Tirole Mountain Canlin Jr. Varsity</td>
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</tbody>
</table>

- Enter your score – Final score is all that is needed.

Scores

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<tr>
<th>1st inning</th>
<th>2nd inning</th>
<th>3rd inning</th>
<th>4th inning</th>
<th>5th inning</th>
<th>6th inning</th>
<th>7th inning</th>
<th>Extra innings</th>
<th>Final</th>
</tr>
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<tbody>
<tr>
<td>Bismarck St. Mary’s</td>
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<td>Dickinson</td>
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- Click the Blue SAVE button at the bottom of the page.

Notes:
- When results are entered by one school, they will appear as results for both/all schools.
- On an iPhone, iPad or Android device GoogleChrome is recommended as your browser.
- The NDHSAA admin website is mobile friendly, however, viewing your phone landscape (sideways) rather than portrait (up and down) makes the site easier to maneuver.
- When you log in to the NDHSAA Admin website, bookmark your admin portal page for easy recall.
NDHSAA HELP - NDHSAA Coaches Reporting Scores

NDHSAA Help
NDHSAA Coaches – Reporting Scores

- Log in to your NDHSAA account.
- Under “Your Teams” – Click the team for which you would like to enter scores.

- Click the Varsity tab:
- Click the Schedule tab beside contest
- Click the Scores tab

- Enter your score – Final score is all that is needed.

Notes:
- When results are entered by one school, they will appear as results for both/all schools.
- On an iPhone, iPad or Android device Google Chrome is recommended as your browser.
- The NDHSAA admin website is mobile friendly, however, viewing your phone landscape (sideways) rather than portrait (up and down) makes the site easier to maneuver.
- When you log in to the NDHSAA Admin website, bookmark your admin portal page for easy recall.

Visit NDHSAA NOW for scores, stories and more! www.ndhsaanow.com
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/1/19</td>
<td>Class A Girls Golf State Tournament, Wahpeton, September 30-Oct. 1</td>
</tr>
<tr>
<td>10/1-10/31</td>
<td>THE MONTH OF OCTOBER IS NATIONAL HIGH SCHOOL ACTIVITIES MONTH</td>
</tr>
<tr>
<td>10/3/19</td>
<td>Boys Tennis Region Tournament - Oct. 3-5</td>
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<tr>
<td>10/5/19</td>
<td>Boys Soccer Deadline For Regular Season</td>
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<td>10/5/19</td>
<td>SAT National Test Date</td>
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<td>10/6/19</td>
<td>FBLA Fall Conference, Bismarck, Oct. 6-7</td>
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<td>10/10/19</td>
<td>Boys Soccer State Tournament, Mandan, Oct. 10-12</td>
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<td>Boys Tennis State Tournament, Grand Forks, Oct. 10-12</td>
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<td>Columbus Day</td>
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<td>10/16/19</td>
<td>First Allowable Date for Body Fat Assessment</td>
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<td>10/16/19</td>
<td>NDCEL Fall Conference, Bismarck - Oct. 16-18</td>
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<td>10/18/19</td>
<td>NDHSAA GENERAL ASSEMBLY MEETING, BISMARCK</td>
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<td>10/19/19</td>
<td>Football End 9-Man &amp; Div A Regular Season</td>
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<td>10/20/19</td>
<td>State DECA Fall Conference, Fargo, Oct. 20-21</td>
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<td>10/21/19</td>
<td>State Cross Country Registrations Due, 10:00 a.m.</td>
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<td>NDCSA School Law Seminar, Bismarck Ramkota</td>
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<td>NDSBA Annual Convention, Bismarck Ramkota, Oct. 24-25</td>
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<td>NDSBA New Member Seminar, Bismarck Ramkota, Oct. 24</td>
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<td>Cross Country State Meet, Minot, Oct. 26</td>
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<td>Football End Div. AAA &amp; AA Regular Season</td>
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<td>10/26/19</td>
<td>Football First Round 9-Man &amp; Div A Playoffs</td>
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<td>10/28/19</td>
<td>Basketball Rules Clinic, Online Only, October 28 - November 18</td>
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<tr>
<td>10/28/19</td>
<td>Debate Rules Clinic, Online Only, October 28 - November 18</td>
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<td>Gymnastics Rules Clinic, Online Only, October 28 - November 18</td>
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<td>Hockey Rules Clinic, Online Only, October 28 - November 18</td>
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<tr>
<td>10/28/19</td>
<td>Speech Rules Clinic, Online Only, October 28 - November 18</td>
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<td>Wrestling Rules Clinic, Online Only, October 28 - November 18</td>
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<tr>
<td>10/30/19</td>
<td>FFA National Convention, Indianapolis, Oct. 30 - Nov. 2</td>
</tr>
<tr>
<td>10/31/19</td>
<td>Halloween</td>
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**HAPPY HALLOWEEN**