



Swim/Dive Practice/Contest protocols

1. Face coverings (cloth face mask, neck gaiter, paper or disposable mask or religious face covering) must be worn to cover the nose and mouth completely and consist of two layers at all times by individuals in the facility (players, coaches, team personnel, officials, fans and facility staff per ND State Health Officer order 2020-08.
 - a. Exceptions to the rule apply for athletes while swimming.
 - b. Exception to the rule apply for the meet referee to blow his/her whistle. Re-masking after the use of the whistle is required.
2. Officials must have a black facial mask in their pocket at all times or a double layered black gaiter around their neck.
 - a. Officials are required to wear either of them when
 - i. Entering/exiting the facility
 - ii. During pre-match conferences
 - iii. During downtimes (upon arrival to the facility, during breaks, after the match and while leaving the facility.)
3. Officials should come dressed and ready to officiate.
4. Officials should supply their own water, PPE, and food (if necessary).
5. Officials will not be expected to monitor social distancing, each person is responsible.
6. Physical distancing by officials from coaches, trainers, table workers, and other personnel is required.
7. Electronic whistles or whistles embedded in a mask are encouraged.
8. Splash guards over traditional whistles are recommended.
9. No team handshakes following the competition.
10. Physical distancing during pre-game meeting with captain and coach.
11. Captain/coaches will maintain social distancing when addressing an official.

NDHSAA Sport Specific (Swim/Dive) Recommendations/Requirements (Page 12, 17-18) of the link below)

<https://docs.google.com/document/d/1De0nmzxJMjp02wwLzoaTQu5ZaR9Pd7HEI1xbLV9wNfo/edit#heading=h.fionu0a7xe7l>