

**NDHSAA Sports Medical Advisory Committee**  
**September 23, 2015**  
**NDHSAA Office - Valley City, ND**

**Members present:** Dr. Brad Braunagel , Dr. Bob Schulte, Dr. Dawn Mattern

**Members absent:** Jon Darling

**Guest:** Adrienne Gahm

**Discussion:**

1. Review NDHSAA Pre-Participation Physical Form
  - a. Current form is designed as a nationwide form to help determine if lives are being saved
  - b. The clearance form returned to schools verifies pages 1-3 are completed by the individual performing the exam
  - c. There is minimum renewal criteria for individuals performing the exams
2. NATA Appropriate Care of Spine Injured Athlete
  - a. Two documents were released
    1. Documents contained perpendicular lines of thought
    2. Second document understood everyone's situation is different and encouraged to do the best you can
    3. Most areas are still spine-boarding
  - b. Removing equipment
    1. Has been the biggest change
    2. If you have enough people, take the gear off
    3. Coaches should have a card with information on the types of helmets and how to remove them
  - c. Other
    1. Has increased the communication between ambulance and emergency room crews
    2. It is a reasonable standard of care if you have the manpower
3. Collaborative Solutions for Safety in Sport Meeting Update

Mattern reported on the meeting she attended last March in New York City. Fetsch added that a 2016 meeting has been scheduled for March 22-23 in Indianapolis.
4. Executive Director Update
  - a. Reminder on the many Sports Medicine resources available on the nfhs.org website
  - b. Telemedicine programs currently being piloted in Mississippi
  - c. Update on the Illinois Concussion Lawsuit

**Recommendations:**

Add "Recommended links" to the NDHSAA Sports Medicine page that can be used as resources for medical providers. Committee members will forward the links to Executive Director Fetsch.