

Wrestling Advisory Meeting

1. Class A
 - a. Elimination of regulation #6
 - i. JV exhibition match disallows competitors from competing in the varsity dual. This takes away wrestling opportunities for JV athletes during dual competitions.
 - b. Seeding meeting for state individual tournament (seed top 6)
 - i. Not a regulation change will can be made without board approval
 - c. 14 weight class next year utilizing current weight classes
 - i. Stay with 14 weights as to not take away opportunities for athletes to compete
 - d. Region and state tournament utilizing three 2-minutes periods
 - i. Discussion only – all advisory groups will discuss at next year’s coaches’ meetings
2. Girls
 - a. State tournament website
 - i. NDHSAA will continue to house a regular season tournament schedule
 - b. States seeding criteria
 - i. Advisory will come up with a seeding criteria and send to NDHSAA
 - c. Contact list for girl’s coaches
 - i. Scott Knowlen is working on a contact list for all girls coaches
 - d. 14 weight classes next season utilizing current weight classes
 - i. Prefer to stay with 14 weight classes for the upcoming year as continuity is essential for the continued growth of girl’s wrestling
 - e. State dual tournament qualifier
 - i. If more than 8 schools wish to participate in the state dual tournament. Utilizing current Class A and B boys divisions – East vs. West region tournaments may need to be held. If there is a disproportionate number of teams in one region, then the potential exist to allow 5 teams from one region and 3 teams from the other region to qualify for state. Coaches qualifying to the state tournament would seed the tournament similar to Class B team sports.
3. Class B
 - a. Head shots next to name of officials for state voting
 - i. Kevin will strongly encourage officials to place their head shot on the NDHSAA website
 - b. Weight classes – prefer 12 weight classes with 3 alternates for state
 - i. Class B wishes to utilize the new NFHS 12 weight classes set for 2023 this season. This is only if they are allowed 3 alternates to the individual state tournament. Class B dual

would be much more competitive and less forfeits would result in dual competitions.

- c. Wrestle 7th and 8th place for duals
 - i. Since the dual tournament is on a separate date, it would be easy to wrestle the 7th and 8th place matches.
- d. Increase dual participants from 17-20
 - i. Could eliminate a number of forfeits in the state dual competitions. Also, during this year's tournament a dual team lost a member due to a failed skin check, a larger roster would allow for teams to replace them in the dual tournament.
- e. Top 5 team trophies for duals and individual tournament
 - i. Would like the NDHSAA to return to pre-COVID numbers for team trophies.
- f. Coaches' badges increase to 6
 - i. Miscommunication regarding the number of coaches badges. If a school has a separate girls' team with separate coaches then 6 badges is allowed. Teams with coaches that coach the boys and the girls' team 3 badges is allowed. School can always purchase extra coaches' badges if they so choose.
- g. Recommend utilizing sub-regions for dual team qualification
 - i. In 2023, it is recommended that the NDHSAA utilize sub-regions for the dual state tournament qualifier. These sub-regions would mirror the current 4 regions currently utilized.
- h. Eliminate regulation #6
 - i. JV exhibition match disallows competitors from competing in the varsity dual. This takes away wrestling opportunities for JV athletes during dual competitions.

Proposed regulation changes.

1. Class B – Utilize 12 weight classes for the 2022-23 season. This would be contingent on being allowed to use 3 alternates for post season tournaments. The weight classes would be based on the 2023 weight classes from the NFHS regulations.
2. Eliminate of regulation #6. The regulation does not allow a competitor to compete in a JV exhibition match and a varsity dual in the same evening.
 - a. see rationale in Class A (a) notes
3. Class B - Wrestle the 7th and 8th place dual matches at the state tournament.
 - a. see rationale in Class B (c) notes
4. State tournament dual roster to increase from 17-20.
 - a. see rationale in Class B (d) notes