

To: North Dakota High School Wrestling Coaches

Re: Skin Checks

In an attempt to avoid any problems during skin checks at the State Wrestling Tournament this year, the following is recommended.

Please have your wrestlers checked by their local family physician for any skin problems at least 5 days before the state wrestling tournament, preferable 5 days before the regional tournament. This will allow adequate time for treatment to be instituted to comply with the recommendations of NDHSAA.

All members of the North Dakota Academy of Physicians have been notified of this recommendation. They have also received the appropriate forms and guidelines from the NDHSAA.

Thank you for your attention to this matter.

Fredrick Mitzel, MD