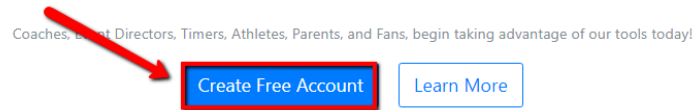
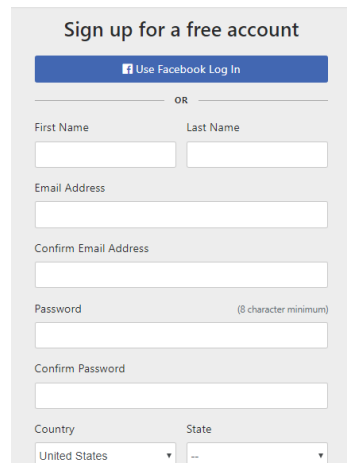


## NORTH DAKOTA CREATING AN ATHLETIC.NET ACCOUNT DIRECTIONS

**Step 1:** Go to **Athletic.net**. Click on the blue **Create Free Account** button.



**Step 2:** Complete the form with your information to create your account.



Sign up for a free account

[Use Facebook Log In](#)

OR

First Name  Last Name

Email Address

Confirm Email Address

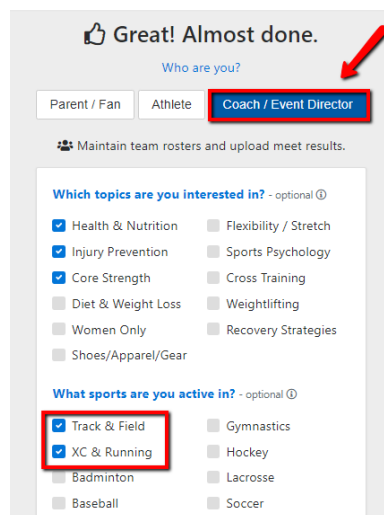
Password  (8 character minimum)

Confirm Password

Country  State

United States

**Step 3:** Choose your account type (**Coach/Event Director**) and what topics/sports you are interested in.



Great! Almost done.

Who are you?

Parent / Fan  Athlete  **Coach / Event Director**

Maintain team rosters and upload meet results.

Which topics are you interested in? - optional

Health & Nutrition  Flexibility / Stretch

Injury Prevention  Sports Psychology

Core Strength  Cross Training

Diet & Weight Loss  Weightlifting

Women Only  Recovery Strategies

Shoes/Apparel/Gear

What sports are you active in? - optional

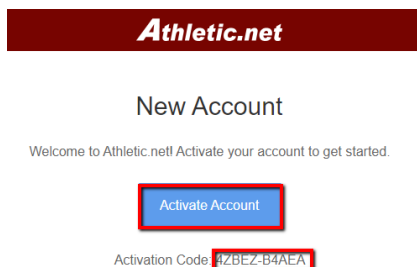
**Track & Field**  Gymnastics

**XC & Running**  Hockey

Badminton  Lacrosse

Baseball  Soccer

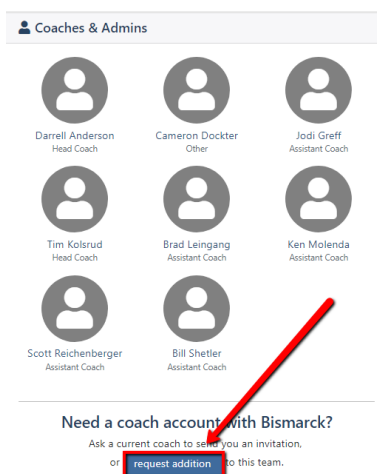
**Step 4:** Upon creating the Athletic.net account, the coach will **immediately** receive an email from Athletic.net asking to verify their account. **Be sure to check the spam folder if this email does not immediately appear.** Click on **Activate Account** in that email to activate your new Athletic.net account.



**Step 5:** Then find your team homepage on Athletic.net by using the search bar at the top left of your screen.



**Step 6:** Scroll down on the Team Page to the **Coaches & Admin** section on the bottom left and click the **request addition** button.



Your team's coaches will then be sent an email to confirm your addition to the team.